

# RESEARCH VOLUNTEERS NEEDED FOR TOBACCO STUDY

Volunteers can earn up to \$100

## PURPOSE:

To examine how nicotine affects body temperature during rest and exercise in the heat.

## WHO:

Men between the ages of 18 and 35 yrs who can exercise for 60 minutes at a moderate intensity and who smoke at least 10 cigarettes per day or use at least one can of chewing tobacco per week for at least one year.

## VISITS:

- One Orientation Visit / Exercise Test (60 minutes total)
  - Approximately 8-15 minutes of exercise
- Two Heat Stress Tests (4 hours each test)
  - 30 minutes rest in 77°F air
  - 30 minutes rest in 97°F air
  - 60 minutes of exercise in 97°F air
  - Each test involves periodic blood sampling using a catheter.

## WHERE:

Human Performance Research Laboratory  
Student Recreation Center  
Western Michigan University

HSIRB #07-06-05

If interested, please contact Dr. Chris Cheatham at  
387-2542 or [chris.cheatham@wmich.edu](mailto:chris.cheatham@wmich.edu)  
for more information.

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