## PURPOSE

The Osher Lifelong Learning Institute at Western Michigan University was developed to provide intellectual and cultural learning experiences for mature adults in an informal and stimulating environment. People with diverse backgrounds come together to share interests and delve into new areas of exploration. Courses and activities are developed by OLLI at WMU members with the support of the staff of WMU Extended University Programs. Members may volunteer as planners, instructors, committee members or advisory board members.

Cover photo: WMU Sprau Tower
MESSAGE FROM OUR DIRECTOR

Fall 2017

Dear OLLI Participants:

Welcome to OLLI at WMU’s seventh fall term! With your involvement and support, we have come a long way since our beginning in 2011. In the fall of 2011 we offered 24 courses and this fall we are pleased to present you with 56 courses, trips and events. We hope you enjoy your selections and please do remember to fill out your evaluations so that we can continue to monitor the quality of our programming and elicit ideas from you for future offerings.

Many of you have asked about the Bernard Osher Foundation. The foundation was founded in San Francisco in 1977 by Bernard Osher and his wife, Barbro Osher. Bernard Osher, now 90 years old, is a philanthropist committed to supporting educational and medical programs that improve the quality of life for participants. His interest in art and music caused him to invest in improving those programs in elementary and secondary education. Then, with an avid interest in exercise and nutrition (he was surf boarding at 88 years), he saw the need for research in what we now call Integrative Medicine. There are presently six medical schools with funded Osher Integrative Medicine facilities. Also an avid learner and committed to the idea of lifelong learning, he focused on people over 50 years of age who desire to keep their brains active by being involved in continuing educational experiences. There are now 120 endowed Osher Lifelong Learning Institutes in the U.S., all of which are associated with and recognized by a college or university. OLLI at WMU is number 118 and we received our endowment in 2014. The purpose of the funding is to encourage each Institute to create a sound funding base to support the ongoing work of the Institute. In addition to memberships, course and trip fees, the annual interest from the endowment assists in the development of a total annual budget. OLLI at WMU receives no state funding.

Thank you for your interest and support of OLLI at WMU. We look forward to seeing you in courses, on trips and at events. We also encourage you to become active in our several volunteer activities. Volunteers are the backbone of OLLI and your talents and time are needed. Please check our monthly newsletter for current happenings.

Happy fall 2017,

Shirley A. Swanson, Director
Osher Lifelong Learning Institute at WMU
shirley.swanson@wmich.edu
REGISTRATION AND GENERAL INFORMATION

1. **Membership:** OLLI at WMU memberships are due on an annual basis (July 1 is the renewal date). Membership and its benefits are not transferable to another person. Learn more about member benefits on page 64.

2. **How to register for courses:**
   - a. Online at [wmich.edu/olli/courses](http://wmich.edu/olli/courses)
   - b. Calling the OLLI office at (269) 387-4200.
   - c. Mailing in a registration form (please call on course availability before sending a check).
   - d. In person by visiting 3202 Ellsworth Hall on WMU’s main campus.

3. **Members may register for fall beginning Aug. 8, non-members beginning Aug. 22.**

4. **Course fees:** Current fees are based on $10 per two-hour session for members and $20 for non-members. Other fees may apply.

5. **Confirmations:** You will receive a confirmation and a receipt of payment within two weeks of registering. If you have an email on file, confirmation will be received electronically.

6. **Cancellations:** OLLI may cancel courses with low enrollment before the course begins. If you registered for a course and it is canceled, you may receive a refund or apply your course fee to another course if space is available. Occasionally, an instructor needs to miss a session and will reschedule. Registrants will be notified of changes.

7. **Course withdrawals:** You may officially drop/withdraw from a course by contacting the OLLI office. Nonattendance or notifying the instructor is not an official cancellation. The refund guidelines below will determine if a refund is available.

8. **Refunds:** You will be eligible for a refund (minus a $5 drop fee) if you drop a course at least two weeks before the first session of a course. If you drop a course fewer than two weeks before the first session, fees will be refunded in emergency cases only.

9. **Parking Permits:** OLLI pays for parking for courses held on WMU’s campus. A parking permit will be emailed to you. Our other course locations do not require parking permits. Please let the office know if you will not need a permit.

10. **Disabilities:** If you have a visual or auditory disability please make the OLLI at WMU office aware. We will do our best to accommodate your needs.

11. **Handicap Parking:** If no handicap spaces are available, with a valid handicap permit, you can park any available space, including metered spots (except reserved parking).
IMPORTANT DATES FOR FALL

Aug. 2  Fall Kickoff, First United Methodist Church
Aug. 8  Member registration begins
Aug. 22  Non-member registration begins
Sept. 8  Lecture series begins
Sept. 29  Members’ Tour of the Kalamazoo Civic Theatre
Nov. 15  Annual Members’ Meeting, location TBA

SPECIAL EVENTS

OLLI at WMU Annual Fall Kickoff
Aug. 2
2-4 p.m. at First United Methodist Church, 212 Park St, Kalamazoo

This festive event is open to the public and is a perfect opportunity to introduce your non-member friends to OLLI at WMU. Please do extend an invitation to a friend or two and introduce them to OLLI.

At this event you will have the opportunity to:

• Meet the instructors.
• Learn about OLLI events and activities.
• Meet the OLLI director and volunteers.
• Socialize and meet other members over refreshments.
• Participate in exciting learning activities.
• Bring your donations for the Kalamazoo Literacy Council. Make a monetary donation or bring materials such as picture books, magazines, paper (plain, lined or construction), magnetic letters, finger paint, pencils, pens, markers, crayons, board games, Play-Doh, alphabet ink stamps, puzzles, Legos, blocks, writing journals and three-ring binders.

Reservations are requested and may be made when you receive your email invitation or by calling (269) 387-4200.
The Eclectic Hour: OLLI Lecture Series

Sessions: 6
Dates & Times: Friday, 9/8, 9/22, 10/6, 10/20, 11/3, 11/17, 11 a.m.-12 p.m.
Location: The Fountains at Bronson Place
Fee: Free and Open to the Public
Capacity: 80

Initiated last winter, the OLLI at WMU lecture series was a resounding success. Participants were amazed at the breadth and depth of research happening at WMU. Each week current faculty present 45-minute lectures on their current areas of research followed by a 15-minute Q & A session.

Check out the stimulating line-up of subjects: if you want to know what is happening on the cutting edge, this is the place for you. It would also be a good way for you to introduce OLLI at WMU to your friends and neighbors. For this special lecture series, registrations will be accepted at the door. However, space is limited and pre-registration is highly recommended.

Sept. 8
Kathy Lewis Ginebaugh, Associate Professor, School of Interdisciplinary Health Programs

*Suicide in the United States: What We Know*

This is Suicide Prevention Week in the U.S. and it is therefore fitting that we lead off our lecture series with this serious topic. Suicide is difficult to talk about, stigmatized and often misunderstood. In this lecture, you will learn more about this important topic and what you and others can do to potentially save a life.

Sept. 22
Timothy Ready, Director, Lewis Walker Institute for the Study of Race and Ethnic Relations

*Structured Inequality in Kalamazoo: A Look at How It Matters*

By nearly every measure, economic and racial inequality takes a toll on the health, educational and economic well-being of our community, whether we realize it or not. Despite our many resources and the long-standing good work of many individuals and organizations, Kalamazoo nonetheless compares unfavorably to most other American cities in indicators of equity and well-being.
Oct. 6
William B. Harrison, III, Professor Emeritus and Director, Michigan Basin Core Research Laboratory, part of the Michigan Geological Repository for Research and Education, Michigan Geological Survey, Department of Geosciences

Rocks and Minerals Are a Valuable Economic Resource in Michigan
Since 1982 WMU has been home to an extensive set of core samples and well records that have made the University the pre-eminent source for data on Michigan’s subsurface geologic layers. In 2011, the state of Michigan tapped WMU to serve as home to the Michigan Geological Survey. Using this treasure trove of geological data, a long-forgotten mineral deposit located under two West Michigan counties was rediscovered. Michigan is now positioned to spark a new multibillion dollar industry as the nation’s leading source for a critical agricultural tool that is in demand internationally.

Oct. 20
Timothy J. Michael, Professor, Department of Human Performance and Health Education

Childhood Obesity: A Generation at Risk
It is well-known that adults in the United States are exceedingly overweight and obese. It is now known that our children are following in these footsteps. This presentation will review the current data on childhood obesity, factors that may be associated with childhood obesity and the health implications for overweight and obese young people. Additionally, the types of interventions that can be used to control this possible epidemic among our children will be discussed.

Nov. 3
Sandra Glista, M.S., CCC-SLP, Master Faculty Specialist, Department of Speech, Language and Hearing Sciences

Life Participation Approach to Aphasia
Aphasia is a language disorder acquired as a result of stroke or traumatic brain injury. It is a serious communication disorder because it disrupts a person’s ability to understand, to express ideas and to read or write. Traditionally, speech-language pathologists have treated aphasia within a model framework directed toward amelioration of the language impairment resulting from aphasia. Since the early 2000s the Life Participation Approach to Aphasia model of treatment has supported a psychosocial model of treatment focused on living successfully with aphasia. Glista’s work is directed toward infusion of this model of care within the current system.
Nov. 17

Joseph Kretovics, Professor, Department of Educational Leadership, Research and Technology

School Reform Isn’t Complicated, It’s Complex

This talk will examine school restructuring and renewal through the lens of complexity science and complex adaptive systems. This sounds imposing but it will be understandable as we go along. Too often educators and legislators look at educational issues as complicated technical problems that can be fixed through top down bureaucratic models. At the core of this perspective are the ideals of efficiency, control and predication. This perspective is not only wrong-headed, it is dangerous for the well-being of our children, our schools and our economy. In this brief talk I will offer an alternative approach.

We currently live in a diverse economy that demands flexibility, adaptation, creativity and innovation. The world is changing so rapidly that if you teach something that might be true today, it has already become obsolete by the time children learn it. How do we change that?

Tour of Kalamazoo Civic Theatre
Friday, Sept. 29
11 a.m.-12:30 p.m. at 329 S Park St, Kalamazoo

The Kalamazoo Civic Theatre building was completed in 1931 when it became the home of the Kalamazoo Civic Players. Built by Dr. W.E. Upjohn to become a cultural center for the city of Kalamazoo, the theatre still has all original structures and elements, including its copper roof. After 87 years, though, the roof is set to be replaced in the near future thanks to a recent successful advancement campaign. The tour will take participants into areas rarely seen by the public including the basements of the costume shop where over 22,000 pieces are stored; the Parish Theatre scenery storage where you may catch a glimpse of the “great and powerful Oz”; and finally the Civic Theatre stage itself looking out at the 503 seat auditorium in all of its glory.

The tour will start at the Carver Center which was built in 1958 as a community arts center housing offices of various arts organizations in Kalamazoo. It is now home to the artistic and education staff offices, the state of the art scene shop and, with additions completed in 2003 and 2006, the costume shop and rehearsal spaces. The Carver family has a long legacy at the Civic Theatre that continues to this day—Norman Carver was the first Executive Director and was followed by his son, James. Among others in between, including Kristen Chesak who was at
the helm for 10 years, the theatre is now run by Steven Carver, son of James and grandson of Norm. The tour is led by Director of Education & Outreach, Nicki Poer and will end with a chat with Steven....Oh, the stories he tells about growing up at the Kalamazoo Civic Theatre!

Parking is available behind the Carver Center and the tour is about 90 minutes in duration.

**OLLI at WMU Annual Members’ Meeting**  
**Nov. 15, 2017**  
**2-4 p.m., location TBA**

Part social event, part business meeting, the OLLI annual membership meeting will take place this year at the Kalamazoo Institute of Arts. A brief business meeting, including information on activities and budget, along with an update on the Osher Foundation will take place. Meet staff and advisory board members and find out more about how your OLLI operates.

This meeting is also a great opportunity to enjoy coffee and cookies while socializing with other OLLI members. Put it on your calendar today! Closer to the date, you will have an opportunity to register.

**HOW TO USE THIS CATALOG**

For your convenience, you will find that courses are listed three ways in this catalog:

1. At-a-glance: Courses are organized chronologically with dates, times and locations given.

2. Index by subject: Look here if you are interested in courses on a particular topic.

3. Alphabetical order: Courses are listed in alphabetical order by course title. This is where you will also find each course’s full description and instructor information. Course numbers are assigned based on alphabetical order.
# FALL 2017 COURSE SCHEDULE AT-A-GLANCE

Course numbers correspond to the alphabetical order of course titles.

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<td>Wednesday, 9/6</td>
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<td>Thursday, 9/7</td>
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<td>Walden Woods</td>
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<td>28</td>
<td>Introduction to German or Perhaps Reacquaintance With…</td>
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<td>A Taste of Technology: TED Talks</td>
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<td>The Antebellum Period and the Rise of the Northern Rebellion</td>
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<td>12-2 p.m.</td>
<td>College of Health and Human Services room #4010</td>
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<td>College of Health and Human Services room #1024</td>
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<td>ABC’s of Investing</td>
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<td>Michigan, My Michigan: The History of Michigan from its Beginning to 1860</td>
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<td>Tuesday, 10/31, 11/7 &amp; 11/14 and Thursday, 11/2, 11/9 &amp; 11/16</td>
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<td>Distracted Driving Epidemic and How to Maintain Driving Skills as We Age</td>
<td>Monday, 11/6</td>
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<td>No. 1 Hits 1957-1967: Their Stories</td>
<td>Monday, 11/6</td>
<td>11 a.m.-1 p.m.</td>
<td>Friendship Village</td>
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<td>Juvenile Justice and Mental Health—Finding A Path Forward</td>
<td>Monday, 11/6</td>
<td>3-5 p.m.</td>
<td>The Fountains at Bronson Place, Auditorium</td>
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<td>Bravo Brahms! Symphony No. 2 by Johannes Brahms with the KSO</td>
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<td>Tuesday, 11/14 &amp; 11/21</td>
<td>2-4 p.m.</td>
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<td>Wednesday, 11/15</td>
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<td>Friendship Village</td>
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## FALL 2017 TRIP SCHEDULE AT-A-GLANCE

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<td>Friday, 11/17</td>
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<td>Inside OLLI</td>
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<td>50</td>
<td>Housing Smart SIG</td>
<td>2nd Monday of the month</td>
<td>1-3 p.m.</td>
<td>First Congregational Church, 345 W. Michigan Ave.</td>
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<td>German Conversation SIG</td>
<td>Fridays, beginning 9/8</td>
<td>10-11:30 a.m.</td>
<td>Country Acres Village Clubhouse, 2300 Barney Road, Kalamazoo</td>
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<td>Holiday Musical Joy! Grand Rapids Symphony Holiday Pops</td>
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1 5,000 Years of Recording Humankind Stories: From Mark Making to Metadata

Sessions: 2
Dates & Times: Friday, 10/20 & 10/27, 1-3 p.m.
Location: Walden Woods
Fee: Members $20, Non-members $40
Course Capacity: 20

Beginning in the Fertile Crescent, we will journey through the evolution of the Roman alphabet, the evolution of Roman writing and the evolution of Roman typefaces on our way to the metadata revolution in Silicon Valley. We will consider technologies, by time and place, all along the way that advanced storytelling. We will demonstrate the writing hands that spread from Rome throughout Europe and still influence the shapes of letterforms we use today. We will look at how typesetting spread from Germany around the world and to our keyboards. In addition, we will peek into the future of storytelling.

About the Instructors: Phillip Kunze has a B.F.A. and M.F.A. in graphic design from Cranbrook Academy of Art. Visual communication has been the art of his life: a marketing career at The Upjohn Company; businesses in marketing accountability, design workability and image making; and teaching graphic design and typography at WMU. His business card now reads: Storyteller, Inventor, Activist. Phil is a returning OLLI instructor.

Robert Hosack, D.D.S. taught elementary school for a brief time before entering dental school. He has a great passion for handwriting and calligraphy. Over the past 35 years he has studied with some of the best professional handwriting masters and has taught handwriting and calligraphy to many—including several doctors. He has also been teaching dental classes for about 30 years. Robert is a returning OLLI instructor.

“It’s fun to keep learning. It keeps me young!”
- OLLI Participant
Three plays and two operas from London’s Digital Theatre Plus will be offered in September, October and November. Filmed/videoed productions will be shown each week Tuesday and Wednesday, with follow-up discussions Thursday.


Oct. 24, 25, 26 Eugene O’Neill’s Pulitzer Prize-winning autobiographic play “Long Day’s Journey Into Night” stars British actor Sir David Suchet and American actress Laurie Metcalf in a 2012 production from the Apollo Theatre, London, and was a winner of an Olivier Award for Best Revival 2013. Because of length, the showing will be divided between Oct. 24 and 25 with discussion on the 26th.

Nov. 28, 29, 30 two romantic operas recorded in London’s Royal Opera House in 2009: Nov. 28 “La Traviata,” Giuseppe Verdi’s best-loved work, stars Rene Fleming. Nov. 29 Giacomo Puccini’s “La Boheme,” one of the great romances of all opera, features Russian soprano Hibla Gerzmava and Romanian tenor Teodor Ilincai. Both operas are sung in Italian with English subtitles.

About the Instructor: Dr. Ruth Heinig is a retired WMU communication professor and one of the founders of OLLI at WMU. She has a background in theatre, English and communication, and has performed in numerous university and professional theatre productions, including musicals and operas. Ruth is a returning OLLI instructor.
3  A Taste of Technology: TED Talks

Sessions:  5
Dates & Times:  Friday, 9/15, 9/29, 10/13, 10/20 & 11/10, 12-1 p.m.
Location:  Walden Woods
Fee:  Members $25, Non-members $50
Course Capacity:  24

Bring your lunch and an appetite for discussion. Each of the five sessions will begin with a short TED Talk video followed by an open discussion among group members during the lunch hour. The course will be facilitated by Harold Watkins who will provide questions and offer insights to the group. Each week’s talk presents a different aspect illuminating how technology is affecting daily living, now and how it might in the future. TED Talk topics include:

Week 1: Trickle-Down Techonomics
Week 2: This Virtual Lab Will Revolutionize Science Class
Week 3: All Your Devices Can Be Hacked
Week 4: The Future of News? Virtual Reality
Week 5: After Your Final Status Update

About the Instructor: Harold Watkins is a WMU graduate and is currently working in the office for OLLI at WMU. He is pursuing his master's degree in higher education and student affairs from WMU. Harold is an avid tech user with experience in many different tech platforms and is a returning OLLI instructor.

“What a wonderful variety of courses to choose from.”
- OLLI Participant
4 ABC’s of Investing

Sessions: 2
Dates & Times: Thursday, 10/5 & 10/12, 5-7 p.m.
Location: College of Health and Human Services room #4267
Fee: Members $20, Non-members $40
Course Capacity: 20

We’ve all heard these terms thrown around in conversation: stocks, bonds, mutual funds, ETFs, annuities, but what are they really? This class is designed to help you better understand all aspects of the stock market by learning the fundamentals of the different types of investments and what they can do for you. How and when does a particular investment fit into your portfolio and your life? Whether you are interested in individual stocks or stock mutual funds, the goal of this course is to help you become a more successful investor.

About the Instructor: Stacy Caudill, who has been working in the financial services industry for over 20 years, evaluates client’s needs to facilitate sound financial and retirement planning advice. Stacy has a bachelor’s degree in business administration from Western Michigan University and holds series 7, 63, and 65 licenses as well as health and life insurance licenses. Stacy is a Wealth Management Specialist, an Accredited Asset Management Specialist (AAMS®), and in 2015 also became a Certified Divorce Financial Analyst™ through the Institute of Divorce Financial Analysts™. Stacy enjoys helping clients envision their goals and then seeing how together they achieve them. Stacy is a member of the OLLI Advisory Board.
5 Air Zoo—Aerospace Through the Ages

Sessions: 1
Dates & Times: Thursday, 11/2, 10 a.m.-12 p.m.
Location: Air Zoo, 6151 Portage Road, Portage
Fee: Members $25, Non-members $35
Course Capacity: 35

“Aerospace through the Ages” explores the history, innovation and creativity of aviation technology, ranging from the Wright Flyer to the powerful SR-71 Blackbird! This course begins with a 60-minute, docent-led walking tour, followed by an aerospace technology demonstration using the Air Zoo’s own wind tunnel. After the demonstration, there will be time for a follow-up discussion with one or more of our knowledgeable docents.

The Air Zoo is one of the nation’s premier, hands-on, indoor aerospace and science education centers. Housing one of the largest collections of rare aircraft, spacecraft and science, military, and aerospace artifacts in the U.S., the Air Zoo combines interactive and educational experiences with once-in-a-lifetime activities, including interactive exhibits, full-motion flight simulators and a 4D movie theater.

Note: Seating will be available as needed during the walking tour.

About the Instructors: Courses are taught by the Air Zoo’s team of world-class educators and docents. The Air Zoo’s education programs are developed by licensed Michigan teachers who are focused on creating affordable, interactive educational programs that not only stimulate and engage audiences during their presentation, but also inspire them to continue their exploration of science long after the program’s conclusion. Volunteer docents are trained members of the community who are passionate about aircraft, history, teaching and the Air Zoo. These docents, some of whom are retired pilots and teachers, veterans, local history buffs and students, are all here to inspire and educate guests about the museum’s collection of aircraft, spacecraft and artifacts.

“The instructors at the Air Zoo were impressively knowledgeable about the topic. It was obvious that they are passionate about the subject matter.”
- OLLI Participant
6  Air Zoo—Victory Through Air Power

Sessions: 1
Dates & Times: Thursday, 9/7, 10 a.m.-12 p.m.
Location: Air Zoo, 6151 Portage Road, Portage
Fee: Members $25, Non-members $35
Course Capacity: 35

“Victory through Air Power” explores the role of aviation in determining the outcome of the Second World War. The course begins with a 60 minute, docent-led walking tour that introduces participants to the theories, technologies and tactics employed by the United States Army Air Corps and Navy that led to ultimate victory. It continues with an overview of the processes used for training American military pilots and Women’s Airforce Service Pilot (WASP) volunteers. After the tour, there will be a demonstration of the outfitting and equipment provided to the aircrew of a typical B-17 bomber and a follow-up discussion with one or more of our knowledgeable docents.

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Participants in this course will have the opportunity to learn about theatre production at WMU. Backstage tours, conversations with faculty and student artists and attendance at a performance will enable everyone to share in the process from start to finish. Participants will see “Waiting to be Invited” by award winning playwright S.M. Shephard-Massat.

Ms. Shephard-Massat based the work on an experience from her grandmother’s life. It’s the summer of 1964 in Atlanta, Georgia, and four middle-aged black women are traveling by city bus to a “whites only” eating establishment inside a downtown Atlanta department store. Their purpose is to “test” their newly acquired civil rights handed down by the Supreme Court outlawing segregation in eating establishments. This funny, touching play tells the story of these brave women as they prepare for their date with destiny at a forbidden lunch counter.

**About the Instructor:** After a career in professional theatres and nonprofits, Lofton L. Durham earned a Ph.D. at the University of Pittsburgh and is now associate professor of theatre history at WMU, where he has won awards for his writing and his teaching. He serves as an editor for the Journal of Comparative Drama, is a founding member of the University Center for the Humanities and is the artistic producer of the brand-new Mostly Medieval Theatre Festival that premiered last May.

“I love re-learning “old” subjects from decades ago and learning “new” topics in many diverse areas.”

- OLLI Participant
Join with others for a screening and discussion of the PBS program “Being Mortal,” based on Dr. Atul Gawande’s book of the same name. “Being Mortal” investigates the practice of caring for the dying in America and explores the relationships between patients and their doctors. The film follows Dr. Gawande, a surgeon at Brigham and Women’s Hospital in Boston, as he shares stories from the people and families he encounters. His search for answers about how best to care for the dying becomes personal when his own father is diagnosed with cancer. The screening will be followed by discussion and additional resources for beginning the conversation about advance care planning.

About the Instructor: Laura Latiolais has a B.A. in humanities from San Francisco State University and came to work at Hospice Care of Southwest Michigan as the Director of Development in 1996. At the time, she knew very little about hospice, except that the concept seemed to be the “right” one for caring for people who are dying. Over the last 20 years she has witnessed over and over the difference that hospice, with its interdisciplinary approach to care for the dying patient and their loved ones, can make in the final weeks and months of life. Encouraging people to engage with the concept of mortality, their own and others, can be an important step toward addressing their fears and wishes for end-of-life.
9 Bounty Stories

Sessions: 3
Dates & Times: Wednesday, 10/11, 10/18 & 10/25, 9-11 a.m.
Location: College of Health and Human Services room #1087
Fee: Members $30, Non-members $60
Course Capacity: 25

The Bounty mutiny was a sensation at the time and the story has resonated ever since. The main protagonists, Bligh and Christian never met again, but they and their shipmates went on to experience a further series of remarkable events including shipwreck, murder, suicide, amazing feats of nautical endurance, the founding of a new tropical paradise, more mutinies, a sensational trial complete with media spin, perjured testimony and influence in high places. Most of these stories have been forgotten but that iconic encounter between the tyrannical captain and the handsome young hero lives on in the mythscape. Why? What do we really know about what happened? Stories or history (or is there a difference)?

About the Instructor: John Fraser is a retired master mariner currently living in Kalamazoo. The history of seafaring has been a lifelong passion along with an interest in navigation, marine exploration and the relationship between humans and the sea. John is a returning OLLI instructor.

10 Bravo Brahms! Symphony No. 2 by Johannes Brahms with the KSO

Sessions: 2
Dates & Times: Tuesday and Wednesday, 11/7 & 11/8, 10 a.m.-12 p.m.
Location: Walden Woods
Fee: Members $20, Non-members $40
Course Capacity: 24

The Second Symphony of Johannes Brahms sparkles with beautiful melodies, rich harmonies and interesting complexities. Brahms fills his music with Romantic passion within an expanded Classical structure. Symphony No. 2 by Brahms will be featured in the Kalamazoo Symphony Orchestra’s concert Saturday, Nov. 11. We will explore his Symphony with listening maps, excerpts and insights. By concert time,
we will be familiar with this wonderful piece. In addition to two class sessions, you will be invited to a Kalamazoo Symphony rehearsal Thursday night, Nov. 9 (rehearsal is optional). Join us to explore and enjoy this remarkable music.

**Note:** Concert will be Saturday 11/11 at Chenery Auditorium; the concert is optional.

**About the Instructor:** Jane Rooks Ross is the founding Director of Education for the Kalamazoo Symphony Orchestra and, most recently, established Marvelous Music! A lifelong educator, she has taught in the WMU Honors College, at KVCC, Kalamazoo College and area schools. Her consulting work includes workshops, grant panels, and writing educational materials including the popular Listener’s Guide to the Orchestra. Ms. Rooks Ross holds a M.M. in music education cum Laude from WMU. She is a returning OLLI instructor.

11 Bringing the World to Kalamazoo: International Exchange Through Citizen Diplomacy

**Sessions:** 3
**Dates & Times:** Monday, 9/11, 9/18 & 9/25, 5:30-7:30 p.m.
**Location:** Friendship Village
**Fee:** Members $30, Non-members $60
**Course Capacity:** 30

Since its founding in 1971, Colleagues International has hosted more than 2000 visitors from some 100 countries in Kalamazoo. In 2016, Colleagues hosted 136 people from 41 nations. In this course, we will explore citizen diplomacy and its role in international relations. We will also look at the local strengths that draw international professionals to Kalamazoo and hear directly from international visitors about their experiences and impressions of the United States and West Michigan. We will further explore opportunities to be citizen diplomats here in Kalamazoo, shaping international relations from our corner of the world.

**About the Instructor:** Jodi Hope Michaels is the Executive Director at Colleagues International, bringing emerging leaders from around the world for professional exchange in Kalamazoo. She joined the organization in 2016 following nearly two decades in international development and nonprofit work, with extensive experience abroad working to promote social justice, human rights and cross-cultural understanding. Hailing from Canada, Jodi has a degree in Human Biology with a focus on health in the developing world from Stanford University.
12 Catch the Music With Alto Recorder

Sessions: 6
Dates & Times: Wednesday, 9/13, 9/20, 9/27, 10/4, 10/11 & 10/18, 2-4 p.m.
Location: Walden Woods
Fee: Members $60, Non-members $120
Course Capacity: 8

Do you have an inner desire to make music? Did you play an instrument years ago but gave it up? This is your course! These sessions will introduce you to the joys of music making by way of the alto recorder — the easiest size for adult hands, and the featured instrument for much of the older music. You will need an alto recorder (a modern plastic instrument is best) and your own music stand. A limited number of loaner instruments are available. All music will be furnished, usually sent out as PDF attachments to email. The ability to read music will be helpful.

About the Instructor: David W. Fischer is an enthusiastic recorder player with over 50 years of experience. Initially self-taught, he has also studied locally with Judith Whaley and at workshops sponsored by the American Recorder Society. He has earned the ARS Level III proficiency certificate (the highest non-professional level) as well as the Level III teacher’s certificate. David is a returning OLLI Instructor.

13 Comparing Religions

Sessions: 4
Dates & Times: Thursday, 10/26, 11/2, 11/9 & 11/16, 1-3 p.m.
Location: College of Health and Human Services room #4010
Fee: Members $40, Non-members $80
Course Capacity: 40

Your course instructor has often heard people claim that religions, at heart, all come down to the same insights and claims. This course examines that assertion. What characteristics are indeed shared by all or most of the world’s religions? And because they do share much in common, where are the stumbling blocks of difference that lead them so often to misunderstand and quarrel with one another? Furthermore, what might all of this teach us about the nature of religion and its significance for human existence? Religions both large and small will be cited. The course draws on extensive visual materials and requires no outside readings.
About the Instructor: Nancy Falk is WMU professor emerita of comparative religion. She taught full time in WMU’s comparative religion department for 38 years, and still occasionally teaches the WMU online course on religions of India. Professor Falk holds master’s and doctoral degrees in history of religions from the University of Chicago, and has developed specializations in the religions of India and the cross-cultural study of women’s religious roles and dilemmas; she has published books, scholarly articles, and reference work entries in both areas. She has offered the course Comparing Religions for OLLI at WMU twice previously.

14 Distracted Driving Epidemic and How to Maintain Driving Skills as We Age

Sessions: 1
Dates & Times: Monday, 11/6, 9-11 a.m.
Location: Walden Woods
Fee: Members $10, Non-members $20
Course Capacity: 24

The course will cover current data and emerging situations regarding elements of distracted driving leading to death, injuries and economic losses. The largest driver cohort is 50-75 years young. Solutions to this malady will be discussed along with how to maintain driving skills as we age. A special section on winter driving will be presented.

About the Instructor: Marv Berkowicz has participated in many defensive driving programs. He orchestrated driver programs at WMU and local high schools. He is the founder and president of Fathers Against Distracted Driving, a 501 (c)(3) nonprofit organization. More information is available at www.fadd.info. Marv is a returning OLLI instructor.

“OLLI courses provide a constant source of topics for conversation outside the classroom.”

- OLLI Participant
15 Dostoevsky on Happiness

Sessions: 6
Dates & Times: Tuesday, 10/31, 11/7 & 11/14 and Thursday, 11/2, 11/9 & 11/16, 12-2 p.m.
Location: College of Health and Human Services room #1093
Fee: Members $60, Non-members $120
Course Capacity: 25

Reflections on three chapters from the novel, “Brothers Karamazov,” collected in the Hackett publication, “The Grand Inquisitor” (80 pages). Various responses to all the suffering in the world, the supposed conflict between happiness and freedom, and possible resolutions of the conflicts will be considered. Notes for the class discussions will be delivered on Arthur Falk’s WMU home page at homepages.wmich.edu/~afalk


About the Instructor: Arthur Falk is a native of New York City. He went to Regis High School in Manhattan and Fordham College in the Bronx. Traveling east, he received his doctorate in philosophy from Yale. Then west to Kalamazoo, where he learned that crossing the Hudson River did not put him in The West. He was appointed to a continuing position in philosophy at WMU in 1964, rose to the rank of professor in 1977 and chair of his department from 1987 to 1993. He is the author of two books and 40 scholarly articles. He retired in 2005, but has continued to teach philosophy part-time ever since.

16 Down (or Up) the “Old Sauk Trail” U.S. 12

Sessions: 2
Dates & Times: Wednesday, 9/13 & 9/20, 1-3 p.m.
Location: The Fountains at Bronson Place, Auditorium
Fee: Members $20, Non-members $40
Course Capacity: 80

This course will be a narrated slide show telling the story of the Native American trail that eventually became the busiest highway between Detroit and Chicago. You will see the current sites on the “Trail” including early train stations, baseball parks, cemeteries, roadside attractions, historic buildings, a one-of-a-kind meat market, a currently operating “opera house,” twin observation towers
built in 1924, a religious shrine, a stage coach tavern from the 1840s and other early American sites.

**About the Instructor:** John S. Geisler has degrees from Adrian College and the University of Toledo. He has been a high school teacher and coach, a college admissions counselor, the director of an OEO Program, Upward Bound, and a professor at Central Michigan University and Western Michigan University for 40 years. In his dotage, he has done significant research on early American roads and highways and now conducts bus tours of the Sauk Trail and the West Michigan Pike. John serves as co-chair of OLLI’s Curriculum Committee and is an Advisory Board Member. He is a returning OLLI instructor.

“Instructor’s enthusiasm was contagious. I am ready to travel the same roads.”

- OLLI Participant

**17 Every Day with Morrie**

**Sessions:** 1  
**Dates & Times:** Tuesday, 9/5, 9-11 a.m.  
**Location:** Friendship Village  
**Fee:** Members $10, Non-members $20  
**Course Capacity:** 100

“Tuesdays with Morrie” was on the best-seller list for over five years. Join us for a lively, thought provoking session as we talk about the impact of this book, why it still strikes a chord today, and the lifelong lessons that Morrie not only imparted to his pupil Mitch, but also people the world over. Was Morrie a very unique person? Or can we learn from his lessons and be more like him by making changes in our own lives?

**About the Instructor:** Dave Kampfschulte is Director of Amazing Circles Workshops, a nationally known speaker, and author of “I’m Dying to Talk with You: Twenty-Five Years of Conversations on End of Life Decisions.” Using his empathy, humor, energy, and over 28 years as an educator and as a hospice volunteer, Dave facilitates his interactive, enlightening workshops and presentations to professionals and general audiences. He is a returning OLLI instructor. Dave has a master’s in education, is a facilitator for Making Choices Michigan, and is an instructor with Aquinas College Osher Lifelong Learning Institute. His website is www.amazingcircles.net
18 Everyone Needs to Read: A Literacy Vision for Kalamazoo County

Sessions: 3
Dates & Times: Wednesday, 10/25, 11/1 & 11/8, 1-3 p.m.
Location: Walden Woods
Fee: Members $30, Non-members $60
Course Capacity: 20

Somewhere in our community a mother can’t read to her child, a man can’t read a job application, another adult can’t complete insurance forms or read doctors’ prescriptions. To get a job, manage one’s health or help a child learn – everyone needs to read. In this course, we will examine the state of adult literacy in Kalamazoo County and illiteracy’s negative impact on the community. We will discuss strategies being used to reach the county’s more than 25,000 struggling adult readers. We will explore literacy as a social justice issue and how to create learning places in people’s own neighborhoods.

About the Instructor: Michael Evans became the Executive Director of the Kalamazoo Literacy Council in August 2010. He is passionate about bringing high quality instruction to people where they live. He works daily to coordinate with existing groups and create new opportunities to raise awareness of adult literacy issues in the community and gather support for this cause. He earned his bachelor’s degree at Western Michigan University, majoring in English and communications. Michael is a member of the OLLI Advisory Board and a returning OLLI instructor.

19 Exercise My Brain!?

Sessions: 1
Dates & Times: Monday, 10/16, 9-11 a.m.
Location: Walden Woods
Fee: Members $10, Non-members $20
Course Capacity: 20

“Use it or lose it.” An active brain helps to maintain a healthy body. Senior Odyssey of the Mind is a program that can activate brain cells. Using a lifetime of experience and knowledge, seniors can enjoy creative problem-solving. Working together, team members tap their inner child and have fun thinking “outside the box.” One part of a practice session could
include unusual uses of everyday objects, “What can you do with a spatula?” Innovative responses get more points. Information about SOM can be found at: miseniorodyssey.org. This session will show what other groups have done in competition, challenge our thinking patterns, and perhaps lead to a continuing Special Interest Group.

**About the Instructor:** Norman Bober is a former librarian who still loves books, grows trees, and works around an organic homestead raising small animals and edible plants. He is “passionately curious” and loves to play interactive games with people as part of his conscious aging.

“It was fun and challenging. It really made me think outside the box.”

– OLLI Participant

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**20 Fiddling with Facebook: A Beginners Guide**

**Sessions:** 3

**Dates & Times:** Thursday, 11/2, 11/9 & 11/16, 9-11 a.m.

**Location:** Walden Woods

**Fee:** Members $30, Non-members $60

**Course Capacity:** 24

Getting into social media can be a scary process. This course will focus on beginning users of Facebook or those thinking about joining. Whether you have been meaning to sign up and haven’t quite yet or you have and don’t know what to do next, this course will walk you through the basic uses. This includes: the sign-up process, what information to give or not give and the basic functions. You will be adding friends, posting on walls and controlling your content before you know it!

**About the Instructor:** Harold Watkins is a WMU graduate and is currently employed in the office for OLLI at WMU. He is pursuing his master’s degree in higher education and student affairs from WMU. Harold is an avid tech user with experience in many different tech platforms and is a returning OLLI instructor.
21 Forgotten U.S. Historical Documents Come Alive Again

Sessions: 2
Dates & Times: Tuesday, 11/14 & 11/21, 2-4 p.m.
Location: The Fountains at Bronson Place, Auditorium
Fee: Members $20, Non-members $40
Course Capacity: 40

The Continental Congress (and Agreement), the Articles of Confederation (1781), the 1783 Treaty of Paris, the Land Acts of 1784-85 and the Northwest Ordinance of 1787 are often overshadowed by the Declaration of Independence (1776) and the Constitution of the United States (1787) as U.S. founding documents. However, for several years these “other” documents held sway in terms of governing the United States and the Midwest in particular. Ohio and Indiana violated the provisions of one law and “stole” land from Michigan which led to the Toledo War and the addition of the UP to Michigan. Thomas Jefferson proposed that Midwest states should be named Sylvania, Chersoneus, Assenspia, Saratoga, Polypotamia, Pelyssia, Michigania & Metropotamia.

About the Instructor: Dr. John Geisler has degrees from Adrian College and the University of Toledo. He has been a public school teacher, director of a poverty program, a college admissions counselor and a counselor educator at Central Michigan University and Western Michigan University. Dr. Geisler is a returning OLLI instructor. R. Sherman has agreed to be a special guest presenter for part of this course.

22 Good Angels and Bad Angels in Charles Dickens’ David Copperfield

Sessions: 5
Dates & Times: Monday, 9/11, 9/18, 9/25, 10/2 & 10/9, 9-11 a.m.
Location: Friendship Village
Fee: Members $50, Non-members $100
Course Capacity: 100

This course is intended to be interactive, so a familiarity with the story of “David Copperfield” by Charles Dickens would be extremely helpful. Since this novel was the author’s “favorite child” as he put it, having read the book by the start of the course would be ideal. By means of demonstration and guidance by the instructor, based on 36 years of teaching the novel and other Dickens’ works, we
will read, dramatize and discuss the most vivid scenes and descriptions focusing upon characterization, conflict, theme, style and point of view. Count Leo Tolstoy insisted that this novel was the greatest achievement by the world’s greatest novelist, and the book has influenced countless other great writers since 1850. We shall see exactly why that is true.

**Note:** We will be using the 1980 Signet Paperback, available at area bookstores.

**About the Instructor:** Stephen Tod has taught composition, grammar and literature for 48 years in two countries, in 15 schools, with students ranging from kindergarteners through college students and adult learners. He maintains a lifelong passion for good writing and film and is an avid reader in numerous genres. He enjoys teaching more than any other endeavor he has experienced in numerous genres. He enjoys teaching more than any other endeavor he has experienced in numerous genres. He enjoys teaching more than any other endeavor he has experienced in numerous genres. He enjoys teaching more than any other endeavor he has experienced in numerous genres. He enjoys teaching more than any other endeavor he has experienced in numerous genres. He enjoys teaching more than any other endeavor he has experienced in numerous genres. He enjoys teaching more than any other endeavor he has experienced in numerous genres.

23 Growing Yarn: Raising Alpacas for Fun and Fiber

- **Sessions:** 1
- **Dates & Times:** Thursday, 9/14, 9-11 a.m.
- **Location:** Can Do Acres, 40640 Paw Paw Road, Paw Paw
- **Fee:** Members $10, Non-members $20
- **Course Capacity:** 15

This course will take place on an alpaca farm outside of Paw Paw, Michigan. Participants will tour an alpaca farm to see the operations and to meet the alpacas up close. From raw right-from-the-animal fur to luscious yarn spun from processed fiber, participants will have a hands-on experience exploring the variety of ways fiber can be used to make utilitarian as well as artistic items. All who are interested will have an opportunity to play with fiber to create items at our “Make It and Take It” arts and crafts table.

**About the Instructor:** Carla Chase, Ed.D., OTRL is an occupational therapist and longtime university educator. About six years ago she saw her first alpaca at a fiber fair and, having grown up doing hand work with her mother and grandmother, fell in love with the idea of growing her own yarn. She has participated in numerous workshops and clinics to learn more about the animal and its care and now facilitates training others.

(Cont. on page 41)
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Fall 2017 Registration Form for OLLI at WMU

Courses

Please print; only one person per form (duplicate as necessary).

Name: ________________________________________________

☐ Male*  ☐ Female*  Year of Birth* ______________

*For statistical purposes only

Address: ________________________________________________

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State ____________________________ Zip __________

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Emergency Contact Name: ________________________________

Emergency Phone: (_____) ________________________________

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Credit card _____________________________________________

MO/check# ____________________________ Cash __________________

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Courses listed with Member & Non-member fees

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**Special Interest Groups free to members.**

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**Other Events**

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<td>OLLI Lecture Series</td>
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**New Members**

- **NEW** membership, expires 7/1/18 $35

**Current or Previous OLLI Members**

- **RENEWAL** membership, expires 7/1/18 $35

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Early bird registration begins August 8 for members. 
Non-member registration begins Aug. 22.
See p. 5 for more registration details.

- MAIL TO: OLLI at WMU, Extended University Programs, 1903 W. Michigan Ave., Kalamazoo, Mich. 49008-5230 (Please use the zip+4). 
  Please check on course availability before mailing a check by calling us at (269) 387-4200.
- FAX TO: (269) 387-4226.
- CALL: (269) 387-4200 for more information.
- REGISTER ONLINE: wmich.edu/olli (payment required with Visa, MasterCard or Discover).

OLLI Membership #__________
Expiration date ________________
(Find your member number on your membership card.)

☐ Please contact me about volunteer opportunities.

Payment

Total cost (Course fees, memberships and/or donations): $__________________________

☐ Check or money order made payable to WMU – OLLI

☐ Visa ☐ Master Card ☐ Discover

____________________________
authorized signature

charge card account number exp. date 3-digit code
24 Holy Plunder, Batman—Hail the Vikings!

Sessions: 4
Dates & Times: Thursday, 9/14, 9/21, 9/28 & 10/5, 6-8 p.m.
Location: Friendship Village
Fee: Members $40, Non-members $80
Course Capacity: 15

The Vikings left a lasting footprint on history. What did the Scandinavians have that the Europeans did not? Was it military ability, sailing ability, excess population, trade goods or soap? They are known for plundering, but what else did they do? What were they like at home? How did they make their clothes? How did they stay healthy and treat illness and wounds? How did blacksmithing skills contribute to daily life? These questions and others will be answered by members of the Norsemen of Michigan Living History Society. We invite you to join us.

HAIL THE VIKINGS!

About the Instructors: Kal and Karen Vander Weele have been re-enactors of the Viking Era for about 10 years. They are current members of the Norsemen of Michigan Living History Society. They and other members of their group will be demonstrating the skills and experience they use at Living History events around the state.

“Wish I had more time to take more courses and go on more day trips!”

- OLLI Participant
25 How a Cellist and Composer’s Life Intersects With Arts Management

Sessions: 4  
Dates & Times: Monday, 10/23, 10/30, 11/6 & 11/13, 1-3 p.m.  
Location: College of Health and Human Services room #2060  
Fee: Members $40, Non-members $80  
Course Capacity: 30

Following on the heels of the well-received “Inside the Life and Mind of One Professional Musician,” Betsy will share her work in arts management and how it complements her work as a performer and composer. She will look at the origins of the 501(c)(3) arts organization, the brainchild of Wen Chao Chen, the Michigan Festival of Sacred Music (www.mfsm.us) and its programs which represent diverse faiths and cultures. The course will include one session of discussion of the MFSM events attended by participants (some programs are free, but costs of ticketed events are the participant’s responsibility). Every day in a musician's life is different, so this course may intersect with previously presented material, but will diverge as it follows participants' questions and interests along with new events and performances in Betsy's life roving the Kalamazoo and Chicago area music scenes.

Note: Attendance at a Michigan Festival of Sacred Music event is encouraged; schedule and tickets at www.mfsm.us Participants may choose any of the programs listed. The schedule will be up-to-date by Sept. 1.

About the Instructor: Elizabeth “Betsy” Start holds bachelor’s degrees in mathematics and cello from Oberlin College, master’s degrees in cello and theory/composition from Northern Illinois University, and a Ph.D. in composition from the University of Chicago. She spent 15 years living and freelancing as a cellist, composer and teacher in the Chicago area, teaching at many institutions, including DePaul University and Columbia College. Betsy is a returning OLLI instructor.
# 26 How’s Your Microbiome Today? Feeding and Nurturing Your Inner Ecology

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<tr>
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The microbiome, the total community of microorganisms that live within, on and around us, is slated to have a huge impact on the future of our food, medicine and health. No longer a simple “war on bugs,” it’s time to work together and realize that everything, including bacteria and our health, is interconnected. Join Nancy Lee Bentley for a lively look at how we can adapt to the changing landscape with a new mindset, key fundamentals and some practical tips, food and lifestyle choices we can use for improving the health of our GUT and immune system, personal and planetary health.

**About the Instructor:** Nancy Lee Bentley is a dynamic holistic health expert, speaker, author and mentor/coach with a 40 plus year career in the corporate and natural/organic food industries, foodservice, academia, marketing, media, publishing and health care. A graduate of Cornell University with a B.S. in Foods, Nutrition and Communications, she did her graduate work for an M.S.Ed. in adult and community education at State University of New York’s City College. A grandmother of the organic movement, University of Illinois Urbana-Champaign’s first local food systems specialist and founder of The Food Circle, she is devoted to integrating complex systems within the fields of sustainable food, nourishment, agriculture, community development and total health.
Whether you are a longtime OLLI member or someone who just found out about this community of adult learners who enjoy almost year-round courses, events and trips that are stimulating, interesting and fun, you are welcome to this one-session course that will give you an insider’s view of this outstanding program. You will meet some of the staff and volunteers who keep things running and learn about the inner workings of this volunteer-driven lifelong learning program. How do courses and instructors get selected? Who chooses trip destinations? Why are there so many venues for courses? Who or what is Osher? These are just some of the questions that will be answered in this free course. We are sure you will have many other questions, so do take advantage of this opportunity to get “Inside OLLI.”

About the Instructor: This course will be taught by several OLLI at WMU volunteers.

“We really needed this service. Kudos to those who started it!

- OLLI Participant
28 Introduction to German or Perhaps Reacquaintance With...

Sessions: 6
Dates & Times: Wednesday, 9/13, 9/20, 9/27, 10/18, 10/25 & 11/1, 9-11 a.m.
Location: The Fountains at Bronson Place, Activity Room
Fee: Members $60, Non-members $120
Course Capacity: 16

We will finish the text Willkommen! - German, chapters 9-12, available from Amazon, new or used. This is a continuation of two previous courses. Anyone who was not in them needs to have some experience with the language, perhaps a dimly remembered course or two in the past. There will be some grammar, cultural content, and an emphasis on vocabulary acquisition.

About the Instructor: Bill Beverly taught German and history in the Kalamazoo Public Schools for 36 years. He studied in Muenster, Germany with the Kalamazoo College Foreign Study Program, has returned to Germany numerous times, and has traveled extensively in Germany and Austria. Bill is a returning OLLI instructor.

“The instructor’s familiarity with the language and the culture made every class interesting and enjoyable.”
- OLLI Participant
Apple has tried to make their devices transparent. But they are not transparent for most of us. In addition, they keep changing things. Just when we have it figured out, they “upgrade.” You paid top dollar for your iPhone or iPad. It’s a powerful but mysterious tool. This class will put you in charge so you can get the most out what you paid for. Topics to be covered include: Settings (the heart and soul of your device), Texting, Widgets, iCloud and iCloud Drive, FaceTime, Contacts and Calendars, Camera features and much more. This is a class for the person who wants to get the most out of his/her iPhone and/or iPad and wants the instruction to be in plain, understandable English. No jargon. The course includes a reference manual written by the instructor which will help students remember and use what is taught.

About the Instructor: Marsha Laya has a master’s degree in education. She taught elementary students for seven years before becoming a supervisor at a community mental health center where, for 30 years, she taught case managers and social workers how to navigate the demands of their ever changing and demanding jobs. This included writing the instructional manuals and materials. When computers made their debut, she was instrumental in bringing them to the workplace and learning to use them along with her staff. She is a self-taught Apple iPhone and iPad user. Being self-taught, she understands how difficult it is to decipher technical jargon. She has developed and taught this course to adults in Pennsylvania, Florida and Michigan and has received rave reviews for keeping the material easy and understandable.
30 Jane Austen: So Much More Than Mr. Darcy

Sessions: 3  
Dates & Times: Monday, 9/11, 9/18 & 9/25, 1-3 p.m.  
Location: First United Methodist Church  
Fee: Members $30, Non-members $60  
Course Capacity: 20

Although it’s been just over 200 years since Jane Austen’s final novel was published, her books remain full of energy, wit and social commentary. Many modern readers, however, miss references to issues such as slavery, women’s rights, and resistance to those in power. Whether you have read all six of Austen’s novels or none of them, you will learn a lot about the world of this groundbreaking author.

About the Instructor: A graduate of Carleton College in Minnesota, Carol Hodges is a retired Kalamazoo Public Schools science teacher. In 2013 she took a summer class on Jane Austen at Oxford University in England. Insights gained from that workshop form the foundation of this OLLI course which has been offered before. Carol is a returning OLLI instructor.

31 Juvenile Justice and Mental Health—Finding A Path Forward

Sessions: 1  
Dates & Times: Monday, 11/6, 3-5 p.m.  
Location: The Fountains at Bronson Place, Auditorium  
Fee: Members $10, Non-members $20  
Course Capacity: 50

Juvenile Justice refers to the judicial system that address youth who commit acts that, if they were adults, would be a crime. The conversation will address the best practice for supporting youth with mental illness who encounter the juvenile justice system. This is done through a discussion of statewide and local community efforts to apply evidence-based practices. As part of the evidence-based practices will be a discussion of the imperative need for trauma-focused treatment. As in the large population, mental and behavioral health concerns create an additional complicating factor to successful rehabilitation.

About the Instructor: Judge Curtis J. Bell has served Kalamazoo County since 2005, as one of its 14 county wide elected judges. Since 2014 he has served as Chief Judge of the Ninth Circuit Court and the Probate Court for Kalamazoo County. He has been an adjunct professor at Western Michigan University’s Haworth College of Business for 16 years. In 2012, he was appointed a member of the Michigan Department of Community Health and Department of Corrections Diversion Strategies Workshop. In 2013, he was appointed to the Governor’s Mental Health Council. Since 2014, he has served as the Chair of the Ad Hoc Committee for the Council.
32 Kalamazoo Becomes the Paper City, 1884-1930

**Sessions:** 3  
**Dates & Times:** Friday, 11/3, 11/10 & 11/17, 9-11 a.m.  
**Location:** Walden Woods  
**Fee:** Members $30, Non-members $60  
**Course Capacity:** 24

This course is a follow-up to the course, “The Biggest Village in the USA: Kalamazoo 1821-1884.” We will explore the political process by which Kalamazoo incorporated as a city and how it developed an industrial economy. The city became famous for its paper industry but other important manufacturers also began. It was also the era in which many of Kalamazoo’s cultural and educational institutions got their start. In 1928, Kalamazoo marked the centennial of Titus Bronson’s arrival, no longer a rustic village but a thriving urban center.

**Note:** Registrants of this course may want to take the preceding course, #45 “The Biggest Village in the USA: Kalamazoo, 1821-1884.”

**About the Instructor:** Tom Dietz is the Curator Emeritus of the Kalamazoo Valley Museum where he served for over 20 years as the Curator of Local History. He worked previously as the Curator of Urban History at the Detroit Historical Museum. He has taught American History at Wayne State University, Kalamazoo Valley Community College and Western Michigan University. He wrote numerous articles for the Museum’s magazine, has given many talks on local history, and helped curate the Museum’s collection of historical artifacts. Tom is a returning OLLI instructor.

“It’s great to wake up and learn something new every day! OLLI rocks!”

- OLLI Participant
33 Michigan, My Michigan: The History of Michigan from its Beginning to 1860

Sessions: 3
Dates & Times: Thursday, 10/12, 10/19 & 10/26, 10 a.m.-12 p.m.
Location: Zhang Legacy Collections Center
Fee: Members $30, Non-members $60
Course Capacity: 40

Michigan has a colorful history filled with Native Americans, French voyageurs, British soldiers and American pioneers. This course will examine this State’s early history looking at its residents, its institutions, its economy and the events and issues that shaped it right before the Civil War.

About the Instructor: Lynn Houghton is the Regional History Curator at the WMU Archives and Regional History Collections. She has a bachelor’s and master’s both in history from WMU and a masters in library and information science from Wayne State University. She has been involved with the public history field for over 30 years and since 2002 has been teaching Michigan History for WMU’s department of history. Lynn is a returning OLLI instructor.

34 No. 1 Hits 1957-1967: Their Stories

Sessions: 1
Dates & Times: Monday, 11/6, 11 a.m.-1 p.m.
Location: Friendship Village
Fee: Members $10, Non-members $20
Course Capacity: 35

There is a story behind each of the #1 hit songs from 1957 – 1967. This class will focus on the 25 that are the most intriguing. Whether the anecdotes deal with the artist, the music or some other feature of the song, fans of popular music from that era should find them of great interest. Just for fun, each of the songs will be introduced ‘quiz style,’ with the class being presented with a clue – a snippet of the song, some of the lyrics, a little info about the singer, etc. – then given a chance to guess the song at issue.

About the Instructor: Randy Schau, a retired Kalamazoo city attorney, has done extensive reading about pop music of this era. He has previously taught OLLI courses entitled “The History of the Early Beatles,” “How the U.S. States Got Their Shapes,” and the “Rules of Football and Basketball.”
35 Ordinary Men-Extraordinary Deeds: Local Men in a World War

Sessions: 2
Dates & Times: Tuesday, 10/31 & 11/7, 3-5 p.m.
Location: College of Health and Human Services room #4010
Fee: Members $20, Non-members $40
Course Capacity: 50

This two-session course will follow two Kalamazoo men during WWII. The first session, “H Hour+03 - First-in on D-Day,” follows William H. Culver who led a Naval Combat Demolition Unit (now called Navy SEALs) in the first wave of the D-Day Invasion. The second session “Lightning in the Skies, Flying with Mogin’s Maulers,” follows Robert W. Collins who flew 162 combat missions in a P-47 Thunderbolt fighter over Europe in 1944. The course will draw from the personal diaries/logbooks of both men, accounts of American and German survivors, photographs and documents from both men’s military files.

About the Instructor: Don Schmidt is a longtime Kalamazoo resident and retired attorney. As a young attorney, he practiced law with William Culver. His personal and professional association with William Culver, his experience in visiting Omaha Beach, his acquaintance with the son of Robert Collins, and his reading of Robert Collins’s flight logbook led to his interest in presenting this course.

36 Physics of the Impossible: The Quantum Enigma

Sessions: 4
Dates & Times: Tuesday, 10/3, 10/10, 10/17 & 10/24, 9-11 a.m.
Location: College of Health and Human Services room #1024
Fee: Members $40, Non-members $80
Course Capacity: 20

The world of light and ultra-small particles is one of irony and seeming contradiction. Is light a wave or a particle? Can two particles occupy the same location at the same time? Physicists of the early 20th century wrestled with these questions by inventing a revolutionary world view. Join us for a very intuitive and non-mathematical study of quantum mechanics as it is understood and practiced today.
About the Instructor: Dr. Frank Severance is a professor emeritus in electrical and computer engineering at WMU. He continues to teach and do research in applied mathematics, primarily in the field of optimal nonlinear control systems. He has been at WMU for over 30 years and has taught another OLLI course, “A History of Mathematics.”

37 Plays and Politics

Sessions: 4
Dates & Times: Tuesday, 10/10, 10/17, 10/24 & 10/31, 11 a.m.-1 p.m.
Location: Walden Woods
Fee: Members $40, Non-members $80
Course Capacity: 24

Four plays (each to have been read by the designated date) will be discussed. All have distinct political implications: “Sticks and Bones” by David Rabe (Oct. 10), “Master Harold and the Boys” by Athol Fugard (Oct. 17), “The Laramie Project” by Moises Kaufman (Oct. 24) and “Frost/Nixon” by Peter Morgan (Oct. 31).

About the Instructor: Dr. D. Terry Williams is professor and chair emeritus of theatre at WMU. He has taught script analysis and theatre history for over 50 years and has directed almost 100 productions for university, community and professional theatres. Dr. Williams is a founding member of OLLI at WMU and teaches at least one OLLI course a year.

“The choice of plays to study was perfect. Terry’s style of presentation and his stories about earlier productions were very effective.”

– OLLI Participant
Did you study psychology in your past and wonder what the field has evolved into? This course will provide a historical look at the major sub fields and perspectives of psychology. We will discuss how research, modern science and a changing world continue to influence and define the theories of personality and behavioral health. We will examine life span development, from childhood to late adulthood, psychological disorders, health and wellness and how it impacts cognitive, emotional and social development. Participants will have an opportunity to engage in various activities and self-assessments.

Note: This is a repeat course

About the Instructor: Guy Golomb received his master’s degree in counseling psychology from WMU. He worked as an addiction therapist and for 22 years as the director of region 12 strategic alternatives in prevention education where he provided crisis management, prevention, health education and parenting programs to schools and communities in Barry, Branch, Calhoun, Kalamazoo and St. Joseph counties. Guy retired in 2013 as the director of suicide prevention services at Gryphon Place in Kalamazoo and is an active OLLI learner and volunteer.

Funerals or memorials are no longer the cookie cutter, everyone-does-the-same-thing event. Many families choose to say goodbye in very personal ways. Come see what some families have done and learn what you can do to prepare your family for a meaningful and respectful farewell. Prepare for laughter even though we’re
talking about a somber subject! Handouts you can use for personalization will be given and time for questions will be a part of the class. This class is for educational purposes only.

**About the Instructor:** K. Lynn McFarlen is a WMU alumna and former high school art teacher. She received her B.F.A. from WMU in 1989 with an education and sculpture emphasis. After graduation, she was hired at Hackett Catholic Central High school where she enjoyed working with teenagers for 20 years. In 2010 Mrs. McFarlen changed careers and is now the community outreach coordinator for Langeland Family Funeral Homes. She lives in Kalamazoo with her husband, two children and two dogs.

### 40 Secret Knowledge: Technology in Art

**Sessions:** 2  
**Dates & Times:** Thursday, 9/21 & 9/28, 9-11 a.m.  
**Location:** College of Health and Human Services room #3008  
**Fee:** Members $20, Non-members $40  
**Course Capacity:** 25

Do artists “cheat” if they use a technology “crutch”? Is a painting or sculpture “valid” when it’s not crafted entirely freehand from life? Is it “fair” to scan and download reference images from sources such as magazines and the internet and modify them on a computer? How did the discovery of optics during the Renaissance and the 19th century invention of photography change the way artists work? Can a “hybrid” image truly be called art? In Session One we’ll explore ways in which technology has impacted art throughout history and discover how modern tools are used by some well-known local artists to save time and to perfect perspective and proportion. Session Two will trace the history of photography from “secret knowledge” to social media.

**About the Instructor:** Dave Curl is WMU professor emeritus and former adjunct professor of art at Kalamazoo College. As a child, he discovered the “magic” of photography and has earned his living directly or indirectly from this modern form of alchemy ever since. Dave is a frequent OLLI instructor.
41 Star Wars in the Bible: The Book of Revelation—A Moderating View

Sessions: 5
Dates & Times: Wednesday, 10/4, 10/11, 10/18, 11/1 & 11/8, 1-3 p.m.
Location: Friendship Village
Fee: Members $50, Non-members $100
Course Capacity: 30

The last book of the Holy Bible, The Revelation of John, will be presented in its historical context, elucidating its original setting and exploring its message in both the first and twenty-first centuries. The power and meaning of its imagery will be discussed using contemporary biblical scholarship.

About the Instructor: Dr. Harry Eberts, a retired Presbyterian pastor, earned degrees from Heidelberg College, Yale Divinity School and San Francisco Seminary. He has published and conducted classes on the Bible and Theology and in early Christian history. Dr. Eberts is a returning OLLI instructor.

42 Tea, Talk and Tour of the Ladies Library

Sessions: 1
Dates & Times: Wednesday, 10/18, 1-3 p.m.
Location: Ladies Library Association, 333 S. Park St, Kalamazoo
Fee: Members $20, Non-members $30 (includes fee for the tea)
Course Capacity: 50

Tour the historic Ladies’ Library Association building that is the home of the third oldest women’s club in the United States. Learn about the women who started the organization and the barriers that they overcame to erect the first building in the nation to be built for women. Enjoy afternoon tea and hear about the history of the organization and what the future holds for the LLA.

Note: This is a repeat course.
About the Instructor: Judy Sherrod is a graduate of WMU with both BA and MA degrees. An English teacher by profession, she has taught in public schools and at Davenport University and is the retired Director of the Volunteer Center of Kalamazoo. She has been a docent for the Ladies’ Library Association and is co-editor of the recently published book, “The Library Ladies of Kalamazoo, Their Home and History.”

Marjorie Kars, the current LLA President, is a published author and editor. She has instructed courses for the College of Health and Human Services at WMU. The co-founder of Ready to Read, she is the retired Manager of Library Services at Bronson Health Care Group.

43 The Antebellum Period and the Rise of the Northern Rebellion

Sessions: 4
Dates & Times: Monday, 10/2, 10/9, 10/16 & 10/23, 12-2 p.m.
Location: College of Health and Human Services room #4010
Fee: Members $40, Non-members $80
Course Capacity: 50

This course looks at the events in the Antebellum Period, 1820-1860, that led to the outbreak of the Civil War or The Great Rebellion, particularly the northern resistance to the power of the South and the erosion of northern civil liberties by “Slave Power.” We will focus on the things the South pushed through Congress to protect slavery that infringed on northerners’ civil liberties: the repeal of the Missouri Compromise, the Gag Rule, the Kansas/Nebraska Act, the Dred Scott Decision, and the Fugitive Slave Law. These and others were issues that northern politicians were not slow to exploit, driving a wedge between North and South.

About the Instructor: Michael Culp grew up during the centennial of the Civil War in the early 1960s and developed an interest then that simmered for years. A 1980 trip to Gettysburg spurred that interest into high gear. Later, membership in the Sons of Union Veterans and various re-enactor groups furthered his involvement. He is now the director of the Thirteenth Michigan Memorial Association, a past commander of the Benjamin Pritchard Camp of the Sons, and a frequent presenter on Civil War subjects. He has been the instructor for the American Civil War class at KVCC for the past 17 years.
44 The Art of Downsizing and the Move Process

Sessions: 1  
Dates & Times: Wednesday, 11/15, 3-5 p.m.  
Location: Friendship Village  
Fee: Members $10, Non-members $20  
Course Capacity: 40

This course will assist you in getting ready for changes in your life. In the course, the instructor will explain when and how to start to downsize. When should you start thinking about moving into a smaller home or to assisted living? When is a nursing home appropriate? Ms. Hathaway will explain the process of downsizing, where clutter comes from and how to dispose of items. She will also discuss the move process and the steps to be taken after a decision to move has been made.

About the Instructor: Rose Hathaway has been organizing since she was a youngster, working in her family’s retail store. She retired from WMU after many years as an administrative assistant and opened her business, Fly Away Clutter, after going through her own parents’ deaths and as an only child, having to clear out their home. She experienced firsthand the overwhelming emotional and physical toll this process can take. She recognized the need for services in this area and now fills that need. Rose is a member of The Organizing Network and a Golden Circle Member of the National Association of Professional Organizers; she is a returning OLLI instructor.

45 The Biggest Village in the USA: Kalamazoo, 1821-1884

Sessions: 3  
Dates & Times: Friday, 9/8, 9/15 & 9/22, 9-11 a.m.  
Location: Walden Woods  
Fee: Members $30, Non-members $60  
Course Capacity: 24

Discover the early history of Kalamazoo from the Match-e-ben-ash-a-wich Reserve and Rix Robinson’s fur trading post to the adoption of city government in 1884. Learn about such pioneer settlers as Bazel Harrison and Enoch Harris. Find out why Titus Bronson’s village outgrew earlier settlements like Schoolcraft and rivals like Comstock. Explore why an agricultural village became a manufacturing center. This course examines how the village of Bronson became Kalamazoo, the impact of the Michigan Land Rush, the coming of the railroad, and other topics in the social, cultural and economic history of Kalamazoo.

Note: Registrants of this course may want to take the follow-up course, #32 “Kalamazoo Becomes the Paper City, 1884-1930”
**About the Instructor:** Tom Dietz is the Curator Emeritus of the Kalamazoo Valley Museum where he served for over 20 years as the Curator of Local History. He wrote numerous articles for the Museum’s magazine, has given many talks on local history, and helped curate the Museum’s collection of historical artifacts. Before coming to Kalamazoo, Tom was the Curator of Urban History at the Detroit Historical Museum. He has taught American History at Wayne State University, Kalamazoo Valley Community College and Western Michigan University. Tom is a returning OLLI instructor.

**46 The Still Open File on Jack the Ripper**

Sessions: 4  
Dates & Times: Wednesday, 10/4, 10/11, 10/18 & 10/25, 5:30-7:30 p.m.  
Location: The Fountains at Bronson Place, Auditorium  
Fee: Members $40, Non-members $80  
Course Capacity: 15

Jack the Ripper was the first modern serial killer and the subject of the largest, longest running manhunt in British history. Jack the Ripper may have been a well-connected member of the Victorian society, a doctor, a famous painter or a derelict. The course will examine the entire lure of the Ripper through readings and film.

**Note:** Readings are from “The Complete Jack the Ripper” by Donald Rumbelow available for under $20.

**About the Instructor:** Jim Wright is not quite a contemporary of Jack, though on many mornings he feels that old. He has degrees in British imperial history from the University of Michigan and a degree in teaching from Northwestern. He taught at Triton College in Illinois for 40 years and served as director of the honors program for six years. Jim was warped in youth (if he actually ever had a youth) by watching Universal horror films in the early 50s, went on to “Twilight Zone” and “Thriller” and never recovered.
47 Vaccines: The Good, the Bad and the Amazing

Sessions: 3
Dates & Times: Wednesday, 11/1, 11/8 & 11/15, 10 a.m.-12 p.m.
Location: College of Health and Human Services room #2010
Fee: Members $30, Non-members $60
Course Capacity: 25

This course will involve a review of the human immune system with emphasis on antibodies. What roles do vaccines play and how do they work? What is the history of vaccine use? There will be a discussion of some of the recommended adult and childhood vaccines, looking at medical importance, development, safety, adverse effects and cost. The instructor will also cover vaccine refusal and various questions that have been raised about vaccines, especially in the era of social media.

About the Instructors: Samuel Grossman has practiced as a general pediatrician for over 30 years. He has served five years as the medical director of a community health center. In a previous career, he was a college level teacher for 10 years.

Gillian Stoltman, Ph.D., M.P.H has spent most of her professional career investigating, tracking and preventing infectious diseases as a public health microbiologist and epidemiologist. She is a former director of communicable disease control and immunization at the Michigan Department of Community Health and has been a member of national influenza surveillance and planning committees. She is a past member of the Michigan Advisory Committee on Immunizations and remains very concerned about the low levels of vaccination among many people who are at risk for serious infectious diseases, including the very young and the very old. Gillian is secretary of the OLLI Advisory Board.

48 What We Ate and How We Ate It

Sessions: 1
Dates & Times: Monday, 9/11, 11-1 p.m.
Location: Kalamazoo Valley Museum, 230 Rose St., Kalamazoo
Fee: Members $15, Non-members $25
Course Capacity: 30

What have Kalamazooans dined on over the last 150 years? How was food produced, procured, prepared and served? Diaries, menus, advertisements and some of the Kalamazoo Valley Museum’s collections will set the stage for discovery and discussion.
About the Instructor: Elspeth Inglis has worked in museums for more than 30 years. She got her start in museums as a docent at the Smithsonian’s Museum of History and Technology (The Museum of American History) and earned her master’s degree at the Cooperstown History Museum Studies Program. She has worked at Kalamazoo Valley Museum since 1993. Before this, she worked at a living history site in Vermont, hearth-cooking with 18th century recipes.

49 WMU: A Twentieth Century University

Sessions: 3
Dates & Times: Monday, 10/2, 10/9 & 10/16, 1-3 p.m.
Location: Zhang Legacy Collections Center
Fee: Members $30, Non-members $60
Course Capacity: 30

This is the second Osher course on WMU History. It will cover the period from 1957 to 2003. During this time WMU became a university and had significant programmatic and physical expansion. The course will examine the presidencies of Dr. James Miller, Dr. John Bernhard, Dr. Diether Haenicke and Dr. Elson Floyd. It will also cover some of the significant social and cultural changes on campus. It will conclude in 2003 with the WMU Centennial and the beginnings of the presidency of Dr. Judith Bailey.

About the Instructor: Dr. Sharon Carlson is the Director of the Charles C. and Lynn L. Zhang Legacy Collections Center and a professor in the University Libraries. She has been a student of WMU history for many years and served on the institution’s Centennial Committee in 2003. She regularly provides programming on WMU history. Sharon is a returning OLLI instructor.
SPECIAL INTEREST GROUPS

These groups are organized and conducted by member volunteers for people with like interests.

SIGs are free to OLLI members, but registration is required

50 Housing Smart SIG

Sessions:  Beginning 9/11, 1 Session per month
Dates & Times:  2nd Monday of the month, 1-3 p.m.
Location:  First Congregational Church, 345 W. Michigan Ave.
Fee:  Free to members, registration is required
Course Capacity:  20

Housing SMART (Seniors Mastering Aging Responsibilities Together). We are exploring housing options that address the reality of changing needs as we age. Among these needs are broader choices to accommodate our individual financial, social, family and care situations, as well as opportunities for personal growth and contribution. We are eager to participate in change that will contribute to ‘Communities for a Lifetime’ in our area so that our neighborhoods will be safe, walkable, bike-able, livable and intergenerational. Our studies include physical attributes such as Universal Design, ADA requirements and others. We are studying both local and national programs as we learn about concepts and terminology to address our mission. This group is self-directed and run by the participants.

About the Convener: Janice Livesay is a retired teacher. Since the creation of her company UNFINISHED BUSINESS in 2000, she has provided consulting services for older adults and families as they prepare for, or work through, aging issues. Her personal mission is to contribute ways by which quality of life is improved for aging adults, for those who support them and for upcoming generations.
51 German Conversation SIG

Sessions: Beginning 9/8
Dates & Times: Fridays, 10-11:30 a.m.
Location: Country Acres Village Clubhouse, 2300 Barney Road, Kalamazoo
Fee: Free to members, registration is required
Course Capacity: 15

Sprechen Sie Deutsch? If you have taken the German courses offered by OLLI or have had at least one year of college or high school German, you are welcome in this group. Members work on the material covered in the OLLI course and review grammar and conversation using the workbook, “Willkommen Activity Book, A German Course for Adult Beginners” by Paul Coogle and Heiner Schenke. We have fun while we practice German!

About the Convener: Tom Coughlin is a retired professional photographer from Chicago who has lived in the Kalamazoo area for the last nine years. He is passionate about learning German and enthusiastic about helping others to learn. He is assisted by Bill Beverly, retired German teacher.
ACTIVITY LEVELS FOR OLLI TRAVEL

Each trip has an icon of one to three walking figures to designate how active a trip will be. The activity levels are described below.

Easy – 🧘‍♂️

This trip involves minimal walking. Theatre trips are examples of easy trips that require very short walking distances and boarding/exiting the bus only a few times.

Moderate – 🧘‍♂️🧘‍♂️

This trip involves moderate walking and some stairs as may be experienced touring museums and historical buildings. Trips might include walking a mile in addition to touring venues. Multiple boarding/exiting the bus may be required.

More Strenuous – 🧘‍♂️🧘‍♂️🧘‍♂️

This trip includes varied venues from museums to exploring neighborhoods and boarding/exiting the bus multiple times. There may be stairs, uneven ground and up to 2 to 3 miles total walking. This activity level may be found with overnight trips that entail a variety of venues and varying degrees of walking each day.

Registration for OLLI at WMU Trips is Open Now!

Please note that registration for all trips is through AAA and not through the OLLI office. To register, call Stephanie Schmitz at 1-800-887-4971 or fill out the registration form in this catalog and mail it with your check made out to AAA to Stephanie Schmitz, AAA Travel Agency, 910 North 96th St., Omaha, NE 68114. Stephanie finalizes our trip arrangements and can answer your questions; you may email her at sschmitz@aaane.com. Registration is required 21-30 days in advance for most one-day trips and longer for extended trips.

Early registration for all trips is recommended as some trips will fill before the stated register by date. In some cases, registration may be kept open beyond the register by date. Call Stephanie to check on the status of a trip.
Cancellations

When a trip is canceled due to insufficient registration, those who have registered will receive a full refund.

Your payment is refundable until the register by date for each individual trip. If you cancel after the register by date, there may not be a full refund. Contact Stephanie Schmitz, AAA Travel Agency, 910 North 96th Street, Omaha, NE 68114 or call 1-800-887-4971 if you must cancel.

O L L I  F A L L  T R I P S

ArtPrize 2017
Sept. 25

Each year the internationally recognized ArtPrize opens in Grand Rapids and each year a host of unique and spectacular art goes on display. Always new, always innovative and best of all, thought-provoking art covers the city. Due to the ever-changing venues, our itinerary will not be finalized until shortly before we depart for Grand Rapids. Several of your perennial favorite activities will be included, such as a docent tour at the GRAM and a delightful pause for lunch at the University Club. As always, our goal is to concentrate our stops to allow for maximum art encounters. Registration begins Aug. 1. Don’t delay in reserving your spot!

Walking Level: More Strenuous – 🚶‍♂️🚶‍♂️🚶‍♂️

Note: The Oliver Mansion is a three story home with no elevator. If that is an issue you may visit the first floor of the home and finish up at the various history museum exhibits. There will be some walking between venues, up to 3 blocks.

Members $89, Non-members $104
Register by 8/25/17
Wine and Chocolate—Oh My!
Oct. 12

A little wine, a little chocolate and lots of knowledge! What better way to spend a fall day than to wander the byways of Southwest Michigan. There will be stops to indulge your sweet tooth and a chance to discover some local wines sure to please your palate. We will taste and tour at Tabor Hill Vineyard and then lunch at the in-house restaurant overlooking the rolling hills of the vineyard. We will be treated to a presentation at Lake Michigan College by the department head of the Wine & Viticulture Technology program who will provide insights into the art and science of wine making. Lake Michigan College is the Midwest’s only college offering this unique degree. We will have the opportunity to taste again at one of the other Southwest Michigan wineries ($8 tasting fee at your expense). The finale of the day will be a stop at the Chocolate Garden to sample its renowned truffles.

Walking Level: Moderate – ⛵️
Members $108, Non-members $123
Register by 9/12/17

Holiday Musical Joy!
Grand Rapids Symphony Holiday Pops
Dec. 14

Back by popular demand, OLLI Travel has your seat reserved for another magical evening with the Grand Rapids Symphony as it performs its annual Holiday Concert. We begin the evening with dinner at the beautiful University Club followed by this festive evening at DeVos Hall. You will enjoy seasonal favorites such as Sleigh Ride, the Hallelujah Chorus and even a sing-along. This special performance also includes vocalist Leon Williams, the Grand Rapids Symphony Chorus and Youth Chorus plus the Embellish Handbell Choir. Reserve your ticket now!

Walking Level: Easy – ⛵️
Members $149, Non-members $164
Register by 11/14/17

Departures: All trips depart from the D & W parking lot at 525 Romence Road in Portage.
Fall 2017 Registration Form for OLLI at WMU Trips

Please print clearly

Name: ____________________________________________

Address: ____________________________________________

City: _______________________________ State _____ Zip _________

Email address: ____________________________________________

Share my email with travel participants? yes_____no ___

Daytime Phone: (_____) ________________________________

Do you have a medical condition, including allergies, about which you would like to make us aware? yes_____ no____

If yes, please list: ____________________________________________

______________________________________________________________

Trips listed with Member & Non-member fees

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<tr>
<th>Trip</th>
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<th>Non-Members</th>
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Registration form for AAA continued on next page.
OLLI at WMU  Membership # _____________________
(Find your member number on your membership card.)

Total $______________________________

NOTICE TO TRAVELERS: Registrations for OLLI at WMU trips are non-transferable. Each traveler must officially register through AAA and be listed on the official roster in order to board the bus.

Payment

Total Trip Fees:
☐ Check or money order made payable to AAA
☐ Visa  ☐ Master Card  ☐ Discover

charge card account number    exp. date    3-digit code
authorized signature

Trip deadlines are indicated in individual descriptions.

• MAIL TO: Stephanie Schmitz, AAA Travel Agency, 910 North 96th Street, Omaha, NE 68114
• CALL: Stephanie Schmitz at 1-800-887-4971 for more information.

Fill out this registration form and mail with your check (made out to AAA) to: Stephanie Schmitz, AAA Travel Agency, 910 North 96th Street, Omaha, NE 68114
Sneak Peek at Winter 2018

As we go to press, members of the curriculum committee are working hard to line up 50 exciting courses and SIGs for February-April. As we have in the past, we will be joining forces with the Gilmore International Keyboard Festival to provide you with the tools to make the most of next year’s exciting festival. One of the professors who will be speaking as part of the Eclectic Hour is Ed Roth from the WMU School of Music, who wowed our audience at the Brain Health Conference when he spoke about the effects of music on the brain. There will be courses on the English poet, Gerard Manley Hopkins, a repeat of the popular “Time Management for Seniors,” and a new course about “Music in the Movies.” It goes without saying that there will be exciting trips to destinations near and far.

SPEAKERS BUREAU

HELP SPREAD THE GOOD NEWS ABOUT OLLI

Do you belong to an organization that presents programs to its members?

Our volunteers welcome the opportunity to speak to your church, club, professional organization or informal group about the Osher Lifelong Learning Institute at Western Michigan University. We will present a 15 to 20-minute program about OLLI at WMU and share brochures and catalogs. Contact us at (269) 387-4200.
MEMBERSHIP BENEFITS

The Osher Lifelong Learning Institute at WMU is membership-based. Membership is open to anyone with a passion for learning. There are no tests, no grading and no academic credit. Your annual membership fee helps defray costs not covered by our low course fees. Keep us growing by becoming a member and by telling your friends about OLLI. Membership is $35 per year. Gift memberships may also be purchased.

OLLI at WMU memberships are due on an annual basis (July 1 is the renewal date). Membership and its benefits are not transferable to another person.

In addition to the satisfaction you get from supporting this worthwhile endeavor there are also other benefits to membership:

- **Early bird registration:** For this semester Aug. 8-21 is the early registration period. Please note that some courses fill quickly, even during the first hours of registration.
- **Reduced course fees:** Current fees are based on $10 per two-hour session for members and $20 for non-members. You can see that members save significantly!
- **Parking permit:** For courses that are held on campus, OLLI pays for parking from your course fees.
- **OLLI Membership Card which will provide discounts at:**
  - WMU Bookstore Shops (10% except for electronics and sale items): 387-2939
  - Miller Auditorium (15% for most tickets): 387-2300
    - You must purchase tickets in person at the box office and show your OLLI membership card
  - Gilmore Theatre Complex (25% for most tickets): 387-6222
  - West Hills Athletic Center: (Waived enrollment fee; members pay annual fees): 387-0410
    - The Spirit Shoppe (10% off in-store purchase) 4510 KL Ave.: 345-7814
- **Travel Discount:** This catalog lists four day trips and one extended trip. Non-members pay more.
- **Special Interest Groups:** Two member-initiated and directed special interest groups are offered this summer, free to members. Some SIGs have special registration requirements. Please read the description of the individual SIG.
- **Scheduled tours on campus and off:** Buildings, departments or exhibits. This semester we tour the Kalamazoo Civic Theater.
- **Invitations to member-only events:** May include new member events, campus tours, special lectures or meetings.
- **The WMU Concierge Card:** This card provides discounts of 10-15% at many restaurants and businesses. You can sign up by calling (269) 387-8746 or online by visiting mywmu.com and clicking on Concierge.
- **Monthly e-newsletter:** Information about upcoming events, trips and members as well as any changes to the schedule.
USEFUL INFORMATION ABOUT OLLI

VOLUNTEERS MAKE OLLI at WMU HAPPEN!

In their evaluations of winter/spring 2017 courses, OLLI members made many suggestions for events or activities that would be fun. Many of them could be volunteer opportunities for the right person. For example:

• Do you play chess? Could you teach others? Members have asked for lessons.

• Could you organize a mix and mingle event for OLLI members wanting to socialize? Maybe at a local brew pub or restaurant? Just one time?

• Are you a birdwatcher? Would you be willing to lead a small group outing to a good birding site?

• Do you like to read? How about a book discussion group with the discussion leader changing from book to book? It could meet once or twice a month and feature the category of your choice: fiction, nonfiction, best-sellers, classics.

• Do you like walking in natural areas? Would you be willing to share your favorite spots with OLLI friends and organize regular walks from spring through fall? Members are requesting more active pursuits outside the classroom!

• Are you good at spreadsheets? How about putting together an index of instructors and courses 2011-2017?

• Do you have another idea?

If you would like to be more involved with your OLLI, please complete the volunteer form found at wmich.edu/olliviolunteer.
Like Us on Facebook! – [Facebook icon]

Have you seen the OLLI at WMU Facebook page? Now here’s a way to get involved! You can post photos, comment on classes or activities and check out the latest announcements. The Facebook page is updated regularly. Don’t forget to “like us” by clicking on the thumbs-up icon at facebook.com/wmulifelonglearning.

Scholarships

The Osher Lifelong Learning Institute at WMU accepts scholarship applications each semester. An individual may apply for financial assistance with paying for one course per semester. If you are unable to pay for courses, but want what OLLI offers, why not take advantage of a scholarship? Please call (269) 387-4200 for information. The application is short and confidential.

Donations to OLLI at WMU

There are three funds to which you may donate:

1. The scholarship fund continues and provides free or reduced course registration to individuals who are not able to participate otherwise. We appreciate your past participation in this effort!

2. The operations fund supports the day-to-day running of the program. Donations may be used for supplies, marketing, training, etc.

3. The sponsorship fund: donors make significant donations ($500-$5,000) to sponsor events and our catalogs. Individuals as well as businesses may be sponsors.

Make checks payable to Western Michigan University and in the memo line write OLLI at WMU scholarships, OLLI at WMU operations or OLLI at WMU sponsorship. You may also check the box on the registration form to make a donation. Your donations are tax deductible as the law allows.
OLLI at WMU Sponsorships

Seeking sponsorships of the OLLI at WMU catalog is our first foray into self-sufficiency. The Osher Foundation requires that its member institutes work toward financial independence. Sponsorships help defray the cost of production and distribution of the catalog which, as you might surmise, is a major expense each semester. Area businesses, organizations and individuals may become OLLI at WMU sponsors. We would like to thank the following for their generous support of lifelong learning:

- Friendship Village of Kalamazoo
- StoryPoint Senior Living
- Kalamazoo Community Foundation
- Merrill Lynch/ The Miles and Baer Team

Sponsorships are open to individuals as well as to businesses and organizations. For information about costs and benefits of sponsorship, please check the OLLI at WMU website, wmich.edu/olli or call the OLLI office at 387-4200.

Gift Memberships.

In addition to making donations to OLLI at WMU you may also purchase a gift membership for a friend or family member. Give the gift of learning! Upon payment, a letter and a membership card will be sent to your recipient. An OLLI membership is a great birthday, anniversary or holiday gift.

Your Photo

When you participate in OLLI at WMU activities (courses, trips, events, etc.) your photograph may be taken and utilized to promote the Institute. Your photo may be used on the website, in our e-newsletter, in brochures, flyers, catalogs or elsewhere. If you do not want your photo to be used it is your responsibility to step out of pictures that are being taken.
SPRING 2017 COURSES AND TRIPS
Courses are held at sites on campus and in the community. OLLI at WMU appreciates and thanks its partners who provide space for courses and meetings at no charge.

**College of Health and Human Services**  
Western Michigan University - East Campus  
Cass Street (South of Oliver from Oakland Drive)  
Kalamazoo MI, 49008  
Directions: wmich.edu/hhs/directions

**First United Methodist Church (FUMC)**  
212 S. Park (Parking is behind the church off Academy Street)  
Kalamazoo MI, 49007  
Directions: umc-kzo.org/map

**Friendship Village of Kalamazoo**  
1400 N. Drake Road (between W. Main and Ravine Road)  
Kalamazoo MI, 49006  
Directions: friendshipvillagemi.com/contact-us

**Heritage Community/Wyndham**  
2300 Portage St. (west on Phillips for entrance and parking)  
Kalamazoo, MI 49001  
Directions: heritagecommunity.com

**Paw Paw District Library**  
609 W. Michigan Ave.  
Paw Paw, MI 49079  
Directions: pawpaw.lib.mi.us/contact/index.htm

**Portage Senior Center**  
320 Library Lane  
Portage MI, 49002  
Directions: portagemi.gov/departments/seniorcitizenservices.aspx

**Schoolcraft Community Library**  
330 N. Centre St.  
Schoolcraft MI, 49087  
Directions: schoolcraftlibrary.org/about

**The Fountains at Bronson Place**  
1700 Bronson Way  
Kalamazoo, MI 49009  
Directions: bronsonplace.watermarkcommunities.com

**Vicksburg District Library**  
215 S. Michigan Ave.  
Vicksburg, MI 49097  
Directions: vicksburglibrary.org/about

**Walden Woods**  
Arboretum Pkwy (off Drake between W. Michigan and W. Main)  
3501 Dunn’s Ridge  
Kalamazoo, MI 49001  
Directions: avbhomes.com/communities. Scroll down to Walden Woods, then choose “View Community Location.”
Advisory Board

Jo Arnold
Chair, Advisory Board
Co-chair, Curriculum Committee
Former Director, City of Portage Senior Center

Stacy Caudill
Financial Advisor
Raymond James

Elisa Dely
Co-owner
Genesis Fitness & Wellness

Mary Doud
Vice-Chair, Advisory Board
Retired Deputy Director
Kalamazoo Public Library

Mary Anne Elsener
Co-chair, Events Committee

Michael Evans
Executive Director
Kalamazoo Literacy Council

Connie Ferguson
Co-chair, Marketing/Membership Committee

John Geisler
Co-chair, Curriculum Committee
WMU Professor Emeritus of Counseling Psychology

Judith Halseth
Representative of the Emeriti Council
WMU Professor Emerita of Social Work

Carol Hodges
Retired Teacher
Kalamazoo Public Schools

Dean McCurdy
Associate Vice-President for Food and Community Sustainability
Kalamazoo Valley Community College

Terry Morrow
Vice-President, Development and Community Health
Bronson Healthcare

Barbara Rider
WMU Professor Emerita of Occupational Therapy

Harold G. Schuitmaker
Attorney at Law
Schuitmaker, Cooper, Cypher, Knotek, Paw Paw

Judy Sivak
Former Director, Region IIIA Area Agency on Aging

Gillian Stoltman
Secretary, Advisory Board
Former Director and Health Officer, Kalamazoo County Health and Community Services

Tom Vance
Chair, Fund Development Committee
Co-chair, Marketing/Membership Committee
Marketing Communications Officer, Kalamazoo Foundation

Marilyn Vineyard
Chair, Volunteer Committee
Former Director, American Red Cross

Molly Williams
Chair, Assessment and Evaluation
WMU Professor Emerita of Engineering and Applied Sciences

WMU Ex-officio Members

Linda Dunn
WMU former First Lady

Carol Haenicke
WMU former First Lady

Janet Hahn
Coordinator and Assistant Professor
WMU Center for Gerontology, CHHS

Bob Miller
Associate Vice President
WMU Community Outreach

Office of the Associate Provost, Extended University Programs

Dawn Gaymer
Associate Provost

Shirley Swanson
Director, Osher Lifelong Learning Institute at WMU
Retired University Administrator

Joyce Dekau
Program Coordinator, Osher Lifelong Learning Institute at WMU

Harold Watkins
Office Assistant, Osher Lifelong Learning Institute at WMU
Because curiosity never retires

We are honored to partner with Osher Lifelong Learning Institute at WMU, providing meaningful and enriching activities for local residents within our very own community—making Kalamazoo a great place to live.

“For me, OLLI is like living a glorious college life all over again. Whenever I learn something new, it’s a great day. Come share it with us.”

—Ruth Heinig, Professor Emerita of Communication at WMU

As one of the founding members of OLLI at WMU, Ruth is widely recognized for her contributions in the field of drama for children. We are proud that Ruth and her husband Ed have decided to make Friendship Village their home.

(269) 381-0323
1400 North Drake Road, Kalamazoo, MI
www.friendshipvillagemi.com

Our continuum includes Independent Living • Assisted Living
Memory Care • Skilled Care • Short Term Rehabilitation

Managed by Life Care Services™

* References to the term life-care are fully explained in the Residency Agreement.
OUR VISION: To be the leading provider of distinctive lifelong learning opportunities in Southwest Michigan.