Physical Education Major: Teacher/Coach Emphasis  
Western Michigan University  
College of Education and Human Development  
Major 39 credits, Program 86-87 credits (122 Credit Hours Needed for Graduation; Teachable Minor Required)

Name:_________________________  WIN:_________________________  Catalog Year:_______

<table>
<thead>
<tr>
<th>GEN ED</th>
<th>PRE-REQUISITES</th>
<th>COURSES</th>
<th>TRAN/SEM/GRADE</th>
<th>CR HR</th>
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<tbody>
<tr>
<td>REQUIRED COGNATES: 14-15 HRS</td>
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<tr>
<td>AREA VI</td>
<td>BIOS 1120/1100 Principles of Biology</td>
<td>4</td>
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<tr>
<td>BIOS 1120 or BIOS 1500</td>
<td>BIOS 2110 Human Anatomy</td>
<td>4</td>
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<tr>
<td>BIOS 2110 w/&quot;C&quot; or better</td>
<td>BIOS 2400 Human Physiology</td>
<td>4</td>
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<tr>
<td>Area VIII</td>
<td>HOL 1000 Holistic Or HPHE 1110 Healthy Living</td>
<td>2-3</td>
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<tr>
<th>PROFESSIONAL THEORY COURSES: 17 HRS</th>
<th>Courses Cannot Count For Both Major/Minor</th>
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1. HPHE (HPHE) 1500; All Cognates; Apply at HPHE Office  
   Teaching Assistantship  
   HPHE 3810 Or 1810 First Aid  
   BIOS 2110  
   HPHE 2950 Func Anatomy & Biomechanics  
   BIOS 2110; 2400  
   HPHE 2980 Exercise Physiology  
   BIOS 2110  
   HPHE 3150 Measurements/Evaluation/Stats  
   BIOS 2110  
   HPHE 4500 Cultural Dynamics of Health, PE, Rec  
   BIOS 2110  
   HPHE 3800 Foundation of Sports Injuries  
   BIOS 2110  
   HPHE 4000 Field Expert/Internship HPER  

2. REQUIRED PEDAGOGICAL SEQUENCE for certification in Michigan: 9 HRS  
   2.5 Overall required in pedagogical sequence  
   BIOS 1120  
   HPHE 2400 Motor Development/Learning  
   HPER (HPHE) 1500; All Cognates; Apply at HPHE Office  
   HPHE 2430 PE Methods: Early Elem  
   BIOS 2110  
   HPHE 3460 PE Methods: Special Pops  

3. COACH THEORY/TECHNIQUES COURSES: 9 HOURS | Courses Cannot Count For Both Major/Minor |
|-----------------------------------------------|------------------------------------------|

HPHE 2350 Theory of Coaching  
Choose Only One  
HPHE 2360-2367 Officiating Series  
HPER (HPHE) 2350 Choose Only One  
HPHE 3370-3379 Coach/Advance Techniques  
HPER (HPHE) 3810 or 1810; BIOS 2110  
HPHE 3800 Foundation of Sports Injuries  
Approved application  
HPHE 4000 Field Expert/Internship HPER  

4. PROFESSIONAL ACTIVITY COURSES: 13 HOURS | Courses Cannot Count For Both Major/Minor |
|-----------------------------------------------|------------------------------------------|

HPHE 1040 Non-traditional Phys Activities  
HPHE 1060 Recreational Dance  
HPHE 1070 Weight Training  
HPHE 1080 Tumbling  
Select One  
HPHE 1120 Or 1130 Tennis or Racket Sports  
Select One  
HPHE 1200 Or 1210 Golf or Bowling  
Select One  
HPHE 2150 Or 2420 Aerob Cond or Aerob Exer  
Choose Four  
HPHE 1300 Softball; HPHE 1310 Volleyball;  
HPHE 1320 Soccer; HPHE 1330 Basketball;  
HPHE 1350 Football; HPHE 1360 Track/Field  
Beginner Swimming Take Both  
PEGN 1490 and PEGN 2490 Or  
Intermediate/Advanced Swimming Take One  
PEGN 3490 Or PEGN 3500  

5. TO TAKE THE FOLLOWING YOU MUST BE ACCEPTED INTO THE UPPER PROFESSIONAL LEVEL

|-----------------------------------------------|------------------------------------------|

must receive grade "C" or better

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