

Catalog years

2012 - 2019

Updated: 3/9/2020

PROGRAM GUIDE

CGDN

Coaching Minor

Western Michigan University

College of Education and Human Development

**31 Credits** (Non-Teaching: 122 Credit Hours Needed for Graduation)

Name: \_\_\_\_\_ WIN:# \_\_\_\_\_ Catalog Year: \_\_\_\_\_

| GEN ED                                  | PRE-REQUISITES  | COURSES   | TRAN/SUB/GRADE                              | CR HR |
|---|---|---|---|-------|
| <b>REQUIRED COGNATES: 11 HOURS</b>      |   |   |   |       |
|   |   | <b>BIOS 1120</b> Principles of Biology<br><b>OR BIOS 1600</b> Biological Form and Function<br><b>OR BIOS 1610 (1500)</b> Molecular and Cellular Biology |   | 3     |
|   |   |   |   | 3     |
|   |   |   |   | 4     |
|   | BIOS 1120 or 1600 or 1610 (1500) w/"C" or better  | <b>BIOS 2110</b> Human Anatomy  |   | 4     |
|   | BIOS 2110 w/"C" or better   | <b>BIOS 2400</b> Human Physiology   |   | 4     |
| <b>REQUIRED COURSES: 14 HOURS</b>       |   |   |   |       |
|   |   |   | Courses cannot count for both major & minor |       |
|   |   | <b>HPHE 2350</b> Theory of Coaching   |   | 2     |
|   |   | <b>HPHE 3810 or 1810</b> First Aid  |   | 2     |
|   | BIOS 2110   | <b>HPHE 2950</b> Biomechanical Analysis   |   | 3     |
|   | BIOS 2400; 2110   | <b>HPHE 2980</b> Exercise Physiology  |   | 3     |
|   | HPHE 2350   | <b>HPHE 3350</b> Advanced Theory of Coaching  |   | 2     |
|   | Apply in HPHE department  | <b>HPHE 4000</b> Field Experience/Internship HPHE   |   | 2     |
| <b>ACTIVITY SERIES COURSES: 6 HOURS</b> |   |   |   |       |
| Choose Two                              | <b>HPHE 1610</b> Skills and Instruction of Invasion Games<br><b>HPHE 1620</b> Skills and Instruction of Net/Wall Games<br><b>HPHE 1630</b> Skills and Instruction of Target/Striking/Fielding Games<br><b>HPHE 1640</b> Skills and Instruction of Rhythmic Movements<br><b>HPHE 1650</b> Skills and Instruction of Fitness Activities |   | 1.  | 3     |
|   |   |   | 2.  | 3     |

**\*\*\*Please Note:** Students wishing to earn Michigan High School Coaching Credentials do not need to complete the PE Coaching minor. Students only need to take HPHE 2350, 3350 and 4000 to receive the credentials. Contact the HPHE Department with any further Coaching Credential questions.