

Exercise Science Graduation Plan

122 Credits Minimum Required for Graduation

Fall Year One 14-15 Cr	Spring Year One 15-17 Cr	Summer Year One 3 Cr
*HPHE 1110 or HOL 1000 – Area VIII (2-3) *ENGL 1050 – Proficiency 1 (4) *Gen Ed Area I (3) *Gen Ed Area III (3) FYE 2100 (2)	HPHE 1520 (3) BIOS 1120 or 1600 (3-4) +POP Elective (3) +POP Elective (3) *Gen Ed Area II (3-4)	MATH 1110 – if needed (3)
Fall Year Two 14 Cr	Spring Year Two 15 Cr	Summer Year Two 6 Cr
HPHE 3150 (3) BIOS 2110 (4) + #STAT 3660- Gen Ed Proficiency 3 (4) PSY 1000 – Area V (3)	HPHE 2950 (3) HPHE 3500 (2) BIOS 2400 (4) +POP Elective (3) +POP Elective (3)	+POP Elective (3) %Elective Course (3)
Fall Year Three 15-16 Cr	Spring Year Three 15-16 Cr	Summer Year Three
HPHE 2980 (3) CHEM 1000 or CHEM 1100/1110 (3-4) *Gen Ed Area IV @ 3000/4000 level (3) +POP Elective (3) *Gen Ed Proficiency 4 (3)	HPHE 3960 (3) HPHE 3970 (3) HPHE 4440 – Proficiency 2 (3) + #PHIL 3340 or 3550 – Area VII (3-4) %Elective Course (3)	
Fall Year Four 13 Cr	Spring Year Four 12 Cr	Summer Year Four
HPHE 4450 (3) HPHE 4910 (3) HPHE 1810 or 3810 (2) PHYS 1070/1080 or PHYS 1130/1140 (5) – Area VI	HPHE 4980 (6) %Elective Course (3) %Elective Course (3) Note: You must complete all required HPHE courses to take HPHE 4980 Internship in Spring of year four.	
Legend: * Classes can be taken in any offered term + A minimum of 20 Personal Option Program (POP) electives are required # This course counts as both a Gen Ed and a POP elective % See advisor as number of elective credits will vary		

Note: This plan is not a binding contract, but rather is a rough guide and may change according to factors including, but not limited to, course availability. Your advisor and major/program department(s) will work with you throughout your time at Western to ensure the best possible path to graduation. Please see your advisor each semester to continually update your plan.