

## Exercise Science Graduation Plan

### 122 Credits Minimum Required for Graduation

Fall Year One 13-14 Credits	Spring Year One 15 Credits	Summer Year One 3 Credits
<ul style="list-style-type: none"> <li>HPHE 1110 (2) or HOL 1000 (3) (DI) WES Level II: Personal Wellness *</li> <li>WES Level I: Writing (3) *</li> <li>WES Level II: Artistic Theory and Culture (3) *</li> <li>WES Level II: Inquiry and Engagement (3) *</li> <li>FYE 2100 (2)</li> </ul>	<ul style="list-style-type: none"> <li>HPHE 1520 (3)</li> <li>BIOS 1120 or 1600 (3)</li> <li>POP Elective (3) +</li> <li>POP Elective (3) +</li> <li>WES Level II: World Language and Culture (3) *</li> </ul>	<ul style="list-style-type: none"> <li>MATH 1110: if needed for CHEM 1100/1110 and PHYS 1130/1140 (3)</li> </ul>
Fall Year Two 14 Credits	Spring Year Two 15 Credits	Summer Year Two 6 Credits
<ul style="list-style-type: none"> <li>HPHE 3150 (3)</li> <li>BIOS 2110 (4)</li> <li>STAT 3660 WES Level II: Science and Technology (4) + ⌘</li> <li>PSY 1000 WES Level II: Science and Technology (3)</li> </ul>	<ul style="list-style-type: none"> <li>HPHE 2950 (3)</li> <li>HPHE 3500 (2)</li> <li>BIOS 2400 (4)</li> <li>POP Elective (3) +</li> <li>WES Level II: Societies and Cultures (3) *</li> </ul>	<ul style="list-style-type: none"> <li>Elective Course (3) ♦</li> <li>POP Elective (3) +</li> </ul>
Fall Year Three 16 Credits	Spring Year Three 15 Credits	Summer Year Three
<ul style="list-style-type: none"> <li>HPHE 2980 (3)</li> <li>CHEM 1100/1110 (4)</li> <li>POP Elective +</li> <li>WES Level I: Oral and Digital Communication (3) *</li> <li>WES Level III: Global Perspectives (3) *</li> </ul>	<ul style="list-style-type: none"> <li>HPHE 3960 (3)</li> <li>HPHE 3970 (3)</li> <li>HPHE 4440 (3)</li> <li>POP Elective (3) +</li> <li>WES Level III: Local and National Perspectives (3) *</li> </ul>	
Fall Year Four 13 Credits	Spring Year Four 15 Credits	Summer Year Four
<ul style="list-style-type: none"> <li>HPHE 4450 (3)</li> <li>HPHE 4910 (3)</li> <li>HPHE 1810 or 3810 (2)</li> <li>PHYS 1070/1080 or PHYS 1130/1140 WES Level II: Science Literacy with Lab (5)</li> </ul>	<ul style="list-style-type: none"> <li>HPHE 4980 (6)</li> <li>Elective Course (3) ♦</li> <li>Elective Course (3) ♦</li> <li>Elective Course (3) ♦</li> </ul>	
	Note: You must complete all required HPHE courses to take HPHE 4980 internship.	

**Legend:**

- \* Classes can be taken in any offered term
- + A minimum of 20 Personal Option Program (POP) electives are required
- ⌘ This course counts as both a WES and a POP elective
- ♦ See advisor as number of elective credits will vary

**Notes:**

- This plan is not a binding contract, but rather is a rough guide and may change according to factors including, but not limited to, course availability. Your advisor and major/program department(s) will work with you throughout your time at Western to ensure the best possible path to graduation. Please see your advisor each semester to continually update your plan.
- Planetary Sustainability (PS) and Diversity and Inclusion (DI, not needed if HOL 1000 taken) can be covered with Level II and III courses listed in this category in Degree Works, see your Advisor for course recommendations.