# Athletic Training Program (ATDJ): 77 credit hours (Physics Waived)

*(Non-teaching program ~ Does not require minor)*

<table>
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<th>NAME: ____________________________________________</th>
<th>SS#: ________________________________________</th>
<th>CATALOG: ______________</th>
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## REQUIRED COGNATES: 19 HRS.

- BIOS 1120 – Principles of Biology 3
- BIOS 2110- Human Anatomy 4
- BIOS 2400 - Human Physiology 4
- PSY 1000 – General Psychology 3

Need to fulfill Area 6 requirements

## PRE-PROGRAM CORE REQUIREMENTS: 11 HRS.

- HPER 1100 recommended co-requisite
  - HPER 1100 – Athletic Taping & Bracing Techniques 1
- HPER 1110 - Healthy Living 2
- HPER 1490 – Computer Applications for HPER 3
- HPER 1810 or 3810 – First Aid or First Aid Instructor 2
- HPER 1100 recommended co-requisite
  - HPER 1530 – Introduction to Athletic Training 3

## REQUIRED COURSES: 29 HOURS

- BIOS 1120
  - HPER 2400 – Human Motor Development & Learning 3
- BIOS 2110; HPER 1810 or 3810; 1530
  - HPER 2530 – Injury/Illness Survey & Management 3
- HPER 2540 – Medical Conditions in Athletic Training 3
- HPER 2950
  - HPER 2950 – Biomechanical Analysis of Activity 3
- HPER 2980
  - HPER 2950 – Stress Management and Flexibility 2
- HPER 2980
  - HPER 2980 – Exercise Physiology 3
- HPER 3150
  - HPER 3150 – Measurement/Evaluation in HPER 3
- HPER 2950; 2980
  - HPER 3950 – Aerobic Conditioning 2
- HPER 2950; 2980
  - HPER 3970 – Body Composition & Weight Control 2
- HPER 1530; 56+ credit hours
  - HPER 4500 – Cultural Dynamics of HPER 3

## PROFESSIONAL REQUIREMENTS: 23 HRS.

- (All pre-program core requirements)
  - HPER 3830 – Athletic Injury Evaluation of the Upper Extremity 3
- (All pre-program core requirements)
  - HPER 3840 – Therapeutic Modalities 3
- (All p/p core requirements; Dept. Approval)
  - HPER 3850 – Athletic Injury Evaluation of the Lower Extremity 3
- (All p/p core requirements; Dept. Approval)
  - HPER 4000 – Field Experience in Athletic Training 8
  
  / / /
- (HEPR 3830; 3840; all p/p core requirs.)
  - HPER 4860 – Therapeutic Exercise for Athletic Injuries 3
- (All pre-program core requirements)
  - HPER 4870 – Sports Medicine Seminar 3

*This course satisfies the WMU baccalaureate writing requirement

†Four Experiences, two credit hours per experience

NOTE: 122 total hours are required for graduation. Credits earned in ENGL 1000, ED 1040, and MATH 1090 are not accepted toward meeting the 122 hour requirement.

NOTE: Athletic Training is a limited-access program. There is no guarantee of admission to the Athletic Training Professional Program. Applicants are selected by Athletic Training faculty based on their departmental criteria. Students who intend to complete the athletic training program will be designated as pre-athletic training until accepted into the professional program.

ADVISOR ______________________ DATE __________ STUDENT SIGNATURE ______________________

5/05