WESTERN MICHIGAN UNIVERSITY ~ College of Education – Office of Admissions and Advising


NAME: ________________________________________________   WIN#:  __________________________________  CATALOG:  ___________________

(PREREQUISITES)   COURSE               CR.HRS.        GRADE  SUB/TRAN

REQUIRED COGNATES:
BIOS 1120/BIOS 1100 - Principles of Biology     4
(BIOS 1120)
BIOS 2110 - Human Anatomy     4
(BIOS 1120; BIOS 2110 recommended)
BIOS 2400 - Human Physiology     4
HPER 1110 - Healthy Living     2

("C" grade or better required

PROFESSIONAL THEORY COURSES: 17 HOURS
(Courses cannot count for both major and minor)

Required Teaching Assistantship: (Apply at HPER Office)  C/NC Semester Completed:
HPER 1500 – Foundations of HPER     3
(HPER 1500; All cognate courses)
HPER 3810 or 1810 – First Aid Instructor or First Aid     2
(BIOS 2110)
HPER 2950 – Biomechanical Analysis     3
(BIOS 2400)
HPER 2980 – Exercise Physiology     3
(HPER 1500)
HPER 3150 – Measurement and Evaluation     3
(HPER 1500; 56+ credit hours)
*HPER 4500 – Cultural Dynamics of HPER     3

PROFESSIONAL THEORY/TECHNIQUES COURSES: 9 HRS.  
(Courses cannot count for both major and minor)

Choose One:
HPER 2350 – Theory of Coaching     2
(HPER 2350)
Choose One:
HPER 2360 - 2367 – Officiating Series     1
(HPER 2350)
Choose One:
HPER 3370 - 3379 – Coach/Advanced Techniques Series     2
(HPER 3810 or 1810; BIOS 2110)
HPER 3800 – Foundations of Sports Injuries     2
(Approved Application)
HPER 4000 – Field Experience/Internship HPER     2

PROFESSIONAL ACTIVITY COURSES: 13 HOURS
(Courses cannot count for both major and minor)

HPER 1040 – Non-traditional Physical Activities     1
HPER 1060 - Recreational Dance     1
HPER 1070 – Weight Training     1
HPER 1080 – Tumbling     1
Choose One:
HPER 1120 OR 1130 – Tennis or Indoor Rac. Sports     1
Choose One:
HPER 1200 OR 1210 – Golf or Bowling     1
Choose One:
HPER 2150 OR 2420 – Aerobic Condt. or Aerobic Dance     1
Choose Four:
HPER 1300: Softball; 1310: Volleyball; 1320: Soccer; 1330: Basketball; 1340, Wrestling; 1350: Football; 1360: Track/Field
1. = 1  3. = 1
2. = 1  4. = 1
Beginner: Take PEGIN 1490 and 2490
Intrmd./Advanced; Take PEGIN 3490 or 3500
PEGN - Aquatics     1
PEGN - Aquatics     1

REQUIRED PEDAGOGICAL SEQUENCE
(2.5 overall required in these courses)

("C" grade or better required

(BIOS 1120)
HPER 2400 – Motor Development and Learning     3
(HPER 1500)
HPER 2430 – PE Methods: Early Elementary Move.     3
(HPER 2430)
HPER 3460 – PE Methods: Special Populations     3
(HPER 2400; 2950; 2980; 3150; 3460)
HPER 4470 – PE Methods: Instructional Design (f/sp)     3

("C" grade or better required

(HPER 4470) "C" grade or better required
HPER 4480 – PE Methods: Teach. Skills/Strategies (f/sp)     3
(Out of PED) "C" grade or better required
LS 3050 – K-12 Content Literacy     3
(Out of PED) "C" grade or better required
*ES 3950 – School and Society     3
(Out of PED) "C" grade or better required
HPER 4100 – HPER Intern TE Seminar     2

Credit/No Credit grading format
HPER 4750 – HPER Intern Teaching     10

*This course satisfies the baccalaureate writing requirement

All students who intend to complete the Physical Education: Teacher/Coach major will be designated as pre-physical education. The following criteria must be met prior to application at the HPER Department (fourth floor of the Student Recreation Center): 1) Completion of 35 hours of University course work. 2) Completion of HPER 1500 with a grade of "C" or better. 3) Satisfactory completion of BIOS1120.

2/08