Exercise Science

Western Michigan University                      College of Education and Human Development

59 Credits (Non-teaching; 122 Credit Hours Needed for Graduation; Minor Required)

Name:_________________________________________  WIN#:_________________________  Catalog Year:______

<table>
<thead>
<tr>
<th>GEN ED</th>
<th>PRE-REQUISITES</th>
<th>COURSES</th>
<th>TRAN/SUB/GRADE</th>
<th>CR HR</th>
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<tbody>
<tr>
<td>Area VI</td>
<td>BIOS 1100/1120 Principles of Biology</td>
<td>4</td>
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<tr>
<td></td>
<td>BIOS 1120 w/&quot;C&quot; or better</td>
<td>BIOS 2110 Human Anatomy</td>
<td>4</td>
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<tr>
<td></td>
<td>BIOS 2110 w/&quot;C&quot; or better</td>
<td>BIOS 2400 Human Physiology</td>
<td>4</td>
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<tr>
<td>Area VIII</td>
<td>Select One</td>
<td>HPHE 1110 or HOL 1000</td>
<td>2</td>
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</tbody>
</table>

Total Credits (14)

*REQUIRED PROGRAM COURSES

- HPHE 1520 Foundations of Ex Science
- HPHE 2950 Biomechanics
- HPHE 2980 Exercise Physiology
- HPHE 3150 Measurement/Evaluation
- HPHE 3500 Modification of Health Behavior
- HPHE 3800 Foundations of Sports Injuries
- HPHE 3960 Principles for Strength and Conditioning
- HPHE 3970 Exercise and Sports Nutrition
- HPHE 4690 Fitness Management
- HPHE 4800 Heart Disease and Rehab
- HPHE 4440 Prof Development in Ex Science
- HPHE 4450 Exercise Testing & Prescription
- HPHE 4910 Exercise for Chronic Diseases and Disorders
- HPHE 4980 Internship

Total Credits (45)

*Program courses cannot count for both major and minor

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