The College Success Seminars provide a forum to allow students the opportunity to develop new or refine current skills that they may find useful in their academic and professional careers. All seminars are free and do not require advance registration.

**Seminar Topics**

- Approaches to Problem Solving
- College Vocabulary Development
- Communication Differences: Professors and Classmates
- Coping with Test Anxiety
- Enhancing Reading Comprehension
- Financial Cents: Breaking Budget
- Finishing Strong: Preparing for Finals
- Increasing Your Reading Rate
- Mid-Semester Check-In
- Note-Taking Strategies
- Preparing For A Successful Semester
- Reconciling Your Learning Styles
- Research Reading and Development
- Strengthening Basic Math
- Study Strategies For Success
- Textbook Reading Methods
- Test-Taking Strategies
- Time Management Techniques

**Academic Coaching**

Academic coaching meetings are available to currently enrolled WMU students. Personal meetings include assessing current strategies to create a collaborative plan to improve study skills and habits for the academic semester or specific course. To schedule an appointment, email tyler.a.sanders@wmich.edu.

Academic Resource Center
1235 Ellsworth Hall
(269) 387-4442
www.wmich.edu/tutoring
COMMUNICATION DIFFERENCES: PROFESSORS AND CLASSMATES

Learn strategies to navigating the classroom climate including communicating with professors and understanding the dynamic of group work

- Tuesday, January 19; 12 p.m.
- Thursday, February 4; 2 p.m.
- Tuesday, February 16; 5:30 p.m.
- Friday, February 19; 12 p.m.
- Monday, February 29; 3 p.m.
- Tuesday, March 29; 4 p.m.
- Monday, April 11; 4 p.m.
  (Presented in 1120 Schneider)

APPROACHES TO PROBLEM SOLVING

Learn the techniques to use in solving problems and making decisions

- Monday, January 25; 1 p.m.
- Thursday, February 18; 1 p.m.
- Tuesday, March 22; 1 p.m.
- Tuesday, April 5; 12 p.m.

COLLEGE VOCABULARY DEVELOPMENT

Learn context clues to determine the meaning of words as well as understanding prefixes, suffixes, and roots

- Thursday, January 21; 2 p.m.
- Thursday, February 4; 1 p.m.
- Tuesday, February 16; 1 p.m.
- Monday, February 22; 3 p.m.
- Tuesday, March 22; 5:30 p.m.
- Friday, April 1; 12 p.m.
- Tuesday, April 12; 12 p.m.

COPING WITH TEST ANXIETY

Discover some strategies to help you deal with the anxieties that interfere with your ability to do well on a test

- Tuesday, January 19; 4 p.m.
- Monday, February 8; 1 p.m.
- Tuesday, February 23; 12 p.m.
- Friday, February 26; 12 p.m.
- Wednesday, March 23; 2 p.m.
- Thursday, March 31; 2 p.m.
- Monday, April 4; 4 p.m.
  (Presented in 1120 Schneider)
- Thursday, April 14; 1 p.m.
- Monday, April 18; 1 p.m.
- Tuesday, April 19; 4 p.m.
- Wednesday, April 20; 12 p.m.

ENHANCING READING COMPREHENSION

Determine techniques for truly understanding what you’re reading

- Tuesday, January 26; 1 p.m.
- Tuesday, February 2; 5:30 p.m.
- Thursday, February 11; 2 p.m.
- Monday, February 22; 1 p.m.
- Thursday, March 24; 1 p.m.
- Monday, April 4; 3 p.m.
- Tuesday, April 12; 12 p.m.

FINANCIAL CENTS: BREAKING BUDGET

Discover some strategies to help manage your college finances as you face the challenges of loans, debt, and bills

- Friday, January 22; 12 p.m.
- Tuesday, February 9; 12 p.m.
- Monday, February 15; 3 p.m.
- Thursday, February 25; 1 p.m.
- Monday, March 28; 1 p.m.
- Tuesday, April 5; 5:30 p.m.
- Thursday, April 7; 1 p.m.

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<td><strong>FINISHING STRONG: PREPARING FOR FINALS</strong></td>
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<td><strong>INCREASING YOUR READING RATE</strong></td>
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<td><strong>MID-SEMESTER CHECK-IN</strong></td>
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<td><strong>PREPARING FOR A SUCCESSFUL SEMESTER</strong></td>
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<td><strong>RECONCILING YOUR LEARNING STYLES</strong></td>
<td>• Tuesday, March 1; 12 p.m.</td>
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<td>• Friday, April 8; 12 p.m.</td>
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### RESEARCH READING AND DEVELOPMENT
Examine what makes a journal appropriate to use in your literature reviews and how to effectively read those articles
- Tuesday, February 2; 1 p.m.
- Thursday, February 25; 2 p.m.
- Tuesday, March 22; 4 p.m.
- Monday, April 4; 1 p.m.

### STRENGTHENING BASIC MATH
Much math anxiety comes from not having a solid foundation in math; this seminar will help you develop those skills
- Monday, February 1; 1 p.m.
- Tuesday, February 23; 1 p.m.
- Thursday, March 24; 2 p.m.
- Thursday, April 7; 4 p.m.

### STUDY STRATEGIES FOR SUCCESS
Discover the strategies used by successful students as they approach studying for their classes
- Tuesday, January 19; 1 p.m.
- Tuesday, January 26; 5:30 p.m.
- Tuesday, February 2; 4 p.m.
- Thursday, February 18; 2 p.m.
- Tuesday, March 1; 1 p.m.
- Tuesday, March 29; 5:30 p.m.
- Monday, April 11; 3 p.m.
- Friday, April 15; 12 p.m.

### TIME MANAGEMENT TECHNIQUES
Learn ways to take control of your day, look at how you waste time, and identify some strategies to use in helping your activities align with your goals
- Friday, January 29; 12 p.m.
- Monday, February 8; 4 p.m.
  (Presented in 1120 Schneider)
- Tuesday, February 9; 5:30 p.m.
- Tuesday, February 16; 12 p.m.
- Monday, March 21; 3 p.m.
- Friday, March 25; 12 p.m.
- Tuesday, April 5; 1 p.m.
- Tuesday, April 12; 5:30 p.m.

### TEXTBOOK READING METHODS
Explore an approach that helps you understand the material the first time you read it, thus saving you time
- Tuesday, January 20; 12 p.m.
- Monday, February 8; 3 p.m.
- Tuesday, February 23; 4 p.m.
- Monday, February 29; 4 p.m.
  (Presented in 1120 Schneider)
- Wednesday, March 2; 12 p.m.
- Thursday, March 17; 2 p.m.
- Thursday, March 31; 1 p.m.
- Monday, April 18; 3 p.m.
- Tuesday, April 19; 1 p.m.
- Wednesday, April 20; 2 p.m.
- Thursday, April 21; 2 p.m.

### TEST-TAKING STRATEGIES
Realize techniques for approaching different types of tests and generalized strategies for test taking
- Wednesday, January 20; 12 p.m.
- Monday, February 8; 3 p.m.
- Tuesday, February 23; 4 p.m.
- Monday, February 29; 4 p.m.
  (Presented in 1120 Schneider)
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- Wednesday, April 20; 2 p.m.
- Thursday, April 21; 2 p.m.

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