University Libraries joins in the Invisible Need Project

This issue of some students going hungry because of need is a national trend and several Michigan universities have set up food banks.

Waldo Library will be a drop off location for the program. Faculty, staff, community members, and other students are invited to bring in non-perishable food to help stock the cupboards in Faunce Student Services. Thirty other units across campus are also drop off locations. Box location is in the Waldo Library lobby.

So, in the spirit of the holidays, please consider bringing in food to donate. The WMU Invisible Need Project is having a special Ho Ho Holiday Food Drive with many volunteers doing pick up. Suggested healthy food items are listed here but any non-perishable food items in their original packaging are welcome.

The branch libraries will also accept food donations: Swain Education Library in Sangren Hall, Maybe Music Library in Dalton Center, and Archives and RHC in Zhang Legacy Collections Center.

More about the program: mywmu.com/invisibleneed

Thank you for your help.

Invisible Need Project Food Pantry Items

All non-perishable food items are greatly appreciated but if you are looking for ideas on what to donate dining services has helped us create a list of the following items that are frequently requested due to their contribution to a nutritious meal:

Canned protein

- Tuna
- Wild Salmon
- Chicken

Canned Soups, Beans and Legumes

- Black beans
- Kidney beans
- Garbanzo beans
- Lentils
- Low-sodium soup

Whole Unsalted Nuts and Seeds

- Pumpkin seeds
- Sunflower seeds
- Almonds
- Walnuts
• Pistachios

Whole Grains
• Rice (Brown, Wild)
• Steel-cut or rolled oats
• Whole grain dry cereals
• Whole grain pastas

Fruits and Vegetables
• Canned, packed in water versus syrup

Dried Fruits (preferably no added sugar)
• Blueberries
• Prunes
• Cranberries
• Goji Berries
• Mango
• Apple

Miscellaneous
• Olive Oil
• Dried herbs and spices
• Green and white tea
• Honey
• 100% fruit juice (canned, plastic or box)
• Peanut Butter
• Shelf stable Soy, Almond, Rice, or Coconut milk
• Pasta sauce
• Condiments such as ketchup, mustard and barbecue sauce

*To ensure food safety, we cannot accept:
• Open or used items
• Homemade items
• Items with no labels
• Perishable items
• Expired items
• Rusty cans
• Non-commercial canned or packaged items (packaged in something other than its original container)
• Alcoholic beverages
At this time, we are also not able to accept any *perishable items* such as milk, bread, fresh meat, fresh fruit and vegetables, etc.