

Group Fitness Schedule Summer I

Session date: Monday, May 6-Friday, June 28

No classes will be held on Monday, May 27 (Memorial Day)

Monday	Tuesday	Wednesday	Thursday
Yoga 12:10-12:55 p.m. Jess	CycleFit 12:10-12:55 p.m. Taylor	Yoga 12:10-12:55 p.m. Taylor	Yoga 12:10-12:55 p.m. Rebecca
*Deep Aqua 12:05-12:55 p.m. Melissa	*Shallow Aqua 12:05-12:55 p.m. AJ	*Deep Aqua 12:05-12:55 p.m. Melissa	*Shallow Aqua 12:05-12:55 p.m. AJ
Zumba® 5:30-6:30 p.m. Emma	Yoga 5:30-6:30 p.m. Taylor	Tighten & Tone 5:30-6:30 p.m. Brie	Butts & Guts 5:30-6:30 p.m. Brie

*All Aqua classes will be held at Gabel Natatorium.



Non-Western Wellness Prices

One session

Single class pass-\$3

Group fitness-\$20

F45-\$49

Unlimited-\$64

Both sessions

Group fitness-\$35

F45-\$79

Unlimited-\$99

Western Wellness Prices

One session

Single class pass-\$3

Group fitness-\$15

F45-\$39

Unlimited-\$49

Both sessions

Group fitness-\$25

F45-\$64

Unlimited-\$84



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