# TIFFANY K. LEE, PhD, LPC, NCC, CAADC

Specialty Program in Alcohol and Drug Abuse (SPADA)
Western Michigan University
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## **PROFESSIONAL PREPARATION**

4/2011 Western Michigan University Kalamazoo, MI

- Ph.D. in Counselor Education and Supervision
  - CACREP-accredited program
  - Specialization- Addiction Studies

8/2010 Western Michigan University Kalamazoo, MI

- Specialty Program in Alcohol and Drug Abuse (SPADA)
  - Graduate Certificate Program
  - 18 credit-hours

12/2006 University of Alabama at Birmingham Birmingham, AL

• M.A. in Community Counseling

12/2001 University of Florida Gainesville, FL

■ B.S. in Psychology, with Honors

### **PROFESSIONAL EXPERIENCE**

## Specialty Program in Alcohol and Drug Abuse (SPADA)

Kalamazoo, MI

6/11-Present Assistant Professor

7/08-6/11 Part-time Instructor/Doctoral Associate

- Teach SPADA courses
- Member of the SPADA curriculum revision committee; beginning Spring 2008, implemented Fall 2009
- Assisted in revising SPADA and Counselor Education addictions course curriculum competencies
- Created, and in charge of, rotation schedule of the 15 new courses, including all online sections, main campus sections and the four WMU regional site campuses
- Section Designer on all (6) new undergraduate online courses (ADA 3300, 3360, 3370, 3380; CECP 4840; and SWRK 4230)
- Assisted with creating 6 new courses, including selecting textbooks, creating syllabi, and constructing course design: (1) ADA 3300- Addiction and the Addiction Process; (2) ADA 6060- Causes of Substance Abuse; (3) ADA 6110- Physical Aspects of Substance Abuse;

- (4) ADA 6340- Recovery Oriented Systems of Care; (5) ADA 6400- Co-occurring Disorders; and (6) ADA 6420- Clinical Supervision in Alcohol and Drug Abuse
- Updated SPADA website to reflect curriculum changes
- In charge of revising SPADA Field Practicum Manual, Brochure, and application paperwork
- Created various presentations for informing WMU faculty/staff of the curriculum changes
- Member of marketing team; assisted in marketing new curriculum on campus and branch campuses

## 8/14 - Present Child and Family Psychological Services Kalamazoo, MI

Counselor

- Private practice
- Complete biopsychosocial intake assessments
- Create and update treatment plans
- Provide individual counseling

## 9/09-3/10; 1/11-9/14 Behavioral Health Services Kalamazoo, MI

Counselor

- Completed biopsychosocial intake assessments; create and update treatment plans
- Provided Brief Intervention sessions to college students
- Provided group counseling to college students (Didactic Group and Young Adult Group)
- Provided group counseling to women using trauma based curriculum
- Conducted 6 week, Alcohol Awareness, group for driving offenses
- Case load of 20 clients; provided individual counseling

#### 9/07-8/08 Center for Counseling and Psychological Services Kalamazoo, MI

Doctoral Associate / Staff

- Completed psychosocial intake assessments and provided individual counseling
- Assisted master's-level counselors with their practicum requirements in the clinic
- Managed Landro Recording System for practicum students and supervisors
- Provided orientation presentations to students in the beginning and at the end of each semester
- Assisted with daily operations of clinic

## 4/05-8/07 UAB Drug Free Intensive Outpatient Treatment Program Birmingham, AL

Counselor and Student Supervisor

- Provided on-site supervision for master's-level interns from UAB's counseling program
- Provided group counseling for court mandated clients (4 days a week; 2 ½ hrs)

- Provided individual counseling and treatment planning
- Completed biopsychosocial assessments
- Monitored drug screens and worked closely with the TASC program

## 7/04-12/05 Treatment Alternatives for Safer Communities (TASC) Birmingham, AL

Court Advocate

- TASC court representative for Criminal Circuit Court Judge Tom Nail
- Completed and presented reports and Alternative Sentencing Plans in court weekly
- Provided case management for over 100 clients, including drug screens and community treatment referrals
- Completed daily biopsychosocial assessments

## 4/02-10/02 Dept. of Children and Families (DCF)

Orlando, FL

Child Protective Investigator

- Investigated allegations of child abuse, neglect, and abandonment
- Interviewed family members, school officials, law enforcement, etc.
- Attended court when children were removed from the home

### **COURSES TAUGHT**

Summer II 2008 – Present

**Western Michigan University** 

Kalamazoo, MI

#### **Undergraduate**

ADA 2250: Drug Use: Personal and Social Impact

Main Campus (Lecture Hall and Honors College Sections), Online, and Open Learning

ADA 3200: Legal and Illegal Drugs

Online Section

ADA 3300: Addiction and the Addiction Process

Online and Open Learning Sections

### **Graduate**

ADA 6330: Special Populations

Main Campus and Online

ADA 6330: Diversity and Ethical Issues

Online

## ADA 6340: Recovery Oriented Systems of Care

Main Campus, Traverse City Campus and Online

## ADA 6400: Co-Occurring Disorders

Main Campus: Set to teach Spring 2015

## CECP 6110: Theories of Counseling

On Campus; Co-taught w/ Dr. Suzanne Hedstrom from CECP dept. as part of internship)

## **COURSE DEVELOPMENT**

SPADA graduate certificate curriculum was made available through online education starting in fall 2011. Created the following courses in the new format:

ADA 6330: Special Populations

ADA 6340: Recovery Oriented Systems of Care

SPADA curriculum was revised and implemented in fall 2009. Created the following <u>new</u> courses:

ADA 3300: Addiction and the Addiction Process

ADA 6060: Causes of Substance Abuse

ADA 6110: Physical Aspects of Substance Abuse

ADA 6340: Recovery Oriented Systems of Care

ADA 6400: Co-occurring Disorders

ADA 6420: Clinical Supervision in Alcohol and Drug Abuse

SPADA course was revised to incorporate ethics training in order to meet State of Michigan addictions credentialing requirements. Created the following new course:

ADA 6330: Diversity and Ethical Issues in Addictions

#### RESEARCH AND PUBLICATIONS

#### **Peer-Reviewed Journals**

Lee, T. K., Craig, S. E., Fetherson, B. T. L., & Simpson, C. D. (2013). Addictions competencies in the 2009 CACREP clinical mental health counseling program standards. *Journal of Addictions and Offender Counseling*, 34, 2-15.

- Lee, T. K. (2013). Integrating a developmental supervision model with the adaptive supervision in counselor training model. In G. R. Walz, & J. C. Bleuer (Eds.), *Ideas and research you can use: VISTAS 2013* (pp. 1-14).
- Lee, T.K. (2014). Addiction education and training for counselors: A qualitative study of five experts. *Journal of Addictions and Offender Counseling*, 35(2). Publication date: October 2014.
- Lee, T. K., & Bischof, G. (In press). Addiction training in counselor education programs: A survey of the current status and future plans. *Journal of Addictions and Offender Counseling*.

#### **Books**

Lee, T. K. (2015). *Embracing diversity: Treatment and Care in Addictions Counseling*. Cognella Publishing. A textbook for counselors in training that focuses on diversity issues and multicultural competency.

## Encyclopedia Entries

- Lee, T. K. (In press). Light beer. In Martin, S. C. (Ed.), *Alcohol: Social, Cultural, and Historical Perspectives*. Sage Publications. Projected publication date: 1/15/2015.
- Lee, T. K. (In press). Penalties for alcohol violations. In Martin, S. C. (Ed.), *Alcohol: Social, Cultural, and Historical Perspectives*. Sage Publications. Projected publication date: 1/15/2015.
- Lee, T. K. (In press). Alcohol by volume (ABV). In Martin, S. C. (Ed.), *Alcohol: Social, Cultural, and Historical Perspectives*. Sage Publications. Projected publication date: 1/15/2015.

#### Dissertation

Lee, T. K. (2011). Implementation of the 2009 CACREP standards addiction competencies. Doctoral Dissertation. ISBN: 9781124617183

#### **INTERVIEWS**

#### Newspaper

Interviewed by Blair Yankey of the *Western Herald* regarding Adderall use on college campuses. Publication date: December 9, 2014. Available in hard copy and online at http://westernherald.com/news/getting-a-fix-for-finals-adderall-abuse/

## **PRESENTATIONS**

#### National

- Lee, T. (2014, May). *Trauma issues among women who use substances*. Traumatology Symposium: Florida Counseling Association; Sarasota, FL.
- Lee, T. (2013, October). *Addiction counseling: Teaching students about women's issues in recovery.* Association for Counselor Education and Supervision; Denver, CO.
- Heyn, M., & Lee, T. (2013, September). Seeking Safety treatment: The application to veterans with substance abuse disorders and post-traumatic stress disorder. National Conference on Addictive Disorders; Anaheim, CA.
- Lee, T. (2012, November). The current state of addictions training: A survey of CACREP-accredited programs. Western Association for Counselor Education and Supervision; Portland, OR.
- Lee, T. (2012, November). Expert opinions on addictions training in counselor education: Results of a qualitative study. Western Association for Counselor Education and Supervision; Portland, OR.
- Lee, T. (2012, July). Sexual addiction: Screening, assessment, treatment, and the controversy of its existence. American Mental Health Counselors Association; Orlando, FL.
- Lee, T. (2011, October). *Chemical misuse: How to identify, intervene, engage, and manage student impairment.* Association for Counselor Education and Supervision; Nashville, TN.
- Lee, T. (2011, October). Faculty impairment: How to address addiction issues in counselor education. Association for Counselor Education and Supervision; Nashville, TN.
- Lee, T. (2011, March). Expert opinions on substance abuse training in counselor education: Results of a qualitative study. American Counseling Association; New Orleans, LA.
- Lee, T. (2011, March). *The current state of substance abuse training: A survey of CACREP-accredited programs*. American Counseling Association; New Orleans, LA. (ACES Sponsored Session)
- Lee, T., & Kent, A. (2010, March). Sexual addiction: Screening, assessment, diagnostic criteria, and treatment options. American Counseling Association; Pittsburgh, PA
- Lee, T., & Hinman, B. (2010, March). *Children of alcoholics and career self-efficacy: Application of social cognitive career theory.* American Counseling Association; Pittsburgh, PA.

- Lee, T., & Kent, A. (2009, October). Sexual addiction: What counselor educators need to know about this process addiction. Association for Counselor Education and Supervision; San Diego, CA.
- Lee, T., & Craig, S.E. (2009, October). Clinical mental health counseling: Implementation of the 2009 CACREP standards related to substance abuse. Association for Counselor Education and Supervision; San Diego, CA.

## Regional

- Lee, T. (2014, October). *Advocacy for clients with addiction issues*. North Central Association for Counselor Education and Supervision; St. Louis, MO.
- Lee, T. (2010, October). *Integration of adaptive supervision in counseling training and a developmental supervision model.* North Central Association for Counselor Education and Supervision; Chicago, IL.
- Lee, T. (2010, October). Adaptive counseling and therapy: Application to substance abuse treatment. Poster Session; North Central Association for Counselor Education and Supervision; Chicago, IL.

#### Local

- Lee, T. (2014, October). Alcohol use and harm reduction strategies. Presentation for students at Kalamazoo Valley Community College. Kalamazoo, MI.
- Lee, T. (2014, May). Substance use and abuse among youth: Information on statistics, symptoms, diagnosis, and family issues. Presentation for the Ark, Baraga Manor, Bridges Counseling, and the Catholic Charities Diocese of Kalamazoo. Kalamazoo, MI.
- Lee, T. (2012, October). *Women's Issues in Addiction and Recovery*. Fetzer Center. Coming Together Conference. Kalamazoo, MI
- Lee, T. & Blevins, G. (2012, October). *Advanced Treatment for Substance Abuse*. Fetzer Center. Coming Together Conference. Kalamazoo, MI.
- Lee, T. (2012, February). Koinonia: Race Symposium. Invited Panel Member to speak on race issues in the community of Benton Harbor, MI.

#### WMU

Lee, T. (Fall 2011 and Fall 2012). *Alcohol Use Among College Students*. Invited to speak in HNRS 1015 course.

#### **INVITED PRESENTATIONS**

- Lee, T. (2011, March). Addictions training in CACREP-accredited programs: Results of a mixed-method study. Graduate Student Carousel for the International Association for Addictions and Offender Counseling. American Counseling Association; New Orleans, LA.
- Lee, T. (2012, August). *Millennials in the Workplace*. United Auto Workers Conference. Onaway, Michigan. A 4-hour presentation.

### **LICENCES AND CERTIFICATIONS**

Licensed Professional Counselor (LPC) # 6401012225

National Certified Counselor (NCC) # 253168

Certified Advanced Alcohol and Drug Counselor (CAADC) # C-02469

Specialty Program in Alcohol and Drug Abuse (SPADA) Certificate
Graduate Certificate at WMU; 18 credit-hour program; completed in 8/2010

#### **SERVICE**

# 2014- Present CHHS College Curriculum Committee

Review curriculum proposals for the various programs in the College of Health and Human Services.

### 2014- Present Lee Honors College Thesis Judge

Listen to and participate in the discussion of students' theses presentations in the Honors College. An evaluation of each student is completed based on several factors including strength of research, analysis of data, quality of presentation, etc.

#### 2013- Present WMU Graduate Student Travel Grant Committee

Review and evaluate graduate student applications for travel grants to conferences. Students submit applications for conferences where they present on their research.

## 2013- Present Lee Honors College Medallion Scholar Evaluator

The Medallion Scholarship is worth a total of \$50,000 and is awarded to a minimum of 20 students. Invited freshman compete for this scholarship through a series of activities, consisting of an essay and group problem solving session, as well as a Medallion Scholar Student Panel and Academic College Showcase.

#### 2012 – Present WMU AlcoholEdu Committee

Initiated by the President with the goal of educating WMU's incoming freshman on alcohol consumption. AlcoholEdu is an online prevention program designed to reduce risk behaviors associated with alcohol use. Committee members designed and implemented program and use data for norming and research purposes.

## 2012 – Present Coming Together Conference Committee

This yearly addiction conference is put on by Community Healing Centers and the Drug Treatment Court Foundation of Kalamazoo County. SPADA is involved in the planning and funding.

# 2012 - Present WMU Physician's Assistant Program Interview Committee

Participate twice yearly in the interviews for the Physician Assistant Program.

## 2009 – Present WMU Alcohol Advisory Board

The goal of the Alcohol Risk Reduction program is to provide comprehensive programming and resources for the prevention and reduction of alcohol related harms on Western Michigan University's campus. The Alcohol Advisory Board consists of departmental faculty, clinicians, student groups, law enforcement, and community members. The board members collaborate and implement research, develop resources, and provide training

# 2011 – 2014 WMU Faculty Senate Committee on Extended University Programs

Served as the advising group to the Faculty Senate and the Associate Provost for EUP on all aspects of EUP and online education.

## 2011 Hilltop Review-WMU Journal of Graduate Research

Invited editor; edited an article on co-occurring disorders submitted for publication

### 2010 Academic Program Planning Report

College of Health and Human Services; Specialty Program in Alcohol and Drug Abuse.

#### 2009 – 2008 WMU SPADA Curriculum Revision Board

Submitted six new undergraduate courses and seven new graduate courses. One of eight co-authors and final editor.

#### THESIS AND DISSERTATION COMMITTEES

2013- Present Dissertation Committee- Devin Jordan; Counseling Psychology

2012- May 2014 Thesis Committee- Cole Molnar; Lee Honors College; *The NFL: Growing* 

into its death. Successfully defended.

#### PROFESSIONAL MEMBERSHIPS

2008- Present Association for Counselor Education and Supervision (ACES)
2008- Present International Association of Addictions and Offender Counselors

(IAAOC)

### **GRANTS**

## AMBRF/Foundation for Alcohol Research – New Investigator Grant

Serving as principal investigator on a grant requesting funding to gather data on college drinking and the validation of intervention tool I created named DARN-CS. Application deadline: Feb. 15, 2015.

#### ACES Research Proposal Grant (2010)

Amount funded: \$909.00. Grant received for dissertation, *Implementation of the 2009 CACREP Standards Addiction Competencies*.

#### Graduate Student Travel Grant (2010)

Amount funded: \$700.00. Grant received by Graduate College to present at the ACA conference in 2011. Ranked 3 out of 19 applications. Rated 4.13 out of 5.0.

## **HONORS AND AWARDS**

## Honors College Teaching Fellow Award (2012)

Awarded to a faculty member for teaching excellence in the WMU Honors College.

## All-University Teaching Award (2011)

Awarded to nine doctoral students at the University in 2011.

## International Addictions and Offender Counseling (IAAOC) Graduate Student Scholarship (2011)

Awarded \$250; Two recipients yearly.

## Graduate Teaching Effectiveness Award (2011)

Dept. of Counselor Education and Counseling Psychology; WMU Awarded to one doctoral student in the Department yearly.

#### Rising Star Award (2010)

College of Education and Human Development; WMU Awarded to one doctoral student in the College yearly.

### Outstanding Doctoral Student in Counselor Education Award (2010)

Dept. of Counselor Education and Counseling Psychology; WMU Awarded to one doctoral student in the CE program yearly.

#### ■ Florida Academic Scholarship (1998)

Full tuition and books for 4 years; Based on academic achievement.

### Walt Disney Scholarship (1998)

Full tuition and books for 4 years; Based on academic achievement. Awarded to one student in 15 school districts.

## Ray and Anna Martin Scholarship (1998)

Awarded \$6000; Based on essay and academic achievement.

# Gator Scholarship (1998)

Awarded \$1,000 towards tuition at the University of Florida; Based on academic achievement.

## DOCTORAL PRACTICA AND INTERNSHIPS

1/08 - 5/08 Doctoral Practicum Clinical

**Individual Counseling** 

Center for Counseling and Psychological Services - Kalamazoo, MI

1/09 - 5/09 Doctoral Practicum Supervision

Individual and Group Supervision

Center for Counseling and Psychological Services - Kalamazoo, MI

9/09 – 3/10 Doctoral Internship Clinical

Biopsychosocial Assessments; Individual and Group Counseling. *University Substance Abuse Clinic - Kalamazoo, MI* 

1/10 – 4/10 Doctoral Internship Teaching

CECP 6110, Theories of Counseling.

Western Michigan University - Grand Rapids, MI