FIELD EDUCATION APPLICATION: SELF-RATING SCALE

Please rate yourself in the following areas at this point in your education.
This rating will help your field instructor in developing your learning experiences.

NOTE: A rating of **1** indicates a desire for learning and improvement
A rating of **10** indicates a highly established degree of comfort and skill

ABILITY TO:	1	2	3	4	5	6	7	8	9	10
• Engage in a helping relationship										
• Listen effectively and empathetically										
• Work as a member of a team/collaborate										
• Complete work in a timely fashion										
• Work with individuals										
• Work with groups										
• Exhibit clear and appropriate verbal skills										
• Exhibit professional writing skills (reports/client recording)										
• Confront appropriately										
• Demonstrate self-awareness										
• Solicit, receive and accept constructive feedback										
• Set appropriate professional boundaries										
• Interpret NASW Code of Ethics										
• Client self-determination										
• Recognize when being judgmental										
• Apply conflict resolution skills										
• Multi-task										
• Manage time effectively										
• Interview										
• Effectively process and interpret information										
• Elicit the chief concern/complaint										
• Assess multiple causes of a problem										
• Identify staff development and training needs										
• Complete a complete and accurate assessment										
• Complete a problem-focused assessment										
• Complete a bio-psychosocial assessment										
• Assess social functioning										
• Convey behavioral observations										
• Assess affective/emotional responses										
• Evaluate activities of daily living										
• Conduct a mental status exam										
• Assess and develop educational/vocational objectives										
• Problem solve										
• Write clear and concise goals and objectives										
• Create an effective and accurate evaluation										
• Complete a concise and thorough treatment plan										
• Identify and apply interventions appropriately										
• Handle crisis situations										
KNOWLEDGE OF:										
▪ Human developmental stages										
▪ Symptoms/syndromes										
▪ Diagnoses										
▪ Medications – medical										
▪ Medications – psychiatric										
▪ Policy analysis										
▪ Program evaluation										
▪ How to conduct a staff training session										
▪ Human resource management										
▪ Experience with diversity										
▪ When to take appropriate risks										