Local Community Health Impact of Trauma

Environmental Trauma
- Food insecurity
- Homelessness
- Job Loss
- Refugee

Personal Trauma
- Abuse and neglect
- Loss of loved ones
- Domestic violence
- Family substance abuse
- Incarceration
- Racism
- Chronic disability

Trauma Across Generations
- Intergenerational poverty
- Family disruption

Brain and Nervous System
- Stress, pain, fear and anger

Substance Use
- Drugs
- Alcohol

Mental Health Disorders
- Depression
- Anxiety
- Memory
- Mood swings
- Language delay

Physical Reactions
- Elevated cortisol
- Sleep disturbance
- Appetite
- Hyper-arousal

Unhealthy Behavior
- Acting out
- Aggression
- Sexualized behavior

Child Abuse and Neglect

Reducing the Impact of Trauma: What we will do

Multifaceted Evidence Based Assessment and Treatment
- Neurocognitive; Trauma; Substance use; Occupational, Physical, Speech and Language Therapy; Hearing and Vision

Resiliency Center
- Trauma informed, seamless epicenter of resiliency resources led by trauma pioneers

Family Resources
- Support groups
- Training
- Referral
- Family intervention