## Physical and Health Education (K-12) 93 credits

### Henry Ford Community College Transfer Guide

(122 Credit Hours Needed for Graduation; Does Not Require Minor)

<table>
<thead>
<tr>
<th>GEN ED</th>
<th>PRE-REQUISITES</th>
<th>COURSES</th>
<th>TRAN/SEM/GRADE</th>
<th>CR HR</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Can take BIOS 1100 Lab with BIOS 1120 to fulfill Area V1</td>
<td>BIOS 1120 Principles of Biology</td>
<td>BIO 131</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>BIOS 1120 w/&quot;C&quot; or better</td>
<td>BIOS 2110 Human Anatomy</td>
<td>BIO 233</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>BIOS 2110 w/&quot;C&quot; or better</td>
<td>BIOS 2400 Human Physiology</td>
<td>BIO 234</td>
<td>4</td>
</tr>
</tbody>
</table>

**Total Credits (11)**

### REQUIRED PROFESSIONAL THEORY & CONTENT COURSES

1. **HPHE 1500** Foundations of Physical & Health Education (f)  
   - Teaching Assistantship  
   - Terms Completed
   - PE: __________ HE: __________

2. HPHE 1610 Skills & Instruction of Invasion Games (f)  
3. HPHE 1620 Skills & Instruction of Net/Wall Games (sp)  
4. HPHE 1630 Skills & Instruction of Target/Striking/Fielding Games (f)  
5. HPHE 1640 Skills & Instruction of Early Elementary & Rhythmic Movements (sp)  
6. HPHE 1650 Skills & Instruction of Fitness Activities (f)  
7. HPHE 2200 Basic Health Concepts I (sp)  
8. HPHE 2210 Basic Health Concepts II (sp)  
9. BIOS 1120  
10. HPHE 2400 Human Motor Development & Learning  
11. BIOS 2110 HPHE 2950 Functional Anatomy & Biomechanics  
12. BIOS 2110; BIOS 2400 HPHE 2980 Exercise Physiology  
13. HPHE 1500 HPHE 3150 Measurement/Evaluation/Stats  
14. Prof 2 HPHE 4500 Cultural Dynamics in HPHE  
15. HPHE 1500; 56+ credit hours

**Total Credits (40)**

### TO TAKE THE FOLLOWING YOU MUST BE ACCEPTED INTO THE UPPER PROFESSIONAL LEVEL

- 35 HOUR COMPLETED, BASIC SKILLS EXAMINATION (BSE) PASSED, BACKGROUND CHECK COMPLETED, MINIMUM 2.75 GPA, APPLICATION TO CEHD

1. HPHE 1500 w/ “C” or better  
2. HPHE 3460 Physical & Health Education Methods; Special Populations  
   - HPHE 3540 Human Sexuality Education  
3. HPHE 1500; 2400; 2950; 2980; 3150; 3460  
4. HPHE 4470 Physical & Health Education : Elementary Methods  
5. HPHE 4480 Physical & Health Education : Secondary Methods  
6. LS 3050 K-12 Content Literacy (will need advisor assistance for registration)  
7. All coursework completed; Take concurrently  
8. HPHE 4100 HPHE Intern Seminar: Health Education  
9. HPHE 4750 HPHE Intern Teaching: Health Education  
10. All coursework completed; Take concurrently  
11. HPHE 4100 HPHE Intern Seminar: Physical Education  
12. HPHE 4750 HPHE Intern Teaching: Physical Education

**Total Credits (42)**

◆ Must receive grade “C” or better