

PERSONAL OPTION PROGRAM (POP) CHOICES

| GEN ED | PRE-REQUISITES | APPROVED COURSES | CR HR | Equivalent |
|------------------------------|--|---|-------|-----------------|
| | BIOS 1600 | BIOS 1610 (1500) Molecular & Cellular Biology | 4 | BIO 152 |
| | BIOS 1600 | BIOS 1620 (1510) Ecology & Evolution | 4 | BIO 150 |
| | CHEM 1120; BIOS 1610 (1500) and BIOS 1620 (1510) | BIOS 2300 Cell Biology | 3 | |
| | CHEM 1120; BIOS 1610 (1500) and BIOS 1620 (1510) | BIOS 2500 Genetics | 3 | |
| | BIOS 2500; CHEM 3750 and CHEM 3760 | BIOS 3120 Microbiology | 5 | |
| | 56+ hrs; BIOS 2500, CHEM 3750/3760 or 3700/3710 | BIOS 3500 Human Physiology for Majors | 5 | |
| | 56+ hrs; 12 hrs in Biology | BIOS 5310 Biology of Aging | 3 | |
| Area III | | BLS 3050 Intro to Adults with Disabilities | 3 | |
| Area V | | BUS 1750 Business Enterprise | 3 | BBA 131 |
| | CHEM 1100/1110 | CHEM 1120/1130 Gen Chem II | 4 | CHEM 142 |
| | CHEM 3700/3710 or 3770/3780 | CHEM 3550/3560 Biochemistry | 4 | |
| | CHEM 1120/1130 | CHEM 3700/3710 OR 3750/3760 Organic Chemistry | 4 | CHEM 241 & 243 |
| | CHEM 3750/3760 | CHEM 3770/3780 Organic Chemistry II | 4 | CHEM 242 & 244 |
| | | COM 4840 Health Communication | 3 | |
| | | FCS 2660 Personal Nutrition (on-line and on campus) | 3 | HPE 253 |
| | | FIN 2420 Entrepreneurial Finance | 3 | |
| Area III | | GRN 1000 Introduction to Aging Studies | 3 | |
| | | HOL 4700 Relationship-Centered Skills | 3 | |
| | ***approved by coordinator or advisor | HOL 5300 level "topic" courses | | |
| | | HOL 5304 Yoga to Enhance Living | 1 | |
| | | HOL 5305 Mindfulness to Enhance Living | 1 | |
| | 88+ hrs | HOL 5310 Intro Holistic Health | 3 | |
| | | HOL 5321 Holistic Health Coaching | 3 | |
| | | HOL 5350 Holistic Approaches to Stress | 3 | |
| | | HOL 5360 Counseling Skills for Health Professions | 3 | |
| | | HOL 5520 Healing Through Movement | 3 | |
| | | HOL 5530 Holistic Strategies to Illness and End of Life | 3 | |
| | | HOL 5550 Successful Aging-Holistic Approaches | 3 | |
| | HPHE 3960 | HPHE 4690 Fitness Management | 3 | |
| | HPHE 2980 | *** HPHE 4800 Heart Disease Rehabilitation | 3 | |
| Area V | | HSV 2250 Growth, Development, and Aging | 3 | |
| | | HSV 3350 Pharmacology for Health Prof | 3 | |
| | | MDSC 2010 Medical Terminology (online) | 1 | AH 100 |
| | BIOS 2110 w/"B" or better | MDSC 4300 Cadaver Dissection Lab | 2 | |
| | sophomore standing, major/minor restrictions | MKTG 2500 Marketing Principles | 3 | BBA 252 |
| | BUS 1750, major/minor restrictions | MGMT 2500 Organizational Behavior | 3 | BBA 133 |
| Area VII | 42+ hrs; computer class "C" or better | NUR 3330 Informatics for Healthcare Professionals | 3 | |
| Area VI | | OT 2000/2010 Human Functional Anatomy | 4 | |
| | | OT 2020 Orientation to OT | 3 | |
| Area VII (PHIL) OR II (NURS) | 45+ hrs for NURS 3220 only | PHIL 3340 Biomedical Ethics OR NUR 3220 Health Care Ethics | 4/3 | |
| Area VII | | PHIL 3550 Philosophy of Science | 3 | |
| | PHYS 1130/1140 | PHYS 1150/1160 Gen Physics II | 5 | PHYS 121 or 132 |
| | PSY 1000 | PSY 2500 Abnormal Psychology | 3 | PSY 251 |
| Area V | | SOC 2000 Principles of Sociology | 3 | SOC 131 |
| | SOC 2000 | SOC 3730 Sociology of Health & Illness | 3 | |
| Prof 3 | MATH 1100 w/"C" or better or placement | STAT 3660 Introduction to Statistics | 4 | MATH 141 |