

College of Education and Human Development

**Physical and Health Education (K-12) 93 credits**

**Lake Michigan College Transfer Guide**

(122 Credit Hours Needed for Graduation; Does Not Require Minor)

GEN ED	PRE-REQUISITES	COURSES	TRAN/SEM/GRADE	CR HR
<b>REQUIRED COGNATES</b>				
Can take BIOS 1100 Lab with BIOS 1120 to fulfill Area VI		BIOS 1120 Principles of Biology	BIOL 101 or HONR 101	3
	BIOS 1120 w/"C" or better	BIOS 2110 Human Anatomy	BIOL 205	4
	BIOS 2110 w/"C" or better	BIOS 2400 Human Physiology	BIOL 206	4
				Total Credits (11)
<b>REQUIRED PROFESSIONAL THEORY &amp; CONTENT COURSES</b>				
		◆ HPHE 1500 Foundations of Physical & Health Education (f)	PHED 201	3
	HPHE 1500; All Cognates; Apply at HPHE Office	<b>Teaching Assistantship</b>	<b>Terms Completed</b> PE: _____ HE: _____	
		HPHE 1610 Skills & Instruction of Invasion Games (f)		3
		HPHE 1620 Skills & Instruction of Net/Wall Games (sp)		3
		HPHE 1630 Skills & Instruction of Target/Striking/Fielding Games (f)		3
		HPHE 1640 Skills & Instruction of Early Elementary & Rhythmic Movements (sp)		3
		HPHE 1650 Skills & Instruction of Fitness Activities (f)		3
		HPHE 2200 Basic Health Concepts I (sp)		3
		HPHE 2210 Basic Health Concepts II (sp)		4
	BIOS 1120	◆ HPHE 2400 Human Motor Development & Learning		3
	BIOS 2110	HPHE 2950 Functional Anatomy & Biomechanics		3
	BIOS 2110; BIOS 2400	HPHE 2980 Exercise Physiology		3
	HPHE 1500	HPHE 3150 Measurement/Evaluation/Stats		3
<b>Prof 2</b>	HPHE 1500; 56+ credit hours	HPHE 4500 Cultural Dynamics in HPHE		3
				Total Credits (40)
<b>TO TAKE THE FOLLOWING YOU MUST BE ACCEPTED INTO THE UPPER PROFESSIONAL LEVEL 35 HOUR COMPLETED, BASIC SKILLS EXAMINATION (BSE) PASSED, BACKGROUND CHECK COMPLETED, MINIMUM 2.75 GPA, APPLICATION TO CEHD</b>				
	HPHE 1500 w/ "C" or better	◆ HPHE 3460 Physical & Health Education Methods; Special Populations		3
		HPHE 3540 Human Sexuality Education		4
	HPHE 1500; 2400; 2950; 2980; 3150; 3460	◆ HPHE 4470 Physical & Health Education : Elementary Methods		4
	HPHE 4470	◆ HPHE 4480 Physical & Health Education : Secondary Methods		4
		◆ LS 3050 K-12 Content Literacy (will need advisor assistance for registration)		3
	All coursework completed; Take concurrently	◆ HPHE 4100 HPHE Intern Seminar: Health Education		2
		HPHE 4750 HPHE Intern Teaching: Health Education		10
	All coursework completed; Take concurrently	◆ HPHE 4100 HPHE Intern Seminar: Physical Education		2
		HPHE 4750 HPHE Intern Teaching: Physical Education		10
				Total Credits (42)

◆ Must receive grade "C" or better