



Department of Psychology Colloquium

Behavior Therapy for Tourette Syndrome

Dr. Doug Woods
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Professor and Department Head



4 p.m., Friday, April 17, 2015
Room 1728, Wood Hall

Tourette Syndrome is a neurological condition consisting of multiple motor and vocal tics that are presumably due to failed inhibition within cortical-striatal-cortical motor pathways. In recent years, there has been a growing recognition among psychiatry and neurology about the utility of behavior therapy procedures in managing the symptoms of Tourette Syndrome in children and adults. Recently, the National Institute of Mental Health funded a multi-site group of researchers working with the Tourette Syndrome Association to conduct two parallel randomized clinical trials investigating the efficacy of these procedures in adults and children with TS. The procedures being tested in the study combine elements of habit reversal training with psychoeducation and function-based behavioral interventions, yielding a *Comprehensive Behavioral Intervention for Tics (CBIT)*. In the current talk, Dr. Woods will describe CBIT as used in the treatment of children and adults with Tourette Syndrome. Participants will learn about the underlying theory for behavioral intervention as well as the data supporting the model and the efficacy of the treatment.