Behavior Therapy for Tic Disorders
Workshop with Dr. Doug Woods
9:30 - 4 p.m. Saturday, April 18, 2015
Bernhard Center, Room 105-107

Tourette Syndrome is a neurological condition consisting of multiple motor and vocal tics that are presumably due to failed inhibition within cortical-striatial-cortical motor pathways. In recent years, there has been a growing recognition among psychiatry and neurology about the utility of behavior therapy procedures in managing the symptoms of Tourette Syndrome in children and adults.

Recently, the National Institute of Mental Health funded a multi-site group of researchers working with the Tourette Syndrome Association to conduct two parallel randomized clinical trials investigating the efficacy of these procedures in adults and children with TS. The procedures being tested in the study combine elements of habit reversal training with psychoeducation and function-based behavioral interventions, yielding a Comprehensive Behavioral Intervention for Tics (CBIT). Unfortunately, very few clinicians have been trained in evidence-based treatments for Tourette Syndrome and tic disorders, and in most U.S. cities there are no behavior therapists who provide this treatment. In the current workshop, the presenter will describe CBIT and other relevant interventions used in the treatment of children and adults with Tourette Syndrome.

In addition to learning the general therapeutic techniques, attendees will learn to appreciate the diagnostic complexities associated with tic disorders, and will learn about the underlying theory for behavioral intervention, the data supporting the model, and data on the efficacy of the treatment. Various instructional technologies will be employed including didactic instructions, videotaped samples of actual treatment, and role-play demonstrations.

To Register: If you're a current graduate student or a faculty member, please scan the code below to register for the event, as space is limited.

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