A contextual behavioral model of modern racism in the psychotherapy relationship and how to overcome it.

Jonathan Kanter, Ph.D.
University of Washington

Dr. Kanter received his doctorate in clinical psychology from the University of Washington in 2002. Shortly afterwards he became a faculty member at the University of Wisconsin-Milwaukee, where he conducted research on Behavioral Activation (BA) and Functional Analytic Psychotherapy (FAP), with specific emphasis on working with minority and disenfranchised groups, working cross-culturally, and developing the most effective training methods. In 2013, Dr. Kanter came to the University of Washington under the FAP Term Professorship to establish and direct the Center for the Science of Social Connection (CSSC). As Director, he aims to gain a better understanding of human closeness and social connection that integrates disciplines, including evolution science, neuroscience, anthropology and psychology, within a behavioral science foundation. The model that serves as the basis for this effort is based on the principles of Functional Analytic Psychotherapy (FAP) and addresses established research documenting the role of social connection as a mediator of outcomes across broad and significant domains of human functioning and health.

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Understanding race-based stress and trauma within a cognitive-behavioral framework.

Monnica Williams, Ph.D.
University of Louisville

Monnica Williams, Ph.D. is licensed clinical psychologist, Director of the Center for Mental Health Disparities, and an Associate Professor in the Department of Psychological and Brain Sciences at the University of Louisville. She is also the Clinical Director of the Behavioral Wellness Counseling Clinic, LLC, in Louisville, Kentucky. She received her Master's and Doctoral Degrees in clinical psychology from the University of Virginia, where she conducted research in the areas of mental illness, tests and measurement, and ethnic differences. She completed her clinical internship at McGill University Health Centre, Montreal General Hospital Site, where she completed rotations in mood disorders, sexual disorders, and emergency psychiatric medicine. Prior to her move to Louisville, Dr. Williams was an Assistant Professor at the University of Pennsylvania School of Medicine in the Department of Psychiatry. Dr. Williams is an authority on sexual orientation-themed OCD (called SO-OCD or HOCD). She has published over 60 peer-reviewed articles, book chapters, and scientific reports, with a focus on anxiety-related disorders and cultural differences, including articles about OCD best practices.

Friday, March 18, 2016
1710 Chem Building
1 p.m.

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