Western Michigan University


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Health Promotion and Education

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I. Introduction/Overview

The FY2016/2017 – FY2017/2018 Biennial Review was created for the fulfillment of the Drug-Free Schools and Campuses Regulation that requires institutions of higher education to conduct a biennial review of their Alcohol and Other Drug (AOD) programs and policies (EDGAR Part 86.100).

It is the goal of the Office of Health Promotion and Education in the Division of Student Affairs to produce a Biennial Review that would be used to document the progress made by Western Michigan University and also provide insight into how WMU’s AOD programs, policies, and practices could be improved. The WMU Biennial Review meets two objectives:

1. Outlines the current AOD programs, interventions, and policies at WMU and examines their effectiveness.
2. Demonstrates WMU’s compliance with DFSCA Biennial Review contents and process.

The Biennial Review will be housed in the Office of Health Promotion and Education and will continue to be a process led by the office. A copy of the Biennial Review can be found at http://www.wmich.edu/studentaffairs. Primary individuals involved in the process are listed below.

**Individuals Involved in this Review:**

Alecia Chenault, Assistant Director of Health Promotion and Education

Cari Robertson, Director of Health Promotion and Education

Gayle Ruggiero, Interim Medical Director of Sindecuse Health Center

Diane Anderson, Vice President for Student Affairs

Suzie Nagel-Bennett, Associate Vice President for Student Affairs and Dean of Students

Nicole Millar Allbee, Director of Student Conduct

Jeremy Ynclan, Assistant Director of Residence Life

Matt Page, Sergeant, WMU Department of Public Safety

Nicole Allen, Alcohol and Other Drugs Risk Reduction Coordinator

Angelina Degasperis, Alcohol and Other Drugs Risk Reduction Coordinator
The Biennial Review was created by collecting data from appropriate offices and individuals across the university and through collaboration between the individuals listed. One can request access of the Biennial Review by contacting Health Promotion and Education at (269) 387-3263.

Biennial Review reports will be kept for 10 years.
II. Annual Policy Notification

A. Primary Method Utilized to Distribute Policy to All Students

**In Person:** Students initial a document that indicates they understand they are responsible for the policy information in the Community Living Expectations and Student Code. A summarized version the Community Living Expectations (CLE) is distributed to every student living on campus in the residence halls and apartments. In a summarized version, the website where students can find the full policy booklet and the Student Code is listed and identified multiple times. Additionally, when students come in for conduct hearings, the website with the Student Code and CLE is referenced often; students are encouraged and sometimes mandated to review the code.

**Email:** Many portions of the Student Code are noted in the Clery required Annual Security and Fire Safety Report (ASR); every member of the University community receives an email the last week in September announcing the availability of the ASR.

**Online:**


B. Primary Method Utilized to Distribute Policy to All Employees

**In Person:** All new employees are encouraged to attend a new hire orientation. At that orientation employees are told where to find the Employee Handbook and must sign and submit a form stating they have read and reviewed the Employee Handbook.

Within the first 30 days of hire, employees must complete several online training modules focused on harassment, sexual misconduct, and Title IX.

**Email:** Many portions of the policies are noted in the required Annual Security and Fire Safety Report; every member of the University community receives an email the last week in September announcing the availability of the ASR.

**Online:**
http://www.wmich.edu/hr/policies/handbook
III. AOD Policy, Enforcement & Compliance Inventory & Related Outcomes and Data

In March 2018, WMU established a new policy development and approval process. Existing policies began transitioning to this new system. Most of the policies listed below have not been through the new review and approval process yet, but were in effect in this form during the years of this biennial review.

**Alcohol on Campus Policy**  
https://wmich.edu/policies/alcohol

**WMU Federal Drug Free Campus Policy**  
https://wmich.edu/sites/default/files/attachments/u185/2013/DrugReport_0.pdf

**Student Code of Conduct**  
https://wmich.edu/conduct/expectations-students

**Drug Free Schools**  
https://wmich.edu/studentaffairs/drug-free

**Drug Free University**  
https://wmich.edu/hr/handbook-conduct

**Drug and Alcohol Possession**  

**WMU Tailgating Policy**  
https://www.wmich.edu/tailgate

**WMU Tobacco Free Campus**  
https://wmich.edu/tobaccofree

**Amnesty/Responsible Action**  
https://wmich.edu/sites/default/files/attachments/u38/2015/Interim%20Title%20IX%20Policy%20FINAL.pdf

**Michigan Medical Amnesty Law**  
http://www.legislature.mi.gov/(S(tiugxttvd0gp5f2hdph4daao))/mileg.aspx?page=getObject&objcetName=mcl-436-1703
University Housing Substance Abuse Policy
https://wmich.edu/housing/info/policies

Athletic Department Alcohol and Other Drug Use Policy
https://wmich.edu/sites/default/files/attachments/u97/2015/policy-procedure.pdf

Athletic Department Drug Testing Policy
https://wmich.edu/sites/default/files/attachments/u97/2015/policy-procedure.pdf

Student Organization Alcohol and Other Drug Policies

Alcoholic Beverages Sales and Serving

Alcoholic Beverage Payments from University Accounts
https://wmich.edu/sites/default/files/attachments/u247/2013/acctg_newsletter_20130912.pdf

EAP Utilization for Alcohol
https://wmich.edu/hr/resources/eap/

Financial Aid Drug Convictions Policy
http://wmich.edu/finaid/pdf/non-year/DRUG-CONVICTION-VERIFICATION.pdf

Sexual Assault and Other Violence Policies
https://wmich.edu/sites/default/files/attachments/u38/2015/Interim%20Title%20IX%20Policy%20FINAL.pdf

Alcohol/Drug Use in Common Areas Policies
https://wmich.edu/policies/event-space
IV. AOD Prevalence Rate, Incidence Rates, Needs Assessment, and Trend Data
   A. Drug and alcohol-related incidents and fatalities that occur on campus
      Please see items listed below Section B.
   B. Drug and alcohol-related incidents and fatalities that are reported to campus officials
      The Clery Annual Security Report for the calendar years of 2015, 2016, and 2017 can be found at:


      The 2018 ASR will be published by Oct. 1, 2019.

      A copy of the ASR is available upon request from the Department of Public Safety.

      Western Michigan University
      Department of Public Safety
      511 Monroe Street
      Kalamazoo, MI 49006 USA
      (269) 387-5555

      National College Health Assessment Executive Summary
      A full executive summary of the WMU American College Health Association-National College Health Assessment II Spring 2017 can be requested by contacting:

      Western Michigan University
      Office of Health Promotion and Education
      Kalamazoo, MI 49008-5445
      (269) 387-3263

      Everfi AlcoholEdu Report, Fall 2016/Fall 2017

      A full summary of the AlcoholEdu report of Fall 2016 and Fall 2017 for first-year student alcohol use can be requested by contacting:

      Western Michigan University
      Office of Health Promotion and Education
      Kalamazoo, MI 49008-5445
      (269) 387-3263
V. AOD Program Goals and Mission

The mission of the Office of Health Promotion and Education is to create a culture of wellbeing and social justice to enhance the success of all members of the campus community.

The goal of our alcohol and other drugs risk reduction program is to provide comprehensive programming and resources for the prevention and reduction of alcohol and drug related harms. We do this by utilizing evidence-based approaches that focus on intrapersonal, interpersonal, institutional, environmental strategies.

Alcohol and other drug education is a priority in the 2020 Student Affairs Strategic Plan, specifically in Goal Three:

Encourage healthy, ethical, and responsible behavior

- Objective 3A: Students develop health and wellness knowledge, awareness and associated behaviors.
- Strategy 3A: Continue implementation of priorities as outlined in Healthy Campus 2020: Mental health, alcohol and other drugs, and violence prevention.
  - Healthy Campus 2020 can be accessed at the following link:
    - http://www.wmich.edu/healthycampus
VI. AOD Programs, Intervention, and Related Process Elements

A. Programs/Intervention Descriptions, Objectives, and Goals

Sindecuse Health Center (which encompasses Counseling Services and the Office of Health Promotion and Education), Student Conduct, Department of Public Safety, First Year Experience, Intercollegiate Athletics, Behavioral Health Services, Student Activities and Leadership Programs, Residence Life, and Family Engagement all offer programs/services related to alcohol and other drug related risk prevention and intervention. Programs and interventions are outlined below organized by the National Institute on Alcohol Abuse and Alcoholism (NIAAA) Tiers of Effectiveness.

Explanation of the Tiers of Effectiveness can be found in Appendix I. Explanation of Prevention Levels can be found in Appendix II.

NIAAA Tiers of Effectiveness

NIAAA Tier 1 Strategies:

First Year Seminar Alcohol Risk Reduction Training:
- Presentation that focuses on educating students on standard drink measurement, BAC levels, risk reduction behaviors, correcting misperceptions through small group social norming, and resources.
- Offered by Health Promotion and Education
- Offered in the Fall Semester
- Offered to all First Year incoming students
- Prevention Level: Selective

Resident Assistant Training:
- Training that focuses on understanding the role of alcohol and other drugs in the lives of WMU students and its impact on community-building efforts, current perceptions of WMU student use of alcohol and marijuana, how to use WMU alcohol and drug data for hall programming, bulletin boards, and addressing student issues or intervening in a time of high risk drinking, and services that are available for residents and student staff.
- Offered by Health Promotion and Education
- Offered in August during Residence Life training
- Offered to all returning and new Resident Assistants
- Prevention Level: Selective

International Student Training:
- Presentation that focuses on understanding American drinking culture, harm reduction, refusal skills, and resources.
The Real Buzz:
- Theatre for Community Health performance that covers the challenges students face while navigating the party culture. The Real Buzz takes a look at the typical characters that may be found at parties and questions extreme behavior that sometimes seems idealized in the media.

Risky Business:
- Theatre for Community Health performance that addresses the high risk drinking that can take place on a college campus. The performance aims to correct misperceptions about college drinking culture and provides students with examples of safe and responsible drinking. The performance also discusses consent, suicide prevention and other health and wellness topics, taking a comprehensive approach to health education and student support.

Western H.E.R.O.E.S:
- Bystander intervention program that discusses the risks of high risk drinking and other harmful or damaging behaviors. Supplies students with the knowledge and skills to intervene the next time they see something taking place that could be potentially harmful.
Alcohol and Other Drug Education Programs by request:
- Programs are offered by request to any student group or class who would like information on safe/responsible drinking, bystander intervention, and resources.
- Offered by Health Promotion and Education
- Offered all year
- Offered to all students
- Prevention Level: Universal/Selective (depending on group requesting)

AlcoholEDU:
- Online education program that addresses a student’s drinking behaviors, protective behaviors and risk reduction, bystander intervention, policy, and normative data.
- Offered by EverFi, First Year Experience, and the Office of Health Promotion and Education
- Offered in August and 6 weeks as a follow up
- Offered to all First Year Students
- Prevention Level: Selective

AlcoholEDU for Sanctions:
- Online educational program that focuses on consequences of high risk drinking, a student’s own drinking habits, how to make healthier decisions, and policy.
- Offered by Everfi and Health Promotion and Education
- Offered all year
- Offered to students who violate the WMU alcohol policy
- Prevention Level: Indicated

eCHECKUP TO GO for Sanctions:
- Online educational program that focuses on consequences of marijuana and other illegal drug use, a student’s own drug habits, how to make healthier decisions, and policy.
- Offered by Health Promotion and Education
- Offered all year
- Offered to students who violate the WMU drug policy
- Prevention Level: Indicated

Individual Intervention-Sanction Process:
- Individual meeting with a student who has violated the alcohol or other drug policy.
  Session focuses on student drinking and drug use behavior, alcohol or other drug related consequences, risk reduction strategies, potential for dependency, goal attainment, alternatives to drinking and drug use, and support resources.
- Offered by Health Promotion and Education
• Offered all year
• Offered to students who violate the WMU alcohol and/or drug policies
• Prevention Level: Indicated

Group Motivational Enhancement Intervention-Sanction Process:
• Session focuses on small group social norming approach and discussion of student alcohol and drug use based on a year timeline follow-back report, impact the students’ drinking and/or drug use has on the community, risk reduction, and policy. The session utilizes motivational interviewing to help elicit change.
• Offered by Health Promotion and Education
• Offered all year
• Offered to students who violate the WMU alcohol and/or drug policy
• Prevention Level: Indicated

21st Birthday Program
• Alcohol risk reduction program designed to help students turning 21 celebrate their birthday responsibly, whether they choose to drink or not. Students receive free items including local restaurant coupons, Dining Services coupon, information on how to safely consume alcohol and the signs of alcohol poisoning, and emergency numbers.
• Offered by Health Promotion and Education
• Offered all year
• Offered to students who turn age 21
• Prevention Level: Selective

Counseling Services:
• Short-term individual, couples, and group counseling for the entire student population. The counseling process helps students learn skills to cope with problems and develop new ways of thinking, which may lead to a healthier and more fulfilling lifestyle.
• Offered by Counseling Services
• Offered all year
• Offered to all students
• Prevention Level: Indicated

Behavioral Health Services:
• Behavioral Health Services, formerly University Substance Abuse Clinic, at Western Michigan University is a licensed and accredited outpatient substance use and behavioral health disorder treatment provider in Michigan. Substance use disorder and other behavioral health treatment services are provided by therapists licensed and credentialed
in the state of Michigan who have extensive training in the delivery of assessment, individual, group and family treatment services.

- Offered by Unified Clinics
- Offered all year
- Offered to all students
- Prevention Level: Indicated

Clinical Services:
- Certified and licensed health professionals assess alcohol and substance use on all initial visits to the health center, during physical exam appointments and pharmacy visits, and designated visits involving mental health or injuries. Health intervention and prevention regarding alcohol and drug use involves education, treatment guidance and planning, and discussions centered on healthy coping skills.
- Offered by Sindecuse Health Center
- Offered all year
- Offered to all students
- Prevention Level: Selective

NIAAA Tier 2 Strategies:

Policy Enforcement

- Enforcement, education, and awareness of the policies in place for students. A variety of sanctions for alcohol and other drug violations that utilize, but are not limited to, educational components, fines, probation, parent notification, and reflection pieces.
- Residence Life: Students are not allowed to possess or consume alcohol, unless they are 21 years of age or older, in Residence Halls. In addition, they are not allowed to have empty alcohol containers as decorations if they are under 21 years old. Those who are of age may not have alcohol out in public areas. Marijuana is prohibited on all campus property. Students found in possession of Marijuana or paraphernalia will be subject to the Student Code of Conduct and sanctions.
- Offered by Residence Life and Student Conduct
- Offered all year
- Offered to all students
- Prevention Level: Indicated and Universal

Healthy Campus 2020 Substance Abuse Action team

- Collaboration among key individuals at WMU to discuss Alcohol and Other Drugs Risk Reduction on a broad scale to include the community and surrounding areas; serving students, faculty, staff, and community members.
Offered by Health Promotion and Education and Student Affairs
Offered all year
Offered to key stakeholders
Prevention Level: Universal

**NIAAA Tier 3 Strategies:**

**Social Norming Campaigns:**
- Social norming campaign that utilizes data collected from WMU ACHA-NCHA survey. Purpose of the campaign is to normalize healthy behaviors regarding alcohol and other drug use. Campaign utilizes descriptive and injunctive norms data.
- Offered by Health Promotion and Education
- Offered all year
- Offered to all students
- Prevention Level: Universal

**Bronco Bash:**
- Campus Resource Fair that offers tables to offices and organizations on campus and the surrounding community. Sindecuse Health Center tabling offers resources and education regarding alcohol and drug use and uses the space to facilitate a short quiz for students testing their knowledge of policies, protective behaviors, and resources.
- Offered by Office of Student Engagement and Sindecuse Health Center
- Offered during Fall Welcome
- Offered to all students
- Prevention Level: Universal

**Drive Safe Kalamazoo**:  
- Drive Safe Kalamazoo (DSK) is a student-run organization at Western Michigan University. DSK provides safe, non-judgmental and confidential rides home to Western Michigan University students on Thursday, Friday, and Saturday nights in the Kalamazoo community. Since the formation of this program in September 2003, DSK has provided over 80,000 rides home to students who otherwise might have drove while intoxicated or ended up in other types of unsafe situations.
- Offered by Drive Safe Kalamazoo/Office of Student Engagement
- Offered all year
- Offered to all students
- Prevention Level: Universal

*DSK discontinued as of Spring 2018*
Parent and Family Information Sessions:
- Informational sessions are offered to parents of incoming students during move in weekend. Health Promotion and Education provides a session that discusses resources that their students can access in regards to alcohol and other drugs.
- Offered by Parent and Family Programs
- Offered during First-Year Student Orientation and Fall Welcome
- Offered to all parents and family of incoming students
- Prevention Level: Selective

Parent and Family Newsletter:
- Electronic newsletter is distributed as an opt-in service. Topics of alcohol and other drug prevention are included during key times of the year.
- Offered by Parent and Family Programs
- Offered all year
- Offered to parents and family of all students
- Prevention Level: Universal

Miller Movies:
- Late night movie premiers offered on Thursdays starting at 9:00 p.m. to encourage an alcohol-free alternative during a higher risk drinking time.
- Offered by the Office of Student Engagement
- Offered during the academic year
- Offered to all students
- Prevention Level: Universal

Resident Assistant Bulletin Board Kits:
- Alcohol and other drug risk reduction program designed to provide resident assistants with comprehensive, accurate, and up to date information on alcohol and other drugs by way of informational pre-made bulletin boards. Bulletin boards are available by request via email.
- Offered by Health Promotion and Education
- Offered all year
- Offered to Residence Life Staff
- Prevention Level: Selective
VII. AOD Outcomes/Data

WMU American College Health Association-National College Health Assessment Executive Summary

A full executive summary of the WMU ACHA-NCHA II Spring 2017 can be requested by contacting:
Western Michigan University
Office of Health Promotion and Education
Kalamazoo, MI 49008-5445
(269) 387-3263

Everfi AlcoholEdu Report, Fall 2016 and Fall 2017

A full summary of the AlcoholEdu reports for First Year Student alcohol use can be requested by contacting:

Western Michigan University
Office of Health Promotion and Education
Kalamazoo, MI 49008-5445
(269) 387-3263

Health Promotion and Education Program Statistics
Full reports of the number of students reached with AOD programming and education during 2016-17 and 2017-18 can be requested by contacting:

Western Michigan University
Office of Health Promotion and Education
Kalamazoo, MI 49008-5445
(269) 387-3287

WMU Healthy Campus 2020 Summary
A summary of the progress with Healthy Campus 2020 Action Plans can be requested by contacting:

Western Michigan University
Office of Health Promotion and Education
Kalamazoo, MI 49008-5445
(269) 387-3263
VIII. Recommendations for Revising AOD Programs/Interventions

During the next Biennium, Western Michigan University will work towards:

- Updating First Year Seminar Alcohol Risk Reduction Presentation to include information about marijuana risk reduction and policy.
- Updating AOD presentations with marijuana information.
- Monitoring needs for program/service changes regarding potential marijuana legislation changes.
- Continuing to reach more undergraduate students beyond the first year with alcohol and other drug education. Specific groups targeted will be student-athletes, fraternity and sorority members, international students, and student leaders.
- Accomplishing the goals laid out in BeHealthyWMU the initiative of Healthy Campus 2020. Substance use action plan can be found in Appendix III.
- Examining the need for more late night programming as an alternative to drinking during weekends when drinking rates have historically been higher.
- Continuing to assess and improve the AOD educational sanction program.
- Reviewing and revising AOD policies vs. guidelines given the new policy on policies effective March 2018.
IX. Conclusion

Western Michigan University continues to make progress in the prevention of alcohol and other drug related harms. The Office of Health Promotion and Education takes a comprehensive approach to education that is rooted in research and best practices. Paired with prevention, WMU offers intervention and treatment services that are available to all students. Areas for expansion are outlined in section VIII.
X. Appendices

I. NIAAA Tiers of Effectiveness

Tier 1:
Evidence of effectiveness among individual college students. Strategies in this tier have been shown to be effective among alcohol-dependent drinkers, and students whose drinking patterns place them at an increased risk for developing alcohol problems.

Strong evidence supports the effectiveness of these strategies:

- Simultaneously addressing alcohol-related attitudes and behaviors (e.g., refuting false beliefs about alcohol’s effects while teaching students how to cope with stress without resorting to alcohol).
- Using survey data to counter student’s misperceptions about their fellow students’ drinking practices and attitudes toward excessive drinking.
- Increasing students’ motivation to change their drinking habits. For example, providing nonjudgmental advice and evaluations of the students’ progress.

Tier 2:
Strategies effective among the general population that could be applied to college environments. Strategies in this tier have proven successful in populations similar to those found on college campuses.

Strategies include:

- Increasing enforcement of minimum legal drinking age laws.
- Implementing, enforcing, and publicizing other laws to reduce alcohol-impaired driving, such as zero-tolerance laws that reduce the legal blood alcohol concentration for underage drivers to near zero.
- Increasing the prices or taxes on alcoholic beverages.
- Instituting policies and training for servers of alcoholic beverages to prevent sales to underage or intoxicated patrons.

Tier 3:
Promising strategies that require research. Strategies in this tier make sense intuitively or show theoretical promise, but more comprehensive evaluation is needed to test their usefulness in reducing the consequences of student drinking.

Strategies requiring more research include:

- More consistent enforcement of campus alcohol regulations and increasing the severity of penalties for violating them.
- Regulating happy hours.
- Enhancing awareness of personal liability for alcohol-related harm to others.
- Establishing alcohol free dormitories.
- Restricting or eliminating alcohol-industry sponsorship of student events while promoting alcohol-free student activities.
- Conducting social norms campaigns to correct exaggerated estimates of the overall level of drinking among the student body.

### 3-in-1 Framework

<table>
<thead>
<tr>
<th>Tier</th>
<th>Strategy</th>
<th>Level of Operation</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Individuals, including At-Risk and Dependent Drinkers</td>
</tr>
<tr>
<td>1: Effective among college students</td>
<td>Combining cognitive-behavioral skills with norms clarification and motivational enhancement intervention</td>
<td>Yes</td>
</tr>
<tr>
<td></td>
<td>Offering brief motivational enhancement interventions in student health centers and emergency rooms</td>
<td>Yes</td>
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<tr>
<td></td>
<td>Challenging alcohol expectancies</td>
<td>Yes</td>
</tr>
<tr>
<td>2: Effective with general populations</td>
<td>Increased enforcement of minimum drinking age laws</td>
<td>No</td>
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<tr>
<td></td>
<td>Implementation, increased publicity and enforcement of other laws to reduce alcohol-impaired driving</td>
<td>No</td>
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<tr>
<td></td>
<td>Restrictions on alcohol retail density</td>
<td>No</td>
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<tr>
<td></td>
<td>Increased price and excise taxes on alcoholic beverages</td>
<td>No</td>
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<tr>
<td></td>
<td>Responsible beverage service policies in social and commercial settings</td>
<td>No</td>
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<tr>
<td></td>
<td>The formation of a campus/community coalition</td>
<td>No</td>
</tr>
<tr>
<td>3: Promising</td>
<td>Adopting campus-based policies to reduce high-risk use (e.g., reinstating Friday classes, eliminating keg parties, establishing alcohol-free activities and dorms)</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Increasing enforcement at campus-based events that promote excessive drinking</td>
<td>No</td>
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<tr>
<td></td>
<td>Increasing publicity about enforcement of underage drinking laws/eliminating &quot;mixed&quot; messages</td>
<td>No</td>
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<tr>
<td></td>
<td>Consistently enforcing disciplinary actions associated with policy violations</td>
<td>No</td>
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<tr>
<td></td>
<td>Conducting marketing campaigns to correct student misperceptions about alcohol use on campus</td>
<td>No</td>
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<tr>
<td></td>
<td>Provision of “safe rides” programs</td>
<td>No</td>
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<tr>
<td></td>
<td>Regulation of happy hours and sales</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Enhancing awareness of personal liability</td>
<td>Yes</td>
</tr>
<tr>
<td></td>
<td>Informing new students and parents about alcohol policies and penalties</td>
<td>Yes</td>
</tr>
<tr>
<td>4: Ineffective</td>
<td>Informational, knowledge-based or values clarification interventions when used alone</td>
<td>N/A</td>
</tr>
</tbody>
</table>

II. Addressing Alcohol Misuse and Prevention: Key strategies for institutional leadership:
- Prevention Levels - Selective, Indicated, and Universal

III. Specific goals, objectives and target measures from the substance abuse action plan for the WMU Healthy Campus 2020 Initiative:
Goal: Reduce unhealthy substance use among WMU students
- Objectives
  - Increase protective behaviors
  - Reduce high risk behaviors
- Measures (WMU, NCHA)
  - Increase the proportion of students who indicate receiving information on alcohol and other drug use from their institution from 61 percent (2011) to 68 percent (2020)
  - Increase the proportion of students who indicate pacing drinks to one or fewer an hour most of the time or always during the last 12 months from 28 percent (2011) to 40 percent (2020)
  - Reduce the proportion of students who indicate engaging in high-risk drinking of alcoholic beverages within the last two weeks from 43 percent (2011) to 33 percent (2020)
  - Reduce the proportion of students who indicate nonmedical use of prescription drugs within the last 12 months from 21 percent (2011) to 18 percent (2020)
  - Reduce the proportion of students who indicate driving after consuming any alcohol within the last 30 days from 25 percent (2011) to 22 percent (2020)
  - Reduce the proportion of students who indicate driving in an impaired state (measure in development).