



Drug-Free Schools and Communities Act Biennial Review

FY2020-2021 and FY2021-2022

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Health Promotion and Education

Completed: 9/08/2023

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## I. Introduction/Overview

The FY2020-21 – FY2020-22 Biennial Review was created for the fulfillment of the Drug-Free Schools and Campuses Regulation that requires institutions of higher education to conduct a biennial review of their Alcohol and Other Drug (AOD) programs and policies (EDGAR Part 86.100).

It is the goal of the Office of Health Promotion and Education in the Division of Student Affairs to produce a Biennial Review that would be used to document the progress made by Western Michigan University and also provide insight into how WMU's AOD programs, policies, and practices could be improved. The WMU Biennial Review meets two objectives:

1. Outlines the current AOD programs, interventions, and policies at WMU and examines their effectiveness.
2. Demonstrates WMU's compliance with DFSCA Biennial Review contents and process.

The Biennial Review will be housed in the Office of Health Promotion and Education and will continue to be a process led by the office. A copy of the Biennial Review can be found at <http://www.wmich.edu/studentaffairs/drug-free>. Primary individuals involved in the process are listed below.

### A. Individuals Involved in this Review:

Sabbi Merz, Assistant Director, Health Promotion and Education

Cari Robertson, Director, Health Promotion and Education

Dr. Diane Anderson, Vice President for Student Affairs

Dr. Reetha Raveendran, Associate Vice President for Student Affairs and Dean of Students

Dr. Gayle Ruggiero, Medical Director, Sindecuse Health Center

Dr. Sarah Meiser, Associate Dean of Students and Director, Student Rights and Responsibilities (Previously Office of Student Conduct)

Jeremy Ynclan, Assistant Director, Housing and Residence Life

Victoria Hastings, Sergeant, Department of Public Safety

Courtney Perkins, Alcohol and Other Drugs Education Coordinator, Health Promotion and Education

Brian Bauer, Associate Athletic Director, and Director of Medical Services, Intercollegiate Athletics

Gretta Clay, Director, HR Services, Human Resources

The Biennial Review was created by collecting data from appropriate offices and individuals across the university and through collaboration between the individuals listed. One can request access to the Biennial Review by contacting Health Promotion and Education at (269) 387-3263.

Biennial Review reports will be kept for 10 years.

## II. Annual Policy Notification

### A. Primary Method Utilized to Distribute Policy to All Students

**In Person:** During move-in, students receive a link to the full Community Living Expectations (CLE) online and an explanation that these are their policies. They initial a document stating that they will read it and understand that they are responsible for the policies in the CLE. Housing student staff cover essential policies, including alcohol and other drugs, at their first floor meeting with their residents.

Student Rights and Responsibilities (SRR; Previously Office of Student Conduct) staff go to every new student, transfer and contemporary learner orientation, and international orientation to discuss the Student Code, CLE, specific policies, and the process to make sure all incoming students are aware of the expectations that exist. SRR is also available by request to all First Year Experience seminar classes for a presentation on the Student Code.

Additionally, when students participate in conduct hearings, the website with the Student Code and CLE is referenced often; students are encouraged and sometimes mandated to review the code.

**Email:** Many portions of the Student Code are noted in the Clery required Annual Security and Fire Safety Report (ASR); every member of the University community receives an email announcing the availability of the ASR no later than October 1<sup>st</sup>.

**Online:** Policies are available online at the links below. In addition, WMU encourages students to complete the online module AlcoholEDU for College from Vector Solutions, (Previously Everfi, 2020-2022). WMU embeds the alcohol and drug policy section from the Student Code and CLE into this online module and students check a box indicating that they have reviewed it.

Annual Security and Fire Safety Report - <https://wmudps.wmich.edu/campus-safety.php>

WMU Student Code of Conduct - <https://wmich.edu/conduct/code>

WMU Housing and Residence Life Policies - <https://wmich.edu/housing/info/policies>

### B. Primary Method Utilized to Distribute Policy to All Employees

**In Person:** All new staff hires are encouraged to attend a New Employee Orientation (NEO). At that orientation, employees are told where to find the Employee Handbook online which includes access to policies about employee conduct and disciplinary action, including consumption and possession of alcohol and drugs. At NEO, new employees are given an Employee Handbook Acknowledgement form to sign, acknowledging they have reviewed the Employee Handbook information.

**Email:** Many portions of the Policy are noted in the required Annual Security and Fire Safety Report (ASR); every member of the University community receives an email announcing the availability of the ASR no later than October 1<sup>st</sup>.

**Online:** All employees are assigned an online training module, focused on harassment, sexual misconduct, and Title IX. The online module also links to the Policy that addresses employee conduct and disciplinary action regarding alcohol and drugs.

WMU Employee Handbook - <http://www.wmich.edu/hr/policies/handbook>

WMU Sexual Misconduct Policy - <https://wmich.edu/sexualmisconduct>

### III. AOD Policy, Enforcement and Compliance Inventory

Below is a list of policies that reference alcohol and other drugs. Many campus policies not listed here do refer to the Alcohol on Campus policy and Student Code of Conduct. All university policies can be found at <https://wmich.edu/policies>.

Alcoholic Beverage Payments from University Accounts - [https://wmich.edu/sites/default/files/attachments/u247/2013/acctg\\_newsletter\\_20130912.pdf](https://wmich.edu/sites/default/files/attachments/u247/2013/acctg_newsletter_20130912.pdf)

Alcohol on Campus - <https://wmich.edu/policies/alcohol>

Athletic Department: Student-Athlete Handbook - <https://wmubroncos.com/documents/2019/2/5/doc00012520190205170123.pdf>

Drug-Free Schools and Campuses - <https://wmich.edu/studentaffairs/drug-free>

Drug-Free Workplace - <https://wmich.edu/hr/handbook-conduct>

Employee Assistance Program - <https://wmich.edu/hr/resources/eap/>

Financial Aid Drug Convictions Policy - <https://wmich.edu/finaid/pdf/non-year/drug.conviction.ver.DRGHLD.pdf>

Michigan Medical Amnesty Law - [www.legislature.mi.gov/documents/2015-2016/publicact/pdf/2016-PA-0307.pdf](http://www.legislature.mi.gov/documents/2015-2016/publicact/pdf/2016-PA-0307.pdf)

Public Events Policy - <https://wmich.edu/policies/event-space>

Sexual and Gender-Based Misconduct Policy - <https://wmich.edu/policies/sexual-misconduct>

Student Code – Expectations of Students <https://wmich.edu/conduct/expectations-students>

Student Code – Full Policy <https://wmich.edu/conduct/code>

Tailgating Policy - <https://wmubroncos.com/news/2022/9/1/tailgate.aspx>

Tobacco-Free Campus - <https://wmich.edu/tobaccofree>

University Housing and Residence Life Policies - <https://wmich.edu/housing/info/policies>

### IV. AOD Prevalence Rate, Incidence Rates, Needs Assessment, and Trend Data

A. Drug and alcohol-related incidents that are reported to campus officials  
WMU Department of Public Safety receives reports for incidents involving WMU students. Kalamazoo County Law Enforcement may share information with DPS about off-campus incidents. On-campus incidents involving alcohol and other drugs that are also Clery-related will be included in the Clery Annual Security Report (ASR).

The Clery Annual Security Report (ASR) for the calendar years of 2019, 2020, and 2021 can be accessed online or by contacting the Department of Public Safety (see Appendix A): <https://wmudps.wmich.edu/AnnualSecurityReport.pdf>

## B. Drug and alcohol-related incidents that occur on campus

Please see Section IV. A (above).

## C. National College Health Assessment Executive Summary

A full executive summary of the WMU American College Health Association – National College Health Assessment III Spring 2021 can be accessed online or by contacting Health Promotion and Education (see Appendix A): <https://wmich.edu/healthpromotion/programs/well-being-wheel/ncha>

## D. Vector AlcoholEDU Report

A full summary of the AlcoholEdu report of Fall 2020 and Fall 2021 for first-year student alcohol use can be requested by contacting Health Promotion and Education (see Appendix A).

# V. AOD Programs Goals and Mission

The mission of the Office of Health Promotion and Education is to create a culture of equitable well-being, healthy environments, and social justice to enhance the success of all members of the campus community.

The goal of our alcohol and other drugs education program is to provide comprehensive programming and resources for the prevention and reduction of alcohol and drug related harms. We do this by utilizing evidence-based approaches that focus on intrapersonal, interpersonal, institutional, environmental strategies.

## A. Alcohol and other drug education was a priority in the 2020 Student Affairs Strategic Plan, specifically in Goal Three:

Encourage healthy, ethical, and responsible behavior:

- Objective 3A: Students develop health and wellness knowledge, awareness and associated behaviors.
- Strategy 3A: Continue implementation of priorities as outlined in Healthy Campus 2020: Mental health, alcohol and other drugs, and violence prevention.

The Healthy Campus 2020 Substance Use Action team was a collaboration of key individuals at WMU to discuss Alcohol and Other Drugs Risk Reduction on a broad scale to include the community and surrounding areas; serving students, faculty, staff, and community members. This committee was coordinated by Health Promotion and Education and Student Affairs.

More information on Healthy Campus 2020 can be accessed at the online at <http://www.wmich.edu/healthycampus>

# VI. AOD Programs, Intervention, and Related Process Elements

## A. Programs/Interventions Descriptions, Objectives, and Goals

The Office of Health Promotion and Education, Sindecuse Health Center (which includes Counseling Services), Student Rights and Responsibilities, Department of Public Safety, Student Transitions, School of Business, Intercollegiate Athletics, Behavioral Health Services, Student Engagement, Human Resources, and Housing and Residence Life all offer programs and/or services related to alcohol and other drug related risk prevention and intervention. Programs and interventions outlined below are organized by the National Institute on Alcohol Abuse and

Alcoholism (NIAAA) College Alcohol Intervention Matrix (AIM). An explanation of the College AIM levels can be found in Appendix B. Please note many of these strategies are rated based on their stand-alone effectiveness rather than in combination with other strategies. The NIAAA College AIM Matrix recommends a mixture of individual and environmental strategies to maximize positive effects. Additionally, we have included the prevention level based on information from Addressing Alcohol Misuse and Prevention: Key Strategies for Institutional Leadership (see Appendix C).

## **B. WMU AOD Programs and Initiatives – NIAAA College AIM**

### ***Higher effectiveness***

- AlcoholEDU for College (IND-19)
  - Online education program that addresses a student’s drinking behaviors, protective behaviors and risk reduction, bystander intervention, policy, and normative data.
  - Offered by Vector Solutions (Previously EverFi), Office of Student Transitions, and Health Promotion and Education
  - Offered starting in August and a follow-up course six weeks later
  - Offered to all First Year Students
  - Prevention Level: Selective
- AlcoholEDU for Sanctions (IND-3, IND-10, IND-19)
  - Online educational program that focuses on consequences of high-risk drinking, a student’s own drinking habits, how to make healthier decisions, and policy.
  - Offered by Vector Solutions (Previously EverFi) and Health Promotion and Education
  - Offered all year
  - Offered to students who violate the WMU alcohol policy
  - Prevention Level: Indicated
- ECHECKUP TO GO for Sanctions (IND-24)
  - Online educational program that focuses on consequences of cannabis and other illegal drug use, a student’s own drug habits, how to make healthier decisions, and policy.
  - Offered by eCHECKUP TO GO and Health Promotion and Education
  - Offered all year
  - Offered to students who violate the WMU drug policy
  - Prevention Level: Indicated
- Individual Intervention Sanction Process (IND-18)
  - Individual meeting with a student who has violated the alcohol or other drug policy. Session focuses on student drinking and drug use behavior, alcohol or other drug related consequences, risk reduction strategies, potential for dependency, goal attainment, alternatives to drinking and drug use, and support resources.
  - Offered by Health Promotion and Education
  - Offered all year
  - Offered to students who violate the WMU alcohol and/or drug policies
  - Prevention Level: Indicated
- Policy Enforcement (ENV-5, ENV-9, ENV-11, ENV-24)

- Enforcement, education, and awareness of the policies in place for students. A variety of sanctions for alcohol and other drug violations that utilize, but are not limited to, educational components, fines, probation, parent notification, and reflection pieces.
- Housing and Residence Life: Students are not allowed to possess or consume alcohol, unless they are 21 years of age or older, in Residence Halls. In addition, they are not allowed to have empty alcohol containers as decorations if they are under 21 years old. Those who are of age may not have alcohol out in public areas. Cannabis is prohibited on all campus property. Students found in possession of cannabis or paraphernalia will be subject to the Student Code of Conduct and sanctions.
- Offered by Housing and Residence Life and Student Conduct
- Offered all year
- Offered to all students
- Prevention Level: Indicated and Universal

### ***Moderate effectiveness***

- First Year Experience Seminar Alcohol Risk Reduction Training (IND-4, IND-16, ENV-7)
  - Presentation that focuses on educating students on standard drink measurement, BAC levels, risk reduction behaviors, correcting misperceptions through small group social norming, and resources.
  - Offered by Health Promotion and Education
  - Offered in the Fall Semester
  - Offered to all First Year Seminar courses
  - Prevention Level: Selective
- Housing Student Staff Training (IND-4, IND-16)
  - Training that focuses on understanding the role of alcohol and other drugs in the lives of WMU students and its impact on community-building efforts, current perceptions of WMU student use of alcohol and cannabis, how to use WMU alcohol and drug data for hall programming, bulletin boards, and addressing student issues or intervening in a time of high-risk drinking, and services that are available for residents and student staff.
  - Offered by Health Promotion and Education
  - Offered in August during Housing and Residence Life training
  - Offered to all returning and new student staff
  - Prevention Level: Selective
- Bronco Bash (IND-1)
  - Campus Resource Fair that offers tables to offices and organizations on campus and the surrounding community. Health Promotion and Education tabling offers resources and education regarding alcohol and drug use and uses the space to facilitate a short quiz for students, testing their knowledge of policies, protective behaviors, and resources.
  - Offered by Office of Student Engagement and Office of Health Promotion and Education
  - Offered before classes begin
  - Offered to all students



- Prevention Level: Universal
- International Student Training (IND-4, IND-16, ENV-7)
  - Presentation that focuses on understanding American drinking culture, harm reduction, refusal skills, and resources.
  - Offered by Health Promotion and Education
  - Offered in August, November, and March
  - Offered to International Students who are in the Level One and Intermediate English programs and the Advanced Level English programs through the Center for English and Culture for International Students (CELCIS)
  - Prevention Level: Selective
- Risky Business (IND-16)
  - Health education theater performance that addresses the high-risk drinking that can take place on a college campus. The performance aims to correct misperceptions about college drinking culture and provides students with examples of safe and responsible drinking. The performance also discusses consent, suicide prevention and other health and wellness topics, taking a comprehensive approach to health education and student support.
    - In Fall 2020 and Fall 2021 students watched a recording of this performance due to in-person restrictions.
  - Offered by Health Promotion and Education
  - Offered during Fall Welcome
  - Offered to all incoming First Year Students and all Fall incoming transfer students
  - Prevention Level: Selective
- Alcohol and Other Drug Education Programs by request (IND-4, IND-16)
  - Programs are offered by request to any student group or class who would like information on safe/responsible drinking, bystander intervention, and resources.
  - Offered by Health Promotion and Education
  - Offered all year
  - Offered to all students
  - Prevention Level: Universal/ Selective (depending on group requesting)
- Group Motivational Enhancement Intervention Sanction Process (IND-17)
  - Session focuses on small group social norming approach and discussion of student alcohol and drug use based on a year timeline follow-back report, impact the students' drinking and/or drug use has on the community, risk reduction, and policy. The session utilizes motivational interviewing to help elicit change.
  - Offered by Health Promotion and Education
  - Offered all year
  - Offered to students who violate the WMU alcohol and/or drug policy
  - Prevention Level: Indicated
- Parent and Family Information Sessions (IND-15)
  - Informational sessions are offered to parents of incoming students during move in weekend. Health Promotion and Education provides a session that discusses resources that their students can access regarding alcohol and other drugs.
  - Offered by Office of Student Transitions and Health Promotion and Education
  - Offered during New Student Orientation
  - Offered to all parents and family of incoming students

- Prevention Level: Selective

### ***Lower effectiveness***

- Social Norming Campaigns (ENV-7)
  - Social norming campaign that utilizes data collected from WMU ACHA-NCHA survey. The purpose of the campaign is to normalize healthy behaviors regarding alcohol and other drug use. Campaign utilizes descriptive and injunctive norms data.
  - Offered by Health Promotion and Education
  - Offered all year
  - Offered to all students
  - Prevention Level: Universal
- 21<sup>st</sup> Birthday Program (IND-2)
  - Alcohol risk reduction program designed to help students turning 21 celebrate their birthday responsibly, whether they choose to drink or not. Students receive free items including local restaurant coupons, Dining Services coupon, information on how to safely consume alcohol and the signs of alcohol poisoning, and emergency numbers.
  - Offered by Health Promotion and Education
  - Offered all year
  - Offered to students who turn age 21
  - Prevention Level: Selective

### ***Interventions delivered by health care professionals***

- Counseling Services (IND-27, IND-28)
  - Short-term individual, couples, and group counseling for the entire student population. The counseling process helps students learn skills to cope with problems and develop new ways of thinking, which may lead to a healthier and more fulfilling lifestyle. Makes referrals to additional programs and services outside the university related to alcohol and other drugs as needed.
  - Offered by Counseling Services at Sindecuse Health Center
  - Offered all year
  - Offered to all students
  - Prevention Level: Indicated
- Behavioral Health Services (IND-27, IND-28)
  - Behavioral Health Services at Western Michigan University is a licensed and accredited outpatient substance use and behavioral health disorder treatment provider in Michigan. Substance use disorder and other behavioral health treatment services are provided by therapists licensed and credentialed in the state of Michigan who have extensive training in the delivery of assessment, individual, group and family treatment services.
  - Offered by Unified Clinics
  - Offered all year
  - Offered to all students

- Prevention Level: Indicated
- Clinical Services (IND-27, IND-28)
  - Certified and licensed health professionals assess alcohol and substance use on during initial visits to the health center, during physical exam appointments, pharmacy visits, and designated visits involving mental health or injuries. Health intervention and prevention regarding alcohol and drug use involves education, treatment guidance and planning, referrals to additional services and programs, and discussions centered on healthy coping skills.
  - Offered by Sindecuse Health Center
  - Offered all year
  - Offered to all students
  - Prevention Level: Selective
- Employee Assistance Program (IND-27, IND-28)
  - Offers assessment, confidential counseling, and referral services to Western Michigan University employees, their dependents, and their household members. HelpNet counselors are professionals in dealing with marital and family issues, addictions, emotional problems, legal and financial concerns, careers, relationships, aging parents, stress, anxiety, depression, and life enrichment techniques.
  - Offered by Human Resources
  - Offered all year
  - Offered to all employees
  - Prevention Level: Selective

***Not effective***

- Resident Assistant Bulletin Board Kits (IND-1)
  - Alcohol and other drug risk reduction program designed to provide resident assistants with comprehensive, accurate, and up to date information on alcohol and other drugs by way of informational pre-made bulletin boards. Bulletin boards are available by request from Health Promotion and Education.
  - Offered by Health Promotion and Education
  - Offered all year
  - Offered to Residence Life Staff
  - Prevention Level: Selective

***Too few studies to rate effectiveness***

- Western HEROES Bystander Intervention Training (ENV-6)
  - Bystander intervention program that discusses the risks of high-risk drinking and other harmful or damaging behaviors. Supplies students with the knowledge and skills to intervene the next time they see something taking place that could be potentially harmful.
  - Offered by Health Promotion and Education
  - Offered all year
  - Offered to all students, faculty and staff
  - Prevention Level: Universal
- Campus Events by Registered Student Organizations and Residence Hall Staff (ENV-2)

- Late night and weekend programming offered to encourage alcohol-free alternatives during higher risk drinking times.
- Offered by the Office of Student Engagement
- Offered during the academic year
- Offered to all students
- Prevention Level: Universal

## VII. AOD Outcomes Data

WMU American College Health Association-National College Health Assessment Executive Summary

- A full executive summary of the WMU ACHA-NCHA III Spring 2021 can be accessed online or requested by contacting Health Promotion and Education (see Appendix A).  
<https://wmich.edu/healthpromotion/programs/ncha>

Everfi AlcoholEdu Report, Fall 2020 and Fall 2021

- A full summary of the AlcoholEdu reports for First Year Student alcohol use can be requested by contacting Health Promotion and Education (see Appendix A).

Health Promotion and Education Program Statistics

- Full reports of the number of students reached with AOD programming and education during FY2020-21 and FY2021-22 can be requested by contacting Health Promotion and Education (see Appendix A).

WMU Healthy Campus 2020 Summary

- A summary of the results of the Healthy Campus 2020 Action Plans can be requested by contacting Health Promotion and Education (see Appendix A).

## VIII. Recommendations for Revising AOD Programs/Interventions

During the next Biennium, Western Michigan University will work towards:

- Continuing to update all AOD presentations with cannabis information that reflects current considerations of legal changes at the Michigan and federal levels.
- Evaluating the challenges faced by budget-driven reduction in AOD staff and programming, including the Theatre for Community Health program that housed the “Risky Business” and “The Real Buzz” peer theater initiatives.
- Enhancing strategies targeting specific groups such as student-athletes, fraternity and sorority members, international students, and student leaders.
- Contributing to the AOD objectives for Healthy Campus 2030/WMU Strategic Plan Well-being Goals.
- Disaggregating data from NCHA 2021 and beyond to analyze for health disparities or inequities related to AOD prevalence and needs for prevention and intervention support.
- Examining the need for more late-night programming as an alternative to drinking during weekends when drinking rates have historically been higher.
- Continuing to consult with staff opening the pub in the new student center to establish policies and environments that support AOD risk reduction.

- Consulting with staff overseeing drink sales at football games to establish policies and environments that support AOD risk reduction.
- Continuing to assess and improve the AOD educational sanctions program.
- Enhancing programming geared towards students over the age of 21.
- Refocus efforts to individual and environmental strategies that are found to be more effective.

## IX. Conclusion

Western Michigan University continues to make progress in the prevention of alcohol and other drug related harms. The Office of Health Promotion and Education takes a comprehensive approach to education that is rooted in research and best practices. Paired with prevention, WMU offers intervention and treatment services that are available to all students. Areas for expansion are outlined in section VIII.

## X. Appendices

### A. Department Contact Information

Health Promotion and Education  
1903 W. Michigan Ave  
Kalamazoo, MI 49008-5445  
(269) 387-3263  
<https://wmich.edu/healthpromotion>

Department of Public Safety  
511 Monroe Street  
Kalamazoo, MI 49006 USA  
(269) 387-5555  
<https://wmudps.wmich.edu>

### B. NIAAA College Alcohol Intervention Matrix (AIM) 2.0

More information on the College AIM can be accessed online:

<https://www.collegedrinkingprevention.gov/collegeaim>

- Individual-level strategies:
  - Aims to produce changes in attitudes or behaviors related to alcohol use rather than the environments in which alcohol use occurs. Expected outcomes, in general, are that a strategy may decrease an individual's alcohol use (e.g., frequency, quantity, or blood alcohol concentration) and/or alcohol-related risk-taking behaviors, thereby reducing harmful consequences. All studies used college students as the research population except the behavioral interventions by health professionals, which used a general population.
- Environmental-level strategies:
  - Aims to change the alcohol use environment in the campus, community, or both, and thus can affect the student body as a whole or in large subgroups such as those under age 21. Most of the environmental-level strategies in this guide seek to reduce alcohol availability, one of the most effective ways to decrease alcohol use and related problems. A few strategies listed below try to reduce alcohol-related harm directly without restricting availability and are included because colleges commonly

use them. This guide isolated these strategies for assessment, and some may not be effective if used alone. Still, they may be useful parts of a multi-strategy effort.

- Interventions delivered by health care professionals:
  - Can reduce harmful drinking, according to studies conducted mainly in general adult populations (ages 18–65). These strategies are not rated relative to other individual-level strategies in College AIM because of differences in research populations, along with wide variations in costs and barriers to providing these services across campuses. These interventions are important for students whose drinking patterns put them at risk for harm, or who are already experiencing alcohol-related problems. Health care professionals in your campus health and counseling centers can help identify and assist these students, or residence hall or security staff members may bring students with alcohol-related conduct violations to your attention.

### C. Addressing Alcohol Misuse and Prevention: Key Strategies for Institutional Leadership

Prevention Levels- Selective, Indicated, and Universal: <http://info.everfi.com/rs/410-YCZ-984/images/Guidebook%20-%20Addressing%20Alcohol%20Misuse%20and%20Prevention%20-%20Key%20Strategies%20for%20Institutional%20Leadership.pdf>

### D. WMU Healthy Campus 2020 Initiative: Specific goals, objectives, and target measures from the substance use action plan

Goal: reduce unhealthy substance use among WMU students

#### Objectives

- Increase protective behaviors
- Reduce high risk behaviors

#### Measures & Outcomes

- Increase the proportion of students who indicate receiving information on alcohol and other drug use from their institution from 61 percent (2011) to 68 percent (2020)
  - Outcome: 78.1%
- Increase the proportion of students who indicate pacing drinks to one or fewer an hour most of the time or always during the last 12 months from 28 percent (2011) to 40 percent (2020)
  - Outcome: 37.8%
- Reduce the proportion of students who indicate engaging in high-risk drinking of alcoholic beverages within the last two weeks from 43 percent (2011) to 33 percent (2020)
  - Outcome: 34.9%
- Reduce the proportion of students who indicate nonmedical use of prescription drugs within the last 12 months from 21 percent (2011) to 18 percent (2020)
  - Outcome: 24.6%
- Reduce the proportion of students who indicate driving after consuming any alcohol within the last 30 days from 25 percent (2011) to 22 percent (2020)
  - Outcome: 18.3%
- Reduce the proportion of students who indicate driving in an impaired state (measure in development).
  - Outcome: 8.7%