physical and health education teacher education: K-12

western michigan university

college of education and human development

program 93 credits (122 credit hours needed for graduation; does not require minor)

name: ___________________________  win: ___________________________  catalog year: ________________

**GEN ED** | **PRE-REQUISITES** | **COURSES** | **TRAN/SEM/GRADE** | **CR HR**
---|---|---|---|---
Can take BIOS 1100 Lab with BIOS 1120 to fulfill Area VI  |  | ♦ BIOS 1120 Principles of Biology  
OR BIOS 1600 Biological Form and Function  
OR BIOS 1610 Molecular & Cellular Biology  |  | 3

| BIOS 1120 w/”C” or better  |  | ♦ BIOS 2110 Human Anatomy  |  | 4
| BIOS 2110 w/”C” or better  |  | ♦ BIOS 2400 Human Physiology  |  | 4

**required cognates**

Total Credits (11)

**required professional theory & content courses**

<table>
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<tr>
<th>Hphe 1500; All Cognates; Apply at HPHE Office</th>
<th>Teaching Assistantship</th>
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| ♦ Hphe 1500 Foundations of Physical & Health Education (f)  |  |  |  | 3
| Hphe 1610 Skills & Instruction of Invasion Games (f)  |  |  |  | 3
| Hphe 1620 Skills & Instruction of Net/Wall Games (sp)  |  |  |  | 3
| Hphe 1630 Skills & Instruction of Target/Striking/Fielding Games (f)  |  |  |  | 3
| Hphe 1640 Skills & Instruction of Early Elementary & Rhythmic Movements (sp)  |  |  |  | 3
| Hphe 1650 Skills & Instruction of Fitness Activities (f)  |  |  |  | 3
| Hphe 2200 Basic Health Concepts I (sp)  |  |  |  | 3
| Hphe 2210 Basic Health Concepts II (sp)  |  |  |  | 4
| BIOS 1120 w/”C” or better  | ♦ Hphe 2400 Human Motor Development & Learning  |  |  | 3
| BIOS 2110 w/”C” or better  | Hphe 2950 Functional Anatomy & Biomechanics  |  |  | 3
| BIOS 2110 w/”C” or better; BIOS 2400 w/”C” or better  | Hphe 2980 Exercise Physiology  |  |  | 3
| Hphe 1500 w/”C” or better  | Hphe 3150 Measurement/Evaluation/Stats  |  |  | 3
| Prof 2  | Hphe 4500 Cultural Dynamics in HPHE  |  |  | 3

Total Credits (40)

**TO TAKE THE FOLLOWING YOU MUST BE ACCEPTED INTO THE UPPER PROFESSIONAL LEVEL**

35 HOUR COMPLETED, BASIC SKILLS EXAMINATION (BSE) PASSED, BACKGROUND CHECK COMPLETED, MINIMUM 2.75 GPA, APPLICATION TO CEHD

| Hphe 1500 w/ “C” or better  | ♦ Hphe 3460 Physical & Health Education Methods; Special Populations  |  |  | 3
| Hphe 3540 Human Sexuality Education  |  |  |  | 4
| Hphe 1500; 2400; 2950; 2980; 3150; 3460  | ♦ Hphe 4470 Physical & Health Education : Elementary Methods  |  |  | 4
| Hphe 4470 w/”C” or better  | ♦ Hphe 4480 Physical & Health Education : Secondary Methods  |  |  | 4
| All coursework completed; Take concurrently  | ♦ LS 3050 K-12 Content Literacy (will need advisor assistance for registration)  |  |  | 3
| ♦ Hphe 4100 Hphe Intern Seminar; Health Education  |  |  |  | 2
| Hphe 4750 Hphe Intern Teaching; Health Education  |  |  |  | 10

Total Credits (42)

♦ Must earn grade “C” or better

**Program guide—Meet with a CEHD Advisor to Declare Major**

www.wmich.edu/education/advising