YOU GOT THIS!

DISTANCE LEARNING + YOUR SUCCESS!

Let’s discuss how you are going to stay on track and finish the semester strong. Check the “attachments” on the email for some success tools. Now is the time to engage all of your time management and organization skills!

FAST FACTS:

- While classes are not meeting face-to-face until further notice, you are still responsible for your assignments and class participation.
- There are specific guidelines the university is following regarding gatherings on campus. Check the university’s webpage for continued updates and developments: wmich.edu/covid-19
- You still have support this semester! Until further notice, we will be offering appointments the following ways: email, phone, video chat, text. Check our website to see how to best get in contact with us.
- Student Success: wmich.edu/education/academics/student-success
- Advising: wmich.edu/education/advising
*Other university support services will remain open as well. Check the website for more detail.

COMMUNICATION IS KEY! Have an understanding with each of your courses on how you will proceed over the rest of the semester. While some instructors may default to E-learning, others may not. Your instructor will communicate with you on details of how you will work remotely at this time. Attached you will find a worksheet that will help you map out your success for the rest of the semester.

Get a clear understanding about the points left in the semester and where you stand. If there is any modification to the syllabus, your instructor should communicate that with you. While we are all figuring this out, be patient. Write a log of your questions so that you can go back and ask them at a later point.

Time management is your friend. While most of us have already been on top of managing our time, it matters even more when you have a full load of instruction in a different format. If you don’t set time for yourself to “attend class”—even if it is at a distance, you will find yourself picking up extra shifts at work, watching Netflix, napping, etc. I recommend keeping your same schedule and logging into your platforms when you would normally be scheduled to meet in a face-to-face class.

Make sure you set your boundaries. COMMUNICATE to your families that you are still in school. Your responsibilities to your education have not changed. Based on your family needs, set a plan to manage your priorities and responsibilities.

Do you foresee barriers to being successful? Contact your coach or advisor for assistance.

CHECKLIST

- Communicate with your instructors so that you have a clear understanding of how instruction is happening for your classes. Check your email often.
- Create a time management plan for yourself and block times where you will complete your course requirements.
- Determine your needs. Are there specific supplies you need to finish your assignments? Do you have access to internet?
- Decide the type of environment that works best for your studying. Do you need a quiet environment? Will you utilize the university’s libraries?
- Mentally engage in your work. Try using metacognitive study strategies to increase your dedicated time to a specific task. This includes taking breaks!
- Monitor your health and check in with yourself. How are you managing physically, emotionally, spiritually, and socially?

#Q&A:

- We are in a registration season. If you have questions about which courses to take, please contact your advisor.
- If you have barriers that stand in the way of your success, contact your success coach.
- There are important upcoming dates on the Registrar’s calendar (And they are sending you emails!). Please check for them here: https://wmich.edu/register/calendars/academic
- BEFORE you make any changes to your class schedule, ALWAYS speak with Bronco Express.

Let's do this, people! Remember that you have support when you need it. Check the attachments in your email.

Collaborate on our “CEHD Study Playlist” on Spotify. Add some of your favorite songs!