

## Physical and Health Education Teacher Education: K-12 Major

### 4 Year Suggested Degree Progression Plan

**122 Credits minimum required for graduation from WMU** (127 - 128 planned)

<b>Fall Year One 15 Crs</b>	<b>Spring Year One 13-14 Crs</b>	<b>Summer Year One 6 Cr.</b>
+HPHE 1500 (3) – fall only HPHE 1501 (1) HPHE 1610 (3) – fall only WES Level I—Writing (3) WES Level II—Personal Wellness (3) FYE 2100 (2)  <b>Teacher Candidate must be cleared for OCE placements</b>	+BIOS 1120 (3) with BIOS 1100 (1) WES Level II—Scientific literacy w/ lab HPHE 1502 (1) HPHE 1620 (3) – spring only WES Level I—Quantitative Literacy (3) WES Level I—Oral and Digital Communication (3)  <b>See advisor about meeting upper-level requirements</b>	WES Level I—Inquiry & Engagement (3) WES Level II—Artistic Theory & Practice (3)
<b>Fall Year Two 17 Crs</b>	<b>Spring Year Two 13 Crs</b>	<b>Summer Year Two 6 Crs</b>
+BIOS 2110 (4) HPHE 1630 (3) – fall only HPHE 2200 (4) – fall only +HPHE 2400 (3) WES Level II—Societies & Cultures (3)	BIOS 2400 (4) HPHE 1640 (3)—spring only HPHE 3120 (3)— spring only HPHE 2950 (3)  <b>January: Complete Criminal Background Check &amp; Apply to Upper Level</b>	HPHE 3150 (3) HPHE 2980 (3)  <b>Complete EDUStaff substitute teacher process</b>
<b>Fall Year Three 16 Crs</b>	<b>Spring Year Three 14 Crs</b>	<b>Summer Year Three 3 Crs</b>
HPHE 1650 (3) – fall only HPHE 2210 (4) –fall only +HPHE 3460 (3) – fall only WES Level II—Science & Technology (3) WES Level II—World Language & Culture (3) <b>September/October: Apply for First Internship and Graduation Apply for 4470/4480 Pre-Internships</b>	+HPHE 4470 (4) – spring only +HPHE 4480 (4) --spring only LS 3050 (3) WES Level III—Local & National Perspectives (3)  <b>January/February: Apply for Second Internship</b>	Faculty Led Study Abroad OR WES Level III—Global Perspectives (3)  <b>Pass MTTC Physical/Health Education Test</b>
<b>Fall Year Four 12 Crs</b>	<b>Spring Year Four 12 Crs</b>	
+HPHE 4100 (2) #HPHE 4750 (10) <b>Pass MTTC Physical/Health Education Test</b>	+HPHE 4110 (2) #HPHE 4755 (10) <b>Pass MTTC Physical/Health Education Test</b>	

**Legend:**

+Requires a “C” or better.

#HPHE 4100/4750 and HPHE 4110/4755 are Intern Teaching Experiences - All classes must be completed prior to the final internships.

HE or PE internship may be completed in the fall with the other completed in the spring.

**Note:** From WES Levels II and/or III, you must also complete the WES requirements for 1) Planetary Sustainability and 2) Diversity and Inclusion. See your advisor to plan for inclusion of these two requirements.