

## Physical and Health Education Teacher Education: K-12 Major 4 Year Suggested Degree Progression Plan

**122 Credits minimum required for graduation from WMU**

Fall Year One 14 Crs	Spring Year One 14 Crs	Summer Year One 3 Crs
<ul style="list-style-type: none"> <li>• HPHE 1500 (3)—fall only ❖</li> <li>• HPHE 1610 (3)—fall only</li> <li>• WES Level I: Writing (3)</li> <li>• WES Level II: Personal Wellness (3)</li> <li>• FYE 2100 (2)</li> </ul>	<ul style="list-style-type: none"> <li>• BIOS 1120 (3) ❖</li> <li>• Take BIOS 1100 (1) with BIOS 1120 to fulfill WES Level II: Scientific Literacy with Lab</li> <li>• HPHE 1502 (1)</li> <li>• WES Level I: Inquiry and Engagement (3)</li> <li>• WES Level I: Oral and Digital Communication (3)</li> <li>• WES Level II: Artistic Theory and Practice (3)</li> </ul>	<ul style="list-style-type: none"> <li>• Elective Course (3)</li> </ul>
Fall Year Two 14 Crs	Spring Year Two 14 Crs	Summer Year Two 3 Crs
<ul style="list-style-type: none"> <li>• BIOS 2110 (4) ❖</li> <li>• HPHE 1630 (3)—fall only</li> <li>• HPHE 2400 (3) ❖</li> <li>• HPHE 1501 (1)</li> <li>• WES Level II: Societies and Cultures (3)</li> </ul> <p>See advisor about meeting upper-level proficiency requirements</p>	<ul style="list-style-type: none"> <li>• BIOS 2400 (4)</li> <li>• HPHE 1620 (3)—spring only</li> <li>• HPHE 2200 (4)—spring only</li> <li>• WES Level I: Quantitative Literacy (3)</li> </ul> <p>To Do (January): Complete Criminal Background Check and Apply to Upper Level</p>	<ul style="list-style-type: none"> <li>• Elective Course (3)</li> </ul>
Fall Year Three 15 Crs	Spring Year Three 16 Crs	Summer Year Three 3 Crs
<ul style="list-style-type: none"> <li>• HPHE 1650 (3)—fall only</li> <li>• HPHE 2950 (3)</li> <li>• HPHE 3120 (3)—fall only</li> <li>• HPHE 3460 (3)—fall only ❖</li> <li>• WES Level II: Science and Technology (3)</li> <li>• WES Level II: World Language and Culture (3)</li> </ul>	<ul style="list-style-type: none"> <li>• HPHE 3150 (3)</li> <li>• HPHE 2980 (3)</li> <li>• HPHE 1640 (3)—spring only</li> <li>• HPHE 2210 (4)—spring only</li> <li>• WES Level III: Local and National Perspectives (3)</li> </ul> <p>To Do (Jan/Feb): Apply for Internship and graduation</p>	<ul style="list-style-type: none"> <li>• Faculty led study abroad OR WES Level III: Global Perspectives (3)</li> </ul>
Fall Year Four 14 Crs	Spring Year Four 12 Crs	
<ul style="list-style-type: none"> <li>• HPHE 4470 (3)—fall only ❖</li> <li>• HPHE 4475 (1)— fall only ❖</li> <li>• HPHE 4480 (3)— fall only ❖</li> <li>• HPHE 4485 (1)— fall only ❖</li> <li>• LS 3050 (3)</li> <li>• Elective Course (3)</li> </ul> <p>To DO: Pass MTTC Physical/Health Education Test</p>	<ul style="list-style-type: none"> <li>• HPHE 4105 (2) ❖</li> <li>• HPHE 4740 (10) #</li> </ul>	

**Legend:**

❖ Requires a “C” or better

# HPHE 4105/4740 are Intern Teaching Experiences - All classes must be completed prior to the final internship.

**Notes:**

• This plan is not a binding contract; it is a guide to help you plan your courses and may change according to course availability and other factors. Please see your advisor each semester to continually update your plan.

• *Planetary Sustainability (PS) and Diversity and Inclusion (DI) can be covered with WES Level II and III courses. See your Advisor for course recommendations.*