

Physical and Health Education Teacher Education: K-12

Western Michigan University

College of Education and Human Development

Program 80-81 credits (122 Credit Hours Needed for Graduation; Does Not Require Minor)

Name: \_\_\_\_\_ WIN: \_\_\_\_\_ Catalog Yr: \_\_\_\_\_

WES	PRE-REQUISITES	COURSES	TRAN/SEM GRADE	CR HR
<b>REQUIRED COGNATES</b>				
Take BIOS 1100 Lab with BIOS 1120 to fulfill WES Level II: Scientific Literacy with Lab	BIOS 1600 w/"C" or better is pereg to BIOS 1610	◆ BIOS 1120 Principles of Biology OR BIOS 1600 Biological Form and Function OR BIOS 1610 Molecular & Cellular Biology		3-4
	BIOS 1120 w/"C" or better	◆ BIOS 2110 Human Anatomy		4
	BIOS 2110 w/"C" or better	◆ BIOS 2400 Human Physiology		4
Total Credits (11-12)				
<b>REQUIRED PROFESSIONAL THEORY &amp; CONTENT COURSES</b>				
		◆ HPHE 1500 Foundations of Physical & Health Education (f)		3
	Co-req: HPHE 1500	HPHE 1501 Teaching Assistantship: Physical Education (f)		1
	Pre-req: HPHE 1500	HPHE 1502 Teaching Assistantship: Health Education (sp)		1
		HPHE 1610 Skills & Instruction of Invasion Games		3
		HPHE 1620 Skills & Instruction of Net/Wall Games		3
		HPHE 1630 Skills & Instruction of Target/Striking/Fielding Games		3
		HPHE 1640 Skills & Instruction of Early Elementary & Rhythmic Movements		3
		HPHE 1650 Skills & Instruction of Fitness Activities		3
		HPHE 2200 Basic Health Concepts I		4
		HPHE 2210 Basic Health Concepts II		4
	BIOS 1120 w/"C" or better	◆ HPHE 2400 Human Motor Development & Learning (f)		3
	BIOS 2110 w/"C" or better	HPHE 2950 Functional Anatomy & Biomechanics		3
	BIOS 2110 w/"C" or better; BIOS 2400	HPHE 2980 Exercise Physiology		3
	HPHE 1500 w/"C" or better	HPHE 3150 Measurement/Evaluation/Stats		3
Total Credits (40)				
<b>TO TAKE THE FOLLOWING YOU MUST BE ACCEPTED INTO THE UPPER PROFESSIONAL LEVEL 35 HOURS COMPLETED; CRITERIA IN READING, WRITING, AND MATH MET; BACKGROUND CHECK COMPLETED; MINIMUM 2.75 GPA; APPLICATION TO CEHD</b>				
	HPHE 1500 w/ "C" or better	◆ HPHE 3460 Physical & Health Education Methods; Special Pops (f)		3
	HPHE 1500 w/"C" or better, HPHE 2200 w/"C" or better	◆ HPHE 3120 Planning School Health Programs (sp)		3
	HPHE 1500; 2400; 2950; 2980; 3120; 3150; 3460	◆ HPHE 4470 Health Education: K-12 Methods (3 cr.) <i>and</i> ◆ HPHE 4475 Pre-Internship: Health Education (1 cr.)		3/1
	HPHE 2400, 2950, 2980, 3150, 3460	◆ HPHE 4480 Physical Education: K-12 Methods (3 cr.) <i>and</i> ◆ HPHE 4485 Pre-Internship: Physical Education (1 cr.)		3/1
		◆ LS 3050 K-12 Content Literacy ( <i>will need advisor assistance for registration</i> )		3
	All coursework completed; Take concurrently	◆ HPHE 4105 Intern Seminar: Physical Education & Health Education		2
		HPHE 4740 Intern Teaching: Physical Education & Health Education		10
Total Credits (29)				

◆ Must earn grade "C" or better

PROGRAM GUIDE—MEET WITH A CEHD ADVISOR TO DECLARE MAJOR

[www.wmich.edu/education/advising](http://www.wmich.edu/education/advising)