

Exercise Science: Strength & Conditioning Graduation Plan

122 Credits Minimum Required for Graduation

Fall Year One 13-14 Credits	Spring Year One 13 Credits	Summer Year One
<ul style="list-style-type: none"> • HPHE 1520 (3) • BIOS 1120 (3) • HPHE 1110 (2) OR HPHE 1701 (2) AND PEGN (1) WES Level II: Personal Wellness • WES Level II: Inquiry and Engagement (3) • FYE 2100 (2) 	<ul style="list-style-type: none"> • BIOS 2110 (4) • WES Level II: World Language and Culture (3) • WES Level I: Writing (3) • WES Level II: Quantitative Literacy (3) 	
Fall Year Two 13 Credits	Spring Year Two 15 Credits	Summer Year Two 6 Credits
<ul style="list-style-type: none"> • HPHE 2950 (3) • BIOS 2400 (4) • WES Level II: Science and Technology (3) • WES Level I: Oral and Digital Communication (3) 	<ul style="list-style-type: none"> • HPHE 2980 (3) • WES Level II: Societies and Cultures (3) • HPHE 3150 (3) • WES Level III: Local and National Perspectives (3) • WES Level II: Artistic Theory and Practice (3) 	<ul style="list-style-type: none"> • Elective Course (3) ♦ • Elective Course (3) ♦
Fall Year Three 15 Credits	Spring Year Three 13 Credits	Summer Year Three 6 Credits
<ul style="list-style-type: none"> • HPHE 3960 (3) • HPHE 3970 (3) • HPHE 4440 (3) • WES Level III: Global Perspectives (3) • Elective Course (3) ♦ 	<ul style="list-style-type: none"> • HPHE 4450 (3) • HPHE 4950 (3) • HPHE 1810 or 3810 (2) • PHYS 1070/1080 WES Level II: Science Literacy with Lab (5) 	<ul style="list-style-type: none"> • Elective Course (3) ♦ • Elective Course (3) ♦
Fall Year Four 14 Credits	Spring Year Four 14 Credits	Summer Year Four
<ul style="list-style-type: none"> • HPHE 4920 (3) • HPHE 4982 (2) • Elective Course (3) ♦ • Elective Course (3) ♦ • Elective Course (3) ♦ 	<ul style="list-style-type: none"> • HPHE 4983 (2) • HPHE 4975 (3) • Elective Course (3) ♦ • Elective Course (3) ♦ • Elective Course (3) ♦ 	

Legend:

- ♦ See advisor as number of elective credits will vary

Notes:

- This plan is not a binding contract, but rather is a rough guide and may change according to factors including, but not limited to, course availability. Your advisor and major/program department(s) will work with you throughout your time at Western to ensure the best possible path to graduation. Please see your advisor each semester to continually update your plan.
- Planetary Sustainability (PS) and Diversity and Inclusion can be covered with Level II and III courses listed in this category in Degree Works, see your Advisor for course recommendations.