Quick Student Survival Guide

School of Interdisciplinary Health Programs (SIHP)

2400 Health and Human Services Building

Kalamazoo, MI 49008

Mail Stop: 5382

Phone: (269) 387-3800

Fax: (269) 387-3348

wmich.edu/healthprograms
Hello Student!

This guide was compiled to provide resources to help guide you to services, goods, and resources that can be found on campus and in the greater Kalamazoo area. We hope you find this tool helpful in addressing needs and questions that relate to your specific background. The goal of this resource guide is to help aid in you feeling welcome and included at Western Michigan University and the community of Kalamazoo!

Please contact us if you have any questions or concerns.
-School of Interdisciplinary Health Programs

For Emergencies:

Dial: 911

Borgess Hospital: (269) 226-7000
1521 Gull Rd, Kalamazoo, MI, 49048

Kalamazoo Police (non-emergency): (269) 337-8894

Bronson Hospital: (269) 341-7654
601 John St., Kalamazoo, MI, 49007

WMU Police: (269) 387-5555

Sindecuse Health Center: (269) 387-3287
WMU campus

Resources at Western Michigan University:

Writing Center
Email: writing-center@wmich.edu
Phone: 269-387-4615
Location: 1343 Ellsworth Hall
wmich.edu/casp/writingcenter

Counseling Services
Phone: 269-387-1850
Location: Sindecuse Health Center
wmich.edu/healthcenter/counseling

Mentoring for Success Program
Phone: 269-387-4799
Location: 2281 Ellsworth Hall
wmich.edu/peermentoring

Office of Diversity and Inclusion
Phone: 269-387-6313
Location: 1003 Trimpe Building
wmich.edu/diversity

Academic Resource Center (tutoring)
Email: casp-tutoring@wmich.edu
Phone: 269-387-4442(primary); 269-387-4411(secondary)
Location: 1305 Ellsworth Hall
wmich.edu/tutoring

LGBT Student Services
Email: lbgt-coordinator@wmich.edu
Phone: 269-387-2123
Location: 1321 Trimpe Building
wmich.edu/diversityandinclusion/lbgt

A comprehensive list of resources is provided at:
wmich.edu/peermentoring/participants/resources/
Student Organizations:

WMU has over 300 organizations formed and maintained by students. Listed below is an assortment of diverse and multicultural examples. For a full list of registered student organizations with contact information, go to the website: wmich.collegiatelink.net/organizations

American Sign Language Club
Arab Student Association
Asian Pacific Student Association
Association of Chinese Scholars and Students (ACSS)
Bridge Breaking Barriers Worldwide (Bridge B.B.W.)
COEXIST
Dominican Student Organization (DSO)
Egyptian Students Organization (ESO)
FemiNOW
Filipino Student Organization
Foreign Film Club
French Club
Global Academic Project (GAP)
Global and International Student Organization
Indian Student Association (ISA)
Japan Club
Kenya Students Association (KSA)
Korean Student Association (KSA)
Latino Student Alliance (L.S.A.)
Malaysian Students’ Association (MaSA)
Multicultural Association of Aviation Professionals
Multicultural Student Healthcare Association
Muslim Student Association
Native American Student Organization
Organization of Students with Disabilities (OSD)
OUTreach
OUTspoken
Pakistani Student Association (PSA)
Spanish Club
The Black Student Union (BSA)
The Kalamazoo Peace Center
True Colors

Apartments:

Candlewyck Apartments
100 Candlewyck Dr
Kalamazoo, MI 49001
269-381-6055

Centre Apartments
5200 Croyden Ave
Kalamazoo, MI 49009
269-344-7120

Coopers Landing Apartments
5001 Coopers Landing Dr
Kalamazoo, MI 49004
269-202-5532

Copper Beech Apartments
5900 Copper Beech Blvd
Kalamazoo, MI 49009
269-341-9930

Hunter’s Ridge Apartments
4130 W Michigan Ave
Kalamazoo, MI 49006
269-372-3415

Pinewood Glen Apartments
4139 Valley Ridge Dr
Kalamazoo, MI 49006
269-344-8686

The Pointe at Western
5800 Jefferson Commons Dr
Kalamazoo, MI 49009
269-544-1700

Carriage Green Apartments
4525 W Main St
Kalamazoo, MI 49006
269-345-6351

Concord Place Apartments
1548 Concord Place Dr
Kalamazoo, MI 49009
269-375-9644

Heritage Hills Apartments
600 Golden Dr
Kalamazoo, MI 49001
269-349-8694

Hidden Hills Apartments
4346 Hidden Hills Dr
Kalamazoo, MI 49006
269-353-2900

Summer Ridge Apartments
5545 Summer Ridge Blvd
Kalamazoo, MI 49009
269-343-1355
### International Food Markets/ Grocery Stores/ Bakeries:

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<thead>
<tr>
<th>Name</th>
<th>Address</th>
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<tbody>
<tr>
<td><strong>Mexican</strong></td>
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<tr>
<td>La Mexicana Market</td>
<td>Mexican grocery store, take out, &amp; restaurant</td>
<td>269-373-9037</td>
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<td>1956 Portage St</td>
<td>Kalamazoo, MI 49001</td>
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<tr>
<td>Harding’s Market</td>
<td>5161 West Main</td>
<td>269-381-0244</td>
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<td>2103 Parkview Ave</td>
<td>Kalamazoo, MI 49008</td>
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<tr>
<td>Meijer</td>
<td>6660 West Main Street</td>
<td>616-372-9101</td>
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<td>5121 South Westnedge Ave</td>
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<td>Meijer</td>
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<td>Wal-Mart</td>
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<td>World of Spices</td>
<td>1805 S. Burdick St</td>
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<td>1926 Whites Rd</td>
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<tr>
<td>International Gourmet Pantry</td>
<td>Indian grocery store</td>
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<td>5019 W Main</td>
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<td>269-382-0888</td>
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<td>Boonzaaijer Bakery</td>
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<td>269-329-0425</td>
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<td>Sarkozy Bakery</td>
<td>350 East Michigan Ave</td>
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<td>3317 Stadium Dr</td>
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<td>269-342-1952</td>
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<td>269-383-4909</td>
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<td>Sweetwater’s Donut Mill</td>
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<td>269-344-5644</td>
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<td><strong>Japanese</strong></td>
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<td>Kumo Hibachi &amp; Sushi Inc</td>
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<td>Crossroads Galleria,</td>
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<td>269-324-4886</td>
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<td><strong>Korean</strong></td>
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<td>La Azteca Bakery</td>
<td>1938 Portage St</td>
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<td>350 East Michigan Ave</td>
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<td>1710 Suite D, W Main</td>
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<td>269-381-9898</td>
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<td>269-324-4886</td>
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**Hair Care:**

**The Hair Gallery**  
*All hair textures*  
711 W. North Street  
Kalamazoo, MI 49007  
269-365-7700

**J’s Extensions & Hair Braiding**  
*All hair textures*  
4213 W Main St  
Kalamazoo, MI 49006  
269-290-9719

**International Profile**  
*Barber*  
3101 W Main St  
Kalamazoo, MI 49006  
Call for appointment: 269-375-7285

**Bliss Salon**  
*Specialize in curly hair*  
325 N Sage St  
Kalamazoo, MI 49006  
269-381-6999

**Blush Salon & Spa**  
*Specialize in curly hair*  
100 W Michigan Ave  
Kalamazoo, MI 49007  
269-267-7421

**House of Nefertiti**  
*Specialize in Natural Hair Care*  
5036 Gull Road  
Kalamazoo, MI 49006  
Call for appointment: 269-365-3455

For more personal care recommendations please consult the resource guide:  

**Community Organizations and Resources:**

**Alma Powell Library**  
1000 W Paterson St  
Kalamazoo, MI 49007  
269-343-0781

**American Legion, Post 134**  
2233 N Burdick St  
Kalamazoo, MI 49007  
269-342-8606

**Black Arts & Cultural Center**  
*Contact: Mr. Ellis*  
359 S Kalamazoo Mall Dr  
Epic center Suite 202  
Kalamazoo, MI 49007  
269-349-1035

**Black Achievers Program**  
*Contact: Jennifer Shay*  
912 N Burdick St  
Kalamazoo, MI 49007  
269-345-9845

**Black Police Officers Association**  
*Contact: Craig Johnson, President*  
PO BOX 50344  
Kalamazoo, MI 49005-0344  
269-806-6282

**Chinese Association of Greater Kalamazoo**  
PO Box 42  
Portage, MI 49081  
kazoocagk@yahoo.com  
http://cagk.org

**Community AIDS Resource and Education Services**  
269 Pioneer St Suite 200  
Kalamazoo, MI 49008  
800-944-2437  
www.caresswm.org

**Deacon’s Conference**  
1010 N Westnedge  
Kalamazoo, MI 49004  
269-344-7333

**Dulcet Club, Inc.**  
2341 Glenwood Dr.  
Kalamazoo, MI 49008  
269-344-9042

**Middle Eastern**  
**Shawarma House**  
912 Buckhout Ave  
Kalamazoo, MI 49006  
269-388-7000

**Thai**  
**Bankok Flavor**  
5455 Gull Rd  
Kalamazoo, MI 49048  
269-226-9341

**Thai Cuisine**  
310 N Drake Rd  
Kalamazoo, MI 49009  
269-344-1451
Disability Network of Southwest Michigan
517 E Crosstown Parkway
Kalamazoo, MI 49001
269-345-1516
www.dnsw.org

Family Health Center
Contact: Denise Crawford
117 W Paterson St
Kalamazoo, MI 49007
269-349-2641

Kalamazoo County Secretary of State
5316 W Main St
Kalamazoo, MI 49009
888-767-6424

Kalamazoo Civic Theater
329 S Park St
Kalamazoo, MI 49007
269-343-2280

Kalamazoo Gay Lesbian Resource Center (KGLRC)
620 Pioneer Street Suite 102
Kalamazoo, MI 49008
269-349-4234
www.kglrc.org

Kalamazoo Northside Non-Profit Housing Corp.
Contact: Rev. Johnny Thompkins, Executive Director
118 W North St
Kalamazoo, MI 49007
269-344-5499

Kalamazoo Junior Girls
Contact: Pamela Rowland
1114 W Paterson St
Kalamazoo, MI 49007
269-344-2330

Michigan Organization Project
930 Lake St
Portage, MI 49002
269-344-2330

Michigan Indian Employment and Training Services
Contact: Angie Francisco
724 W Centre Street
Portage, MI 49024
269-323-0234

Northside Association for Community Development
Contact: Mattie Jordan Woods
1605 N Burdick St
Kalamazoo, MI 49007
269-344-5490

NAACP
PO Box 51473
Kalamazoo, MI 49005
269-343-4105

Safe House
129 Roberson St
Kalamazoo, MI 49007
269-342-8713

Push For Learning
Contact: Margaret Best
3505 Olney Rd
Kalamazoo, MI 49006
269-349-5325

SCORE (Service Corps of Retired Entrepreneurs)
Kalamazoo Chapter 433
348 W Michigan Ave
Kalamazoo, MI 49007
269-381-5382

Toni’s Praise Place Outreach
708 N Burdick St
Kalamazoo, MI 49007
269-226-8664

TransCend (Transgender Support Group)
629 Pioneer St Suite 102
Kalamazoo, MI 49008
269-349-4234
www.kglrc.org/services/transgender

Churches:

Allen Chapel African Methodist Episcopal
Contact: Rev. Kevin Parks
804 W North St
Kalamazoo, MI 49007
269-385-2934

Annunciation Greek Orthodox
507 S Westnedge Ave
Kalamazoo, MI 49007
269-345-5389

Awakened Mind Meditation Center (Buddhist)
Contact: David Greeley
3628 N Westnedge Ave
Kalamazoo, MI 49004
dvdgreeley@yahoo.com
www.awakenedmindcenter.org
Amtrak Train Station
Call for Reservations and Schedules
459 N Burdick St
Kalamazoo, MI 49001
269-387-2200
wmich.edu/broncotransit

Bigg Baby Taxi
535 E Ransom St
Kalamazoo, MI 49007
269-552-5555

Metro Transit (Local Bus)
530 N Rose St
Kalamazoo, MI 49007
www.kmetro.org

Greyhound Bus Station
459 N Burdick St
Kalamazoo, MI 49007
269-337-8201

Bronco Express
2111 S Burdick St
Kalamazoo, MI 49001
269-343-3000
uber.com/cities/kalamamzoo

St. Thomas More Catholic Student Parish
Contact: Fr. Ken Schmidt
421 Monroe St
Kalamazoo, MI 49006
269-381-8917
www.sttomskazoo.org

First United Methodist Church
*In LGBT Faith Alliance*
349 W Michigan Ave
Kalamazoo, MI 49007
269-381-6340

Skyridge Church of the Brethren
*In LGBT Faith Alliance*
349 Drake Rd
Kalamazoo, MI 49009
269-375-3939
www.skyridge.org

Metro Transit (Local Bus)
530 N Rose St
Kalamazoo, MI 49007
www.kmetro.org

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Kalamazoo, MI 49007
269-337-8201

Uber
Mobile phone application that connects users with a driver.
uber.com/cities/kalamamzoo

Transportation:

Amtrak Train Station
2345 10th St N
Kalamazoo, MI 49009
269-375-4815
www.centerpointkzoo.org

Bigg Baby Taxi
551 Phelps Ave
Kalamazoo, MI 49048
269-6858

Tribune Transit (Local Bus)
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www.kmetro.org

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269-337-8201

Uber
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uber.com/cities/kalamamzoo
LGBT Resources:

LGBT Student Services
Email: lbgt-coordinator@wmich.edu
Phone: 269-387-2123
Location: 1321 Trimpe Building
wmich.edu/diversityandinclusion/lbgt

Kalamazoo Gay Lesbian Resource Center (KGLRC)
Phone: 269-349-4234
Location: 620 Pioneer Street Suite 102
Kalamazoo, MI 49008
www.kglrc.org

Resources are available at KGLRC regarding: addiction, Gender & Sexuality, HIV/AIDS, legal (advocacy, attorneys), local organizations, medical care, and religious institutions, among other topics.

Gender Neutral Bathrooms at Western Michigan University:
Bernhard Center  Sprau Tower  Bistro 3/Davis Café  Brown
Bigelow Lobby  Trimpe  Rood  Ernest Burnham
Friedman  Draper  Siedschlag  Wood
Everett Tower  Sindecuse  Haenicke  Kohrman
Waldo Library  Gilmore Theater Complex  Miller  Student Recreation Center
Knauss  Moore Hall  Sangren  Seeyle
Health & Human Services  Henry Hall

For detailed description regarding bathroom location, please visit:
https://www.google.com/maps/d/viewer?oe=UTF8&ie=UTF8&msa=0&mid=zEqvSC5E7VXo.k6owKElmpBuc

LGBT Friendly Health Care Providers:

Derek Quinn, Pharm.D.
Westlake Drug, Inc.
Quinn’s Pharmacy
6909 West Q Ave
Kalamazoo, MI 49009
269-372-7872

Bojan Hrpka, DO
WMU School of Medicine
Family Medicine
Kalamazoo, MI 49006
714-457-1522

Kristi VanDerKolk, MD
Family Health Center
117 W Paterson
Kalamazoo, MI 49007
269-349-2641

A more comprehensive list of medical providers is available at the Kalamazoo Gay Lesbian Resource Center.

Community/Support Groups:

First Thursdays
LGBTQ networking group
Facebook.com/KGLRCfirstthursdays

TransCend
transgender support group
kglrc.org/services/transgender

Triangle Mentorship Program
contact: Michael Cleggs
at Michael@kglrc.org

Queer Women’s Committee
Education and social events for
All self-identified women
Facebook.com/QWCKalamazoo

Pride NA
twelve-step program for those who are living with addiction
Sundays 6pm at KGLRC.

Kalamazoo Alliance for Equality
kalamazooalliance.org
PO BOX 3373
Kalamazoo, MI 49003

For an additional list of resources at WMU/Kalamazoo area, please reference the Division of Multicultural Affairs’ Student Resource Guide, which can be found at:
wmich.edu/sites/default/files/attachments/u236/2013/Resource%20Guide%202012.pdf