WESTERN MICHIGAN UNIVERSITY
College of Education and Human Development

Physical Education Major: Teacher/Coach Emphasis  
Major 40 credits, Program 88-90 credits

Grand Rapids Community College Transfer Guide
(122 Credit Hours Needed for Graduation; Teachable Minor Required)

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|        | Can take BIOS 1100 Lab with BIOS 1120 to fulfill Area VI | BIOS 1120 Principles of Biology  
OR BIOS 1600 Biological Form and Function  
OR BIOS 1610 (1500) Molecular and Cellular Biology | BI 101 or 151 | 3 |
|        | BIOS 1120 or 1600 or 1610 (1500) w/“C” or better | BIOS 2110 Human Anatomy | BI 121 | 4 |
|        | BIOS 2110 w/“C” or better | BIOS 2400 Human Physiology | B 122 | 4 |
| Area VIII | HOL 1000 Holistics Or HPHE 1110 Healthy Living | BI 125, WE 189 | 2-3 |

**REQUIRED COGNATES: 13-15 HRS**

- HPHE 1500; All Cognates; Apply at HPHE Office
  - Teaching Assistantship
  - HPHE 1810 or 3810 First Aid
  - HPHE 2950 Functional Anatomy & Biomechanics
  - BIOS 2110; 2400
  - HPHE 2980 Exercise Physiology
  - HPHE1500
  - HPHE 3150 Measurement/Evaluation/Stats
  - HPHE 1500; 56+ credit hours
  - HPHE 4500 Cultural Dynamics of Health, PE, Rec

- **REQUIRED COACH THEORY/TECHNIQUES COURSES: 6 HOURS**
  - HPHE 2350 Theory of Coaching
  - HPHE 3350 Advanced Theory of Coaching
  - Approved Application
  - HPHE 4000 Field Exper/Internship HPHE

- **REQUIRED PROFESSIONAL ACTIVITY COURSES: 17 HOURS**
  - HPHE 1610 Invasion Games (F)
  - HPHE 1620 Net/Wall Games (Sp)
  - HPHE 1630 Target/Striking/Fielding Games (F)
  - HPHE 1640 Skills & Instruction of Early Elem. & Rhythmic Movements (Sp)
  - HPHE 1650 Fitness Activities (F)
  - Take One
    - HPHE 2480 Aquatics (Sp)
    - EXS 195
    - PEGN 3500 Lifeguard Training

- **REQUIRED PEDAGOGICAL SEQUENCE for certification in Michigan: 17 HRS**
  - BIOS 1120
  - HPHE 1500
  - HPHE 1500
    - HPHE 2400 Motor Development/Learning
    - HPHE 2430 PE Methods: Early Elem (Sp)
    - HPHE 3460 PE & HE Methods: Special Pops (F)
    - HPHE 4470 PE & HE Methods: Elementary Methods
    - HPHE 4480 PE & HE Methods: Secondary Methods (F)
    - LS 3050 K-12 Content Literacy
    - ES 3950 School and Society
    - HPHE 4100 HPHE Intern TE Seminar
    - HPHE 4750 HPHE Intern Teaching

- Must Be Accepted to Upper Level (35 Hours completed; BSE passed; Background Check completed; 2.5 GPA; Application to CEHD and

- Must receive grade “C” or better