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### Physical Education Major: Teacher/Coach Emphasis

**Major requirements:** 40 credits, Program 88-90 credits

**Teachable Minor Required:** Kalamazoo Valley Community College Transfer Guide

**Catalog year:** 2012 - present

**Updated:** 7/17/2018

**PROGRAM OVERVIEW:**

This major is for individuals interested in teaching or coaching physical education. It provides a strong foundation in both the theoretical and practical aspects of physical education, preparing students for a variety of educational and professional roles.

**Requirements:**

- **Required cognates:** 13-15 HRS
- **Required professional theory/techniques courses:** 6 HRS
- **Required professional activity courses:** 17 HRS
- **Required pedagogical sequence for certification in Michigan:** 17 HRS

**Required cognates: 13-15 HRS**

<table>
<thead>
<tr>
<th>GEN ED</th>
<th>COURSES</th>
<th>TRAN/SEM/GRADE</th>
<th>CR HR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Can take BIOS 1100 Lab with BIOS 1120 to fulfill Area VI</td>
<td>BIOS 1120 Principles of Biology OR BIOS 1600 Biological Form and Function OR BIOS 1610 (1500) Molecular and Cellular Biology</td>
<td>BIO 100 or 101</td>
<td>3</td>
</tr>
<tr>
<td>BIOS 1120 or 1600 or 1610 (1500) w/&quot;C&quot; or better</td>
<td>BIOS 2110 Human Anatomy</td>
<td>BIO 110</td>
<td>4</td>
</tr>
<tr>
<td>BIOS 2110 w/&quot;C&quot; or better</td>
<td>BIOS 2400 Human Physiology</td>
<td>BIO 210</td>
<td>4</td>
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</table>

**Area VIII**

HOL 1000 Holistics OR HPHE 1110 Healthy Living

WPE 101, 124, or 125

2-3 HRS

**Required professional theory/techniques courses: 6 HRS**

- **HPHE 1500 Foundations of Physical & Health Ed (F)**
- **Teaching Assistantship**
- **HPHE 1810 or 3810 First Aid**
- **BIOS 2110**
- **HPHE 2950 Functional Anatomy & Biomechanics**
- **BIOS 2110; 2400**
- **HPHE 2980 Exercise Physiology**
- **HPHE1500**
- **HPHE 3150 Measurement/Evaluation/Stats**
- **Prof 2**
- **HPHE 1500; 56+ credit hours**
- **HPHE 4500 Cultural Dynamics of Health, PE, Rec**

**Required professional activity courses: 17 HRS**

- **HPHE 1610 Invasion Games (F)**
- **HPHE 1620 Net/Wall Games (Sp)**
- **HPHE 1630 Target/Striking/Fielding Games (F)**
- **HPHE 1640 Skills & Instruction of Early Elem. & Rhythmic Movements (Sp)**
- **HPHE 1650 Fitness Activities (F)**
- **Take One**
- **HPHE 2480 Aquatics (Sp)**
- **HPHE 4000 Field Exper/Internship HPHE**
- **WPE 150**
- **WPE 115**
- **WPE 116**
- **WPE 272**
- **WPE 109**

**Required pedagogical sequence for certification in Michigan: 17 HRS**

- BIOS 1120
- **HPHE 2400 Motor Development/Learning**
- **HPHE 2430 PE Methods: Early Elem (Sp)**
- **HPHE 1500**
- **HPHE 3460 PE & HE Methods: Special Pops (F)**
- **HPHE 1500; 2400; 2950; 2980; 3150; 3460; F/Sp**
- **HPHE 4470 PE & HE Methods: Elementary Methods**
- **HPHE 4480 PE & HE Methods: Secondary Methods (F)**
- **LS 3050 K-12 Content Literacy**
- **ES 3950 School and Society**
- **Prof 2**
- **HPHE 4100 HPHE Intern TE Seminar**
- **HPHE 4750 HPHE Intern Teaching**

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Must receive grade “C” or better

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**Notes:**

- Courses Cannot Count For Both Major/Minor
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