<table>
<thead>
<tr>
<th>GEN ED</th>
<th>PRE-REQUISITES</th>
<th>COURSES</th>
<th>TRAN/SUB/GRADE</th>
<th>CR HR</th>
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<tbody>
<tr>
<td></td>
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<td><strong>REQUIRED COGNATES</strong></td>
<td>BIOS 1120 Principles of Biology</td>
<td>BIO 101, 125, or 155</td>
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<td>BIOS 1120 or 1600 or 1610 (1500) w/&quot;C&quot; or better</td>
<td>BIOS 2110 Human Anatomy</td>
<td>BIO 240</td>
<td>4</td>
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<td>BIOS 2110 w/&quot;C&quot; or better</td>
<td>BIOS 2400 Human Physiology</td>
<td>BIO 250</td>
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<td>BIOS 1100 Lab with BIOS 1120 to fulfill Area VI</td>
<td><strong>Total Credits (11-12)</strong></td>
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**REQUIRED COURSES**

- **HPHE 1500** Foundations of Phys & Health Education (F)
- **HPHE 1650** Fitness Activities (F)
- **HPHE 1810 or 3810** First Aid
- **HPHE 1910** Teaching Assistantship (TA)
- **HPHE 2350** Theory of Coaching
- **HPHE 2400** Motor Development & Learning
- **HPHE 2440** PE & HE Methods: Elementary Methods (Sp)
- **HPHE 24470** PE & HE Methods: Secondary Methods (F)
- **HPHE 2480** PE & HE Methods: Elementary Methods (F)
- **HPHE 2490** PE & HE Methods: Secondary Methods (F)

**Total Credits (19)**

**REQUIRED PROFESSIONAL ACTIVITY COURSE**

- **HPHE 1650** Fitness Activities (F)

**Total Credits (3)**

**ELECTIVE COURSES: 6 HOURS**

- **Choose Two**
  - **HPHE 1610** Invasion Games (F)
  - **HPHE 1620** Net/Wall Games (Sp)
  - **HPHE 1630** Target/Striking/Fielding Games (F)
  - **HPHE 1640** Skills & Instruction of Early Elem & Rhythmic Movements (Sp)
  - **HPHE 2350** Theory of Coaching
  - **HPHE 3000** Seminar

**Total Credits (6)**

**Course requires “C” grade or better**

◆ Will need department or advisor assistance to register for **HPHE 4470**