

WMU Benefits Eligible Retirees and Emeriti

West Hills Athletic Club Membership Options



Benefits eligible spouse of retiree and emeriti refer to membership options for benefit eligible employee.

Surviving spouses of a retiree or emeritus please call membership (269) 387-0410 for details.



Option includes an equipment orientation, access to fitness center and group fitness classes, sauna and whirlpool.

Add on targeted weekend access for only \$18 a month

Includes equipment orientation, consultation with trainer and a body composition analysis, access to fitness center, group fitness classes, sauna and whirlpool.

> Option 1 can update to full access at any time.



Tennis Tennis lessons Tournaments Court rental

Pickleball Intro classes **Tournaments** Open play





Fitness Group Fitness classes **Personal Training Small Group Training** Pilates Reformer

Weight **Management**

Smart Start Biometrics Nutrition and Fitness



Services Massage Therapy **Pro Shop** Kids Club

For questions or to set up a tour of West Hills Athletic Club please call (269) 387-0410. For more information go to westhill sathletic.com