

Date of request: 12-OCT-2019

CEHD 1023

Request ID: E-2019-HPHE-86

College: E

Department: HPHE

Initiator name: Carol Weideman

Initiator email: carol.weideman@wmich.edu

Proposed effective term: 202040

Does course need General Education approval?: N

Will course be used in teacher education?: N

If 5000 level course, prerequisites apply to: U

Proposed course data:

Change Course PEGN 1660

Specific Course Change type selected: Title

Specific Course Change type selected: Description

1. Existing course prefix and number:

PEGN 1660

2. Proposed course title:

Intermediate Weight Training

3. Existing Banner course title:

Weight Training

4. Proposed course title to be entered in Banner:

Intermediate Weight Training

A. Please choose Yes or No to indicate if this class is a Teacher Education class:

No

B. Please choose the applicable class level:

Undergraduate

C. Please respond Yes if this is a current general education course and/or a course being submitted for the new WMU Essential Studies program. Please respond No if it is neither.

No

D. Explain briefly and clearly the proposed improvement.

Change the title and course description of PEGN 1660.

E. Rationale. Give your reason(s) for the proposed improvement. (If your proposal includes prerequisites, justify those, too.).

The change in this course is to provide students a weight training course that builds on basic weight training skills. This course will also serve as a co-requisite to HPHE 1701, Health and Personal Practices, to fulfil the Essential Studies requirement for Level 2, Exploration and Discovery, Personal Wellness.

An introductory weight training class (PEGN 1740) has been proposed; adjusting this course name and description to necessary. The course is very popular with multiple sections offered each fall (114 students Fall 2019) and spring (112 students Spring 2019).

F. List the student learning outcomes for the proposed course or the revised or proposed major, minor, or concentration. These are the outcomes that the department will use for future assessments of the course or program.

Develop an understanding and practice of personal wellness through participation in group physical activity setting.

G. Describe how this curriculum change is a response to student learning assessment outcomes that are part of a departmental or college assessment plan or informal assessment activities.
not applicable

H. Effect on other colleges, departments or programs. If consultation with others is required, attach evidence of consultation and support. If objections have been raised, document the resolution.

Demonstrate that the program you propose is not a duplication of an existing one.

No effect on other colleges, departments or programs.

I. Effect on your department's programs. Show how the proposed change fits with other departmental offerings.

The course will not affect the department in any way as it is a course that will be a stand alone or co-requisite for the Essential Studies HPHE 1701 course that has been approved.

J. Effects on enrolled students: are program conflicts avoided? Will your proposal make it easier or harder for students to meet graduation requirements? Can students complete the program in a reasonable time? Show that you have considered scheduling needs and demands on students' time. If a required course will be offered during summer only, provide a rationale.

If a student chooses this course as a corequisite to HPHE 1701, Health and Personal Practices. Students will have greater flexibility to select the physical activity course of interest because it is not pre-assigned to a specific lecture.

K. Student or external market demand. What is your anticipated student audience? What evidence of student or market demand or need exists? What is the estimated enrollment? What other factors make your proposal beneficial to students?

The development of the Essential Studies program maintains the student demand for the course. This course will also serve as an option for students looking to become more physically active while filling credit hours. It is very common for students to search for a one or two credit course due to a change in

schedule, and this will improve the options available for these students.

L. Effects on resources. Explain how your proposal would affect department and University resources, including faculty, equipment, space, technology, and library holdings. Tell how you will staff additions to the program. If more advising will be needed, how will you provide for it? How often will course(s) be offered? What will be the initial one-time costs and the ongoing base-funding costs for the proposed program? (Attach additional pages, as necessary.)

The course is already taught by a graduate teaching assistant; no additional staffing will be needed as this simply changes WHAT the instructor does during class. The Student Recreation Center is available for scheduling PEGN activity courses from 8am to 3pm; there is plenty of time to schedule this course.

M. With the change from General Education to WMU Essential Studies, this question is no longer used.

For courses requesting approval as a WMU Essential Studies course, a syllabus identifying the student learning outcomes and an action plan for assessing the student learning outcomes must be attached in the Banner Workflow system.

Not Applicable

N. (Undergraduate proposals only) Describe, in detail, how this curriculum change affects transfer articulation for Michigan community colleges. For course changes, include detail on necessary changes to transfer articulation from Michigan community college courses. For new majors or minors, describe transfer guidelines to be developed with Michigan community colleges. For revisions to majors or minors, describe necessary revisions to Michigan community college guidelines. Department chairs should seek assistance from college advising directors or from the admissions office in completing this section.

no impact

O. Current catalog copy:

PEGN 1660 - Weight Training

Course consists of individualized weight training programs.

Credits: 1 hour

Notes: Open to all students and emphasize the beginning skills in the activity given.

P. Proposed catalog copy:

PEGN 1660 Intermediate Weight Training

This course is designed to introduce the advanced beginner to intermediate weight trainer to a variety of intermediate level weight training skills associated with the elevated levels of weight training.

Credits: 1 hour

Notes: Open to all students for general credit or as a co-requisite with HPHE 1701, Health and Personal Practices, to fulfil the Essential Studies requirement for Level 2, Exploration and Discovery, Personal Wellness.

Department Curriculum Chair approver: Carol Weideman

Department Curriculum Chair comment:

Date: 12-OCT-2019

Department approver: Yuanlong Liu

Chair comment:

Date: 13-OCT-2019