

Date of request: 26-OCT-2019

CEHD 1055

Request ID: E-2019-HPHE-113

College: E

Department: HPHE

Initiator name: Carol Weideman

Initiator email: carol.weideman@wmich.edu

Proposed effective term: 202040

Does course need General Education approval?: N

Will course be used in teacher education?: N

If 5000 level course, prerequisites apply to: U

Proposed course data:

Change Course PEGN 1380

Specific Course Change type selected: Title

Specific Course Change type selected: Description

1. Existing course prefix and number:

PEGN 1380

2. Proposed course title:

Wall Climbing Techniques

3. Existing Banner course title:

Rock Climbing

4. Proposed course title to be entered in Banner:

Wall Climbing Techniques

A. Please choose Yes or No to indicate if this class is a Teacher Education class:

No

B. Please choose the applicable class level:

Undergraduate

C. Please respond Yes if this is a current general education course and/or a course being submitted for the new WMU Essential Studies program. Please respond No if it is neither.

No

D. Explain briefly and clearly the proposed improvement.

Change the name and description of PEGN 1380

E. Rationale. Give your reason(s) for the proposed improvement. (If your proposal includes prerequisites, justify those, too.).

Course changes to physical activity courses are proposed as a result of the update to the current general education course that is offered through the HPHE department. At its inception, the Health and Wellness series of courses were choices for the General Education Area VIII and designed to accommodate up to (and at some cases more than) 1,200 students/semester. Because of the high number of students and space limitations of the Student Recreation Center, the course design was such that students were provided a single day of physical activity, a single lecture, and a day to meet for discussion. Over time, the number of students have decreased for two main reasons (decreased total university enrollment numbers and an increase in Area VIII choices). Student feedback through course evaluations indicate that consistently, students desire more than one day of physical activity.

This redesign is in response to this feedback.

This course is one of a number of potential co-requisites for HPHE 1701, Health and Personal Wellness Practices. Students can choose to take the course as a stand alone, or as a co-requisite to the Level 2, Exploration and Discovery (Personal Wellness requirement).

F. List the student learning outcomes for the proposed course or the revised or proposed major, minor, or concentration. These are the outcomes that the department will use for future assessments of the course or program.

Develop an understanding and practice of personal wellness through participation in group physical activity setting.

G. Describe how this curriculum change is a response to student learning assessment outcomes that are part of a departmental or college assessment plan or informal assessment activities.

This curriculum change is in response to the transition from the General Education Program to the Essential Studies Program. Informal and formal feedback from students indicated the desire for two days of physical activity. The two days/week the course meets outside of lecture would include physical activity instead of one day of physical activity and one day of discussion.

H. Effect on other colleges, departments or programs. If consultation with others is required, attach evidence of consultation and support. If objections have been raised, document the resolution.

Demonstrate that the program you propose is not a duplication of an existing one.

No effect on other colleges, departments, or programs.

I. Effect on your department's programs. Show how the proposed change fits with other departmental offerings.

The course will not affect the department in any way as it is a course that will be a stand alone or co-requisite for the Essential Studies HPHE 1701 course that has been approved. Several sections are already offered during Fall and Spring semester. This course will be offered instead of PEGN 1770 (wall climbing), thus the number of courses offered through the department will be stable with current offerings.

J. Effects on enrolled students: are program conflicts avoided? Will your proposal make it easier or

harder for students to meet graduation requirements? Can students complete the program in a reasonable time? Show that you have considered scheduling needs and demands on students' time. If a required course will be offered during summer only, provide a rationale.

Students will have greater flexibility to select the physical activity course of interest because it is not pre-assigned to a specific lecture. Students previously had to coordinate a lecture time and physical activity course, and this will no longer be a limiting factor for scheduling purposes. This change addressed a common request (of students) to have more physical activity each week.

K. Student or external market demand. What is your anticipated student audience? What evidence of student or market demand or need exists? What is the estimated enrollment? What other factors make your proposal beneficial to students?

The development of the Essential Studies program maintains the student demand for the course. This course will also serve as an option for students looking to become more physically active while filling credit hours. It is very common for students to search for a one or two credit course due to a change in schedule, and this will improve the options available for these students. The course enrollment per section will be 12, and 6 sections will be offered during Fall and Spring semesters.

L. Effects on resources. Explain how your proposal would affect department and University resources, including faculty, equipment, space, technology, and library holdings. Tell how you will staff additions to the program. If more advising will be needed, how will you provide for it? How often will course(s) be offered? What will be the initial one-time costs and the ongoing base-funding costs for the proposed program? (Attach additional pages, as necessary.)

A current graduate teaching assistant will teach the course; no additional staffing will be needed.

M. With the change from General Education to WMU Essential Studies, this question is no longer used.

For courses requesting approval as a WMU Essential Studies course, a syllabus identifying the student learning outcomes and an action plan for assessing the student learning outcomes must be attached in the Banner Workflow system.

Not Applicable

N. (Undergraduate proposals only) Describe, in detail, how this curriculum change affects transfer articulation for Michigan community colleges. For course changes, include detail on necessary changes to transfer articulation from Michigan community college courses. For new majors or minors, describe transfer guidelines to be developed with Michigan community colleges. For revisions to majors or minors, describe necessary revisions to Michigan community college guidelines. Department chairs should seek assistance from college advising directors or from the admissions office in completing this section.

no effect

O. Current catalog copy:

PEGN 1380 - Rock Climbing

This course gives the student fundamentals of rock climbing and includes a weekend trip to cap off the experience.

Credits: 1 hour

Notes: Open to all students and emphasize the beginning skills in the activity given.

P. Proposed catalog copy:
PEGN 1390 - Wall Climbing Techniques

Wall-climbing is a multi-dimensional sport that requires strength and flexibility, as well as a high level of endurance and skill. It also offers a balance between physical exercise and mental discipline. Climbers will quickly begin to develop hand, arm, back, and core strength as a result of the movements the climber needs to scale the wall. With practice, climbers will see improvement in agility, their ability to increase strength-to-weight ratio and flexibility in hips and hamstrings. No experience needed.

Credits: 1 hour

Notes: Open to all students for general credit or as a co-requisite with HPHE 1701, Health and Personal Practices, to fulfil the Essential Studies requirement for Level 2, Exploration and Discovery, Personal Wellness.

Department Curriculum Chair approver: Carol Weideman

Department Curriculum Chair comment:

Date: 26-OCT-2019

Department approver: Yuanlong Liu

Chair comment:

Date: 28-OCT-2019