

APA Tables

Tables represent data in words and numbers in a matrix format. They should be placed as close to the narrative text mentioning them as possible. Introduce tables with phrases such as, “Table 1 presents descriptive data of the samples preference for common vegetables.” Or, “Sixty-four percent of the children in the sample said they liked broccoli, 25% said they did not, and 15% reported never trying it (Table 1).”

Below is an example of a table in APA style. Note that table label appears above the table, and “Table #” is in a Roman face, while the title of the table is in *italics*. If needed, the font size of a table can be smaller than the narrative text, but no smaller than 8 pt.

In APA style, tables have no vertical lines. Horizontal lines are only used at the top and bottom and to separate major sections of the table. Do not use horizontal lines to separate rows of data. You may change the font to a sans serif, such as Arial, if you wish.

The *Note* at the bottom cites the source of data that aren’t original to your study. You **MUST** obtain permission to reprint information that is not in the public domain. Include letters of permission in your appendix. On the next page is a template for creating your very own APA table (Table 2). Please feel free to copy, paste and make it your own!

For more examples of tables for different statistical analyses, as well as step-by-step instructions for creating tables and a great video tutorial, check out this website → <http://redbook.org.au/apa-format-creating-formatting-a-table>.

Table 1

Summary of Studies Included in Meta-Analysis on the Effectiveness of Rocking Out Like No One’s Watching (ROLNOW)

Study	<i>N</i>	Cohen’s <i>d</i>	<i>SD</i>
Atashin (2013)	384	0.86	0.63
Dumile & Jackson (2015)	176	1.21	0.95
Garcia, Homme, Oliveri, & Bjork (2014)	231	0.72	0.64
Iyer, Lehman, & Sorey (2014)	406	1.14	0.97
Onuki, Agata, & Hamamoto (2014)	127	0.63	0.41

Note. From “Attitudes Toward Dissertation Editors,” by W. Student, 2008, *Journal of Academic Optimism*, 98, p. 11. Reprinted with permission.

Table 2

Template That Shows Correct APA Formatting

	Column A	Column B	Column C	Column D
Row 1				
Row 2				
Row 3				
Row 4				

Note. Reprinted with permission from “Title of Article,” by A. N. Author and C. O. Author, year, Title of Journal, Volume, p. XX. Copyright [year] by the Name of Copyright Holder (usually the publisher).

Tip! Create your tables with the borders turned on, so you can easily see how the entries in the columns and rows line up. Once your table is complete, hide the borders that do not conform to APA style. See additional examples below.

Example With All Table Borders

Table 3			
<i>Dogs Scoring Above Average on Intelligence by Breed and Gender</i>			
Breed	Male	Female	%
Dachshund	123	234	17.6
Terrier	456	567	31.1
Siberian Husky ^a	789	891	51.3
Totals (N = 3060)	1368	1692	

Note: Average score = 150. No animals were harmed during testing.

^a Three huskies (one male, two female) escaped before testing was completed and are therefore not included in the table.

Source: Purdue OWL. (n.d.). APA tables and figures. Retrieved from https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/apa_tables_and_figures_1.html

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Example With All Table Borders

Table 4

Standardized beta coefficients for predictors of writing anxiety, among a sample of graduate students at a research-intensive university, according to different regression models.

	Model 1		Model 2		Model 3	
	Adj. $R^2 = .062$		Adj. $R^2 = .551$		Adj. $R^2 = .552$	
Predictors	β	p	β	p	β	p
Gender	.162	.037*	.158	.004**	.157	.004*
Degree Level	-.153	.040*	-.049	.348	-.055	.290
Language	.297	.031*	.007	.939	-.002	.981
International Status	.093	.504	.025	.793	.017	.864
Prior Exposure	-.013	.864	.107	.041*	.104	.047**
Writing self-efficacy			-.747	.0001***	-.722	.0001***
Emotional Intelligence					-.065	

* $p < .05$.

** $p < .01$.

*** $p < .001$.

Source: Huerta, H., Goodson, P., Beigi, M., and Chlup, D. (2017, p. 724).

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