Apple OS X Energy Management Settings[1]
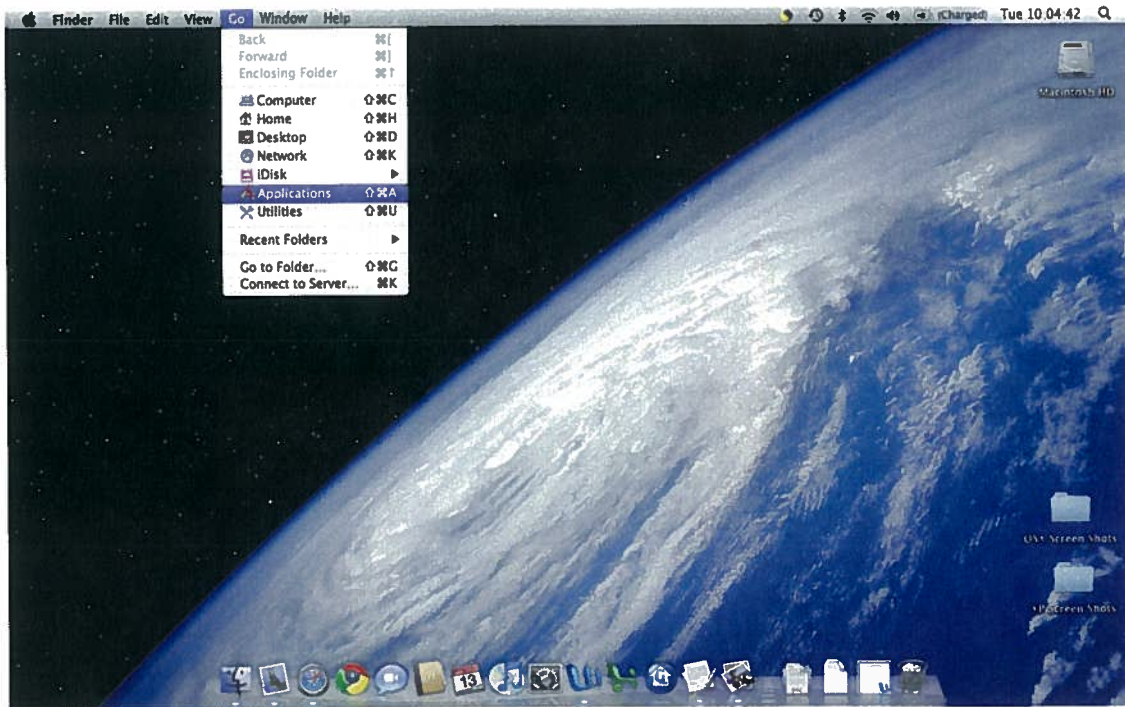
Step 1: Click on go and select applications.

Step 2: Click on the system preferences icon.

Step 3: Click on energy saver icon (light bulb).

Step 4: Adjust both computer sleep and display sleep sliders to 15 minutes.