Caring for Children Who Have Experienced Trauma: A Workshop for Resource Parents

When it’s happening:
Mondays, October 3-November 28, 2016
6:00 - 8:00 pm

What it’s all about:
- Connect with other parents to share resources
- Learn how a child’s experiences can impact their behaviors
- Explore ways to enhance your strengths as a parent
- Share and learn new skills to influence your child’s behaviors and attitudes
- Discover ways to reduce the stress of parenting

Where it’s happening:
Southwest Michigan Children’s Trauma Assessment Center
Unified Clinics Building, 1000 Oakland Drive, 3rd Floor
Kalamazoo, MI 49008

Two workshops will run simultaneously:
- Resource Parents (foster/adoptive/kinship caregivers)
  Cost per family $30
- Biological Parents
  Cost is covered through a federal grant (SAMHSA)

Class size is limited to 10 families per group or 20 people
No childcare will be provided

How to register or get more info:
Resource Parents:
Contact Denise Wheatley at
Denise.r.wheatley@wmich.edu
or call 269-387-7046

Biological Parents:
Contact Amy Mack at
Amy.mack@wmich.edu
or call 269-387-7269

“It gives the opportunity for real change and healing for the kids.”
- Previous Parent Participant

“Going through this [workshop] has really helped me to realize that the strong behaviors [my adopted son] had were not his fault, but also that they were not my fault!”
- Previous Parent Participant