



WESTERN MICHIGAN UNIVERSITY  
**Center for Disability Services**  
 College of Health and Human Services

# 2018-19 Annual Report



WESTERN MICHIGAN UNIVERSITY  
**Aging Services**

## Our Mission, Our Values

*It has been an exciting year at CDS! After acquiring the property at 110 Cork St. in 2017 followed by 18+ months of planning, construction is underway. WMU's Adult Wellness Programs will be opening later this year after extensive renovations. Funding for the project came from private donors and foundations. The building will house WMU Senior Day Services and the George Ishler Wellness Lab. Both will serve as a place for faculty to educate students while serving older adults in our community. The services will be a model for achieving optimal health and wellness.*

The mission of the Western Michigan University Center for Disability Services is to help people who because of age, illness or disability need assistance to live life fully. Through our community living, care coordination, skill building and aging services, our goal is to support a person's intellectual and physical functioning and independence by minimizing the negative impact of age or disability on their life, and assisting them to remain living at home and participating in their community. CDS also provides WMU students with an opportunity for innovative learning and discovery in the field of aging and disabilities through internships, volunteering and employment.

Our vision is to provide high quality supports and services and to help all people be active members of their community and achieve the highest quality of life possible.



*"I helped my client at CDS and my client helped me"*

*Kate Ryan, CDS employee since July 2018. Read more about Kate at [wmich.edu/disabilitycenter/kryan](http://wmich.edu/disabilitycenter/kryan)*



*Students from WMU regularly visit Senior Day Services and work with participants.*

*The programs offered at CDS are designed to empower individuals who are aging or have disabilities to become more independent, participate in their community and get the supports they need to live a joyous and healthy life.*

Our values:


- ✔ All people are valued members of society.
- ✔ All people have the right to make choices affecting their lives.
- ✔ People who receive our services are unique individuals who should be cherished, treated with sincere understanding and respect, and provided with lifelong learning opportunities.

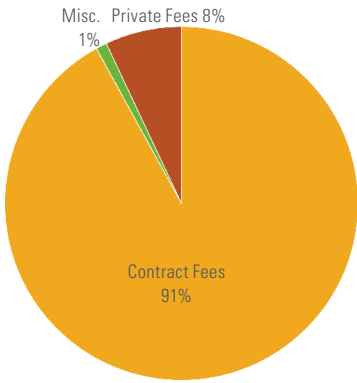
The George Ishler Wellness Lab will focus on interprofessional practice for collaborative education with students from speech, language, and hearing sciences; music therapy, physical therapy, social work, holistic health and occupational therapy.



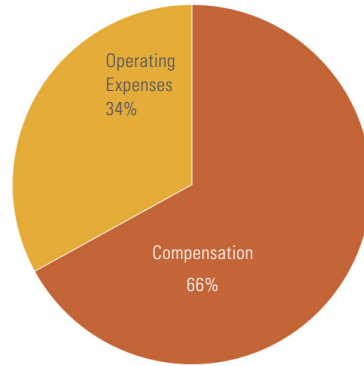
**165,981**  
Total hours of direct service

 **85%**  
average goal achievement

**93%**   
of participants met goals at CDS throughout the year



Revenues	
Private Fees	\$211,892
Contract Fees	\$2,512,337
Misc.	\$30,911
<b>TOTAL</b>	<b>\$2,755,140</b>



Expenses	
Compensation	\$1,694,286
Operating Expenses	\$875,385
<b>TOTAL</b>	<b>\$2,569,671</b>

**115** student employees

**3**



evidence-informed cognitive exercise programs

**251**  
people served

**\$471,962**

paid out for student wages



**97.78%**

of community connections participants agree that they have adequate access to the community through services CDS provides.

**80%**

of in-home care clients report that they are able to remain living at home because of the services we provide.



**42%**

of individuals served at WMU Senior Day Services are Veterans



Hosted  
**112**

intern and practicum students from WMU

**712**

participant goals attempted