



WESTERN MICHIGAN UNIVERSITY  
**Center for Disability Services**  
 College of Health and Human Services

# 2019-20 Annual Report



WESTERN MICHIGAN UNIVERSITY  
**Aging Services**

## Our Mission, Our Values

*The mission of the Western Michigan University Center for Disability Services is to help people who because of age, illness or disability need assistance to live life fully. Through our community living, care coordination, skill building and aging services, our goal is to support a person's intellectual and physical functioning and independence by minimizing the negative impact of age or disability on their life, and assisting them to remain living at home and participating in their community.*

*CDS also provides WMU students with an opportunity for innovative learning and discovery in the field of aging and disabilities through internships, volunteering and employment.*

*Our vision is to provide high quality supports and services and to help all people be active members of their community and achieve the highest quality of life possible.*

It has been an unprecedented year at CDS! After acquiring the property at 110 Cork St. in 2017 followed by two years of planning and construction, WMU's Adult Wellness Programs opened on January 2, 2020. Shortly thereafter, the COVID-19 pandemic hit and the shelter in place order in Michigan was announced. All day program services were immediately suspended.

Our everyday heroes providing Community Living Supports and Support Coordination continued to provide essential services throughout the pandemic to people who rely on CDS for support in their homes.

During the next four months we worked hard to protect the health and safety of all consumers and employees, but we wondered what the future would be like. The financial losses were significant and many employees lost their jobs at CDS. Fortunately the Cares Act Provider Relief Funding, along with Integrated Services of Kalamazoo, gave CDS the resources to restore services and reopen day services in June of 2020. It has been a slow process to hire employees and arrange for consumers to return to services. Health and safety plans for operating during COVID-19 are critical and have been closely followed. We remain optimistic about the future and we appreciate the support we have received during these difficult times.

*The programs offered at CDS are designed to empower individuals who are aging or have disabilities to become more independent, participate in their community and get the supports they need to live a joyous and healthy life.*



Mind Aerobics™ memory enhancement classes were held at WMU's Adult Wellness Programs and Senior Day Services.

Our values:

- ✔ All people are valued members of society.
- ✔ All people have the right to make choices affecting their lives.
- ✔ People who receive our services are unique individuals who should be cherished, treated with sincere understanding and respect, and provided with lifelong learning opportunities.

The George Ishler Wellness Lab will focus on interprofessional practice for collaborative education with students from speech, language, and hearing sciences; music therapy, physical therapy, social work, holistic health and occupational therapy.



Pet Therapy was a highlight of the year at the Community Connections program



158,744

Total hours of direct service



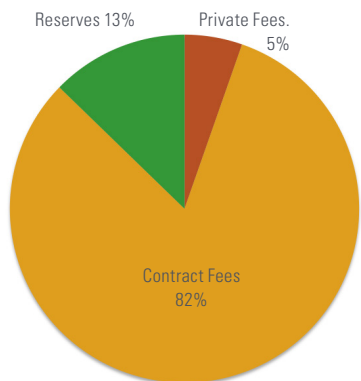
88%

average goal achievement

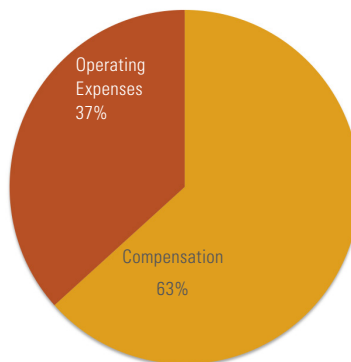


98%

of participants met goals at CDS throughout the year



Revenues	
Private Fees	\$126,260
Contract Fees	\$1,932,791
Reserves	\$300,000
TOTAL	\$2,359,051



Expenses	
Compensation	\$1,592,965
Operating Expenses	\$921,401
TOTAL	\$2,514,366

\* These figures were obtained prior to the Cares Provider Relief Funding and the Integrated Services of Kalamazoo financial support.

102 student employees

217

people served



\$386,984

paid out for student wages

### Adult Wellness Center

The WMU Adult Wellness Center on Cork St. opened its doors in January and welcomed community members to participate in classes and activities. Some offerings included:

- Tai Chi
- Memory enhancement classes
- Art Therapy
- Music Therapy
- Health Screenings



31%

of individuals served at WMU Senior Day Services are Veterans



Hosted

63

intern and practicum students from WMU

909

participant goals attempted

