

# November 2020

## Senior Day Services Enrichment Activity Calendar

| Monday                                                                                                                                                                                                                                                                                                                                    | Tuesday                                                                                                                                                                                                                                                                                                                         | Wednesday                                                                                                                                                                                                                                                                                                                                                                | Thursday                                                                                                                                                                                                                                                                                                              |
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| 8:00-9 Coffee/Social Club <b>2</b><br>9:00-1 Table Games<br>10-11: Music w/Amy<br>11:00 <a href="#">Seated Aerobics</a><br>11:30 Pictionary<br><b>12:00</b> Lunch 🍴<br>12:30 Floor games<br>1:00 Ping pong game<br>1:30 Snack<br>2:00 Music Therapy<br>2:30 Music Therapy<br>3:00 Walking Club<br>3:30 Trivia/Music/Wrap up               | 8:00-9 Coffee/Social Club <b>3</b><br>9:00-1 Table Games<br>10-11: Music Therapy<br>11:00 Horseshoes<br>11:30 Old Wives Tales #1<br><b>12:00</b> Lunch 🍴<br>12:30 Floor games<br>1:00 <a href="#">Tai Chi</a><br>1:30 Snack<br>2:00 Bingo<br>2:30 Yahtzee<br>3:00 Walking Club<br>3:30 Trivia/Music/Wrap up                     | 8:00-9 Coffee/Social Club <b>4</b><br>9:00-1 Table Games<br>10-11: Music w/Amy<br>11:00 <a href="#">Chair Exercises</a><br>11:30 Bingo<br><b>12:00</b> Lunch 🍴<br>12:30 Floor games<br>1:00 Big Dice<br>1:30 Snack<br>2:00 Music Therapy<br>2:30 Music Therapy<br>3:00 Walking Club<br>3:30 Trivia/Music/Wrap up                                                         | 8:00-9 Coffee/Social Club <b>5</b><br>9:00-10 Table Games<br>10-11: Music Therapy<br>11:00 Table Games<br>11:30 Craft<br><b>12:00</b> Lunch 🍴<br>12:30 Floor games<br>1:00 <a href="#">Stretches</a><br>1:30 Snack/ America Says<br>2:00 Bingo<br>2:30 Walking Club<br>3:00 Coloring<br>3:30 Trivia/Music/Wrap up     |
| 8:00-9 Coffee/Social Club <b>9</b><br>9:00-1 Table Games<br>10-11: Music w/Amy<br>11:00 Hangman<br>11:30 Pictionary<br><b>12:00</b> Lunch 🍴<br>12:30 Floor games<br>1:00 <a href="#">Seated Aerobics</a><br>1:30 Snack<br>2:00 Music Therapy<br>2:30 Music Therapy<br>3:00 Walking Club<br>3:30 Trivia/Music/Wrap up                      | 8:00-9 Coffee/Social Club <b>10</b><br>9:00-1 Table Games<br>10-11: Music Therapy<br>11:00 It happened in<br>11:30 November /quiz<br><b>12:00</b> Lunch 🍴<br>12:30 Floor games<br>1:00 <a href="#">Tai Chi</a><br>1:30 Snack<br>2:00 Bingo<br>2:30 Yahtzee<br>3:00 Walking Club<br>3:30 Trivia/Music/Wrap up                    | 8:00-9 Veteran's Day Celebr <b>11</b><br>9:00-1 Table Games<br>10-11: Music w/Amy<br>11:00 Mind Aerobics<br>11:30 Who am I? November B-days<br><b>12:00</b> Lunch 🍴<br>12:30 Floor games<br>1:00 <a href="#">Chair Exercises</a><br>1:30 Snack<br>2:00 Music Therapy<br>2:30 Music Therapy<br>3:00 Walking Club<br>3:30 Trivia/Music/Wrap up                             | 8:00-9 Coffee/Social Club <b>12</b><br>9:00-10 Table Games<br>10-11: Music Therapy<br>11:00 Table Games<br>11:30 Craft<br><b>12:00</b> Lunch 🍴<br>12:30 Ping Pong Game<br>1:00 <a href="#">Stretches</a><br>1:30 Snack/ America Says<br>2:00 Bingo<br>2:30 Walking Club<br>3:00 Yahtzee<br>3:30 Trivia/Music/Wrap up  |
| 8:00-9 Coffee/Social Club <b>#</b><br>9:00-1 Table Games<br>10-11: Music w/Amy<br>11:00 Mind Aerobics<br>11:30 Popular sayings and their<br><b>12:00</b> Lunch 🍴<br>12:30 Floor games<br>1:00 <a href="#">Seated Aerobics</a><br>1:30 Snack<br>2:00 Music Therapy<br>2:30 Music Therapy<br>3:00 Walking Club<br>3:30 Trivia/Music/Wrap up | 8:00-9 Coffee/Social Club <b>17</b><br>9:00-1 Table Games<br>10-11: Music Therapy<br>11:00 Mind Aerobics<br>11:30 Spot the difference<br><b>12:00</b> Lunch 🍴<br>12:30 Floor games<br>1:00 Big Dice<br>1:30 Snack<br>2:00 Gratitude month<br>2:30 Bingo<br>3:00 Walking Club<br>3:30 Trivia/Music/Wrap up                       | 8:00-9 Coffee/Social Club <b>18</b><br>9:00-1 Table Games<br>10-11: Music w/Amy<br>11:00 Mind Aerobics<br>11:30 Gratitude month<br><b>12:00</b> Lunch 🍴<br>12:30 Floor games<br>1:00 Photos from our past<br>1:30 Snack<br>2:00 Music Therapy<br>2:30 Music Therapy<br>3:00 Walking Club<br>3:30 Trivia/Music/Wrap up                                                    | 8:00-9 Coffee/Social Club <b>19</b><br>9:00-10 Table Games<br>10-11: Music Therapy<br>11:00 Table Games<br>11:30 Craft<br><b>12:00</b> Lunch 🍴<br>12:30 Parachute/Volleyball<br>1:00 <a href="#">Stretches</a><br>1:30 Snack/Game Show<br>2:00 Bingo<br>2:30 Walking Club<br>3:00 Farkle<br>3:30 Trivia/Music/Wrap up |
| 8:00-9 Coffee/Social Club <b>#</b><br>9:00-1 Table Games<br>10-11: Music w/Amy<br>11:00 Twigs in a vase<br>11:30 gratitude tree<br><b>12:00</b> Lunch 🍴<br>12:30 Floor games<br>1:00 <a href="#">Seated Aerobics</a><br>1:30 Snack<br>2:00 Music Therapy<br>2:30 Music Therapy<br>3:00 Big Dice<br>3:30 Trivia/Music/Wrap up              | 8:00-9 Coffee/Social Club <b>24</b><br>9:00-1 Table Games<br>10-11: Music Therapy<br>11:00 Mind Aerobics<br>11:30 Thanksgiving word search<br><b>12:00</b> Lunch 🍴<br>12:30 <a href="#">Seated Aerobics</a><br>1:00 Big Dice<br>1:30 Snack<br>2:00 Walking Club<br>2:30 Music Bingo<br>3:00 Farkle<br>3:30 Trivia/Music/Wrap up | 8:00-9 Coffee/Social Club <b>25</b><br>9:00-1 Interesting thanksgiving facts<br>10-11: Music w/Amy<br>11:00 <a href="#">Seated Aerobics</a><br>11:30 Thanksgiving quiz<br><b>12:00</b> Lunch 🍴<br>12:30 Floor games<br>1:00 The history of thanksgiving video<br>1:30 Snack<br>2:00 Music Therapy<br>2:30 Music Therapy<br>3:00 Ladder Ball<br>3:30 Trivia/Music/Wrap up |                                                                                                                                                                                                                                                                                                                       |
| 8:00-9 Coffee/Social Club <b>#</b><br>9:00-1 Table Games<br>10-11: Painting - Art Appreciation<br>11:00 Mind Aerobics<br>11:30 Halloween Word Game<br><b>12:00</b> Lunch 🍴<br>12:30 Floor games<br>1:00 Mark Twain's B-day<br>1:30 Snack<br>2:00 Music Therapy<br>2:30 Music Therapy<br>3:00 Big Dice<br>3:30 Trivia/Music/Wrap up        |                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                       |