

# Center for Disability Services



## 2021-22 Annual Report




**WESTERN  
MICHIGAN  
UNIVERSITY**

The **mission** of the Western Michigan University Center for Disability Services is to help people who because of age, illness or disability need assistance to live life fully. Through our community living, care coordination, skill building and aging services, our goal is to support a person's intellectual and physical functioning and independence by minimizing the negative impact of age or disability on their life, and assisting them to remain living at home and participating in their community.

CDS also provides WMU students with an opportunity for innovative learning and discovery in the field of aging and disabilities through internships, volunteering and employment.

Our **vision** is to provide high quality supports and services and to help all people be active members of their community and achieve the highest quality of life possible.

### Our values:

-  All people are valued members of society.
-  All people have the right to make choices affecting their lives.
-  People who receive our services are unique individuals who should be cherished, treated with sincere understanding and respect, and provided with lifelong learning opportunities.

### Introducing our new Director

Dear Friends and CDS Community,

I am truly delighted to be part of this incredible community. It is a great honor to accept the appointed role as Director for the Center for Disability Services and I look forward to supporting the ongoing work of a dedicated team.



**Dr. Andrea Perez**

As we begin this journey together, I want to start by recognizing the retirement of Dr. Carol Sundberg, former executive director of CDS. Carol dedicated 30+ years to CDS and has been instrumental in developing the robust programs that impact the daily lives of the individuals we serve today. We are grateful for her leadership and the many accomplishments achieved through her dedication to CDS and Western Michigan University.

The past two+ years of Covid-19 have brought forth unique challenges for our programs. We've made many adjustments to our practices to keep our clients and employees safe. The pandemic has highlighted more than ever before the value and enrichment our services bring to the lives of those we serve and the undeniable dedication of our employees. I am incredibly proud to have such an amazing team of individuals working to ensure our programs are thriving and continuing to evolve as we strive to meet the ever-changing needs of our community.

I look forward to getting to know each of you,

Dr. Andrea Perez

### Advisory Board Update

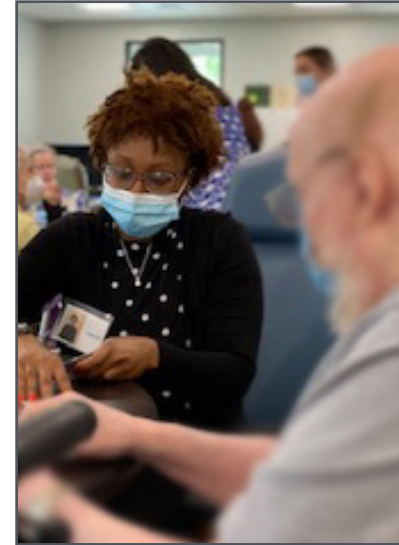
Dr. Debra Lindstrom has completed her final calendar year as our long-time Advisory Board Chairperson.

Dr. Jonathan Baker, Chair of the Department of Psychology at Western Michigan University has been voted in by the CDS Advisory Board and officially assumed the role of Advisory Board Chairperson.

A message from Debra: "I have enjoyed my time with CDS, learning from and supporting this very needed and well-run program for people with disabilities. I feel Jon is a great person to advise the CDS executive director due to his years of experience with CDS and the population we serve, his connection with WMU and students, his research interests which align with our mission, and his strong mentoring relationship with our current director".



**Dr. Jonathan Baker**



### Advisory Board Members

**Dr. Jonathan Baker, Chairperson**  
Chair, Department of Psychology

**Dr. Diane Anderson**  
Vice President for Student Affairs,  
WMU

**Deanna Bush**  
Faculty Specialist in Music Therapy  
and Coordinator of Clinical  
Experiences

**Dr. Betty Dennis**  
Director, Office of Diversity, Equity, and  
Inclusion, Faculty Specialist II

**Cindy Green**  
Retired, Kalamazoo Public Schools  
Assistant Superintendent

**Sharon Hunt**  
Parent contact

**Dr. Yvonne Jackson**  
Assistant Professor, Physical Therapy,  
WMU

**Dr. James Leja**  
Professor and Chair Emeritus  
Department of Blindness and Low  
Vision Studies

**Kimberly Middleton**  
Deputy Director, Zhang Portage  
Community Senior Center



The programs offered at CDS are designed to empower individuals who are aging or have disabilities to become more independent, participate in their community and get the supports they need to live a joyous and healthy life.

386,935

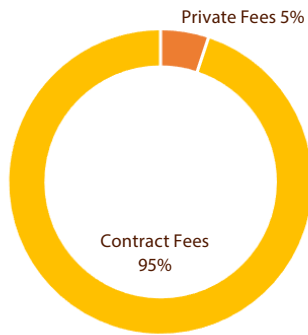
Total units of direct service

\* 1 unit = 15 minutes

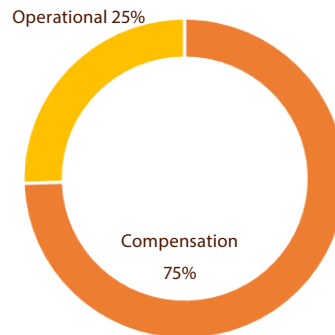
87%



of participants met goals at CDS throughout the year



Revenues	
Private Fees	\$106,571
Contract Fees	\$1,978,992
<b>TOTAL</b>	<b>\$2,085,563</b>



Expenses	
Compensation	\$1,472,694
Operational	\$503,337
<b>TOTAL</b>	<b>\$ 1,976,031</b>

91 student employees

Senior Day Services special activities this year:

250  
people served

\$595,198.68  
paid out in  
student wages



- Boxing
- Yoga
- Stretching and aroma therapy
- Pet therapy
- Kalamazoo symphony
- Fall risk assessments
- WMU nursing students

21%  
of individuals served at WMU Senior Day Services are Veterans



Hosted  
**105**  
Intern and Practicum students from Music, OT, PT, Nursing, Speech and Psychology

- Skill Building Activities and Community Outings:
- First day shoe fund
    - Acorn farms
    - Meals on wheels
    - WMU recycling
    - Bronco Bash
    - Swimming
  - WMU Rec Center
  - Music therapy

Our residential and skill building participants joined the WMU symphony and learned to play a variety of instruments, including the drums, trumpet, violin, and several others. After they practiced diligently and learned to read the music sheets, they then performed at Miller auditorium for both the Winter and Spring concerts.

