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**Senior Day Activity Calendar**

**Monday**
- 9:00: Coffee + Conversation
- 9:30: Table Games + Craft
- 10:00: Table Games + Craft
- 10:30: Puppies
- 11:00: Cardio Drumming
- 11:30: Fall Prevention Stretches
- 12:00: Lunch
- 12:30: Guess the Landmark
- 1:00: Volleyball
- 1:30: Bowling
- 2:00: Dice Golf
- 2:30: Vocabulary
- 3:00: Conversation Cards
- 3:30: Yoga
- 4:00: Beauty Club

**Tuesday**
- 9:00: Coffee + Conversation
- 9:30: Table Games + Craft
- 10:00: Table Games + Craft
- 10:30: Puppies
- 11:00: Cardio Drumming
- 11:30: Fall Prevention Stretches
- 12:00: Lunch
- 12:30: Famous Groups Quiz
- 1:00: Seated Dance Yoga
- 1:30: Bowling
- 2:00: Blank Slate Game
- 2:30: Pictionary
- 3:00: Dice Golf
- 3:30: Charades
- 4:00: Word Searches

**Wednesday**
- 9:00: Coffee + Conversation
- 9:30: Table Games + Craft
- 10:00: Table Games + Craft
- 10:30: Puppies
- 11:00: Cardio Drumming
- 11:30: Fall Prevention Stretches
- 12:00: Lunch
- 12:30: Famous Women Quiz
- 1:00: Seated Dance Yoga
- 1:30: Bowling
- 2:00: Blank Slate Game
- 2:30: Pictionary
- 3:00: Conversation Cards
- 3:30: Yoga
- 4:00: Beauty Club

**Thursday**
- 9:00: Coffee + Conversation
- 9:30: Table Games + Craft
- 10:00: Table Games + Craft
- 10:30: Puppies
- 11:00: Cardio Drumming
- 11:30: Fall Prevention Stretches
- 12:00: Lunch
- 12:30: Guess the Celebrity
- 1:00: Fall Prevention Stretches
- 1:30: Spin the Wheel
- 2:00: Blank Slate Game
- 2:30: Fall Prevention Stretches
- 3:00: Tabletop Bowling
- 4:00: Craft Prep

**Friday**
- 9:00: Coffee + Conversation
- 9:30: Table Games + Craft
- 10:00: Table Games + Craft
- 10:30: Puppies
- 11:00: Cardio Drumming
- 11:30: Fall Prevention Stretches
- 12:00: Lunch
- 12:30: Vintage Clothes
- 1:00: Fall Prevention Stretches
- 1:30: Bowling
- 2:00: Blank Slate Game
- 2:30: Fall Prevention Stretches
- 3:00: Shut the Box
- 4:00: Craft Prep

**May**