



ATYP Tips and Techniques

ENGLISH 9 VERSION

Why are we here?

Online learning is hard!

Orientation was not at its best.

Review can be useful.

Time you can ask questions – write them in the chat and we will answer them when we get to the appropriate topic.

Revisions

They want me to do what? Why?

Revisions are common in the real world – ask your parents how many times they revise reports or presentations or any number of work items!

They are not extra – not extra credit, not optional – they are an important part of learning in our English program

Analogy to sports

Formatting

Why do I need to single space some things and double space others?

Most formatting has a specific purpose

- Single spacing for short things
- Double spacing for long things to make them easier to read
- Headings give important information but shouldn't be counted in the length of an assignment

By addressing formatting issues early, you avoid making the same mistakes each week

Formatting

I don't know how? How do I figure this stuff out?

Your teacher will frequently talk about these things in class – check their presentations from the first few weeks for ideas.

Google it! Technology can be used to learn technology. That is a skill for the future.

Ask for help from your friends or other adults in your life.

Ask Dr. Kelly!

Help Sessions

I don't need help – I can do this on my own. Or can I?

- ❑ Attending help sessions doesn't show weakness or deficits – it shows that you know when something isn't gelling, and you need more input.
- ❑ Sunday session from 4-6 p.m. with Jake is English 9 specific. They will discuss assignments and ways to approach them.
- ❑ Monday – Wednesday evening sessions are more 1-1 with a tutor.
- ❑ Email Jake with questions as well!

Responses

My teacher really wants a response from me?

- ❑ Email is the way we have to communicate – check it often.
- ❑ If a teacher emails you and says to respond, do so. You are learning a lifelong skill.
- ❑ Questions in class? Chat or email your teacher. Respond by chat or verbally.
- ❑ Weekly emails are to read – it's quick and gives you lots of information.

eLearning

Dropbox Folders


View History

- Awards
- Dropbox
- Quizzes
- Self Assessments
- Attendance
- Rubrics
- Grades


Score

Weak/Fair ▾




Grade Item: [Week 7 Essay \(Description\)](#)



Student View Preview

 Weak/Fair ▾

Feedback

   ▾ ...

Good start! Think of this less as

Folder	Con
No Category	
Week 3 Revisions	No
Week 4 Presentation	Not Submitted
Closed Oct 2, 2020 11:05 PM	

Bookmarks

Course Schedule

11

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Library Resources

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Logical Fallacy Fun

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Finds

Overdue

Upcoming

Full Schedule

Today

No events scheduled

Tomorrow

Friday, November 20, 2020

Wk 11 - Grammar Post-test - Availability Ends

11:05 PM

 [Wk 11 - Grammar Post-test](#)

 Starts Nov 17, 2020 3:00 PM Ends Nov 20, 2020 11:05 PM

eLearning

There's so much in eLearning, how do I find what I need?

Search Topics 🔍

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Course Information ▾

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eLearning

There's so much in eLearning, how do I find what I need?

Don't do your homework in one or two days!

MS. NAN WILL TALK MORE ABOUT THIS IN A MINUTE

Executive Functioning Skills

Following instructions
that have multiple steps

Listen

Listen carefully when the instructor is discussing the assignment

Take
Notes

Take notes on the instructions

Pay
Attention

Pay attention to what others are asking (they may have the same questions you do) – and to the answers

Ask

Ask any clarifying questions you have

Executive Functioning Skills

Sustaining attention over
long periods

Timer	Set a timer for the length of time you can focus, and work until at least that time OR
Break	Complete a short assignment and take a small break
Relax	Do something relaxing in the short breaks but use a timer to return
Focus	Digital devices add to your inability to focus

Executive Functioning Skills

Some students struggle with getting started on assignments.

Getting Started	Knowing WHERE to begin and knowing HOW to begin.
Lists	Detailed lists that break larger assignments into manageable chunks are helpful.
Reward	Some students like to start with their favorite assignment; some students like to start with their least favorite and get it done.
Goals	Set reasonable goals for tasks to complete every day. Consider putting your to-do list for each day somewhere where you can see it.

Executive Functioning Skills

Time Management

Chunks	Look at your weekly schedule and find chunks of time
Short	Find small assignments for the short chunks of time
Long	Fit longer assignments into longer chunks of time and multiple time slots
Help	Come to Ms. Nan's office hours for help

Executive Functioning Skills

Procrastination

Avoid	Avoidance breeds anxiety. If a student is procrastinating, try to ascertain why.
Perfect	Many students who procrastinate do it because they have perfectionistic tendencies they don't know how to deal with.
Healthy	I really want to do the very best I can, and I want it to be just right.
Unhealthy	I am so worried that it isn't perfect that I can't ...

Executive Functioning Skills

Learning from mistakes

Listen	Listen to the intent with which the feedback was given. The goal of every person here is to help you to become your best self.
Be Open	Be open to their suggestions. If you appear to be listening but your ears are closed, you will not experience the growth you want to see.
Don't	Even when it's hard, try not to get overly angry or sad about the feedback.
?	Once you've really listened to the feedback ask yourself...

Executive Functioning Skills

Learning from mistakes -
revisions

Learn	Revisions are a way of learning from your mistakes in a constructive way.
ALL	All great writers revise their work. Continuously. It's how good writing becomes great writing.
Apply	The sooner you do them the sooner you can apply what you learned from that process and apply it to your next assignment.
Proof read	PROOFREAD YOUR WORK! Your teacher will love you if you check for spelling and grammatical errors before you turn assignments in!

Executive Functioning Skills

When to ask for help

Effort	Have you put a worthwhile effort into thinking it through?
Who	Who is the best person to ask for help if you need it?
Parents	Parents should not be your main source for academic help, but they are a great support system. Use them wisely.
Parents	Help you think about how to organize your work or schedule and verify that you are on track to meet your goals.

Social Emotional Skills

Everyone has a bad day

De-stress	Take a few minutes to de-stress – watch t.v., play music, or catch some cute YouTube videos of cats.
Relax	Try relaxation techniques like yoga or meditation. Try Smiling Mind app https://www.smilingmind.com.au .
Nature	Go outside and take a walk.
Reward	Set up a rewards system (student or parents).

Bad days are made worse by being:

- Hungry
- Tired
- Lonely
- Angry



This is a stressful time for everyone! Make sure to get enough ...

Sleep

Healthy foods

Exercise

Human Connection

Time for Relaxation and Unwinding