COURSES, TRIPS AND EVENTS

Fall 2018  wmich.edu/olli
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PURPOSE
The Osher Lifelong Learning Institute at Western Michigan University was developed to provide intellectual and cultural learning experiences for mature adults in an informal and stimulating environment. People with diverse backgrounds come together to share interests and delve into new areas of exploration. Courses and activities are developed by OLLI at WMU members with the support of the staff of WMU Extended University Programs. Members may volunteer as planners, instructors, committee members or advisory board members.
MESSAGE FROM OUR DIRECTOR

Fall 2018

Dear OLLI Participants:

“If everyone is moving forward together, then success takes care of itself.” — Henry Ford

Thank you for your patience as we launched our new registration system in summer 2018. As the saying goes, “If something can go wrong, it probably will”. Fortunately, with your cooperation, things seemed to have gone well. Many of you were able to navigate the new system without assistance. And thanks to staff members Joyce, Harold and Rebekah, who were pleased to help with any problems.

In February 2018, OLLI at WMU celebrated its seventh birthday. From its beginning as the Lifelong Learning Academy to our present Osher Lifelong Learning Institute, we have greatly benefited from the support of our members. From 46 courses and trips that first year to 126 in 2017, our members have provided valuable insights, suggestions, criticisms and applause. One of our major ways of receiving your ideas (anonymously) is through our courses/trips/events evaluations. The information you provide helps us to identify problems as well as successes. Please take time to complete the evaluation and make sure your voice is heard. We need your criticisms as well as your applause. Thanks to Molly Williams, Chair of Assessment and Evaluation, the information is compiled into a form that provides an analysis for review by our Executive Committee and Advisory Board.

Our fall schedule contains a wide variety of offerings: courses, trips, events and general information about how OLLI works. Please share the information with a friend or acquaintance.

Happy fall!

Shirley A. Swanson, Director
Osher Lifelong Learning Institute at WMU
shirley.swanson@wmich.edu
Creating a more sustainable OLLI at WMU

By donating to OLLI at WMU, you are directly involved in creating a more sustainable program and sharing the gift of lifelong learning. Your gift will be used to expand our program to more people in our Southwest Michigan community and to create a more expansive experience for those already involved.

Fund Designation:  ○ Operations  ○ Scholarships

Name: ____________________________________________________________

Address: __________________________________________________________

__________________________________________________________________

Telephone: ________________________________________________________

Email: ____________________________________________________________

○ Gift in memory of:_______________________________________________

○ Gift in honor of:_________________________________________________

Checks payable to WMU Foundation

Method:  ○ Visa  ○ MasterCard  ○ Discover  ○ Check

Amount of Donation:  ○ $25  ○ $100  ○ $250  ○ $___________

Card Number: ______________________________________________________

Exp Date: _________________  Security Code:________________

Signature: _________________________________________________________

○ Please notify the following of this gift:

Name: ____________________________________________________________

Address: __________________________________________________________

__________________________________________________________________

If you would like to give a gift online, you can go to:
wmich.edu/olli/help-us/gift
REGISTRATION AND GENERAL INFORMATION

1. **Membership:** Individual memberships are $35 per year and are nontransferable. Memberships can be purchased online or through the OLLI at WMU office. Our annual renewal date is July 1.

2. **How to register for courses:**
   (Members Aug. 7 at 10 a.m., non-members Aug. 21.)
   a. Register online at wmich.edu/olli/courses
   b. Call the OLLI office at (269) 387-4200.
   c. Mail in a registration form (please call for course availability before sending a check).
   d. Visit 3202 Ellsworth Hall on WMU’s main campus.

3. **How to register for trips:** *(Trip registration dates vary by trip.)*
   Register for trips by calling AAA at (800) 887-4971. Trips are not available for online registration.

4. **Course fees:** Current fees are based on $10 per two-hour session for members and $20 for nonmembers. Other fees may apply.

5. **Confirmations:** If you register by mail or over the phone, you will receive a confirmation and a receipt of payment from the office. If you have an email address on file, you will receive confirmations electronically. Online users will get a confirmation immediately via email.

6. **Cancellations:** If you registered for a course and it is canceled, you may receive a refund or apply your course fee to another course if space is available. Occasionally, an instructor needs to miss a session and will reschedule. Registrants will be notified of changes.

7. **Course withdrawals:** You may withdraw from a course by contacting the OLLI office. Nonattendance or notifying the instructor is not an official cancellation. Refund guidelines are below.

8. **Refunds:** You will be eligible for a refund (minus a $5 withdraw fee) if you withdraw from a course at least two weeks before the first session. If you withdraw from a course less than two weeks before the first session, fees will be refunded in emergency cases only.

9. **Parking Permits:** For courses held on WMU’s campus, OLLI at WMU pays for your parking. Other course locations do not require permits. Please let the office know if you have a WMU permit or a disability parking placard/license plate, as you will not need a parking permit. Parking permits are emailed one to two weeks before the first session of your course.

10. **Disabilities:** If you have a visual or auditory disability, please make the OLLI at WMU office aware. We will do our best to accommodate your needs.

11. **Disability Parking:** If no disability parking spots are available, with a valid disability placard or license plate, you may park in any available space, including metered spots (except reserved parking).
WEATHER AND OTHER CLASS CANCELLATION PROCEDURES

If Western Michigan University classes are canceled for any reason, OLLI classes are also canceled. It is the participant’s responsibility to consult the WMU website, OLLI website and/or local media regarding weather or other closures. Websites, radio stations and TV stations will carry status announcements.

- WMU website: wmich.edu
- OLLI website: wmich.edu/olli
- Radio: 102.1 FM (WMUK) and 89.1 FM (WIDR)
- TV: Channel 3 (WWMT)
- Telephone: (269) 387-1001 or (269) 387-4200

Instructors reserve the right to cancel a class for weather or other reasons. The instructor will notify course participants accordingly and will work with course members to arrange a makeup session.

IMPORTANT DATES FOR FALL 2018

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>August 1</td>
<td>Fall Kickoff</td>
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<tr>
<td>August 7</td>
<td>Member registration begins</td>
</tr>
<tr>
<td>August 21</td>
<td>Non-member registration begins</td>
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<tr>
<td>September 7</td>
<td>Eclectic Hour Lecture Series begins</td>
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<tr>
<td>September 12</td>
<td>New Member Get-Together</td>
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<tr>
<td>September 27</td>
<td>Members’ Tour of the Kalamazoo County</td>
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<td></td>
<td>Juvenile Home</td>
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<tr>
<td>November 14</td>
<td>OLLI Annual Membership Meeting</td>
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</table>
SPECIAL EVENTS

Fall Kickoff Ice Cream Social and More

Wednesday, Aug. 1, 2 - 4 p.m.
Center Point Church
2345 North 10th Street

Summer courses are over and by August OLLI members are usually eager to hear about courses, events and trips for fall. Join us for Plainwell Ice Cream (alternative options available for those who don’t eat sweets) and a chance to catch up on future OLLI happenings. This is a great opportunity to hear about the new courses from the instructors themselves. A list of participating instructors will be available at the registration table. This is a perfect event for you to introduce OLLI to your friends and neighbors. Please think about inviting a nonmember to come to the kick off. In addition to hearing about the new courses, you will have the opportunity to:

- Discover more about the fall OLLI trips.
- Hear from the League of Women Voters on the importance of your participation in the November election.
- Visit committee tables and learn how your time, even 2 hours a month, can contribute to OLLI’s success.
- Enjoy refreshments.
- Help the Kalamazoo Literacy Council by donating supplies such as notebooks, pens, pencils, pads, etc.

If you haven’t already made a reservation, please do so at once by calling the OLLI office at (269) 387-4200. Nonmembers are welcome to attend. Please note there is plentiful parking at Center Point Church.

New Member Get-Together

Wednesday, Sept. 12, 2 - 4 p.m.
Skyrise Luxury Apartments Clubroom
525 S. Burdick Street

From time to time, OLLI has sponsored opportunities for new members to be acquainted with each other, with seasoned OLLI members and with the inner workings of the organization. So, plan to spend a little time over refreshments learning more about the great Osher Lifelong Learning Institute you have joined. We will answer any questions you may have. New members will receive an email invitation and will be asked to make a reservation. Nonmembers are welcome to attend, as are current members who just want to learn more about OLLI.
Members’ Tour of the Kalamazoo County Juvenile Home

Thursday, Sept. 27, 1 - 2:30 p.m.
Kalamazoo County Juvenile Home
1424 Gull Road
Open to 40 Members

Join OLLI members for a free tour of the Kalamazoo County Juvenile Home. The Kalamazoo County Juvenile Home provides a safe, secure learning environment that promotes growth, choices and alternatives to the youth in its care. In addition to touring this state of the art facility, we will learn about the educational and vocational training programs in place to assist the residents of the facility. Parking could be somewhat limited, so car-pooling is encouraged. Please register for this event when you register for courses or call the OLLI office at (269) 382-4200.

Annual OLLI Membership Meeting

Wednesday, Nov. 14, 2 - 4 p.m.
Kalamazoo Institute of Arts • 535 W. South Street

Part social event, part business meeting, the Annual OLLI Membership Meeting will take place again this year at the Kalamazoo Institute of Arts. A brief business meeting, including information on activities and budget and election of new advisory board members along with an update on the Osher Foundation, will take place. Meet staff, volunteers and advisory board members and find out more about how your OLLI operates. In addition, OLLI will host two speakers from the Seita Scholars Program, which helps students who have graduated out of the foster care program at age 18 and are on their own attending college. Ronicka Hamilton, director of the Seita Scholars Program, and Mark Delorey, foundation scholars advisor in the Office of Student Transitions, will tell us about this exciting and unique award-winning program.

This meeting is also a great opportunity to enjoy refreshments while socializing with other OLLI members. Put it on your calendar today! Closer to the date, you will receive an email invitation and have the opportunity to register. If you don’t have email, you may register at any time by calling the OLLI office at (269) 387-4200.

Pop-Up Events

Dates and times will be announced via the OLLI newsletter and occasional emails.

Last summer we held our first pop-up event and some of you were there! OLLI members and friends enjoyed food and libations at Bell’s Eccentric Café last July and everyone had a good time. Any member with an idea for an informal get-together should call the OLLI office at (269)387-4200 and leave a message for the executive committee.
THE ECLECTIC HOUR: OLLI at WMU LECTURE SERIES

Sessions: 6  
Dates and Times: Friday, 9/7, 9/21, 10/5, 10/19, 11/2 & 11/16, 11 a.m.-noon  
Location: The Fountains at Bronson Place, Auditorium  
Fee: $30  
Capacity: 80

This fall, OLLI is presenting its fourth series of lectures that highlight the research being done in various departments by WMU faculty. Past lectures have been popular with OLLI members who have been amazed at what they didn’t know about WMU research activities. So, if you want to know more about what is happening at WMU and get to know some of the current faculty, this is an activity not to miss.

Sept. 7  
Daniel Macfarlane, Assistant Professor of Environment and Sustainability  
History of Engineering and Changing Niagara Falls

Much of what seems natural at Niagara Falls is actually heavily manufactured. Put differently, one of North America’s most celebrated natural features is, in many ways, unnatural. Niagara Falls is the product of decades of human intervention and manipulation that changed the shape and size of the waterfall. Dr. Macfarlane will examine American and Canadian efforts to modify Niagara Falls dating back to the late 19th century, with the 1950 Niagara River Water Diversion Treaty as the key hinge point.

Sept. 21  
Tim Palmer, Professor of Management and Director, Center for Sustainable Business Practices  
Sustainability and Responsibility in Business

Sustainability is increasingly integrating into firms’ strategies. Smart sustainability can generate new revenue streams, build new markets, reduce costs, attract human capital and reduce risk exposure. In this session, we will talk about the business case for sustainability and discuss why “Plan A,” business as usual that focuses solely on profit maximization, is not a viable long-term strategy. Instead, leading firms are setting triple bottom line for social, environmental, profit targets. Dr. Palmer will present recent research examining the goals firms are setting around their sustainability strategies and identify opportunities where goals are lacking. Finally, he will address initiatives taken at the WMU Haworth College of Business to ensure WMU not only develops capable graduates, but more importantly, the next generation of responsible business leaders.
Oct. 5
Laurel Ofstein, Associate Professor of Management
Entrepreneurship at WMU
Dr. Ofstein’s research has centered around how entrepreneurs innovate and the factors that drive individual entrepreneurial intentions and behaviors. In this lecture, you will learn about the entrepreneurial environment of Kalamazoo from craft breweries to the development efforts of establishing a citywide incubator. You will also get an update on WMU’s academic programs focused on entrepreneurship, as well as the success of students who are part of “Starting Gate”, WMU’s business accelerator program for students.

Oct. 19
Jon Holtzman, Professor of Anthropology and Graduate Advisor
Food Experiences as a Way to Capture Changes in Society
Dr. Holtzman has done years of research in Kenya and more recently in Japan. He has also worked among the Nuer (Sudanese) refugees in Minnesota. His research interests center on food, violence, history and memory and visual anthropology. Dr. Holtzman will speak about his latest research project, which centers on food and memory in Japan, focusing in particular on sweets.

Nov. 2
Dr. Regena F. Nelson, Chair, Department of Teaching, Learning and Educational Studies and Interim Chair of the Department of Special Education and Literacy Studies
Preparing the Next Generation of Teachers
This session will provide an overview of current trends in K-12 schools including how teaching methods and materials have changed to meet the needs of diverse learners. In addition, we will discuss how families and community members can support student success.

Nov. 16
Sarah Hill, Associate Professor of Environment and Sustainability
Climate Change History is Really the History of Garbage
What is the role of climate change in the waste produced by humankind? What is recycling anyway? Why do the rules keep changing and what do I do with all the stuff I don’t want to throw away but don’t want to keep either? These are just some of the questions answered in Dr. Hill’s lecture.
HOW TO USE THIS CATALOG

For your convenience, courses are listed two ways in this catalog:

1.  At-a-glance: Courses are organized chronologically with dates, times and locations given. Use it to check your calendar for conflicts.

2.  Alphabetical order: Courses are listed in alphabetical order by course title. This is where you will also find each course’s full description and instructor information. Course numbers are assigned based on alphabetical order.

OLLl participants at the Noll Law Office, Lincoln, Springfield IL trip
FALL 2018 COURSE SCHEDULE
AT-A-GLANCE

Course numbers correspond to the alphabetical order of course titles.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Course Name</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>22</td>
<td>I Second That Emotion</td>
<td>Tuesday, 9/4</td>
<td>10 a.m.-noon</td>
<td>Friendship Village</td>
</tr>
<tr>
<td>25</td>
<td>Kalamazoo’s New Initiatives–The FFE and IK2025</td>
<td>Tuesday, 9/4 &amp; 9/11</td>
<td>10 a.m.-noon</td>
<td>College of Health and Human Services, Room 1024</td>
</tr>
<tr>
<td>26</td>
<td>Labyrinths: An A-MAZE-ing Journey of Spirit</td>
<td>Thursday, 9/6, 9/13, 9/20 &amp; 9/27</td>
<td>9-11 a.m.</td>
<td>People’s Unitarian Universalist Church</td>
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<tr>
<td>6</td>
<td>Air Zoo: Aerospace Through the Ages</td>
<td>Thursday, 9/6</td>
<td>10 a.m.-noon</td>
<td>Air Zoo</td>
</tr>
<tr>
<td>50</td>
<td>Your Personal History–Let’s Get Started</td>
<td>Thursday, 9/6, 9/13, 9/20, 9/27, 10/4 &amp; 10/11</td>
<td>10 a.m.-noon</td>
<td>Walden Woods, Clubhouse</td>
</tr>
<tr>
<td>15</td>
<td>Chair Yoga–More than Just Exercise</td>
<td>Friday, 9/7, 9/14, 9/21 &amp; 9/28</td>
<td>noon-2 p.m.</td>
<td>Parkview Yoga and Massage</td>
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<tr>
<td>10</td>
<td>An Introduction and Demonstration of Mind Aerobics 1</td>
<td>Monday, 9/10</td>
<td>9-11 a.m.</td>
<td>College of Health and Human Services, Room 1284</td>
</tr>
<tr>
<td>42</td>
<td>To the Beat of Your Own Drum</td>
<td>Monday, 9/10, 9/17 &amp; 9/24</td>
<td>11 a.m.-1 p.m.</td>
<td>Walden Woods, Clubhouse</td>
</tr>
<tr>
<td>49</td>
<td>Women in Medicine: Innovators, Leaders, Educators, Healers</td>
<td>Tuesday, 9/11</td>
<td>9-11 a.m.</td>
<td>StoryPoint, Media Room</td>
</tr>
<tr>
<td>34</td>
<td>Song, Dance, Romance: Two Great Musicals on Film</td>
<td>Tuesday 9/11, Wednesday 9/12 &amp; Thursday 9/13</td>
<td>1-3 p.m.</td>
<td>Friendship Village</td>
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<tr>
<td>2</td>
<td>#MeToo Plays</td>
<td>Wednesday, 9/12, 9/19, 9/26 &amp; 10/3</td>
<td>11 a.m.-1 p.m.</td>
<td>College of Health and Human Services, Room 1087</td>
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<tr>
<td>Course #</td>
<td>Course Name</td>
<td>Dates</td>
<td>Time</td>
<td>Location</td>
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<tr>
<td>37</td>
<td>The African-American Heritage in Out-State Michigan</td>
<td>Thursday, 9/13, 9/20, 9/27, 10/4, 10/11 &amp; 10/18</td>
<td>11 a.m. - 1 p.m.</td>
<td>College of Health and Human Services, Room 1087</td>
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<tr>
<td>16</td>
<td>China's Booming Economy and Travels in China</td>
<td>Tuesday, 9/18 &amp; 9/25</td>
<td>10 a.m. - noon</td>
<td>College of Health and Human Services, Room 1073</td>
</tr>
<tr>
<td>23</td>
<td>I Want to Keep My Driver's License</td>
<td>Tues. 9/18, Wed. 9/19, Thurs. 9/20 &amp; Fri. 9/21</td>
<td>1:30 - 3:30 p.m.</td>
<td>2622 Winchell Ave, Kalamazoo</td>
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<tr>
<td>20</td>
<td>Hinduism</td>
<td>Tuesday, 9/18</td>
<td>5-7 p.m.</td>
<td>StoryPoint, Media Room</td>
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<td>8</td>
<td>All About the Flu</td>
<td>Thursday, 9/27 &amp; 10/4</td>
<td>2-4 p.m.</td>
<td>The Fountains at Bronson Place, Auditorium</td>
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<td>39</td>
<td>The Hit T.V. Shows, 1956-1966</td>
<td>Monday, 10/1</td>
<td>10 a.m. - noon</td>
<td>The Fountains at Bronson Place, Auditorium</td>
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<td>32</td>
<td>Really Big Stuff: A History of the Universe</td>
<td>Tuesday, 10/2, 10/9, 10/16 &amp; 10/23</td>
<td>9-11 a.m.</td>
<td>Walden Woods, Clubhouse</td>
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<tr>
<td>31</td>
<td>Poverty—The Kalamazoo Version</td>
<td>Tuesday, 10/2, 10/9, 10/16 &amp; 10/23</td>
<td>11:30 a.m. - 1:30 p.m.</td>
<td>Walden Woods, Clubhouse</td>
</tr>
<tr>
<td>3</td>
<td>400 Years of Quakers</td>
<td>Tuesday, 10/2 &amp; 10/9</td>
<td>2-4 p.m.</td>
<td>Heritaget Community/ Wyndham, Multipurpose Room</td>
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<tr>
<td>18</td>
<td>Gerrymander: The Creepy Dragon That's Wreaking Havoc on American Democracy</td>
<td>Tuesday, 10/2 &amp; 10/9</td>
<td>3-5 p.m.</td>
<td>StoryPoint, Media Room</td>
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<tr>
<td>4</td>
<td>ABC’s of Investing</td>
<td>Wednesday, 10/3 &amp; 10/10</td>
<td>5-7 p.m.</td>
<td>Friendship Village</td>
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<td>9</td>
<td>American Photography in the 1930s</td>
<td>Thursday, 10/4</td>
<td>9-11 a.m.</td>
<td>College of Health and Human Services, Room 1073</td>
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<tr>
<td>Course #</td>
<td>Course Name</td>
<td>Dates</td>
<td>Time</td>
<td>Location</td>
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<td>12</td>
<td>Backstage–On stage: Theatre at WMU</td>
<td>Monday, 10/8 &amp; Thursday, 10/11</td>
<td>2-4:30 p.m. &amp; 7:30-10 p.m.</td>
<td>Gilmore Theatre Complex</td>
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<td>33</td>
<td>Seafaring</td>
<td>Wednesday, 10/10 &amp; 10/17</td>
<td>9-11 a.m.</td>
<td>Walden Woods, Clubhouse</td>
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<td>44</td>
<td>Weather 101: Basics of Meteorology and Television Weathercasting</td>
<td>Wednesday, 10/10 &amp; 10/17</td>
<td>noon-2 p.m.</td>
<td>The Fountains at Bronson Place, Auditorium</td>
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<td>43</td>
<td>Voices from Around the World: WMU International Students</td>
<td>Wednesday, 10/10 &amp; 10/17</td>
<td>2-4 p.m.</td>
<td>College of Health and Human Services, Auditorium</td>
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<td>19</td>
<td>Gold! Gold in the Klondike!</td>
<td>Thursday, 10/11 &amp; 10/18</td>
<td>9-11 a.m.</td>
<td>College of Health and Human Services, Auditorium</td>
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<td>48</td>
<td>WMU Children’s Trauma Assessment Center</td>
<td>Thursday, 10/11 &amp; 10/25</td>
<td>5-7 p.m.</td>
<td>College of Health and Human Services, Auditorium</td>
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<td>47</td>
<td>Why Is Michigan So Square?</td>
<td>Friday, 10/12</td>
<td>10 a.m.-noon</td>
<td>The Fountains at Bronson Place, Auditorium</td>
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<td>46</td>
<td>What’s the Fuss About Immigration?</td>
<td>Friday, 10/12, 10/19 &amp; 10/26</td>
<td>1-3 p.m.</td>
<td>Friendship Village</td>
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<td>35</td>
<td>Songs of War, Peace and Protest</td>
<td>Monday, 10/15, 10/22 &amp; 10/29</td>
<td>10 a.m.-noon</td>
<td>Friendship Village</td>
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<td>41</td>
<td>To Move or Not to Move? Is There a Choice?</td>
<td>Thursday, 10/18, 10/25 &amp; 11/1</td>
<td>1-3 p.m.</td>
<td>Walden Woods, Clubhouse</td>
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<tr>
<td>1</td>
<td>“Into the Woods” Filmed Outdoor Musical Production</td>
<td>Tuesday, 10/23, Wednesday, 10/24 &amp; Thursday, 10/25</td>
<td>1-3 p.m.</td>
<td>Friendship Village</td>
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<td>21</td>
<td>Human Trafficking—What Is It and How Can I Help?</td>
<td>Monday, 10/29</td>
<td>1-3 p.m.</td>
<td>Friendship Village</td>
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<td>7</td>
<td>Air Zoo: Reaching for the Galaxy</td>
<td>Thursday, 11/1</td>
<td>10 a.m.-noon</td>
<td>Air Zoo</td>
</tr>
<tr>
<td>Course #</td>
<td>Course Name</td>
<td>Dates</td>
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<tr>
<td>45</td>
<td>What Happened to Nora? “A Doll’s House” Revisited</td>
<td>Thursday, 11/1 &amp; 11/15</td>
<td>11 a.m. - 1 p.m.</td>
<td>College of Health and Human Services, Room 1087</td>
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<td>5</td>
<td>Adventures of a Suburban Lawn Rebel</td>
<td>Friday, 11/2</td>
<td>9:30-11:30 a.m.</td>
<td>College of Health and Human Services, Room 2073</td>
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<td>13</td>
<td>Beginning Quilting</td>
<td>Monday, 11/5, 11/12, 11/19 &amp; 11/26</td>
<td>1-3 p.m.</td>
<td>Walden Woods, Clubhouse</td>
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<td>Inside the NFL’s Third Team on the Field</td>
<td>Monday, 11/5 &amp; 11/12</td>
<td>1-3 p.m.</td>
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<td>Crimes of the Powerful: Studying Corporate and State Criminality</td>
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<td>Boomers on Weights</td>
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<td>Mindfulness for Well-Being and Life</td>
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<td>Living Healthy and Happy: Lessons from the Blue Zones</td>
<td>Wednesday, 11/7 &amp; 11/14</td>
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<td>The Mentors of Elliot Richardson</td>
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<td>Street Walking Through History</td>
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<td>30</td>
<td>One Billion Birds</td>
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An Introduction and Demonstration of Mind Aerobics 2
Tuesday, 11/13 9-11 a.m. College of Health and Human Services, Room 1073

The Beatles—Before Ed Sullivan
Monday, 11/19 10 a.m.-noon The Fountains at Bronson Place, Auditorium

Mozart “Cosi Fan Tutte”
Tuesday, 11/27, Wednesday, 11/28 & Thursday, 11/29 1-3 p.m. Friendship Village

German Conversation-SIG
Fridays beginning 9/7 10-11:30 a.m. Country Acres Village Clubhouse

Introduction to Film-SIG
One Wednesday or Thursday in Sept., Oct., & Nov. TBD Celebration Cinema Crossroads

FALL 2018 TRIP SCHEDULE AT-A-GLANCE

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Changes to the OLLI at WMU online registration

This semester, when you register on the website it will look different. OLLI at WMU has a new system that will make registering for your courses easier. We sent everyone on our email list a new user name and password for registering in May. Your previous user name and password will not work on the new system.

All member registration will begin at 10 a.m. on Tuesday, Aug. 7, no exceptions.

1 “Into the Woods” Filmed Outdoor Musical Production

Sessions: 3
Dates & Times: Tuesday, 10/23, Wednesday, 10/24 & Thursday, 10/25, 1-3 p.m.
Location: Friendship Village
Fee: Members $10, Non-member $20
Course Capacity: 35

For this course we will view Sondheim’s beloved and most produced musical as it was filmed in its entirety with the original Broadway cast led by Bernadette Peters as the Witch and Joanna Gleason as the Baker’s Wife. The filming took place in the Martin Beck Theatre in front of a live audience and was first aired in 1991 for PBS’s American Playhouse. This video is considered to be the original “Into the Woods”. Scenes from other productions will be included. The Brothers Grimm tales of “Red Riding Hood,” “Jack and the Beanstalk,” “Cinderella” and “Rapunzel” are interwoven with the story of “The Baker and his Wife” to explore the themes of family, love, growing up and the nuances of right and wrong—all with a dark and humorous twist.

We will watch the first act Oct. 23, and the second act Oct. 24, with discussion Oct. 25.

About the Instructor: Dr. Ruth Heinig is a retired WMU communication professor and one of the founders of OLLI at WMU. She has a background in theatre, English and communication. Ruth has performed in numerous university and professional theatre productions. For her work with youth drama, she was named an American Theatre Fellow. Ruth is a returning instructor for OLLI.

“Encourage Ruth to present further courses! She’s a master teacher.” – OLLI Participant
Long before the #MeToo movement, dramatic literature has always been filled with plays that feature strong female characters. This course will analyze four plays in which female protagonists drive the action, face major crises and make decisive moral decisions. Each play is to be read by the assigned date: “Antigone” by Sophocles (Sept. 12); “Mrs. Warren’s Profession” by George Bernard Shaw (Sept. 19); “Fences” by August Wilson (Sept. 26); and “Wit” by Margaret Edson (Oct. 3).

Note: Order scripts from Amazon.com, Alibris.com or Dramatists Play Service.

About the Instructor: Dr. D. Terry Williams is professor and chair emeritus of theatre at WMU. He has taught script analysis and theatre history for over 50 years and has directed almost 100 productions for university, community and professional theatres. Dr. Williams is also a founder and former advisory board member of OLLI at WMU. He is a frequent instructor for OLLI.

“The course and the instructor were outstanding! I would sign up for another course with Dr. Williams in a heartbeat!” — OLLI Participant

The Society of Friends, or Quakers, is a Protestant denomination of modest numbers, which has arguably wielded an out-sized influence over the past four centuries. We’ll take a meandering journey through those 400 years, touching a bit on theology and core tenets, but with a focus on some of the individuals who have shaped Quakerism in its many forms and have wielded that influence. Inevitably, this will be a very incomplete history, but it will strive to offer a few representative morsels to whet the appetite. Questions and discussion will be encouraged within the limited time available.

About the Instructor: Mark Donovan comes to this enterprise with a curiosity about
the people and events that have brought us to where we are today. He is a lifelong Quaker and graduated from Earlham College, a Quaker school. He is an active member of Kalamazoo Friends Meeting. His fifty-year career with Marriott International has spanned a range of disciplines, from food and beverage to training and development to nonprofit management.

4  ABC’s of Investing

Sessions: 2
Dates & Times: Wednesday, 10/3 & 10/10, 5-7 p.m.
Location: Friendship Village
Fee: Members $20, Non-members $40
Course Capacity: 20

We’ve all heard these terms thrown around in conversation: stocks, bonds, mutual funds, ETFs, annuities, but what are they really? This class is designed to help you better understand all aspects of the stock market by learning the fundamentals of the different types of investments and what they can do for you. How and when does a particular investment fit into your portfolio and your life? Whether you are interested in individual stocks or stock mutual funds, the goal of this course is to help you become a more successful investor.

Note: This is a repeat course previously offered fall 2017.

About the Instructor: Stacy Caudill has been working in the financial services industry for over 20 years, where she evaluates client’s needs to facilitate sound financial and retirement planning advice. Stacy has her bachelor’s degree in business administration from Western Michigan University and holds her series 7, 63 and 65 licenses as well as her health and life insurance licenses. Stacy is a Wealth Management Specialist, an Accredited Asset Management Specialist and in 2015, she became a Certified Divorce Financial Analyst™ through the Institute of Divorce Financial Analysts™. Stacy enjoys helping clients envision their goals and then seeing how they achieve them together. Stacy is a returning OLLI instructor and serves on the OLLI at WMU Advisory Board.

Sponsor of OLLI at WMU

Eric S. Miles, CRPC
Adventures of a Suburban Lawn Rebel

Sessions: 1
Dates & Times: Friday, 11/2, 9:30-11:30 a.m.
Location: College of Health and Human Services Room 2073
Fee: Members $10, Non-members $20
Course Capacity: 25

Why do we have something we water and fertilize a lot only then to have to mow it all the time? Join Pamela Rups on her long journey to make her lawn and landscape an environment that is not only pleasant, but also able to support valuable wildlife, birds, beneficial insects, plants—and herself! The instructor will share mistakes and successes in landscaping and vegetable gardening and suggest resources for making your yard healthy for the environment, a source of food, and attractive to birds and beneficial insects, no matter how small the growing area.

About the Instructor: Pamela Rups has loved nature since her family went camping when she was five. One summer she gathered over 20 varieties of mushrooms and stunk up the family basement making spore prints from them. She gently escorts spiders and insects to the outdoors when found in her house. She has traveled widely, including birding with a noted wildlife photographer and surveying whale activity in Alaska for the Alaska Wildlife Alliance. Her small vegetable garden was so successful that she could fill her freezer as well as donate more than 30 lbs. of produce to food pantries, and still have veggies to give away. She is also a longstanding member of Wild Ones native plant organization.

Sponsor of OLLI at WMU
6  Air Zoo: Aerospace Through the Ages

Sessions: 1
Dates & Times: Thursday, 9/6, 10 a.m. - noon
Location: Air Zoo, 6151 Portage Road, Portage, 49002
Fee: Members $25, Non-members $35
Course Capacity: 35

“Aerospace through the Ages” explores the history, innovation and creativity of aviation technology, ranging from the Wright Flyer to the powerful SR-71 Blackbird. This course begins with a 60-minute docent-led walking tour, followed by an aerospace technology demonstration using the Air Zoo’s own wind tunnel. After the demonstration, there will be time for a follow-up discussion with one or more of our knowledgeable docents.

The Air Zoo is one of the nation’s premier, hands-on, indoor aerospace and science education centers. Housing one of the largest collections of rare aircraft, spacecraft and science, military, and aerospace artifacts in the U.S., the Air Zoo combines interactive and educational experiences with once-in-a-lifetime activities, including interactive exhibits, full-motion flight simulators and a 4D movie theater.

About the Instructors: The Air Zoo’s team of excellent educators and docents teach the courses; the instructor for this course will be Erin Lewis. Licensed Michigan teachers, who are focused on creating affordable, interactive educational programs, developed the Air Zoo’s education programs to not only stimulate and engage audiences during their presentation, but also inspire them to continue their exploration of science long after the program’s conclusion. Volunteer docents are trained members of the community who are passionate about aircraft, history, teaching and the Air Zoo. These docents, some of whom are retired pilots and teachers, veterans, local history buffs and students are all here to inspire and educate guests about the museum’s collection of aircraft, spacecraft and artifacts.

“Great morning at the Air Zoo – a big thumbs-up!”
– OLLI Participant
“Reaching for the Galaxy” explores how science has advanced from the age of Galileo to today’s modern space travel. Investigate how the invention of the rocket has been used in both war and peace, experience the thrills of historic space programs and explore life on the International Space Station. The course begins with a 60-minute docent-led walking tour, followed by an activity in which students will design their own lunar landing vehicles to protect precious cargo. After the classroom activity, there will be time for a follow-up discussion with one or more of our knowledgeable docents.

The Air Zoo is one of the nation’s premier, hands-on, indoor aerospace and science education centers. Housing one of the largest collections of rare aircraft, spacecraft and science, military, and aerospace artifacts in the U.S., the Air Zoo combines interactive and educational experiences with once-in-a-lifetime activities, including interactive exhibits, full-motion flight simulators and a 4D movie theater.

**About the Instructors:** The Air Zoo’s team of excellent educators and docents teach the courses; the instructor for this course will be Katie Johns. Licensed Michigan teachers, who are focused on creating affordable, interactive educational programs, developed the Air Zoo’s education programs to not only stimulate and engage audiences during their presentation, but also inspire them to continue their exploration of science long after the program’s conclusion. Volunteer docents are trained members of the community who are passionate about aircraft, history, teaching and the Air Zoo. These docents, some of whom are retired pilots and teachers, veterans, local history buffs and students are all here to inspire and educate guests about the museum’s collection of aircraft, spacecraft and artifacts.
8 All About the Flu

Sessions: 2  
Dates & Times: Thursday, 9/27 & 10/4, 2-4 p.m.  
Location: The Fountains at Bronson Place, Auditorium  
Fee: Members $20, Non-members $40  
Course Capacity: 30

The topic of this course is influenza from several perspectives: a mix of history, science, medicine and pharmacology. Topics include the influenza virus structure and how the virus works and evolves, the disease itself—symptoms, diagnosis, complications, influenza epidemics and their effect on past civilizations, human influenza and its relationship to nonhuman disease, and flu prevention and treatment such as vaccines and anti-flu medication. Other relevant topics and background may be included as appropriate.

About the Instructor: Samuel Grossman is a mostly retired primary care physician and former college instructor. He has practiced as a general pediatrician for over 30 years and served five years as the medical director of a community health center. In a previous career, he was a college level instructor for 10 years.

“Keep up the good work; OLLI is a treasure!”
– OLLI Participant

9 American Photography in the 1930s

Sessions: 1  
Dates & Times: Thursday, 10/4, 9-11 a.m.  
Location: College of Health and Human Services, Room 1073  
Fee: Members $10, Non-members $20  
Course Capacity: 30

Dorothea Lange and her timeless “Migrant Mother” first come to mind, but during this difficult decade extending into WW2, other photographers were also creating iconic images. In the first part of the course, we will examine early photojournalism, the social-documentary work of Lange, Walker Evans, Arthur Rothstein and their U.S. Government colleagues, the “glass-ceiling-breaking” magazine stories by Margaret Bourke-White for Fortune and LIFE, and James Van Der Zee’s upbeat studies of his African-American neighbors in New York City’s Harlem. Part 2 will cover the cutting-edge advertising photography of Edward Steichen, the Family of Man exhibition and some amazing early work by Edward Weston and Ansel Adams.

About the Instructor: Photographer and historian Dave Curl is a WMU Professor Emeritus, former adjunct professor of Art at Kalamazoo College and a frequent OLLI instructor.
10 An Introduction and Demonstration of Mind Aerobics–A Brain Based Exercise Program (Section 1)

Sessions: 1
Dates & Times: Monday, 9/10, 9-11 a.m.
Location: College of Health and Human Services, Room #1284
Fee: Members $10, Non-members $20
Course Capacity: 25

When most people think about aerobics, they think of vigorous exercises, such as swimming or walking, designed to strengthen the heart and lungs. We all know that it’s important to keep your body active, but what about your mind? Western Michigan University Aging Services offers Mind Aerobics™, semester-long classes designed to keep older adults’ brains active, which may help maintain cognitive functioning or slow cognitive decline. This evidence-based program systematically stimulates six major cognitive domains of the brain: reaction time, visual/spatial relations, attention and concentration, memory, language and problem-solving. Come join your peers and learn more about the program and try some of these fun activities.

Note: This course is offered twice this semester. Participants should register for only one section.

About the Instructors: Jillian Fraze is a WMU graduate and currently works in the Office of Aging Services at WMU as their marketing specialist. She earned her master’s degree in educational leadership, higher education and student affairs from WMU. She is passionate about education and enjoys helping individuals learn as they age.

Dawn Robarge is a faculty specialist in the College of Health and Human Services and program coordinator of In-home Care and Community Living Services for the Center for Disability Services at WMU. She obtained her master’s degree from WMU in public administration. Dawn is committed to helping older adults maintain their independence and community participation through the programs she offers.

“The instructors were very good and it was helpful to actually do the activities.” – OLLI Participant
11 An Introduction and Demonstration of Mind Aerobics—A Brain Based Exercise Program (Section 2)

Sessions: 1
Dates & Times: Tuesday, 11/13, 9-11 a.m.
Location: College of Health and Human Services, Room #1073
Fee: Members $10, Non-members $20
Course Capacity: 25

Note: See the course description and instructor information in Course #10. Choose only one of the two sections. The same course is offered at two different times to accommodate more OLLI participants.

12 Backstage—On Stage: Theatre at WMU

Sessions: 2
Dates & Times: Monday, 10/8, 2-4:30 p.m. and Thursday, 10/11, 7:30-10 p.m.
Location: Gilmore Theatre Complex
Fee: Members $20, Non-members $40; The cost of performance tickets is not included in course fee – you must purchase your own tickets.
Course Capacity: 30

Participants in this course will have the opportunity to learn about theatre production at WMU Backstage tours. Conversation with faculty and student artists and attendance at a performance will enable everyone to share in the process from start to finish. Participants will see “Shakespeare in Love” based on the screenplay by Marc Norman and Tom Stoppard, adapted for the stage by Lee Hall.

A young William Shakespeare has writer’s block, a deadline and no way out. That is, until he lays eyes on the beautiful and engaged Viola. Inspired by the smash-hit film of the same name, “Shakespeare in Love” is a hilarious and poignant journey that spins the Globe (Theatre) out of control, rife with mistaken identities, star-crossed lovers and wagers from the Queen.

Note: Course participants must purchase tickets to the performance on Oct. 11. This is not included in the course fee. Tickets may be purchased online at www.wmich.edu/theatre/ticket-office.

About the Instructor: Dr. Joan Herrington is Chair of the Department of Theatre at Western Michigan University and a contemporary theatre scholar whose research is focused on the pedagogy and practice of theatre in the last twenty-five years. She is the author of four books that examine the creative process of playwrights and directors. She has also written over a dozen books’ chapters and journal articles appearing in Journal of Dramatic Theory and Criticism, American Drama, and The Drama Review. She served as editor of the prestigious publication, Theatre Topics.
Through her research and practice, she has explored modern theatre around the world and engaged theatre artists from Japan to Great Britain to Nigeria.

Dr. Herrington has taught workshops at many universities and her work as a director and dramaturg has taken her from coast to coast with productions in New York and Los Angeles and as far as the Edinburgh Festival in Scotland.

13 Beginning Quilting

Sessions: 4
Dates & Times: Monday, 11/5, 11/12, 11/19 & 11/26, 1-3 p.m.
Location: Walden Woods, Clubhouse
Fee: Members $40, Non-members $80
Course Capacity: 8

This course is for the beginner. Topics covered will include how to pick a pattern and fabric, tools needed, cutting, piecing with an accurate 1/4” seam, pressing, piecing, laying with batting, machine or hand quilting and binding. A sewing machine is not required but would be helpful. We will start with a trunk show of lots of quilts to get you inspired. There will be homework each week.

About the Instructor: Lynne Hall has been quilting since the 1980s. She loves to share her passion for this hobby with others. Lynne is a frequent OLLI instructor teaching this course for the first time.

14 Boomers on Weights

Sessions: 1
Dates & Times: Tuesday, 11/6, 11 a.m.-1 p.m.
Location: West Hills Athletic Club, 2001 S 11th St, Kalamazoo
Fee: Members $10, Non-members $20
Course Capacity: 50

Boomers on Weights is a hands-on workshop for exercise and physical activity. Today’s mature adults have a new definition of retirement that doesn’t include sitting on the couch. Retirees today want to kayak, hike, participate in sports and perform physical tasks with decreased effort and without pain. This workshop will engage participants in age appropriate workouts including weightlifting, Pilates, light aerobic exercise and techniques to improve balance and flexibility. Participants will get a hands-on experience and gain knowledge and confidence to incorporate age-specific exercise into their lifestyle. Please wear comfortable exercise clothing and shoes.

About the Instructor: Tyler Norman has been a West Hills staff member since 1995.
He was the director of fitness from 1996-2017 and currently serves as the manager of corporate outreach. He earned a bachelor’s degree in exercise science and an master’s degree in sport management and athletic administration from WMU and is currently pursuing a Ph.D. Tyler has been an ACSM certified exercise specialist and personal trainer since 1995. He lives in Mattawan with wife Jennifer and daughter Josie; son Richard is attending WMU. Tyler is a returning OLLI instructor.

15 Chair Yoga—More Than Just Exercise

Sessions: 4
Dates & Times: Friday, 9/7, 9/14, 9/21 & 9/28, 12-2 p.m.
Location: Parkview Yoga and Massage, Parkview Shoppes at Parkview Hills, 3331 Greenleaf Blvd., Kalamazoo
Fee: Members $40, Non-members $80
Course Capacity: 14

Yoga can be adapted to suit any ability level. If you can breathe, you can do yoga. Seriously. Breath work, known as pranayama, is one of eight aspects of yoga. The physical poses, called asana, are another. In this class, explore breath work and poses from the comfort of a chair, sometimes sitting and other times standing and using the chair for balance. Each class starts with 30-45 minutes of lecture followed by an hour of practice. During the four weeks, the instructor will give you an opportunity to experience the benefits in your body and answer the following questions: Don't you have to be flexible to do yoga? Why is yoga good for your back? How does yoga lower stress? Why does yoga help with balance? Ms. Thomas takes great pleasure in dispelling the myth that yoga is only for thin, young people who can bend their bodies into impossible pretzel-like shapes. AnyBODY can do yoga. Come and see for yourself.

Note: This course was offered in winter/spring 2018 for the first time.

About the Instructor: Mary Beth Thomas, a graduate of Kalamazoo College, has been practicing yoga for over 20 years and teaching yoga to seniors for six years. She is passionate about sharing her love of yoga, especially with beginners. She takes great joy in helping others discover, as one of her students said, “Yoga is like magic. I always feel so much better after class.” Mary Beth is a registered yoga teacher with 200 hours of training (RYT200). She did her teacher training with Karina Mirsky at Sangha Yoga here in Kalamazoo.

“I enjoyed the class and found out I could do some of it; I am using the online resources for further yoga.”
– OLLI Participant
In the last four decades, China has successfully transformed itself from a backward, agricultural economy to a modern and industrialized economy. Today, China's economy is the second largest in the world. China is also the largest trading partner of the United States. This course has two parts. Part I on “China's booming economy” will provide a historical context by reviewing some significant changes in relations among China, Japan and the United States. It will highlight economic reform measures implemented by China and how the current state of China's economy impacts the United States.

Part II of the course focuses on the instructor’s five travel experiences in China and Hong Kong. The cities visited include Shanghai, Beijing, Hangzhou, Shenzhen, and Hong Kong. These study tours combined cultural tours with business visits to Chinese and U.S. companies in China.

About the Instructor: Roger Tang is a Professor of Accountancy and Upjohn Chair of Business Administration Emeritus. He was born in China and has lived in Burma, Taiwan, Canada, Hong Kong and the United States. In 1988 he joined Western Michigan University as a professor and Upjohn Chair of Business Administration, a position he held for 29 years. He published six books and many articles in business, finance and accounting. Working with many colleagues at Western, he co-directed several international business and language projects funded mostly by The U.S. Department of Education and WMU. Between 1999 and 2013, he organized and conducted five Doing Business in China study tours. More than 100 students and faculty joined him and visited China as participants in those tours.
**17 Crimes of the Powerful: Studying Corporate and State Criminality**

Sessions: 3  
Dates & Times: Monday, 11/5, 11/12 & 11/19, 4-6 p.m.  
Location: College of Health and Human Services, Room 2073  
Fee: Members $30, Non-members $60  
Course Capacity: 25

Since the concept of “white collar crime” was created in 1939, criminologists have been studying various “crimes of the powerful.” This course provides an introduction to and overview of this important subfield within criminology. Most of the work in this field focuses on organizational actors such as corporations, nation states and government agencies. The history of the concept of white collar crime will be explored and a number of case studies involving corporate and state crimes will be described. Problems concerning the prevention and control of the crimes of the powerful will also be examined.

**About the Instructor:** Ron Kramer is professor of sociology at Western Michigan University. He served as the director of the WMU criminal justice program for 25 years. Professor Kramer is a criminologist who specializes in the study of corporate and state (government) crime. He has published a number of books and journal articles on the crimes of the powerful. Ron Kramer is a returning OLLI instructor.

**18 Gerrymander: The Creepy Dragon That’s Wreaking Havoc on American Democracy**

Sessions: 2  
Dates & Times: Tuesday, 10/2 & 10/9, 3-5 p.m.  
Location: StoryPoint, Media Room  
Fee: Members $20, Non-members $40  
Course Capacity: 75

Gerrymandering. The word is in the news and on the street. It is the topic of town halls and election reform initiatives. In this OLLI course, through presentation and discussion, you will learn:

- What is gerrymandering and how it got its name
- Abuses of current gerrymandering practices
- How gerrymandering creates political divisiveness, destroys cooperative compromise and is unfair to voters
- Judicial, legislative and nonpartisan citizen initiatives to abolish gerrymandering

Regardless of your political leanings, you will discover why slaying the gerrymander dragon is necessary to revive a true democracy and a fair balance of power in America.
Note: This is a repeat course.

About the Instructor: Robert Weir is a professional writer and speaker. A WMU grad and Kalamazoo resident, he authors articles for Encore magazine and other publications. His presentations and four published books deal with human experiences and the relationship of peace, justice, and Earth care.

Robert is a volunteer with Voters Not Politicians, a grassroots nonpartisan organization whose goal is to end gerrymandering in Michigan through a ballot initiative that would amend the state constitution. Guest speakers might also present.

“I have been an OLLI participant at Coastal Carolina University in South Carolina, but this was my first WMU OLLI course. It was a good experience and I plan to enroll in more classes in the future.” – OLLI Participant

19 Gold! Gold in the Klondike!

Sessions: 2
Dates & Times: Thursday, 10/11 & 10/18, 9-11 a.m.
Location: College of Health and Human Services, Room 1024
Fee: Members $20, Non-members $40
Course Capacity: 30

Gold was cash money in 1896-1898 when thousands of men and women around the world rushed to the Yukon wilderness hoping to pick it up from the ground. However, reality proved far different from the dream, and much of the wealth went into the pockets of those who supplied and transported the miners. Photographer and former National Park Service ranger Dave Curl tells this tale through classic videos and the work of enterprising photographers who joined the stampede.

About the Instructor: Dave Curl is WMU professor emeritus, former adjunct professor of art at Kalamazoo College, a Kalamazoo Institute of Arts docent and a frequent OLLI instructor.
20 Hinduism

Sessions: 1
Dates & Times: Tuesday, 9/18, 5-7 p.m.
Location: StoryPoint, Media Room
Fee: Members $10, Non-members $20
Course Capacity: 30

Aside from Taoism, Hinduism is the oldest religion in the world. In this course, we will read “The Bhagavad Gita”, the most read book by Hindus and one with great insight. While Hinduism started, of course, in India, it has spread over most of the world. One can find Hindu temples even in Michigan. Join this class and learn more.

Note: “The Bhagavad Gita”, is required and widely available online and in bookstores.

About the Instructor: J. David Tidwell graduated from Kalamazoo College in 1969. He received his master’s degree from Vanderbilt, where he met Hindus for the first time. David has taught Hinduism at Cranbrook and Lake Michigan College. He has also lectured on Hinduism at the library in New Buffalo.

“Your offerings are always interesting and remarkably varied. Thanks.” – OLLI Participant
21 Human Trafficking—What Is It and How Can I Help?

Sessions: 1
Dates & Times: Monday, 10/29, 1-3 p.m.
Location: Friendship Village
Fee: Members $10, Non-members $20

Course Capacity: 50

Human trafficking is a modern-day form of slavery. It encompasses compelled labor or commercial sex acts through force, fraud or coercion. This hidden evil is not unique to one country or one culture but exists across the globe, exploiting men, women and children. It persists due to poverty, inequality and violence. This course describes how to recognize evidence of human trafficking and what can be done to help vulnerable individuals caught in this situation.

About the Instructor: Christine Garner volunteers with Women at Risk International, dedicated to educating the public about human trafficking and how we can help. Christine is a retired RN and a veteran. She has worked with survivors over the last five years. She completed the Civilian First Responder and Consultant training with Women at Risk International.

22 I Second That Emotion

Sessions: 1
Dates & Times: Tuesday, 9/4, 10 a.m.-noon
Location: Friendship Village
Fee: Members $10, Non-members $20

Course Capacity: 100

I Second That Emotion! - You learned how to read, write, count and memorize in school. Chances are you never learned how to recognize and manage your emotions or identify them in others, nor the wide-ranging effect they have on yourself and your relationships. Join us for a stimulating and thought-provoking session as you learn what you missed the first time around about the fascinating field of emotional intelligence.

About the Instructor: Dave Kampfschulte is the director of Amazing Circles Workshops, a nationally known speaker and author of “I’m Dying to Talk with You: Twenty-Five Years of Conversations on End of Life Decisions.” Using his empathy, humor, energy and over 30 years of experience as an educator and as a hospice volunteer, Dave facilitates his interactive, enlightening workshops and presentations to professionals and general audiences. Dave has a master’s in education and is a facilitator and instructor with the OLLI at Aquinas College in Grand Rapids. He is a returning OLLI instructor. His website is www.amazingcircles.net.
23 I Want to Keep My Driver’s License: Strategies and Equipment to Maintain the Fitness to Drive

Sessions: 4
Dates & Times: Tues. 9/18, Wed. 9/19, Thurs. 9/20 & Fri. 9/21, 1:30-3:30 p.m.
Location: 2622 Winchell Ave, Kalamazoo
Fee: Members $40, Non-members $80
Course Capacity: 8

Every teenager wants to drive and every adult wants to continue to drive. Decreasing vision, diabetic neuropathy, PTSD, stroke, dementia and other conditions may limit the fitness to drive. Participants will:

• Learn what to expect in a comprehensive clinical driving evaluation, including testing out equipment, such as brake reactors.
• Learn driving strategies and try adaptive equipment to help maintain the fitness to drive.
• Experience various visual conditions and learn about remedial equipment.
• Experience a specially modified vehicle (hands only driving, etc.).

About the Instructor: Diane Andert is a graduate of WMU Occupational Therapy. She was owner and manager of Kalamazoo Area Rehabilitation Services, which provided services to individuals with traumatic brain injuries and neurological conditions. Since 2009, she has owned and managed Drive Well Michigan, which provides driver rehabilitation for autistic teens, veterans suffering from PTSD and individuals who have experienced strokes, amputations, head injuries and other conditions that could impair their ability to drive.

Sarah Rider is the first graduate of the Low Vision Rehabilitation for Occupational Therapy certificate program at WMU. Her specialty is the use of telescopic bi-optic lenses for driving. Sarah works with Diane at Drive Well Michigan. She provides comprehensive clinical driving evaluations, which assess cognitive, visual and physical abilities and limitations that may affect fitness to drive.
24 Inside the NFL’s Third Team on the Field

Sessions: 2  
Dates & Times: Monday, 11/5 & 11/12, 1-3 p.m.  
Location: College of Health and Human Services, Room 1057  
Fee: Members $20, Non-members $40  
Course Capacity: 30

Discover the behind the scenes responsibilities and activities of National Football League officials. Learn about individual positions, their duties and what it takes to conduct a fast paced, highly skilled event that is part of “America’s Game.” Examples of real game action will be used to highlight commonly misunderstood game situations.

About the Instructor: Ronald J. Winter is an associate professor emeritus from Western Michigan University and was the Director of Campus Recreation for 23 years. He is a graduate from Michigan State University, a collegiate football official for 19 years in the Big Ten Conference and a retired referee from the National Football League with 19 years of experience. Ron is a returning OLLI instructor.

25 Kalamazoo’s New Initiatives—The FFE and IK2025

Sessions: 2  
Dates & Times: Tuesday, 9/4 & 9/11, 10 a.m.- noon  
Location: College of Health and Human Services, Room 1024  
Fee: Members $20, Non-members $40  
Course Capacity: 40

An insider update on the operation of Kalamazoo’s new Foundation for Excellence and its prospects for success. The learnings from the extensive public input exercise Imagine Kalamazoo 2025 and the elements of the ongoing project “Shared Prosperity Kalamazoo” will be discussed. We will explore what each citizen can do individually and with neighbors to maximize the success of these efforts. The sustainability of our City for the rest of this century is at stake.

About the Instructor: Jack Urban holds a Ph.D. in chemical engineering from the University of Maryland. Since retiring from Upjohn and Pharmacia, Jack has taught chemistry part-time at KVCC and was a task force leader with ISAAC advocating for a single-operator county wide public transportation system. After serving three terms as a Kalamazoo County Commissioner, he was elected to the Kalamazoo City Commission. He is currently serving his third term in that capacity.
Check website for current course availability at wmich.edu/olli

Fall 2018 Registration Form for OLLI at WMU Courses

Please print; only one person per form (duplicate as necessary).
Name: ______________________________________________________________

☐ Male*   ☐ Female*  Year of Birth* ____________________
*For statistical purposes only

Address: __________________________________________________________________
____________________________________________________________________

City: ________________________________________________________________
State _____________________________________________Zip _______________

Email address: ________________________________________________________

Daytime Phone: (_____) ________________________________________________

Emergency Contact Name: _____________________________________________
Emergency Phone: (_____) _____________________________________________

FOR OFFICE USE ONLY 23-324011

Credit card _______________________________________________________________________

MO/check# ___________________________________Cash___________________________

Amt. Rcd. $ ____________________________Receipt# ____________________________

Date______________________________________Issued by ____________________________
## Courses listed with Member & Non-member fees

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<tr>
<th>#</th>
<th>Course Name</th>
<th>Mem.</th>
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<td>#MeToo Plays: Female Protagonists in Drama</td>
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<td>400 Years of Quakers: Behind the Box of Oatmeal</td>
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<td>ABCs of Investing</td>
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<td>Adventures of a Suburban Lawn Rebel</td>
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<td>Air Zoo: Aerospace Through the Ages</td>
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<td>Air Zoo: Reaching for the Galaxy</td>
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<td>All About the Flu</td>
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<td>American Photography in the 1930s</td>
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<td>Boomers on Weights</td>
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<td>Chair Yoga—More Than Just Exercise</td>
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<td>16</td>
<td>China’s Booming Economy and Travels in China</td>
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<td>17</td>
<td>Crimes of the Powerful: Studying Corporate and State Criminality</td>
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<td>18</td>
<td>Gerrymander: The Creepy Dragon That’s Wreaking Havoc...</td>
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<td>Gold! Gold in the Klondike!</td>
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<td>Hinduism</td>
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<td>I Second That Emotion</td>
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<td>Poverty—The Kalamazoo Version</td>
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<td>Really Big Stuff: A History of the Universe</td>
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<td>Seafaring</td>
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<td>Songs of War, Peace and Protest</td>
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<td>36</td>
<td>Street Walking Through History</td>
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<td>37</td>
<td>The African-American Heritage in Out-State Michigan</td>
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<td>The Beatles—Before Ed Sullivan</td>
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<td>The Mentors of Elliot Richardson</td>
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<td>To Move or Not to Move? Is There a Choice?</td>
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<td>To the Beat of Your Own Drum</td>
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<td>Voices from Around the World: WMU International Students</td>
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<td>45</td>
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<td>What’s the Fuss About Immigration?</td>
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# Course Name | Mem. | Non-mem.
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47 Why Is Michigan So Square? | $10 | $20
48 WMU Children’s Trauma Assessment Center: Lessons Learned... | $20 | $40
49 Women in Medicine: Innovators, Leaders, Educators, Healers | $10 | $20
50 Your Personal History—Let’s Get Started | $60 | $120
51 German Conversation-SIG | $0 | NA
52 Introduction to Film-SIG | $0 | NA

Other Events

---|---|---|
The Eclectic Hour: Lecture Series | $30 | NA
Members Tour Juvenile Home | $0 | NA

New Members
- □ NEW membership, expires 7/1/19 $35

Current or Previous OLLI Members
- □ RENEWAL membership, expires 7/1/19 $35

Gift Membership
- □ Gift a NEW membership, expires 7/1/19 $35
- □ Gift a RENEWAL membership, expires 7/1/19 $35

Name (of recipient): ____________________________________________________________

Address: ___________________________________________________________________
___________________________________________________________________________

Phone: _______________________ Email:  _______________________________________

I would like to make a donation
- □ to the scholarship fund. $ ____________________
- □ to the operations fund. $ ____________________

To request a scholarship call (269) 387-4200.

- □ I would like information about sponsorships.
- □ I need a parking permit for campus courses. My license plate #: ______________

How did you hear about OLLI?: ________________________________________________
Early bird registration begins August 7 at 10 a.m. for members. Non-member registration begins August 21. See p. 5 for more registration details.

• MAIL TO: OLLI at WMU, Extended University Programs 1903 W. Michigan Ave. Kalamazoo, Mich. 49008-5230 (Please use the zip+4). Please check on course availability before mailing a check by calling us at (269) 387-4200.

• FAX TO: (269) 387-4226.

• CALL: (269) 387-4200 for more information.

• REGISTER ONLINE: wmich.edu/olli (payment required with Visa, MasterCard or Discover).

OLLI Membership

Expiration date _____________
(Find your expiration date on your membership card)

☐ Please contact me about volunteer opportunities.

Payment

Total cost (Course fees, membership and/or donations): $ _________________________

☐ Check or money order made payable to WMU – OLLI

☐ Visa ☐ Master Card ☐ Discover

_____________________________________________________
authorized signature

_____________________________________________________
charge card account number exp. date 3-digit code
26 Labyrinths: An A-MAZE-ing Journey of Spirit

Sessions: 4
Dates & Times: Thursday, 9/6, 9/13, 9/20 & 9/27, 9-11 a.m.
Location: First session, People’s Unitarian Universalist Church, 1758 10th St, Kalamazoo
Fee: Members $40, Non-members $80
Course Capacity: 20

We will explore and learn about ancient and modern labyrinth types and walk a labyrinth each time we meet. This walking meditation has the power for change, renewal and enrichment of one’s spiritual path.

Our series will take you to labyrinths in Kalamazoo and its contingent counties. Our first walk will be on Thursday, September 6 at 9:00 a.m. at the People’s Unitarian Universalist Church at 1758 10th Street N. in Kalamazoo. For labyrinths of some distance, plan on carpooling and expect about a 45-minute drive prior to the start of class.

Note: Consider bringing a lawn chair, sunblock, hat, comfortable walking shoes, a snack and water. Dress for the weather, including rain gear if needed.

About the Instructors: Kayle Rice is a retired Unitarian Universalist minister and is a part-time chaplain for SouthernCare Hospice in Portage. She has walked a number of labyrinths in various states and finds her spiritual grounding in walking labyrinths.

Bobbi Jo Gamache enjoys all things that allow her feet and body to move in sync such as walking, hiking and dancing. Since the millennium many labyrinths have appeared within a one-hour drive of Kalamazoo, thus the inspiration for this class was born.

“All OLLI classes I’ve taken have been wonderful. The program is so well organized and the catalog is nicely done. Thank you so much.” – OLLI Participant
27 Living Healthy and Happy: Lessons from the Blue Zones

Sessions: 2
Dates & Times: Wednesday, 11/7 & 11/14, 12-2 p.m.
Location: College of Health and Human Services, Room 1035
Fee: Members $20, Non-members $40
Course Capacity: 40

People who live in the “Blue Zones” in different parts of the world live longer, healthier and happier lives than people in other parts of the world. We will find out what the research shows about the lives of these people that give them these advantages in their senior years. We’ll explore some of the scientific theories that have been suggested as reasons for their longevity and we’ll look to see what other communities in the U.S. are doing to move their citizens into The Blue Zone.

About the Instructors: Judy Sivak, M.S.W, has spent 40+ years working in the aging network, most recently as the long-time director of the Kalamazoo County Area Agency on Aging. Since retirement, Judy continues her involvement in advocacy work, especially on senior issues and is a member of the OLLI at WMU Advisory Board.

Gillian Stoltman, Ph.D., M.P.H is a former public health officer and director of the Kalamazoo County Health and Human Services Department and remains very engaged in issues of public health. Gillian has taught a number of OLLI at WMU courses and is on the Advisory Board.

28 Mindfulness for Well-Being and Life

Sessions: 1
Dates & Times: Tuesday, 11/6, 3-5 p.m.
Location: College of Health and Human Services, Room 1021
Fee: Members $10, Non-members $20
Course Capacity: 25

In recent years, the practice of mindfulness has increasingly gained popularity in the western culture due to its beneficial effects on overall health and well-being. This workshop aims to provide participants with an explanation of what mindfulness is and how one can derive positive benefits in life.

About the Instructor: Zeljka Vidic, Ph.D. is the assistant professor and graduate program coordinator in the Department of Human Performance and Health Education at Western Michigan University. Her primary research interests are in performance and sport psychology with special interest in the topic of mindfulness and meditation in sport.
29 Mozart “Cosi Fan Tutte” (or “School for Lovers”)

Sessions: 3  
Dates & Times: Tuesday, 11/27, Wednesday, 11/28 & Thursday, 11/29, 1-3 p.m.  
Location: Friendship Village  
Fee: Members $10, Non-members $20  
Course Capacity: 35

Mozart’s famous opera of 1789 is a tale of double deceit between two young couples. “Cosi fan Tutte” explores relationships through complex themes of sexual manipulation, love and forgiveness. The class will view a filmed production from 2006 at England’s Glyndebourne Theatre, a venue particularly celebrated for its productions of Mozart operas. The production was directed by Nicholas Hytner and conducted by Ivan Fischer.

The performance is in Italian with English subtitles. Because of length, the opera will be shown in two parts Nov. 27 and 28, with discussion Nov. 29.

About the Instructor: Dr. Ruth Heinig is a retired WMU communication professor and one of the founders of OLLI at WMU. She has a background in theatre, English and communication. She has performed in numerous university and professional theatre productions. For her work with youth drama, she was named an American Theatre Fellow. Ruth is a returning instructor for OLLI.

30 One Billion Birds: The Glass Collision Problem and How You Can Prevent It

Sessions: 1  
Dates & Times: Monday, 11/12, 5-7 p.m.  
Location: Friendship Village  
Fee: Members $10, Non-members $20  
Course Capacity: 30

Collisions with glass claim the lives of a billion birds a year in the United States alone. It is second only to domestic cats as a source of mortality linked directly to humans. Birds that have successfully flown thousands of miles on migration can die in seconds on a pane of glass. Glass is as dangerous for strong, healthy breeding birds as it is for sick, weak or young birds. This presentation will discuss why glass is such a problem for birds, explain the differences in vision between birds and humans, identify the best practices and options in preventing bird collisions, inform about legislation regarding bird friendly building standards and offer resources to prevent bird collisions at home or for new building design.
About the Instructor: Gail Walter is a retired veterinary clinical pathologist and is a volunteer with several local conservancy organizations. She is a current board member of the Southwest Michigan Land Conservancy and the Professional and Executive Association of Kalamazoo, a former board member and President of the Audubon Society of Kalamazoo, and is a member of the Kalamazoo Environmental Concerns Committee, Wild Ones Native Landscapers and Michigan Botanical Club. She has been the driving force behind the Peregrine Falcon Cam in downtown Kalamazoo and serves as the liaison between the peregrines and the building owners and tenants, the media, the DNR Pharmacia and the public.

31 Poverty—The Kalamazoo Version

Sessions: 4  
Dates & Times: Tuesday, 10/2, 10/9, 10/16 & 10/23, 11:30 a.m.-1:30 p.m.  
Location: Walden Woods, Clubhouse  
Fee: Members $40, Non-members $80  
Course Capacity: 15  

Persons who are homeless or experiencing extreme poverty can seem to make irrational choices when judged from the perspective of people of means. The constraints of being unable to afford even the most basic of necessities force changes in one’s mode of living and one’s focus becomes very shortsighted. The recent “Reading Together” program of the Kalamazoo Public Library familiarized many in the community with the poor in Milwaukee as described by Matthew Desmond, author of “Evicted.” Their counterparts are among our fellow citizens of Kalamazoo.

Your instructor, Ray Sweany, has become aware of poverty in Kalamazoo over the last five years through his involvement with a community meal served every Sunday evening. Among his friends are two very articulate individuals who will share their experiences of poverty in Kalamazoo. One of them is currently homeless, unable to find an affordable apartment within the limits of SSI Disability payments. The sessions will focus on the value of money, housing and getting from place to place.

Note: The book, “Evicted: Poverty and Profit in the American City,” by Matthew Desmond, Broadway Books, New York, 2016, is required and will be referred to frequently. The book is widely available online and in bookstores. Copies may be available at local public libraries as well.

About the Instructor: Ray Sweany is a retired professor of chemistry who spent his career at the University of New Orleans. When he retired in 2011, he and his wife moved to Kalamazoo. They have become active in programs in social justice at First United Methodist Church where they are currently co-chairs of the Justice Team. He has lived or visited in two places that experience extreme poverty, Ethiopia (1967-1969) and Haiti (one week in 2011).
32 Really Big Stuff: A History of the Universe

Sessions: 4
Dates & Times: Tuesday, 10/2, 10/9, 10/16 & 10/23, 9-11 a.m.
Location: Walden Woods, Clubhouse
Fee: Members $40, Non-members $80
Course Capacity: 24

In this course, we will discuss the very beginnings of our universe starting from when there was neither time nor space. To do this, we will examine the theories of Albert Einstein, Edwin Hubble, Stephen Hawking and other great physicists regarding cosmology and consider their ramifications. We will learn about the structure of our universe and discover just where and how the stuff of which it is made came from. From the “big bang” to the life cycle of stars, into black holes and to the future we will go. Even so, there is little to worry about since no previous knowledge or mathematical sophistication is assumed. Regardless, it’s going to be a great trip!

About the Instructor: Dr. Frank Severance is a professor emeritus in electrical and computer engineering at WMU. He continues to teach and do research in applied mathematics, primarily in the field of optimal nonlinear control systems. He has been at WMU for over 30 years and has taught other OLLI courses, “A History of Mathematics” and “Physics of the Impossible: The Quantum Enigma.”

“We should have more classes that have this level of academic rigor. Dr. Severance is an awesome asset to this program.” – OLLI Participant

33 Seafaring

Sessions: 2
Dates & Times: Wednesday, 10/10 & 10/17, 9-11 a.m.
Location: Walden Woods, Clubhouse
Fee: Members $20, Non-members $40
Course Capacity: 24

The first sea voyages must have been accidental and probably ended badly, but at some point, humans figured out how to keep themselves afloat, to get from here to there and, most important, back home again. They learned how to navigate without landmarks and how to preserve food and store water. These innovations changed our place in the world forever. This course will
touch lightly on the history and the technology, but our main concern will be to show just how strange and challenging the great maritime adventures have been, and how little the average landsman knows about it.

**Note:** This course was offered winter/spring 2013 and 2014.

**About the Instructor:** John Fraser is a Master Mariner in the Canadian Coast Guard and has experienced the open ocean as an offshore fisherman, a Royal Canadian Navy officer cadet, a deckhand on a break-bulk freighter, a yacht captain and a navigating officer and captain of a variety of Canadian government research and fisheries patrol vessels. He is a returning OLLI instructor.

### 34 Song, Dance, Romance: Two Great Musicals on Film

**Sessions:** 3

**Dates & Times:** Tues. 9/11, Wed. 9/12 & Thurs. 9/13, 1-3 p.m.

**Location:** Friendship Village

**Fee:** Members $10, Non-members $20

**Course Capacity:** 35

**September 11:** “An American in Paris” is the winner of eight Academy Awards in 1951 and was inspired by George Gershwin’s 1928 composition of the same name. Starring Gene Kelly, Leslie Caron, Oscar Levant, Georges Guetary and Nina Foch, the film is set in Paris and was directed by Vincente Minnelli. Choreography is by Gene Kelly and Kelly and Caron perform a 17-minute ballet. Levant performs part of Gershwin’s Concerto in F for Piano and Orchestra. The American Film Institute ranks the film at No. 9 among the Greatest Movie Musicals.

**September 12:** “Singin’ in the Rain” is a 1952 American musical, romantic comedy film. It was directed and choreographed by Gene Kelly and Stanley Donen. It features Kelly, Donald O’Connor and Debbie Reynolds. The plot revolves around three film stars who are performers caught up in Hollywood’s transition from silent films to “talkies.” A modest hit in its day, it now ranks as No. 1 on American Film Institute’s list of Greatest Movie Musicals.

**September 13:** Discussion of both films.

**About the Instructor:** Dr. Ruth Heinig is a retired WMU communication professor and one of the founders of OLLI at WMU. She has a background in theatre, English and communication. She has performed in numerous university and professional theatre productions. For her work with youth drama, she was named an American Theatre Fellow. Ruth is a returning instructor for OLLI.

“I love OLLI!” – OLLI Participant
35 Songs of War, Peace and Protest

Sessions: 3
Dates & Times: Monday, 10/15, 10/22 & 10/29, 10 a.m.- noon
Location: Friendship Village
Fee: Members $30, Non-members $60
Course Capacity: 35

It’s not just noise or entertainment. Music can be a force for social change, a flag of resistance, a proclamation of identity or a plea for peace. We will examine songs that gave voice to five decisive chapters of American life: the Civil War, World War I, the Civil Rights Movement, the Vietnam War and the rise of hip-hop and rap. We'll study a diverse group of musicians, among them George F. Root, Irving Berlin, Charles Ives, Bob Dylan, Public Enemy and Beyoncé. Our playlist will include such momentous works as “Tenting Tonight,” “Over There,” “Blowin’ in the Wind” and “Straight Outta Compton.”

About the Instructor: Zaide Pixley earned a Ph.D. in Musicology from the University of Michigan. Her work as an educator began at P.S. 58, Bronx. She joined the faculty at Kalamazoo College in 1985, where she is now professor emerita. Dr. Pixley has offered a wide range of courses, from music theory to rock and roll. She is the author of “Great Ensemble,” a history of the first 75 years of the Kalamazoo Symphony Orchestra and is writing a sequel to celebrate the KSO’s centenary in 2021. She is a returning OLLI instructor.

“Please have Zaide do some more classes! Whatever she wants to teach would be fine.” – OLLI Participant.

36 Street Walking Through History

Sessions: 1
Dates & Times: Friday, 11/9, 10 a.m.- noon
Location: The Fountains at Bronson Place, Auditorium
Fee: Members $10, Non-members $20
Course Capacity: 40

We can learn much about local history by discovering the origins of Kalamazoo’s street names. This course will primarily cover street names from the 1800s and early 1900s, but students will be encouraged to ask about any street.

About the Instructor: Tom Dietz is the retired curator of local history at the Kalamazoo Valley Museum. He has taught American history at Wayne State University, Kalamazoo Valley Community College and Western Michigan University. He has previously taught OLLI courses, as well.
37 The African-American Heritage in Out-State Michigan

Sessions: 6
Dates & Times: Thursday, 9/13, 9/20, 9/27, 10/4, 10/11 & 10/18, 11 a.m.-1 p.m.
Location: College of Health and Human Services, Room 1087
Fee: Members $60, Non-members $120
Course Capacity: 15

This six-session survey will address selected topics on the Black Heritage in Michigan from the antebellum era to the Van Avery incident in Kalamazoo in the 1960s. It will focus on the following:

- Freed Black communities and the Underground Railroad in West Michigan.
- Post-bellum Black Codes, Jim Crowism and the rise of the second K.K.K. in Michigan.
- The desire and development of rest and relaxation sites from humiliation.
- Participants will look backward to go forward into the future to understand the historical diversity of Western Michigan.

Note: Two textbooks: “African-Americans in Michigan” (Cousins, Walker & Wilson) and “The Idlewild Community: Black Eden” (Walker & Wilson) are recommended. The books would be helpful for those interested in learning more about the Black Experience in Out-state Michigan. Both could be ordered from local book stores or online for around $35.

About the Instructor: Dr. Ben Wilson, professor emeritus of Africana Studies, WMU, has authored/co-authored four books, produced educational A-V modules, contributed to the production of such A-Vs, written articles in scholarly journals, penned chapters in several texts, reviewed academic manuscripts for three university presses, etc. on aspects of the Black Heritage in Michigan. He is a frequent OLLI instructor.

“My husband and I are brand new members. Have talked about joining for a few years. Wish we had done it sooner. We are really excited about other offerings.”
– OLLI Participant
38 The Beatles—Before Ed Sullivan

Sessions: 1
Dates & Times: Monday, 11/19, 10 a.m.-noon
Location: The Fountains at Bronson Place, Auditorium
Fee: Members $10, Non-members $20
Course Capacity: 35

The Beatles burst upon the American scene Feb. 9, 1964, when they appeared on “The Ed Sullivan Show.” But the group actually began in July 1957 when Paul McCartney first met John Lennon. With scores of photographs, a dozen songs and countless anecdotes, this class explores what happened during the six and a half years between those events, including the Beatles’ trips to Germany and their meeting Brian Epstein and George Martin. If you remember the Beatles on the Ed Sullivan show or you bought their first records, you will enjoy this course.

About the Instructor: Randy Schau retired as an attorney from the City of Kalamazoo and since then has developed several short courses which he has taught for OLLI at WMU. He’s taught courses on birds, football and basketball rules, “How the U.S. States got their Shapes”, and “Hit Songs 1957 – 1967.” Randy is a member of the OLLI at WMU Advisory Board.

“Randy Schau is a very knowledgeable and effective presenter.” – OLLI Participant

39 The Hit T.V. Shows, 1956-1966

Sessions: 1
Dates & Times: Monday, 10/1, 10 a.m.-noon
Location: The Fountains at Bronson Place, Auditorium
Fee: Members $10, Non-members $20
Course Capacity: 35

With slides, music, video clips and many quiz questions, this course will present some of the most fascinating facts behind our favorite TV shows from yesteryear. The course will cover how shows got started and why they ended, theme music, cast member selections and changes and more.

About the Instructor: Like so many young people of his era, Randy Schau loved several of the TV shows of the 50s and 60s. He’s done extensive research on some of those shows and compiled a long list of fascinating facts about them. He’s previously taught courses on the Beatles, the rules of football and basketball, “How the U.S. States Got their Shapes” and others.
40 The Mentors of Elliot Richardson

Sessions: 1
Dates & Times: Thursday, 11/8, 11 a.m.-1 p.m.
Location: Heritage Community/Wyndham, Multi-Purpose Room
Fee: Members $10, Non-members $20
Course Capacity: 25

This talk will focus on the four individuals who shaped Elliot Richardson into the person he would be when he resigned as Attorney General in 1973 at the height of the Watergate scandal, known as the Saturday Night Massacre. Forming the legal and political base that would carry Richardson through his extraordinary career in government were Henry Lee Shattuck, his uncle, Judge Learned Hand and Justice Felix Frankfurter, both of whom he clerked for, and Senator Leverett Saltonstall, whom Richardson served in his first political job. Richardson biographer Don Carr wrote, “Perhaps no other figure in recent U.S. history has benefited from such a collection of individuals.”

About the Instructor: Tom Vance, a part-time communications officer at Kalamazoo Community Foundation, is the author of “Elliot Richardson: The Virtue of Politics” and editor of “Selected Speeches of Elliot Richardson.” Tom has a master’s degree in U.S. history from Western Michigan University with a concentration in biography. His prior career work was with the Upjohn Co. and with Portage Public Schools. He is a returning OLLI instructor and an Advisory Board Member.

“I like the OLLI offerings very much. I can always find a course or two or more of interest. Great program.”
– OLLI Participant

41 To Move or Not to Move? Is There a Choice?

Sessions: 3
Dates & Times: Thursday, 10/18, 10/25 & 11/1, 1-3 p.m.
Location: Walden Woods, Clubhouse
Fee: Members $30, Non-members $60
Course Capacity: 24

As we age, where we live or will live tends to provoke ongoing questions in our minds and in the minds of our children. In these three sessions, we will look at some of the options available in our community to both independent older adults and those needing some assistance. Participants should come away with a clearer idea of the advantages and disadvantages of remaining where they are or moving to a new environment and have the knowledge to make a good decision.
Session I: Independent living - do I stay in my own home or move to an apartment or a condo? Is the home I have lived in for the past 20-40 years the best place to spend the next decade or two? What options are available to me as I continue to live independently? What accommodations can I make to my home to make it safer or easier to negotiate?

Session II: Independent, but communal living - what are the options for senior housing in this area? What services should I look for? Can I afford it? When should I make the move? We will be looking at local choices which offer two-three options along the continuum of care (from independent living to assisted living to nursing care).

Session III: Assisted living and memory care - I had to give up driving and my spouse needs more help than I can give. My dad is getting forgetful and it is not safe for him to live alone. What are my options and how do I find the right facility for my parent or me?

About the Presenters: Jo Arnold is the former director of the Portage Senior Center and enthusiastic OLLI volunteer. Jo’s first job in the field of aging was at Friendship Village of Kalamazoo. She will be assisted by Barbara Rider, professor emerita of occupational therapy who is also an OLLI volunteer, OLLI members and others who have chosen one of the options above, Kelly Jonkers, ombudsman and Judy Adlam, social worker, who both work at the Area Agency on Aging IIIA located at the Kalamazoo County Health Department.

42 To the Beat of Your Own Drum

Sessions: 3  
Dates & Times: Monday, 9/10, 9/17 & 9/24, 11 a.m.-1 p.m.  
Location: Walden Woods, Clubhouse  
Fee: Members $30, Non-members $60  
Course Capacity: 20

HealthRHYTHMS® is a fun, evidence-based whole person strategy that promotes socialization and ensures a healthy non-strenuous workout. It uses the drum as a tool for communication and personal expression. Research has shown the results can include an increase in natural killer cell activity, reduction in stress and burnout rates, improvement in mood states, enhanced creativity and bonding, and more.

About the Instructor: Marion Koleski is a trained facilitator in the Remo HealthRHYTHMS group empowerment drumming protocol. She has a degree in healthcare administration and a background working with special needs children and adults. Her musical background includes band, drum and bugle corps as well as barbershop singing.
43 Voices from Around the World: WMU International Students

Sessions: 2
Dates & Times: Wednesday, 10/10 & 10/17, 2-4 p.m.
Location: College of Health and Human Services, Room 2024
Fee: Members $20, Non-members $40
Course Capacity: 50

What is it like to attend an American university as an international student? This course will give you the opportunity to meet with both undergraduate and graduate students from a variety of countries for a conversation. How is life different for them here? What has been difficult? What’s not so hard? What aspects of American life do they enjoy? What experiences would they like to have while they are in this country? You will most likely have many other questions. This course is offered in cooperation with the Haenicke Institute for Global Education at WMU.

About the Instructors: Martha and Bill Beverly will facilitate the conversations. They attended Kalamazoo College in the mid-1960s and both studied abroad in Munster, Germany. Bill retired from the Kalamazoo Public Schools as a German and history teacher and leads the German language OLLI SIG on Friday mornings. Martha retired from Parchment Public Schools as a librarian. She is an active community volunteer involved in tutoring children and adults in reading. She serves on the OLLI Membership/Marketing Committee.

44 Weather 101: Basics of Meteorology and Television Weathercasting

Sessions: 2
Dates & Times: Wednesday, 10/10 & 10/17, Noon -2 p.m.
Location: The Fountains at Bronson Place, Auditorium
Fee: Members $20, Non-members $40
Course Capacity: 50

“Everybody talks about the weather, but nobody does anything about it.” The quote, mistakenly attributed to Mark Twain, is as true today as it was when written in the late 1890s. Everyone still talks about the weather! In this class, learn some of the basics of meteorology and get a better understanding of what makes our weather. Why is lake effect snow so variable? What makes hurricanes and what determines their paths? Learn about forecast models and how they are used along with satellite and radar technology to make weather predictions. Also, learn what it is like to be a television weathercaster.
**About the Instructor:** Keith Thompson has been the chief meteorologist at WWMT-TV in Kalamazoo for 23 years and has been a weathercaster at the station for 29 years. He has won an Emmy award for best weathercast in Michigan and has been honored as best in the state three times by the Michigan Association of Broadcasters. Keith holds an M.A. in communication from WMU and is a member of the American Meteorological Society.

**45 What Happened to Nora?**

“A Doll’s House” Revisited

**Sessions:** 2 class sessions, 1 production

**Dates & Times:** Thursday, 11/1 & 11/15, 11 a.m.-1 p.m.

**Location:** College of Health and Human Services, Room 1087

**Fee:** Members $20, Non-members $40; Ticket expense is not included

**Course Capacity:** 25

Fifteen years have passed since Nora Helmer, in Henrik Ibsen’s play “A Doll’s House,” walked out on her husband and children closing the door on her secure Victorian life. Her shocking decision alarmed the rigid societal norms of the day and propelled world drama into the modern age. But, where did Nora go? What became of her? In Lucas Hnath’s new play, “A Doll’s House, Part 2,” Nora has returned. But why? And what will it mean for those she left behind? The class will consist of three parts: Ibsen’s 1879 play, “A Doll’s House” and Hnath’s play, “A Doll’s House, Part 2” should be read by Nov. 1, the first class meeting. Participants should see the Farmers Alley Theatre production by Nov. 11. The Nov. 15 class session will consist of a discussion with the director and the cast.

**Note:** Henrik Ibsen’s play “A Doll’s House” is available at any library and Lucas Hnath’s play “A Doll’s House, Part 2” is available through Dramatists Play Service. Participants can purchase tickets from Farmers Alley Theater and should see the production before Nov. 11.

**About the Instructor:** Dr. D. Terry Williams is professor and chair emeritus of theatre at WMU. He has taught script analysis and theatre history for over fifty years and has directed almost 100 productions for university, community and professional theatres. Dr. Williams is also a founder and former advisory board member of OLLI at WMU. He is a frequent instructor for OLLI.

“**We are blessed to have so many great instructors willing to work with us!”** – OLLI Participant
46 What’s the Fuss About Immigration?

Sessions: 3  
Dates & Times: Friday, 10/12, 10/19 & 10/26, 1-3 p.m.  
Location: Friendship Village  
Fee: Members $30, Non-members $60  
Course Capacity: 30

This course focuses on some common questions about the U.S. immigration system, such as Why don’t people just come to the country legally? Isn’t marriage an automatic ticket to citizenship? How do cousins and grandparents get in? How do you switch from being here without permission to something more secure? What exactly is a refugee? Haven’t we always accepted immigrants, and what’s different now? What’s DACA, anyway? Learn some of the ins and outs of immigration, and an inside view of one of the agencies that helps immigrants navigate the system, Justice for Our Neighbors.

About the Instructor: Ann Sweany is the clinic coordinator at Justice for Our Neighbors Kalamazoo, a ministry of hospitality that offers free legal services to immigrants, as well as education and advocacy. In a former life, she taught 6 and 7-year old children in New Orleans and learned to use power tools after Hurricane Katrina during the restoration of her family’s house. She likes to garden, quilt and cook spicy food.

47 Why Is Michigan So Square?

Sessions: 1  
Dates & Times: Friday, 10/12, 10 a.m.- Noon  
Location: The Fountains at Bronson Place, Auditorium  
Fee: Members $10, Non-members $20  
Course Capacity: 40

A look at a map of Michigan reveals that many of its counties are rectangular. A closer look shows that almost all townships are square. How did this happen? This course looks at the Michigan Land Survey that commenced in 1815 and the reasons behind this grid-like land pattern. Don’t be surprised to learn that it is related to the American Congress before the adoption of the U.S. Constitution.

About the Instructor: Tom Dietz is the retired curator of local history at the Kalamazoo Valley Museum and has taught American History at Wayne State University, Kalamazoo Valley Community College, and Western Michigan University. He has previously taught OLLI courses, as well.
48 WMU Children’s Trauma Assessment Center: Lessons Learned 1999-Present

Sessions: 2
Dates & Times: Thursday, 10/11 & 10/25, 5-7 p.m.
Location: College of Health and Human Services, Room 2024
Fee: Members $20, Non-members $40
Course Capacity: 30

This course will explore how trauma and adversity impact child neurodevelopment and adult functioning. The impact of traumatic events on brain development is well documented and offers an alternative paradigm to adult psychopathology. Based upon the development of the Western Michigan University Children’s Trauma Assessment Center, this course will describe the interface between trauma and resiliency through research findings and the sacred stories of the children served. This course challenges participants to rethink how they have viewed “willful behavior” to an appreciation of how traumatic events can change the life course of development. Didactic presentation, coupled with the stories of the children and adults, will encourage participants to self-reflect on their own life history as well as those of significant others.

About the Instructor: Dr. Ben Atchison, professor and chair emeritus of occupational therapy, is a co-founder of CTAC with a focus on the impact of trauma on neurodevelopment as well as resiliency factors that enable children to heal.

Dr. Jim Henry is a professor in the WMU School of Social Work and co-founder of CTAC at Western Michigan University, which has served close to 4000 children since 2000. Having worked for 18 years in child sexual abuse before founding CTAC, his expertise has been shared in thousands of public presentations and many publications. He has also served as expert witness on behalf of trauma victims.

49 Women in Medicine: Innovators, Leaders, Educators, Healers

Sessions: 1
Dates & Times: Tuesday, 9/11, 9-11 a.m.
Location: StoryPoint, Media Room
Fee: Members $10, Non-members $20
Course Capacity: 50

Come learn about visionary pioneering women who have helped shape the field of medicine, the current landscape of progress and persistent disparities for women physicians and patients, and opportunities for the future. Participants will discuss diversity of all types in medicine in addition to why this is vital to providing the best, most scientifically advanced and compassionate care for all patients.

About the Instructor: Karen Bovid, M.D. is a board certified pediatric orthopedic
surgeon and assistant professor at the Western Michigan University Homer Stryker M.D. School of Medicine. She is very involved in medical student and resident education. Dr. Bovid is a graduate of Hope College and the University of Michigan Medical School. She completed orthopedic surgery residency at the University of Michigan Hospitals, and fellowship in pediatric orthopedic surgery at Children’s Orthopaedics of Atlanta at Scottish Rite.

50 Your Personal History—Let’s Get Started

Sessions: 6
Dates & Times: Thursday, 9/6, 9/13, 9/20, 9/27, 10/4 & 10/11, 10 a.m.- Noon
Location: Walden Woods, Clubhouse
Fee: Members $60, Non-members $120
Course Capacity: 15

Saving your family stories for future generations can seem like an overwhelming project. Where to start? What to include? What to leave out? This course will help you define your project and goals, get started and make a plan to finish. Each person is unique which makes each story unique. Using some first steps in the process, you can see your way clear to finish.

About the Instructor: Denise McCaffrey is a professional personal historian, helping people organize, document and publish their family stories. Denise has been a high school and college English instructor for 17 years and holds a B.A. from the University of Michigan in English and an M.A. from Marygrove College in teaching and learning.

51 German Conversation-SIG

Sessions: Beginning 9/7
Dates & Times: Fridays, 10-11:30 a.m.
Location: Country Acres Village Clubhouse, 2300 Barney Road, Kalamazoo
Fee: Free to members, registration is required
Course Capacity: 15

Sprechen Sie Deutsch? If you have taken the German courses offered by OLLI or have had at least one year of college or high school German, you are welcome in this group. Members work on the material covered in the OLLI course and review grammar and conversation using the workbook, “Willkommen Activity Book, A German Course for Adult Beginners” by Paul Googe and Heiner Schenke. Last year group members read “Harry Potter” in German. After you register, a group member will contact you to verify the first meeting date.
About the Convener: Tom Coughlin is a retired professional photographer from Chicago who has lived in the Kalamazoo area for the last nine years. He is passionate about learning German and enthusiastic about helping others to learn. Bill Beverly, retired German teacher, assists him.

52 Introduction to Film-SIG

Sessions: Beginning in September
Dates & Times: One Wednesday or Thursday, September, October & November
Location: Celebration Cinema Crossroads, 6600 Ring Rd, Portage, 49024
Fee: Free to members, registration is required
Course Capacity: 65

This SIG is a result of the current collaboration with the Kalamazoo Film Society and Celebration Cinema, located in Portage behind the Crossroads Mall, which began in July 2017. This SIG will analyze the writing, music, cinematography, editing and direction of the selected film screenings. Because dates and films are scheduled a month in advance, those who register will be given specific information by email or a phone call as soon as it is available. We anticipate seeing three films, one each in September, October and November. The discussion will take place after the midweek afternoon matinee. As time allows, film theory and how it has influenced current filmmakers will also be discussed. The SIG is free, but there is a charge for the films; members of the Kalamazoo Film Society pay less. Go to www.kalamazoofilmsociety.com for further information about the KFS.

About the Convener: With a B.S. in medical technology from MSU, Michael Marchak spent 28 years in drug safety research supporting phase II and phase III clinical trials for the Upjohn-Pfizer company, leaving as a senior scientist. A film buff forever, Mike has been the president of the Kalamazoo Film Society since 1996, overseeing its 25th anniversary in 2013. His duties were film selection and booking, staffing monthly films with an all-volunteer board and leading monthly meetings including film discussion. He was also the recipient of the 2016 Ted Cooper Award for Distinguished Volunteer Service in the Arts, bestowed by the Arts Council of Kalamazoo.

“My first experience with OLLI and it was a very good one. Pleased to be involved with this group. Lots to learn and share.” – OLLI Participant
As we go to press in July 2018, the curriculum committee members are working hard to put together 50 courses for winter/spring. The popular Eclectic Hour Lecture Series will continue with six new speakers. How about a course about women in state and local politics or a history of the Kalamazoo Park Club (and maybe stay for lunch) or the automotive history of Kalamazoo, or the opioid crisis and America’s battle with addiction or how to fact check the fake news? Some popular instructors plan to be back and there will be many new ones as well. Stay tuned and read your OLLI newsletter for updates.

Do you belong to an organization that presents programs to its members?

Our volunteers welcome the opportunity to speak to your church, club, professional organization or informal group about the Osher Lifelong Learning Institute at Western Michigan University. We will present a 15 to 20-minute program about OLLI at WMU and share brochures and catalogs. Contact us at (269) 387-4200.
The OLLI travel committee is always looking for new and unique destinations and experiences for travelers. Members are grateful for your suggestions at any time. Trips are popular, so don’t delay in signing up or you may find the bus is already full!

**ACTIVITY LEVELS FOR OLLI TRAVEL**

Each trip has an icon of one to three walking figures to designate how active a trip will be. The activity levels are described below.

**Easy** –  
This trip involves minimal walking. Theatre trips are examples of easy trips that require very short walking distances and boarding/exiting the bus only a few times.

**Moderate** –  
This trip involves moderate walking and some stairs as may be experienced touring museums and historical buildings. Trips might include walking a mile in addition to touring venues. Multiple boarding/exiting the bus may be required.

**More Strenuous** –  
This trip includes varied venues from museums to exploring neighborhoods and boarding/exiting the bus multiple times. There may be stairs, uneven ground and up to 2 to 3 miles total walking. This activity level may be found with overnight trips that entail a variety of venues and varying degrees of walking each day.

“The traveler sees what he sees. The tourist sees what he has come to see.” – G.K. Chesterton
Registration for OLLI at WMU Trips

Please note that registration for all trips is through AAA and not through the OLLI office. To register, call Stephanie Schmitz at 1-800-887-4971 or fill out the registration form in this catalog and mail it with your check made out to AAA to Stephanie Schmitz, AAA Travel Agency, 910 North 96th St., Omaha, NE 68114. Stephanie finalizes our trip arrangements and can answer your questions. You can email her at sschmitz@aaane.com. Registration is required 21-30 days in advance for most one-day trips and longer for extended trips.

Early registration for all trips is recommended, as some trips will fill before the stated register by date. In some cases, registration may be kept open beyond the register by date. Call Stephanie to check on the status of a trip. Occasionally trips have specific registration date instructions. Refer to trip summaries for specific details.

Cancellations

When a trip is canceled due to insufficient registration, those who have registered will receive a full refund.

Your payment is refundable until the register by date for each individual trip. If you cancel after the register by date, there may not be a full refund. Contact Stephanie Schmitz, AAA Travel Agency, 910 North 96th Street, Omaha, NE 68114 or call 1-800-887-4971 if you must cancel.

Departures: All trips depart from the D & W parking lot at 525 Romence Road in Portage.

“Running From Cable Kicking and Streaming” course at CHHS
ArtPrize / Tuesday, Oct. 2

It’s time again for our annual journey to the always new, always innovative and best of all, thought-provoking ArtPrize. This show of contemporary art gets bigger every year with more and more venues. To maximize our viewing time and to ensure that we get to see at least some of the favorite entries, our itinerary will not be finalized until just before we depart for Grand Rapids. The trip price includes a stop at the University Club for a short respite and delicious lunch. Don’t delay in reserving your spot as this trip fills quickly every year! Registration begins Aug. 1.

Walking Level: More Strenuous – ⛅️FontAwesomeIcon icon-solid-people-walking

Members $88, Non-Members $103 • Register by 8/31/18

Two Detroit Cultural Gems / Friday, Oct. 12

A day of remembrance, learning and fun is what awaits you as we journey to the Detroit area. Our first stop is the frequently requested Holocaust Memorial Center in Farmington Hills. During our guided tour we will explore this historic period and chapter in Jewish history. Lunch (included) follows at the iconic and much-loved Buddy’s Pizzeria, established in 1946.

The afternoon finds us at the Detroit Institute of Arts, a massive Beaux Arts building first opened in 1927. This museum is the “crown jewel” of Detroit and the best art museum in the state. It holds one of the most significant collections in the country and is listed as # 1 of the 155 attractions in Detroit on Trip Advisor. There we will divide into smaller groups for a docent-led highlight tour. There will be time to explore on your own, revisit the Diego Rivera murals in the center courtyard or purchase that special item at the unique gift shop after the tour.

Both fantastic museums have earned the celebrated and much sought-after AAA editor’s picks of a “Gem” for their exceptional interest. To finalize our Detroit experience, we dine at Detroit’s Union Street Restaurant (included). Called energetic and fun by those who visit, it has been a community social hub in Midtown Detroit since the 1930s. This will be one fun and memorable day trip you won’t want to miss. Finalize your fall plans soon and register now.

Walking Level: Moderate – ⛅️FontAwesomeIcon icon-solid-people-walking

Members $175, Non-Members $190 • Register by 9/12/18
Grand Rapids Symphony Holiday Pops Concert
Thursday, Dec. 6

Kick off the holidays and celebrate the season with the Wolverine Worldwide Holiday Pops and the Grand Rapids Symphony Orchestra. Once again, we travel to Grand Rapids to enjoy this fabulous holiday concert. Guest vocalist Justin Hopkins returns to DeVos Performance Hall along with the Grand Rapids Symphony Chorus and Youth Chorus for holiday melodies including the “Hallelujah” chorus. Join us for the Christmas carol sing along because, as Buddy the Elf would say: “The best way to spread Christmas cheer is singing loud for all to hear.” Dinner (included) will be at the popular Bistro Bella Vita where we will enjoy classic Italian cuisine. Be sure you reserve your spot early. You are encouraged to bring along a friend.

Walking Level: Easy – 🧘

Members $143, Non-Members $158 • Register by 11/6/18
Fall 2018 Registration Form for OLLI at WMU Trips

Please print clearly

Name: ________________________________________________________
Address:_______________________________________________________
City: _______________________________ State ______ Zip ___________
Email address:__________________________________________

Share my email with travel participants?  □ yes  □ no

Daytime Phone: (_____) _________________________________________

Do you have a medical condition, including allergies, about which you
would like to make us aware?  □ yes  □ no
If yes, please list: ___________________________________________

Trips listed with Member & Non-member fees

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<td>Grand Rapids Symphony Holiday Pops Concert</td>
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Registration form for AAA continued on next page.
OLLI at WMU Membership Expiration date________________________
(Find your membership expiration date on your membership card.)

Total $______________________________________________________

NOTICE TO TRAVELERS: Registrations for OLLI at WMU trips are non-transferable. Each traveler must officially register through AAA and be listed on the official roster in order to board the bus.

Payment

Total Trip Fees:

☐ Check or money order made payable to AAA
☐ Visa      ☐ Master Card      ☐ Discover

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Trip deadlines are indicated in individual descriptions.

• MAIL TO: Stephanie Schmitz, AAA Travel Agency, 910 North 96th Street, Omaha, NE 68114
• CALL: Stephanie Schmitz at 1-800-887-4971 for more information.

Fill out this registration form and mail with your check (made out to AAA) to: Stephanie Schmitz, AAA Travel Agency, 910 North 96th Street, Omaha, NE 68114
MEMBERSHIP BENEFITS

The Osher Lifelong Learning Institute at WMU is membership-based. Membership is open to anyone with a passion for learning. There are no tests, no grading and no academic credit. Your annual membership fee helps defray costs not covered by our low course fees. Keep us growing by becoming a member and by telling your friends about OLLI. Membership is $35 per year. Memberships begin July 1 each year. Gift memberships may also be purchased. In addition to the satisfaction you get from supporting this worthwhile endeavor there are also other benefits to membership:

- **Early bird registration:** For this semester, early registration begins Aug. 7 at 10 a.m. Please note that some courses fill quickly, even during the first hours of registration.

- **Reduced course fees:** Current fees are based on $10 per two-hour session for members and $20 for non-members. Other fees may apply.

- **OLLI Membership Card which will provide discounts at:**
  - WMU Bookstore Shops (10% except for electronics and sale items): 387-2939
  - Miller Auditorium (15% for most tickets): 387-2300
  - You must purchase tickets in person at the box office and show your OLLI membership card
  - Gilmore Theatre Complex (25% for most tickets): 387-6222
  - West Hills Athletic Center: (Waived enrollment fee; members pay annual fees): 387-0410
  - The Spirit Shoppe (10% off in-store purchase) 4510 KL Ave.: 345-7814

- **Travel Discount:** This catalog lists three one-day trips. Non-members pay more.

- **Special Interest Groups, SIGs:** Two member-initiated and directed special interest groups are offered this semester, free to members. Some SIGs have special registration requirements; please read the description of the individual SIGs.

- **Scheduled tours on campus and off:** Buildings, departments or exhibits. A tour of the Kalamazoo Juvenile home is scheduled this semester.

- **Invitations to member-only offerings:** May include member events, campus tours, pop-up events, special lectures or meetings.

- **The WMU Concierge Card:** This card provides discounts of 10-15% at many restaurants and businesses. You can sign up by calling (269) 387-8746 or online by visiting mywmu.com and clicking on Concierge.

- **Monthly e-newsletter:** Information about upcoming events, trips and members as well as any changes to the schedule. Look for your newsletter at the beginning of each month.
USEFUL INFORMATION ABOUT OLLI AT WMU

Volunteers Make OLLI at WMU Happen!

Do you want to make an impact on your community? Do you miss your colleagues at work and want to develop new work relationships? Do you want to use the skills you have developed over a lifetime or develop new skills? Do you want a job that is flexible and can accommodate your schedule? – If the answer is yes to any of the above, please consider a volunteer job with OLLI. Below is a list of current committees and a brief description of responsibilities.

• Assessment & Evaluation – Oversees evaluations of courses, events and trips and conducts member surveys.

• Curriculum – Provides diverse courses and learning opportunities. Committee members generate course ideas, recruit instructors, review course proposals and assign liaisons.

• Development – Encourages a culture of philanthropy through fundraising activities, essential to sustaining OLLI.

• Events – Plans and implements events geared to attract members, non-members and instructors – e.g., the Fall Kickoff, January Thaw and appreciation events.

• Marketing – Plans, implements and evaluates marketing, promotional and public relations activities. Also edits and distributes the course/trip catalog. Contributes content for the OLLI at WMU website and other publications.

• Membership – Engages in outreach to retain current members and generate new members. Works closely with marketing and events committees in community outreach efforts.

• Technology – Recommends technology to support activities of committees.

• Travel – Plans diverse day and overnight trips. Assists with trip logistics, may serve as a trip escort.

• Volunteer Services – Recruits volunteers. Matches potential volunteers with their interests within the OLLI at WMU organizational structure.
Ad Hoc Assignments:

- Serve as a liaison in courses.
- Take minutes at a meeting.
- Take photographs for the newsletter, catalog or Facebook.
- Teach a course – you do not have to be a current or past faculty member or an OLLI member. Have an idea for a topic? Contact us!
- Distribute OLLI catalogs or other publications.

If you would like to be more involved in OLLI at WMU, please call the office at (269) 387-4200 and leave your name and contact info. Our volunteer committee chairperson will contact you.
Like Us on Facebook! –
Stay up to date on our latest happenings on Facebook! Search for OLLI at WMU on your Facebook account to follow and like our page to stay updated on our latest announcements. Our Facebook posts include interesting articles, upcoming details for courses, trips and events and reviews and photos from programs that have already taken place. You can also use our page to post comments or privately message us your questions.

Scholarships
The Osher Lifelong Learning Institute at WMU accepts scholarship applications each semester. An individual may apply for financial assistance with paying for one course per semester. If you are unable to pay for courses, but want what OLLI at WMU offers, why not take advantage of a scholarship? Please call (269) 387-4200 for information. The application is short and confidential.

OLLI Sponsorships
Seeking sponsorships of the OLLI catalog was our first foray into self-sufficiency. The Bernard Osher Foundation requires that its member institutes work toward financial independence. Sponsorships help defray the cost of production and distribution of the catalog which is a major expense each semester. Area businesses, organizations and individuals like OLLI members may become OLLI at WMU sponsors. We would like to thank the following for their generous support of lifelong learning:

- Friendship Village of Kalamazoo — Gold level
- StoryPoint — Silver level
- Kalamazoo Community Foundation — Bronze level
- Clifford J. Mulder, Retirement & Investment Planning of Raymond James — Bronze level
- Kalamazoo Literacy Council — Bronze level
- Heritage Community of Kalamazoo — Bronze level
- Eric Miles — Copper level

In addition to catalog sponsorship, there are opportunities for event sponsorship and for paid exhibitors at one or more events per year. Sponsorships are open to individuals as well as to businesses and organizations. For information about costs and benefits of sponsorship, please check the OLLI at WMU website, wmich.edu/olli or call the OLLI office at (269) 387-4200.
Donations to OLLI at WMU

There are three funds to which you may donate:

The OLLI at WMU scholarship fund provides free or reduced course registration to individuals who are not able to participate otherwise. We appreciate your past participation in this effort!

The OLLI at WMU operations fund supports the day-to-day running of the program. Donations may be used for supplies, marketing, training, etc. Your donation to the OLLI at WMU operations fund supports ongoing OLLI activities.

The OLLI at WMU sponsorship fund: donors make significant donations ($250–$5,000) to sponsor events or our catalogs. Individuals as well as businesses may be sponsors.

Make checks payable to Western Michigan University and in the memo line write OLLI at WMU scholarships, OLLI at WMU operations or OLLI at WMU sponsorship. Use the form included in this catalog to make a donation. Your donations are tax deductible as the law allows. If you are over 70 and a half, making a qualified charitable distribution from an individual retirement account directly to OLLI at WMU may lower your taxable income – check with a financial advisor for details.

For information on how your donation can best support OLLI at WMU please email Shirley Swanson at shirley.swanson@wmich.edu

Gift Memberships

In addition to making donations to OLLI at WMU you may also purchase a gift membership for a friend or family member. Give the gift of learning! Upon payment, a letter and a membership card will be sent to your recipient. An OLLI membership is a great birthday, anniversary or Christmas gift.

Your Photo

When you participate in OLLI at WMU activities (courses, trips, events, etc.) your photograph may be taken and utilized to promote the Institute. Your photo may be used on the website, in our e-newsletter, in brochures, flyers, catalogs or elsewhere. If you do not want your photo to be used it is your responsibility to step out of pictures that are being taken.
Ann Arbor Treasures and Surprises trip at Zingerman’s Deli

Tippecanoe Place restaurant South, Bend IN trip
COURSE LOCATIONS

Courses are held at sites on campus and in the community. OLLI at WMU appreciates and thanks its partners who provide space for courses and meetings at no charge. This list may change from semester to semester. Please note that websites are listed that can help you find the buildings.

**College of Health & Human Services**  
Western Michigan University,  
East Campus  
Cass St  
Kalamazoo MI 49008  
(South of Oliver from Oakland Dr)  
*Directions:* wmich.edu/hhs/directions

**First United Methodist Church**  
212 S. Park St  
Kalamazoo MI 49007  
(Parking is behind the church off Academy St)  
*Directions:* umc-kzo.org/map

**Friendship Village of Kalamazoo**  
1400 N. Drake Rd  
Kalamazoo MI 49006  
(between W Main and Ravine Rd)  
*Directions:* friendshipvillagemi.com/contact-us

**Heritage Community of Kalamazoo/Wyndham**  
2300 Portage St  
Kalamazoo MI 49001  
(west on Philips for entrance and parking)  
*Directions:* heritagecommunity.com

**Portage Senior Center**  
320 Library Ln  
Portage MI 49002  
*Directions:* portagemi.gov/departments/seniorcitizenservices.aspx

**Schoolcraft Community Library**  
330 N Centre St  
Schoolcraft MI 49087  
*Directions:* schoolcraftlibrary.org/about

**StoryPoint**  
3951 W Milham Ave  
Portage MI 49024  
*Directions:* storypoint.com/community/portage-mi

**The Fountains at Bronson Place**  
1700 Bronson Way  
Kalamazoo MI 49009  
*Directions:* bronsonplace.watermarkcommunities.com

**Walden Woods**  
Arboretum Parkway  
3501 Dunn’s Ridge  
Kalamazoo MI 49001  
(off Drake between W Michigan and W Main)  
*Directions:* avbhomes.com/communities. Scroll down and click on Walden Woods, then click on “Driving Directions”
Advisory Board

Jo Arnold
Chair, Advisory Board
Co-chair, Curriculum Committee
Former Director, City of Portage Senior Center

Stacy Caudill
Financial Advisor
Raymond James

Mary Doud
Vice-Chair, Advisory Board
Retired Deputy Director
Kalamazoo Public Library

Michael Evans
Executive Director
Kalamazoo Literacy Council

John Geisler
Co-chair, Curriculum Committee
WMU Professor Emeritus of Counseling Psychology

Judith Halseth
Representative of the Emeriti Council
WMU Professor Emerita of Social Work

Carol Hodges
Retired Teacher
Kalamazoo Public Schools

Ramona Lewis
Faculty Specialist II
Educational Leadership in Higher Education, WMU

Terry Morrow
Vice-President,
Development and Community Health
Bronson Healthcare

Barbara Rider
WMU Professor Emerita of Occupational Therapy

Randall Schau
Retired Attorney City of Kalamazoo

Harold G. Schuitmaker
Attorney at Law
Schuitmaker, Cooper, Cypher, Knotek, Paw Paw

Judy Sivak
Former Director, Region IIIA Area Agency on Aging

Carole Smith
Co-chair, Travel Committee

Gillian Stoltman
Secretary, Advisory Board
Former Director and Health Officer, Kalamazoo County Health and Community Services

Tom Vance
Chair, Fund Development Committee
Co-chair, Marketing/Membership Committee
Marketing Communications Officer, Kalamazoo Foundation

Marilyn Vineyard
Chair, Volunteer Committee
Former Director, American Red Cross

Sharon Wade
Chair, Events Committee

Molly Williams
Chair, Assessment and Evaluation
WMU Professor Emerita of Engineering and Applied Sciences

WMU Ex-officio Members

Linda Dunn
WMU former First Lady

Carol Haenicke
WMU former First Lady

Janet Hahn
Coordinator and Assistant Professor
WMU Center for Gerontology, CHHS

Bob Miller
Associate Vice President
WMU Community Outreach

Office of the Associate Provost, Extended University Programs

Dawn Fortin Mattoon
Associate Provost

Shirley Swanson
Director, Osher Lifelong Learning Institute at WMU
Retired University Administrator

Joyce Dekau
Program Coordinator, Osher Lifelong Learning Institute at WMU
Because curiosity never retires

We are honored to partner with Osher Lifelong Learning Institute at WMU, providing meaningful and enriching activities for local residents within our very own community—making Kalamazoo a great place to live.

“For me, OLLI is like living a glorious college life all over again. Whenever I learn something new, it’s a great day. Come share it with us.”

—Ruth Heinig, Professor Emerita of Communication at WMU

As one of the founding members of OLLI at WMU, Ruth is widely recognized for her contributions in the field of drama for children. We are proud that Ruth and her husband Ed have decided to make Friendship Village their home.

(269) 381-0323
1400 North Drake Road, Kalamazoo, MI
www.friendshipvillagemi.com

Our continuum includes Independent Living • Assisted Living
Memory Care • Skilled Care • Short Term Rehabilitation

Managed by Life Care Services

* References to the term life-care are fully explained in the Residency Agreement.
OUR VISION: To be the leading provider of distinctive lifelong learning opportunities in Southwest Michigan.