

SEXI PARAGRAPH

The "SEXI Paragraph" helps writers see the basic components of a Body paragraph from start to finish. DISCLAIMER: This is simply meant to show a Body paragraph in its simplest form; sometimes, a writer might add two examples or a string of interpretations (both are ok; it's the order that matters).

Statement

Often called the Topic Sentence. What do you want to say about your topic in this *specific* paragraph?

Explanation

Elaborate your take on the topic. What is its importance, perhaps?

e**X**ample

Provide a literal example to strengthen your claim about the topic.

Interpretation

Tell the reader what was supposed to be understood from previous example.

SEXI Paragraph Example:

One way that humans can care about their personal health is to exercise regularly. When people prioritize their workouts, they are able to fight against preventable health problems. The simple addition of a few dedicated hours to cardio-focused activities like P90 can aid in lowering blood pressure. The incorporation of these habits is one avenue for achieving a healthier lifestyle.