

# WESTERN MICHIGAN UNIVERSITY

College of Education and Human Development  
**Physical and Health Education Teacher Education: K-12 80-81 credits**

**Lake Michigan College Transfer Guide**

(122 Credit Hours Needed for Graduation; Does Not Require Minor)

WES	PRE-REQUISITES	COURSES	TRAN/SEM/GRADE	CR HR
<b>REQUIRED COGNATES</b>				
Take BIOS 1100 with BIOS 1120 to fulfill WES Level II: Scientific Lit w/lab	BIOS 1600 w/"C" or better is pereq to BIOS 1610	◆ <b>BIOS 1120</b> Principles of Biology <b>OR BIOS 1600</b> Biological Form and Function <b>OR BIOS 1610</b> Molecular & Cellular Biology	BIOL 101 or 111, HONR 101 or 111	3-4
	BIOS 1120 w/"C" or better	◆ <b>BIOS 2110</b> Human Anatomy	BIOL 205	4
	BIOS 2110 w/"C" or better	◆ <b>BIOS 2400</b> Human Physiology	BIOL 206	4
				Total Credits (11-12)
<b>REQUIRED PROFESSIONAL THEORY &amp; CONTENT COURSES</b>				
		◆ <b>HPHE 1500</b> Foundations of Physical & Health Education (f)	PHED 201	3
	Co-req: HPHE 1500	<b>HPHE 1501</b> Teaching Assistantship: Physical Education (f)		1
	Pre-req: HPHE 1500	<b>HPHE 1502</b> Teaching Assistantship: Health Education (sp)		1
		<b>HPHE 1610</b> Skills & Instruction of Invasion Games		3
		<b>HPHE 1620</b> Skills & Instruction of Net/Wall Games		3
		<b>HPHE 1630</b> Skills & Instruction of Target/Striking/Fielding Games		3
		<b>HPHE 1640</b> Skills & Instruction of Early Elementary & Rhythmic Movements		3
		<b>HPHE 1650</b> Skills & Instruction of Fitness Activities		3
		<b>HPHE 2200</b> Basic Health Concepts I		4
		<b>HPHE 2210</b> Basic Health Concepts II		4
	BIOS 1120 w/"C" or better	◆ <b>HPHE 2400</b> Human Motor Development & Learning (f)		3
	BIOS 2110 w/"C" or better	<b>HPHE 2950</b> Functional Anatomy & Biomechanics		3
	BIOS 2110 w/"C" or better; BIOS 2400	<b>HPHE 2980</b> Exercise Physiology		3
	HPHE 1500 w/"C" or better	<b>HPHE 3150</b> Measurement/Evaluation/Stats		3
				Total Credits (40)
<b>TO TAKE THE FOLLOWING YOU MUST BE ACCEPTED INTO THE UPPER PROFESSIONAL LEVEL 35 HOUR COMPLETED, BASIC SKILLS EXAMINATION (BSE) PASSED, BACKGROUND CHECK COMPLETED, MINIMUM 2.75 GPA, APPLICATION TO CEHD</b>				
	HPHE 1500 w/ "C" or better	◆ <b>HPHE 3460</b> Physical & Health Education Methods; Special Populations (f)		3
	HPHE 1500 w/"C" or better, HPHE 2200 w/"C" or better	◆ <b>HPHE 3120</b> Planning School Health Programs (sp)		3
	HPHE 1500; 2400; 2950; 2980; 3120; 3150; 3460	◆ <b>HPHE 4470</b> Health Education: K-12 Methods (3 cr.) and ◆ <b>HPHE 4475</b> Pre-Internship: Health Education (1 cr.)		3/1
	HPHE 2400, 2950, 2980, 3150, 3460	◆ <b>HPHE 4480</b> Physical Education: K-12 Methods (3 cr.) and ◆ <b>HPHE 4485</b> Pre-Internship: Physical Education (1 cr.)		3/1
		◆ <b>LS 3050</b> K-12 Content Literacy ( <i>will need advisor assistance for registration</i> )		3
	All coursework completed; Take concurrently	◆ <b>HPHE 4105</b> Intern Seminar: Physical Education and Health Education		2
		<b>HPHE 4740</b> HPHE Intern Teaching: Physical Education and Health Education		10
◆ <b>Must receive grade "C" or better</b>				Total Credits (29)