# Physical and Health Education Teacher Education: K-12

80-81 credits

## Lansing Community College Transfer Guide

(122 Credit Hours Needed for Graduation; Does Not Require Minor)

<table>
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<tr>
<th>WES</th>
<th>PRE-REQUISITES</th>
<th>COURSES</th>
<th>TRAN/SEM/GRADE</th>
<th>CR HR</th>
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<tr>
<td>BIOS 1120 with BIOS 1120 to fulfill WES Level II: Scientific Lit w/lab</td>
<td>♦ BIOS 1120 Principles of Biology OR BIOS 1600 Biological Form and Function OR BIOS 1610 Molecular &amp; Cellular Biology</td>
<td>BIOL 121 or 127</td>
<td>3-4</td>
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<tr>
<td>BIOS 1120 w/&quot;C&quot; or better perreq to BIOS 1610</td>
<td>♦ BIOS 2110 Human Anatomy</td>
<td>BIOL 201</td>
<td>4</td>
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<td>BIOS 2110 w/&quot;C&quot; or better</td>
<td>♦ BIOS 2400 Human Physiology</td>
<td>BIOL 202</td>
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## REQUIRED COGNATES

- **Take BIOS 1100**
- **Take BIOS 1600 w/"C" or better** perreq to BIOS 1610
- **Take BIOS 2110 w/"C" or better** perreq to BIOS 1610

## REQUIRED PROFESSIONAL THEORY & CONTENT COURSES

- **HPHE 1500 Foundations of Physical & Health Education (f)** 3 cr.
- **HPHE 1501 Teaching Assistantship: Physical Education (f)** 1 cr.
- **HPHE 1502 Teaching Assistantship: Health Education (sp)** 1 cr.
- **HPHE 1610 Skills & Instruction of Invasion Games** 3 cr.
- **HPHE 1620 Skills & Instruction of Net/Wall Games** 3 cr.
- **HPHE 1630 Skills & Instruction of Target/Striking/Fielding Games** 3 cr.
- **HPHE 1640 Skills & Instruction of Early Elementary & Rhythmic Movements** 3 cr.
- **HPHE 1650 Skills & Instruction of Fitness Activities** 3 cr.
- **HPHE 2200 Basic Health Concepts I** 4 cr.
- **HPHE 2210 Basic Health Concepts II** 4 cr.
- **HPHE 2400 Human Motor Development & Learning (f)** 3 cr.
- **HPHE 2950 Functional Anatomy & Biomechanics** 3 cr.
- **HPHE 2980 Exercise Physiology** 3 cr.
- **HPHE 3150 Measurement/Evaluation/Stats** PFKN 250

## TO TAKE THE FOLLOWING YOU MUST BE ACCEPTED INTO THE UPPER PROFESSIONAL LEVEL

- **35 HOUR COMPLETED, BASIC SKILLS EXAMINATION (BSE) PASSED, BACKGROUND CHECK COMPLETED, MINIMUM 2.75 GPA, APPLICATION TO CEHD**

- **HPHE 1500 w/ "C" or better**
- **HPHE 3120 Planning School Health Programs (sp)** 3 cr.
- **HPHE 4470 Health Education: K-12 Methods (3 cr.) and HPHE 4475 Pre-Internship: Health Education (1 cr.)** 3/1 cr.
- **HPHE 4480 Physical Education: K-12 Methods (3 cr.) and HPHE 4485 Pre-Internship: Physical Education (1 cr.)** 3/1 cr.
- **LS 3050 K-12 Content Literacy (will need advisor assistance for registration)** 3 cr.
- **HPHE 4105 Intern Seminar: Physical Education and Health Education** 2 cr.
- **HPHE 4740 HPHE Intern Teaching: Physical Education and Health Education** 10 cr.

♦ Must receive grade “C” or better