Texting and Driving



Toolbox Talk #27

Texting and driving has become a huge epidemic in America in recent years. Statistics have shown that at any moment of the day there are approximately 660,000 people using their phone while driving. The media emphasizes the fact of teen's texting and driving but millennials are not the only ones who engage in this dangerous behavior. A study conducted by AT&T indicated that 49% of adult's text while driving. The best way prevent from texting and driving is to silence your phone while on the road, or turn off your notifications.

Why Does This Concern You?

Many shop members spend a substantial amount of time in vehicles driving around campus. They also drive to purchase equipment and parts. Then **buzz buzz** the most irresistible temptation occurs. You think to yourself "Oh, I wonder who text me" or "It could be an emergency." Whatever you do, do not read the text while driving. If it were an emergency, that person would most likely call you, or if you cannot wait then you should pull over and check your phone. Because if you chose to text and drive you could cause a real emergency.

Texting and Driving Statistics

The National Safety Council reports that cell phone use while driving leads to 1.6 million crashes each year.

Texting while driving is 6 times more likely to cause an accident than driving drunk.

Answering a text takes away your attention for about five seconds. Traveling at 55 mph, that's enough time to travel the length of a football field.

11 teens die every day as a result of texting while driving.

Nearly 330,000 injuries occur each year from accidents caused by texting while driving.



www.cdc.gov/motorvehiclesafety/distracted_driving